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VEEKENDER SPEAKER'S WEEKEND EDITION

THE

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CHRISTMAS WISHES

Santa listened as four-year-old Grayson Robertson whispered his Christmas wish list - a miniature big rig and tractor. The man of the hour dropped by the Paul Penna Library in Cobalt for photos December 15. (Staff photo by Diane Johnston)

Job opening

Cobalt council inviting applications

Darlene Wroe

Speaker Reporter

COBALT - Cobalt council will be asking for expressions of interest from eligible candidates to fill the vacant council seat left by the resignation of Sue Nielsen.

The council debated how to proceed to fill the seat at its regular meeting Tuesday, De-

Interim chief administrative officer David King told council they had three choices:

- They could hold a by-election, which would cost between \$4,000 and \$10,000, he estimated.
- Council could opt to appoint someone of its choice. See **3a** for more **"Job opening"**

DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our December 19 edition...

- · Latchford council has unanimously given its approval to allowing cannabis retail outlets in the municipality.
- The Englehart and District Agricultural Society wants the Town of Englehart to give them more time before taking over their barns and buildings.
- A Chamberlain Township location was searched during a human trafficking investigation.
- The tugboat located outside the Haileybury Heritage Museum has had a facelift thanks to the Frog's Breath Foundation.
- Northeastern Ontario is expected to get a marketing push next year to help the tourism sector recover from the 2018 forest fire situation.
- Lessons were heeded from the wild fires that threatened Temagami this past summer in terms of emergency preparedness.
- Ecole secondaire catholique Sainte-Marie will celebrate 50 years of providing quality French language education in August of 2019.
- Everyone received a passing grade during the annual TDSS student/teacher hockey game on December 14.
- There's still a lot of hockey to be played before the Cubs take their Christmas break.
- Our C-front this week features a story and photos of the Ontario Northland Christmas Train that rolled through the region last week.





Speaker







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CITY BULLETIN] Temiskaming

Part Time Desk Attendants Pool and Fitness Centre Competition No. 2018-011

The City of Temiskaming Shores is currently seeking Part Time Desk Attendants for the Pool and Fitness Centre. This position is responsible for greeting the public in a polite, tactful and courteous manner, as well as, providing them with general in formation and direction regarding facility activities and uses.

The ideal candidate will possess the following:

- Experience in customer service
- Effective communication and computer skills
- Ability to work mornings, evenings and weekends
- Bilingualism will be considered an asset

Applicants are encouraged to submit their resumes by January 2nd, 2019 quoting Job Competition No. 2018-011 by regular mail or email to:

> Shelly Zubyck Director of Corporate Services P.O. Box 2050 Haileybury, Ontario POJ IKO szubyck@temiskamingshores.ca

The City of Temiskaming Shores is committed to an inclusive, barrier free environment. Accommodation will be provided in all steps of the hiring process. Please advise the Director of Corporate Services if you require any accommodations to ensure that you can participate fully and equally during the recruitment and selection process. We thank all applicants; however, only those considered for an interview will be contacted.



HOLIDAY HOURS OF OPERATION

December 24, 2018 Last bus leaves Cobalt heading North at 5:00 pm Last bus leaves Walmart travelling South towards

Cobalt at 6:20 pm No Service

December 25, 2018 December 26, 2018 December 27-30, 2018

No Service Regular Service

Last bus leaves Cobalt heading North at 5:00 pm December 31, 2018

Last bus leaves Walmart travelling South towards

Cobalt at 6:20 pm January 1, 2019 No Service January 2, 2019 Regular Service

SCHEDULE OF MEETINGS

REGULAR COUNCIL

Tuesday, January 8, 2019 - 6:00 p.m.

City Hall, 325 Farr Drive, Haileybury

Application for Zoning By-law Amendment Notice of Complete Application And Notice of Statutory Public Hearing

Under Section 34 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following application to amend the City of Temiskaming Shores Zoning By-law:

ZBA-2018-04 File #:

Applicant: The Corporation of the City of Temiskaming Shores A public hearing will be held to consider the Zoning By-law

Amendment application: Date: Tuesday, January 8, 2019

6:00 p.m. Time:

Place: Council Chambers at City Hall, 325 Farr Drive,

Haileybury

The purpose of the application is to amend the list of permitted uses in the Manufacturing Industrial (M2) Zone to add Marijuana Production Facility on properties with municipal services. The amendment would make marijuana production facility an as-of-right permitted use on properties in the M2 zone where municipal services are existing. The amendment would affect all properties zoned M2 within the City of Temiskaming Shores.

Properties currently zoned M2 are highlighted in black below:



For more information about this matter, including information about preserving your appeal rights, contact the undersigned

Dated this 19th day of December, 2018 Jennifer Pye, Planner

City of Temiskaming Shores

325 Farr Drive, PO Box 2050, Haileybury, ON POJ 1KO Tel: 705-672-3363 ext. 4105, jpye@temiskamingshores.ca

Waterfront Pool Christmas Holiday Schedule December 24th 2018 – January 6th 2019 Monday **Tuesday** Wednesday **Thursday** Friday Saturday Sunday Dec 24th Dec 27th Dec 28th Dec 29th Dec 30th Dec 25th Dec 26th 10:00-12:00 10:00-12:00 9:30-11:30 am Public Swim **Public Swim** Public Swim Sponsored by Sponsored Haileybury by Knights of Legion Branch 54 Columbus 10809 12:00-1:00 12:00-1:00 Adult Swim Adult Swim 1:00-3:00 1:00-3:00 Public Swim Merry Happy Boxing Public Swim 1:00-3:00 1:00-3:00 Sponsored by Sponsored by Public Swim Public Swim Christmas! Day! **Active 1 Source Giant Tiger** for Sports **Rental Times** 3:45-7:00 pm 3:00-4:00 & Temiskaming 4:30-5:30, call the Northern Loons pool to reserve 7:00-9:00 pm Public Swim Monday **Tuesday** Wednesday **Thursday Friday** Saturday Sunday Dec 31st Jan 1st Jan 2nd Jan 3rd Jan 4th Jan 5th Jan 6th 10:00-12:00 10:00-12:00 10:00-12:00 9:30-11:30 am Public Swim Public Swim Public Swim Public Swim Sponsored by Sponsored by Sponsored by **Perrin Funeral** The Rotary Club **CUPE #5014** of Haileybury Chapel 12:00-1:00 12:00-1:00 12:00-1:00 Adult Swim Adult Swim Adult Swim 1:00-3:00 1.00-3.00 1:00-3:00 Public Swim Public Swim 1:00-3:00 Happy New Sponsored by Public Swim 1:00-3:00 Sponsored by **Royal Canadian** Public Swim Public Swim Years! Sponsored by New Liskeard **Legion Branch** The Greenhaus Lions Club #33 3:45-7:00 pm 3:45-7:00 pm **Rental Times** Temiskaming Temiskaming 3:00-4:00 & Northern 4:30-5:30, call the Northern Loons Loons pool to reserve 7:00-9:00 pm Public Swim

Holiday Season Waste Collection Information Sheet

For those scheduled for recycling collection on Tuesday December 25, 2018 pick-up will occur on Monday, December 24, 2018.

For those scheduled for garbage collection on Tuesday, January 1, 2019, pick-up will occur on Monday, December 31, 2018.

**<u>Please Note:</u> pick-up times may vary during the holiday season*

Acceptable Recycling Bin Materials:

Wrapping paper (except foil or shiny paper), tissue paper, gift bags (material handles removed), cardboard and plastic packaging (separate plastic packaging from cardboard) go in the recycling bin.

Extra recyclable materials or cardboard that cannot be folded or cut to fit inside the recycling bin can be taken to the following locations for free:

Spoke Transfer Station

547 Barr Drive in New Liskeard Hours of Operation: Mondays and Thursdays Only 8:00 a.m. until 12:00 noon

Recyclable materials can also be deposited in depot bins located at the Haileybury Landfill Site during normal hours of operation, or outside of the gates at the Spoke Transfer Station for 24/7 access.

Bins are monitored by video surveillance and are for City of Temiskaming Shores residents only.

Unacceptable Recycling Bin Materials:

Foil or shiny wrapping paper, nonreusable bows and ribbon, toys, Christmas lights, extension cords go in the garbage bin.



Extra waste

All garbage and recycling must fit in the bin with the lid completely closed. Excess garbage or recyclable material beside your bin will not be collected.

If the contents do not fit, store it for your next collection period, or dispose of recyclable material at the Spoke Transfer Site, and garbage at the Haileybury Landfill Site.

Important Note

Please do not over-pack your garbage or recyclable materials so waste cannot be easily emptied. Phippen Waste Management will not be responsible for packed materials remaining in your bin. In this event, please loosen the bins contents before the next collection period.

2019 PET TAGS AVAILABLE NOW!



EARLY BIRD RATES (Before February 1, 2019)

Spayed or neutered dog or cat \$10.00 Unfixed dog or cat \$20.00

Senior Citizen's Rates (65 +) Spayed or neutered dog or cat - \$5.00 Unfixed dog or cat - \$10.00

STANDARD RATES

(After January 31, 2019)

Spayed or neutered dog or cat \$20.00 Unfixed dog or cat \$30.00 Senior Citizen's Rates (65 +)

Spayed or neutered dog or cat - \$10.00 Unfixed dog or cat - \$15.00

Pet Tags are available at the following locations • City Hall • Libraries (Haileybury/New Liskeard)

- Pet Valu Temiskaming Animal Hospital
 - Temiskaming Veterinarian Services
 - Temiskaming Animal Care and Control

AGE FRIENDLY PROGRAMS

Monday December 24

*Cancelled*GetWalkin - 6:00 p.m.- 8:00 p.m. at TDSS, 90 Niven St., New Liskeard - FREE, all are welcome!

Tuesday December 25

*Cancelled*GetWalking - 8:30 a.m.- 10:30 a.m. at Northern College Gym, 640 Latchford St, Haileybury - FREE, all are welcome!

Wednesday December 26

*Cancelled*GetPickleball - 12:30 p.m.- 2:30 p.m. at New Liskeard Community Hall, 90 Whitewood Ave., New Liskeard - FREE- all levels welcome to play, learn & watch.

*Regularly occurring Age Friendly & GetActive! programs will resume the week of January 7! Happy Holidays!

Job opening

Cobalt council inviting applications

Continued from 1A

• Council could also ask for expressions of interest from eligible residents and choose from those submissions.

"The legislation says you have to do it within 60 days" of accepting the resignation, he advised. The previous council had accepted Nielsen's resignation in November, but technically she had been elected to the new council which had to accept her resignation. That occurred on December 5, meaning that the council now has until February 5 to fill the vacant seat.

SEVENTH STANDING

Mayor George Othmer noted that one of the options was to choose the candidate who finished seventh in October's municipal election. He suggested that was the best route "being so close to the election."

Councillor Mike Harrison expressed concern about doing that, saying "there was little difference" in the number of votes received by Rochelle Schwartz (158) and Rene Lafleur (154).

Councillor Doug Wilcox expressed preference for appointing the person who finished seventh. He said the past municipal election was the opportunity for anyone who wanted to be on council to declare their interest.

Councillor Angela Adshead expressed her thought that the votes received by Nielsen, if she had not run, could have resulted in a different outcome among the candidates in the municipal

But Wilcox expressed discomfort with making the decision to "choose who we think people might want."

Othmer also supported that action.

Council opted to have a recorded vote as it went through its options to fill the vacancy.

When council looked at the option of holding a by-election, Gabbani commented, "It is my feeling there should be a by-election. The people should have the choice." But, he explained, he did not want to spend the money for a by-election.

Council unanimously opposed holding a by-election.

Council then examined the option of filling the position by appointing the seventh-place person. This choice was supported by Othmer and Wilcox but was defeated by the other four council

Council then was asked to vote on the option of requesting applications from eligible candidates. While Wilcox abstained from voting, the remainder of the council supported that approach.



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General Manager - Lois Perry Editor - Steven Larocque



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Realgifts

Time marches on and it is as inevitable as a Northern Ontario winter.

Christmas is just a few days away now.

The holiday season will be a welcome respite from a year of much political and economic uncertainty.

But the holidays are also a reminder of the best of the human spirit.

Let us send our best wishes to those suffering with illness and grief, often in silence.

Let us thank the caregivers, the people who look after the sick, the poor and the needy.

Somewhere in our communities there's a child in need of food, a senior who needs a helping hand and a loved one who simply wants to be surrounded by family during the holidays.

Perhaps Christmas is a time for self-reflection?

I am eager for the arrival of my daughter and son-in-law from Scotland.

My mind goes back to the family gatherings we had at our grandmother Orpha Smith's home on Helen Street in Cobalt.

Grandma's living room and kitchen would be jam-packed with her adult children and their children awaiting her delicious turkey, stuffing and baked goods.

For most of us, it was a oncea-year opportunity to visit with aunts, uncles and cousins.

After grandma passed away, my mother often hosted the holiday get-togethers at our house.

Mom took great pride in how she prepared the turkey with all the trimmings.

Christmas dinner where mom yours - Merry Christmas!



had a little too much wine and she forgot about cooking the potatoes and making the gravy.

My mother seldom drank alcohol and when she did she got buying decisions. tipsy quite fast.

Her mother-in-law, my grandmother Iva Brydges, stepped in to save the day.

In the end the meal turned out beautifully and all was good in our home that year.

My parents and grandparents are long gone now but the memories of happy times during the holidays is firmly planted in my brain and heart. My heart goes out to those who will be without a special loved one for the first time this Christmas.

We should remember the holiday is a time of great joy and hope coming to us by way of the human spirit.

An integral part of our lives is understanding each of us is bound to one another in a reciprocal relationship.

There is no more generous community like ours anywhere where goodwill is shown day in and day out.

I see it everyday in my job as a newspaper reporter and the generosity is inspiring.

Being able to write for The Temiskaming Speaker is a gift and I am thankful to you, our valued readers.

Like snowflakes, soft and gen-However, there was one tle, may peace and goodwill be

EDITORIAL

Creating commerce

With the recent strife coming from the money circulating in our communities? Canada Post strike, it may have been painfully obvious to many people that shopping online can be a faulty decision.

WHAT CAN I GIVE HIM,
POOR AS I AM?
IF I WAS A SHEPHERD
I WOULD BRING A

LAMB.

But the most prevalent lesson to take away from the recent postal strike is the fact that so many shoppers are abandoning their local retailers in favour of big box stores and online shopping sites.

Every dollar that is spent out of this region takes away from the hard working retailers who provide goods, employ people and contribute donations to community-based events and organizations here in Temiskam-

Where would minor hockey, baseball, soccer, church groups, food banks and other not-for-profit organizations be without local business sponsorship?

They would be non-existent.

neurs if we don't shop locally and keep our ness interests.

MERRY CHRISTMASS

They will be non-existent.

We will be a lot poorer all the way around. Every dollar spent locally sends a ripple Postal disruptions can and do affect our affect throughout the community, as we know business owners purchase goods from other retailers, they pay property taxes to local municipalities, they sponsor sport teams and events held around the region.

> And they employ people, thus creating commerce and prosperity right here in our communities.

As consumers we have a choice. We can either send our hard-earned dollars to make other regions prosperous or support our local business interests right here at home.

Local retailers are counting on our business during the busy holiday season.

They have done their utmost to earn our business and our loyalty. They deserve to be rewarded by our shopping choices.

Prosperity can only happen in a commu-What will be the fate of our local entrepre- nity if we, the consumer, support local busi-

Merry Christmas!

The Temiskaming Speaker and The Weekender wish each and every person in the South Temiskaming region a Merry Christmas and Happy New Year.

We also send our best wishes to our online subscribers and our long-distance subscrib-

In a world of fake news, our award winning newspaper continues to provide solid, credible journalism through our community-based stories each week to you, our valued read-

We thank you for your patronage throughout the year.

Since this is a time in which gratitude takes centre stage, we say a "Thank you" to the hundreds of people in our community doing good work on behalf of others.

Merry Christmas!

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loisperry@northernontario.ca

Temagami wading through retail weed debate

Diane Johnston

Speaker Reporter

TEMAGAMI – With a deadline just a month away, new muthey're in or out on retail marijuana sales in their communities.

Temagami council briefly discussed the issue at its first regular council meeting last week. It'll be back on the agenda Jan-

An audio recording of the meeting has been posted on the municipality's website.

Ontario municipalities face a January 22 deadline to opt out private retail licences. of hosting retail sales.

but, once they've agreed to

Mississauga and Markham have opted out, treasurer-adtold Temagami councillors last and the federal government's

municipal circles is that, while a local zoning bylaw can regulate where marijuana is grown, "you can't use the zoning bylaw to control where the shops are."

Provincial regulations, for example, specify that a retail store must be at least 150 metres from any school.

"A lot of municipalities are opting out because, even if you said 'yes, we want it,' you still couldn't necessarily make sure it's in the most appropriate spot for your community," he said.

Councillor John Shymko said that councils can prohibit sales now, and then opt in later.

But if they agree now, "we do not have the right to change our minds afterwards, so a lot of municipalities are opting out now even though they may opt for it in the future."

Opting out, he said, would give council time for research and public feedback.

Councillor Barret Leudke raised the possibility of a town hall meeting to gather opinion.

Given the timelines, council could opt out prior to January 22 and then schedule a town hall, Davidson said.

Shymko urged anyone with views on the issue to get in

"Now is the time to talk to council," he said.

FUNDING

The province has outlined funding implications for municipalities, depending on their decision.

In Ontario, all municipalities are to receive an initial payment in January of at least \$5,000 to cope with increased costs associated with legalization of recreational marijuana.

Municipalities that do not opt out will receive additional funding to offset costs associated with retail outlets. They'll also receive a share of any surplus of the federal excise duty on recreational cannabis, if Ontario's portion of the duty exceeds \$100 million over the first two years after legalization.

If municipalities opt out by January 22, they'll receive only a second payment capped at

They'll be eligible for no addinicipal councils are debating if tional funding if they later decide to approve retail sales.

> Even as Temagami councillors were discussing the issue, the provincial government was announcing a slowdown in private retail licensing.

> In a statement issued that evening, Attorney General Caroline Mulroney and Finance Minister Vic Fedeli said a national shortage of marijuana has forced Ontario to phase in

"Taking into consideration They can opt in at a later date the required investments for a prospective Ontario private lesales, they cannot then opt out. gal retailer, we cannot in good conscience issue an unlimited number of licences to businessministrator Craig Davidson es in the face of such shortages failure to provide certainty The concern he's heard in around future supply," it read.

> "In the initial phase up to 25 licences will be issued so operators can open for business on April 1, 2019 and stay open."

> The first licences will be chosen through a lottery system overseen by the Alcohol and Gaming Commission of Ontario. The draw is slated to be conducted January 11.

NOTICE

Proposed replacement of Tilden Lake Dam Notice of intention to proceed following expiry of project approval – Class environmental assessment for MNRF resource stewardship and facility development projects

The Ontario Ministry of Natural Resources and Forestry (MNRF) is seeking comments on its intention to act on an expired approval to replace the Tilden Lake Dam. The dam is located at the outlet of Tilden Lake where the lake flows into Tomiko River, approximately 1 km north of Ellsmere Village. The project includes construction of a new concrete dam immediately downstream of the existing Tilden Lake Dam, followed by removal of the existing dam. The work is scheduled for the summer and fall of 2019.

The project evaluation met the requirements for a category C project under the class environmental assessment for MNRF resource stewardship and facility development projects (Class EA) on March 15, 2005 with the filing of a statement of completion. However, the project did not proceed to construction. The Class EA requires that a new notice must be issued if more than five years elapse between completion of the EA process and the beginning of construction. The MNRF plans to proceed with the project in 2019. The project and its potential environmental effects remain unchanged. To obtain the final Environmental Study Report (ESR), to discuss the project or to submit comments, please contact:

Graham Janson, P.Eng.

Senior Project Engineer MNRF Northeast Region 5520 Highway 101 East, P.O. Bag 3020 South Porcupine, ON PON 1H0 e-mail: graham.janson@ontario.ca

If after a 30-day notice period the MNRF considers that there are no significant outstanding concerns the MNRF may proceed with the project without further public notice.

Where there are outstanding concerns about this project that cannot be resolved in discussion with the MNRF, concerned parties may formally request the Minister of the Environment, Conservation and Parks issue a Part II Order subjecting the project to an individual environmental assessment under the Environmental Assessment Act. As this decision rests with the Minister of the Environment, Conservation and Parks please direct your inquiries in this regard to the minister, Ferguson Block, 77 Wellesley St. W., 11th Floor, Toronto, Ontario, M7A 2T5. Requests must be received by the minister by January 31, 2019 and copied at the same time to the MNRF at the address above.

Comments and personal information regarding this proposal are collected under authority of the Environmental Assessment Act to assist MNRF in making decisions. Comments not constituting personal information as defined by the Freedom of Information and Protection of Privacy Act may be included in documentation available for public review. This information may be used by MNRF to seek public input on other projects. Your personal information will remain confidential unless you give MNRF your consent to disclose it. If you have questions about the use of your personal information, please contact Marilyn Mills at 705-475-5598.

Renseignements en français : David Levesque au 705 235-1149.







Be on the look out for posters and ballot boxes around town and visit local merchants to WIN GIFT CERTIFICATES just in time for Christmas!

















Daily dose of generosity at TDSS

Diane Johnston Speaker Reporter

TEMISKAMING SHORES – Open a door on the traditional Advent calendar, and a treat is revealed.

A Timiskaming District Secondary class has put the holiday tradition in reverse.

Rather than getting chocolate treats each day, the Learning Strategies class challenged their fellow students to give items each day.

The donations will restock food banks serving New Liskeard, Haileybury and the Cobalt, Coleman and Latchford area.

"This wasn't your typical food drive," explained teacher Maija Inglis in a statement.

"Our class wanted to specifically target minors who access food bank resources so we encouraged our school community to bring in items on a list that we felt were most needed," she said.

Continued on 12a

Early Deadlines

Deadlines for advertising in

The Speaker of

Wednesday, December, 24th

is Thursday December 20th

at noon.

Deadline for advertising in **The Speaker Weekender Edition** of Friday, December 28th

is Friday, December 21st at noon.

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ENTERTAINMENT



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56				57				58				
59				60				61				

Horoscopes

CAPRICORN

This week will be full of surprises. Whether your partner takes you on a romantic vacation or a complete stranger proposes marriage, expect your love life to be shaken up. Happiness is around the corner.



TAURUS

You won't hesitate to speak your mind this week and you'll say the things others have been thinking. You may hear some rumours, and you'll want to confirm them right



VIRGO

Stress and exhaustion may make you feel like you're in a fog and you won't know what to concentrate on. Luckily, your energy will be back just in time to celebrate.



AQUARIUS

You'll be busy finishing up work before leaving on vacation this week. Everything will go according to plan and you'll end the year with a sense of accomplishment.



GEMINI

Some last minute shopping will catapult you over your Christmas budget this week. However, the extra expense will be greatly appreciated by your loved ones and earn you some praise.



LIBRA

your time off without any

worries.

SCORPIO

PISCES

At the last minute, you'll

holiday party, so you'll

rush to finish decorating

your home. You'll outdo

CANCER

It's time to spring into action!

everything's urgent. If you're

the first to get to the office in

the morning and the last to

leave. Your boss will notice

and begin to rely on you.

You have lots to do and

yourself this year and

your home will look

magnificent.

find yourself hosting a big

You'll find yourself on top of Your friends may invite things this week, both at work you on a last minute trip and while preparing for your and you won't hesitate holiday festivities. You'll finish to join them. You'll also things before your deadlines. want shake things up with which will allow you to enjoy your loved ones and have a non-traditional holiday celebration.



Answers For Crossword on 4b

ARIES

You'll get some much needed time off this week to take care of things at home and prepare for the holidays. You'll get involved in a community project and your hard work will be recognized.



Don't get burned out before the holidays even begin. ake some time to rest so you can recharge and banish that pesky cold that just won't go away.



SAGITTARIUS

You'll be more emotional than you expected this holiday season. For whatever reason, your celebrations will be very different this year and you'll be nostalgic for times past.



ACROSS

- lcy rain Gas guzzler
- 9. Choose
- 12. Fast dance
- 13. Summer drink
- 14. Muck
- 15. More qualified
- 16. Spoil
- 17. Liquor from molasses
- 18. Lyric poem
- 20. Bakery workers
- 22. Reduce in rank
- 26. Baltic or Bering 27. Hymn finisher
- 28. Large snake
- 30. Soft lump
- 34. Small coin
- 35. Leather punch
- 36. Volcano flow
- 37. Put on cargo 38. All the ____ in
- China
- 39. Historic ages
- 40. Gibbon or gorilla
- 42. Confuse
- 44. Plastic material
- 47. Bro or sis
- 48. Lennon's mate
- 49. To the back, matey
- 51. Aquatic animal
- 56. No _____, ands, or buts
- 57. Ill-humor
- 58. Mindful
- 59. Bambi's mom 60. Here and

Hip Pain

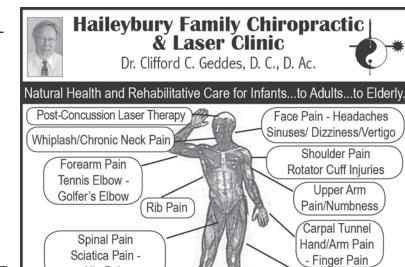
Calf Pain

Achilles Pain

- 61. down
- (softened)

DOWN

- Resort, of a sort
- High tennis shot
- Wing of a building
- out (barely make)
- 5. Fortuneteller's card
- Protection 6.
- Hubbub 7.
- 8. Fasten again
- 9. Grimm monster
- 10. Rain hard
- 11. Male turkeys
- 19. Speakers' contest
- 21. Sent a telegram
- 22. Papas
- 23. Give forth
- 24. Note
- 25. Type of street
- 26. Delicatessen item
- 29. Be in debt
- 31. Hog fat
- 32. Track shape
- 33. Low
- 41. Simple
- 43. WWII craft
- 44. Bare
- 45. Data
- 46. Schnoz
- 47. Hearty soup
- 50. To and _____
- 52. 1 + 1
- 53. Sun-bronzed
- 54. Browning's before
- 55. Primary color



Pain Control and Rehabilitation Care for All

Chiropractic adjustments (by hand / or instrumentation) Acupuncture (dry needling, wet needling, electric stimulation and helium neon and infrared laser stimulation).

Therapeutic ultrasound, interferential current therapy, and Bioflex Laser Therapy - Orthotics - electric and hand massage - Nutritional Supplements.

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Thigh Pain

Knee Pain

Ankle/Foot/Toe Pain







DID YOU KNOW THAT YOUR GARAGE DOOR ...

On average covers up to 40% of your home's facade



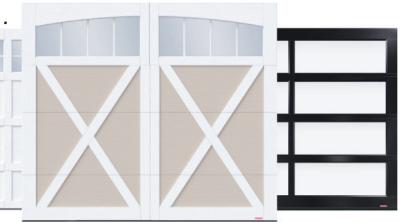








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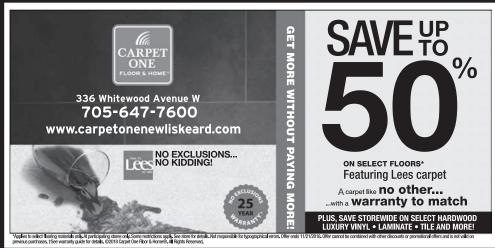
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Branch 44 News

Canadian Legion Branch 44 in Cobalt held its Early Bird Draw. Winners of the draw were:

- Jack Fiset: a free membership donated by Branch 44 Ways and Means Committee
- · Michael Brisson: Wayne's Corner Gas gift certificate
- Dan Cleroux: Silver Café gift certificate
- · Deryk Briscoe: one year

Daily dose of generosity at TDSS

Continued from 7a

"We were looking for donations of everything from pancake mix and syrup to toddler toothbrushes and baby food to teenage hygiene products."

In the end, the initiative by the class of about 15 students from grades 9 through 12 collected 3,023 items. Secondary and senior elementary classes at Timiskaming District Secondary took part.

The top three classroom donors were: Thomas McLean's health care class, 551 items; Jason Duke's math class, 463 items, and Kim Primrose's politics class, 340.

To thank the student population for making the project so successful, the Learning Strategies class served hot chocolate and cookies December 14.

Supplies were donated by local grocery stores and restaurants, and student Jesse Alberta provided musical accompaniment.

Inglis said the activity was sparked by information she'd prepared for the class on food bank use in Canada and the high cost of living in remote Northern communities.

The class decided "this would be a good idea," she said.

On December 2, the Royal subscription to The Voice

• Merv Ambeau: free membership Branch 44 Award

Congratulations to all our prizewinners and thank you to our early bird supporters and prize sponsors.

The Branch 44 Cobalt Legion is recruiting new members so mittee

give us a call at 705-679-5707 or talk to a current member. If you are a past member you could be reinstated. Remembrance Day depends on a strong Legion.

Lest We Forget

Branch 44 Membership Com-

Temagami Family Health Team

Submitted by Ellen Ibey

Pancreatic Cancer Awareness

The pancreas is a flat, pear-shaped gland behind the stomach -- part of the digestive system. The pancreas is also part of the endocrine system. The endocrine system is the group of glands and cells in the body that make and release hormones (which control many functions such as growth, reproduction, sleep, hunger and metabolism) into the blood.

Symptoms of pancreatic cancer

Pancreatic cancer may not cause any signs or symptoms in its early stages. Signs and symptoms often appear as the tumour grows and causes changes in the body. Other health conditions can cause the same symptoms as pancreatic cancer. See your health care provider if you have these signs or symptoms:

- yellowing of the skin and the whites of the eyes (called jaundice)
- pain in the upper abdomen or upper back
- fatty stools that are light coloured, bulky and float in the toilet
- unexplained weight loss
- loss of appetite
- fatigue
- nausea and vomiting

Known Risk Factors

Tobacco Obesity

Diabetes

Family history of pancreatic cancer Certain genetic conditions Chronic pancreatitis

indigestion

- feeling full after a small meal
- bloating
- diarrhea or constipation
- itching
- dark urine
- fever and shivering
- swelling of the legs

Possible Risk Factors

Alcohol Physical inactivity Eating red and processed meats Occupational exposure to chemicals

Helicobacter pylori Hepatitis B virus Gum Disease Cystic Fibrosis

Cirrhosis of the liver

Diagnosing Pancreatic Cancer

Begin with a visit to your health care provider who will ask you about any symptoms you have and do a physical exam. Based on this information, your provider may refer you to a specialist or order tests to check for pancreatic cancer or other health problems. CT scan is the most common imaging test for pancreatic cancer.

> The Temagami Medical Centre and Family Health Team is committed to keeping you as healthy as possible!



Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0 Tel: 705.569.3244 Fax: 705.569.2610



OFFICE HOURS Monday-Friday – 8:30 a.m. - 4:30 p.m. **COUNCIL MEETING** Monday, January 7, 2019 at 6:00 p.m.

■ The regular meeting schedule will resume on Monday, January 7, 2019 at

Note: The Regular Meeting of Council on Monday, December 24, 2018 has been **cancelled**. The regular meeting schedule will resume on Monday, January 7, 2019 at 6:00 p.m.

Holiday Hours/ Schedule Municipal Complex

The Municipal Office and Public Works Department will be closed from Monday, December 24, 2018, and will reopen with regular hours on Wednesday, January 2nd, 2019.

Municipal Waste Site

The Municipal Waste site will be closed on Tuesday, December 25th, 2018, **open** on Saturday, December 29th, 2018, with regular hours, from 9:00 a.m. until 4:00 p.m. and **closed** on Tuesday, January 1st, 2019.

Garbage Collection

Garbage collection will occur on Thursday, December 27, 2018, due to the Boxing Day Statutory Holiday, and on Wednesday, January 2nd, 2019, due to the New Year's Day Statutory Holiday. Please ensure your garbage is out for collection by 7:00 a.m. No return trips will be made.

Recycling Collection

Recycling collection will change from Tuesday, January 1st, 2019 to Wednesday, January 2nd, 2019.

In the event of a storm, the Coleman Public Works Department puts public safety first. Main roads will be cleared before attending to routine duties such as garbage collection and private plowing services.

Coleman Fire Department: In Case of Fire Emergency - Please Call 911

Fire Safety Tips - Holiday Entertaining

- Test your smoke alarms and tell guests about your home fire escape plan. Ensure they are aware of all exits in your home.
- Keep children and pets away from lit candles.
- Keep matches and lighters up high in a locked cabinet.
- Stay in the kitchen when cooking.

- Ask smokers to smoke outside. Remind smokers to keep their smoking materials with them so young children do not touch them.
- Provide large, deep ashtrays for smokers. Wet cigarette butts with water before discarding.
- Don't drink & drive or let your guests drink & drive. Make sure you plan ahead and have a designated driver, arrange for a cab or other alternative transportation.
- Collected From: Holiday Fire Safety. Ontario Association of Fire Chiefs. Web - 21 November 2018. http://www.oafc.on.ca/holiday-fire-

The Township of Coleman Mayor, Council and Staff wish you a very Merry Christmas and a safe and happy New Year!

If your name appears below you've won a

\$25 GIFT CERTIFICATE from a participating merchant. Claim your prize by stopping by The Speaker Office, after Thursday, December 20th.

Chance & Cholo - Brandon Hewitt, Latchford James Faubert - Julie Williams, Englehart

Country Kitchen - Liz Morland, North Cobalt

The Orchard Cakes & Pastries - Stacy Foley, New Liskeard

Pearls - Karly Endres, New Liskeard

Foto Shop/Spirit of the Arts - Francine Gamache, Haileybury

DM Woodworking - Fred Field, Englehart

Max Propane - Barbara McPherson, New Liskeard

Temiskaming Shores Pool Fitness Centre - Charlene Dagenais, Haileybury

#1 Auto Parts - Del & Val Fuller, New Liskeard

The Doo-doo Guy - Jean Moerman, Cobalt

Café Meteor - Alexia Sears Baker, New Liskeard

Leis Landscaping - Linda Maurice, New Liskeard

Thornloe Cheese Factory - Frances Freeman, Englehart

The Brick - Libbi Quevillon, New Liskeard

