inside. There will be a winner for the following age groups: • 2 – 4 years • 5 – 7 years • 8 – 10 years

Email: classifieds@northernontario.ca or drop off your coloured picture by Tuesday April 2nd, 2024 no later then noon at the Speaker office, 18 Wellington St S., New Liskeard



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Canada

EEKENDER THE SPEAKER'S WEEKEND EDITION

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Lining up for the big event April 8

Darlene Wroe

Local Journalism Initiative Reporter

Vol. 23 - No. 13

DISTRICT - It's being described as a once-in-a-lifetime event.

The earth, moon and sun will align so that areas of Canada, the United States and Mexico will be able to see a solar eclipse April 8.

Timiskaming District Secondary School science and math teacher Shane Hartzke explained in a telephone interview that for the Temiskaming Shores area, "we're in the path where we won't reach totality of the eclipse, but we'll still see some of the sun almost completely filled." He anticipates a noticeable darkness over the area.

Residents of Temiskaming Shores and area who have the right viewing aids to watch the eclipse will see the moon cover most of the sun at around 3:15 p.m. This will be the peak of the eclipse for this area. To view a total eclipse, it will be necessary to travel to other parts of Ontario, Quebec and the Maritime Provinces, which some are indeed planning to do.

Hartzke explained that totality is the moment when the moon completely covers up the brightness of the sun. For about one-and-a-half to two minutes viewers will be able to see the outermost part of the sun's atmosphere, called the corona.

In the Temiskaming Shores area, "if the skies remain clear, we should witness the moon partially covering the sun for a few minutes, resulting in a noticeable darkness of the surroundings," Hartzke related.

PROTECT YOUR EYES

He noted that this is not something that people will be able to view with the naked eye.

Caution will be needed to protect your eyes and the eyes of your children during this event.

"You don't want people looking up and staring at the sun obviously. Nor-

mally you don't worry about that on a day-to-day basis because it's so bright that we can't stare at it very long, so we don't really have that danger. The danger occurs when the sun is darkened and people can look up at it. They don't feel it's too bright, so they can look at it. But the UV rays of the sun are still getting into their eyes."

Continued on 3



FRIDAY, MARCH 29, 2024

ROBERT A. NICHOLLS & ASSOCIATES Financial Peace of Mind Starts at Assante

51 Armstrong St., New Liskeard 705-647-6838 www.nichollsandassociates.ca



WOOFING AND HOPPING

Arlo and human companions Matt Dwyer, at left, and Brooke Hopkins met the Easter Bunny at Northern Animals Rescue and Sanctuary on the weekend. Canine visitors could sniff through the snow for eggs filled with dog treats and have a photo session with the bunny of the hour in a March 24 fundraiser for the pet shelter. Anyone interested in adopting a dog or cat can contact the organization via private Facebook message. (Staff photo by Diane Johnston)





DID YOU GET The Speaker THIS WEEK? Here are some March 27, 2024 stories...

- A detailed report looking at traffic in Temiskaming Shores is being studied by Temiskaming Shores City council.
- · Housing remains a major issue in the Temiskaming region as social services reveals they have a long waiting list for accommodations.
- Highway 11 will see upgrades through Dymond Township and Harley Township in 2024.
- The 100 Women group recently donated over \$13,000 to a youth camp in Coleman Township.
- Harley Township wants to speak with the MTO and the OPP about road closures and safety issues.
- Englehart is happy with a new blue box program being introduced across the province, hoping it will save the municipality money.
- The fourth annual AC15 Alexa Corneil Memorial Hockey Tournament was another huge success.
- · Ebert Welding came home with an NOHA gold medal for their efforts and they are now heading to the provincial championships.
- The New Liskeard Cubs have ended their season of Great North U18 League play and are planning for a spring development camp.



WILSONS AND WEST

The Wilson Chev Puckhounds hosted the Northern Ontario Hockey Association U11 A Tournament of Champions March 22-24. In their second game, centre Beau Mejaki-Fox (right) and teammate Nash Mcdonald easily dumped the Nickel City Sons West team 8-1 at the Shelley Herbert-Shea Memorial Arena. The Puckhounds reached the semifinal where they were stopped by the Kapuskasing Icehawks 4-3 in overtime. Kap was undefeated on their way to the championship. (Staff photo by Steven Larocque)





BREAKFAST SHENANIGANS

Members of the Royal Canadian Legion Branch 54 held a St. Patrick's Day-themed breakfast on March 16. Selling some household items during the breakfast were Carole Daraiche (right) of Carole's Creations, accompanied by her friend, Sandra Touzin. (Staff photo by Sue Nielsen)

Lining up for the big event April 8

Continued from Front

That damages the cells of the retina at the back of the eye.

"That's the big danger, especially for young kids because they're hearing about it."

He noted most children will be at home that day because all area school boards have declared April 8 as a professional development (PD) day.

He explained that looking at the eclipse without ISO certified solar viewing glasses or a hand-held solar viewer could cause short-term and long-term viewing loss.

Solar viewing glasses or a hand-held solar viewer must have the ISO number 12312-2.

He noted that some places are already selling out of the ISO-certified viewers.

If you decide to view the eclipse through welding glass, make sure it is Level 14 welding glass.

"Most welding helmets would have a Level 11 or 10." Those would not have dark enough glass to provide the needed protection, he explained, adding he would not recommend using welding glass unless you are certain it is Level 14.

People can also make a pinhole projection box.

"This is a really great activity to do with kids," said Hartz-

"Basically you just need a cardboard box and aluminum foil and masking tape. There's really good instructions on how to do that on the Canadian Space Agency website. When you're using a shadow box, you don't actually look at the sun." Instead, you turn your back to the sun and view the shadow of the moon going across the box.

RARE OCCURRENCE

Hartzke said the approaching eclipse is a unique opportunity for people to view a rare occurrence.

The Temiskaming region can anticipate some degree of a solar eclipse once every 20 years, but a total eclipse is not expected in this part of Canada until 2104 when it will appear in Quebec, said Hartzke.

"One of the things that gets me excited is oftentimes we don't get very much connection with the moon and the sun and that sort of stuff. As a science teacher I really enjoy contemplating the marvels of the natural world around us."

He noted that the eclipse is happening at a time when the Artemis Space Program is underway. This is a joint effort between NASA and other space agencies to return to the moon to study it more. In a year Canadian astronaut Jeremy Hansen will be travelling on Artemis II back to the moon and he and other crew members will be witnessing the Earthrise from their position at the far side of the moon.

Temagami Family Health Team

Submitted by Ellen Ibey

Irritable Bowel Syndrome (IBS) Awareness

Irritable bowel syndrome or IBS is a disorder affecting the intestine. IBS involves problems with motility (movement of digested food through the intestines) and sensitivity (how the brain interprets signals from the intestinal nerves), leading to abdominal pain, changes in bowel patterns and other symptoms.

FAST FACTS:

- Canada has one of the highest rates of IBS in the world; 13-20% of Canadians (approximately 5 7.5 million individuals) are living with IBS
- 54% of those with IBS experience symptoms of fatigue
- 40 to 60% of those with IBS experience psychological symptoms, including anxiety disorders and depression
- the primary symptoms are what are commonly referred to as the ABCDs of IBS – Abdominal pain, Bloating, and Constipation and/ or Diarrhea

Although each person has a unique IBS experience, this condition can significantly decrease a person's quality of life. Interestingly, only about 40% of people with IBS symptoms will seek help from a health care provider.

DIETARY AND LIFESTYLE MODIFICATIONS

The bowel responds to how and when a person eats, so it is important to eat regular, well-balanced, moderately sized meals rather than erratic, variable meals.

Some people find that dietary fats and the food additive monosodium glutamate (MSG) trigger symptoms. Some find symptoms worsen when consuming large quantities of liquids with meals. Others find that cooking vegetables and fruits lessens IBS symptoms, compared to when eating them raw. People with IBS might need to avoid or decrease consumption of caffeine, nicotine, and alcohol, particularly if the main symptom is diarrhea.

FIBRE

An important step in controlling the symptoms of IBS is to increase dietary fibre. Gradually increase your dietary fibre intake, allowing your body to adjust to the change, but make sure to increase the amount of water you drink as well.

It is important to note that for some IBS patients, a diet excessively high in bran fibre might trigger more frequent diarrhea, while other types of fibre could still be helpful. Consult your primary care provider or dietitian if you have any questions regarding fibre in your diet

If you are a patient of the Temagami Family Health Team and would like to speak with your primary care provider, one of our mental health workers or our registered dietitian, please call **705-569-3244** to schedule an appointment.

Committed to keeping you as healthy as possible!

Source: GI Society - Canadian Society of Intestinal Research; Canadian Digestive Health Foundation

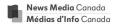


Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0 Tel: 705.569.3244 Fax: 705.569.2610



General Manager - Lois Perry Editor - Steven Larocque



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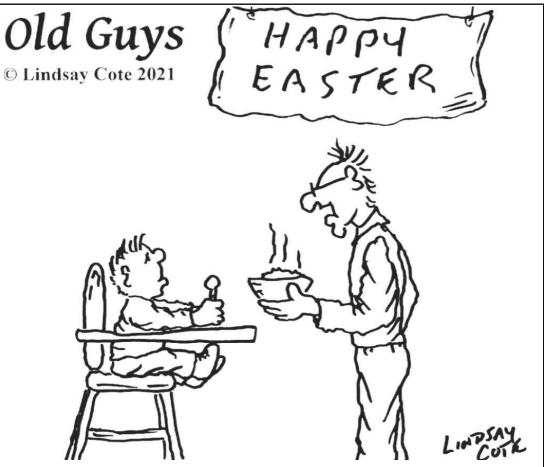
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Email:

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You and I have one thing in common. We both need our turkey smooshed so we can eat it

EDITORIAL

The celebration of Easter

This coming weekend we celebrate those who visit their stores. Easter and the arrival of spring.

Easter puts us in the mood for chocolate treats and Easter egg hunts.

Families will gather to enjoy the long weekend together.

Easter is one of the most important events in the Christian calendar.

This is a time when Jesus Christ was resurrected from death and the symbolism shows us that heaven can be obtained by mankind.

For many non-religious folks it is a time to celebrate spring and all its

The Temiskaming Church is hosting a massive Easter egg hunt at Farr Park in Haileybury on Saturday.

And the New Liskeard BIA merchants are offering Easter treats to

It is a joyous time for children who patiently await the arrival of the Easter Bunny and what treats they will receive.

It is also a festive time for families and friends to gather and celebrate the arrival of spring and the return of the light.

But for many who face poverty, homelessness and illness, Easter isn't quite the happy time experienced by so many.

Let us remember the true teachings of Jesus Christ and that is to honour all people, regardless of circumstances.

Wherever you find yourself this Easter weekend, celebrate the goodness of life and give your loved ones a hug or two.

That gorgeous humanity



Sue Vielsen

"Loving can hurt. Loving can hurt sometimes."

Ed Sheeran

I am amazed at people who turn tragedies into positive outcomes.

Everyone who lives long enough experiences significant losses in life.

That is the human condition.

We know life can often come to a standstill for people who have lost a child.

I know the immense grief and loss felt by my sister when her only son, and my only nephew, passed away.

To her credit, she became a grief counsellor and now consoles others who have lost loved ones.

I saw a beautiful display of humanity on the ice at last weekend's AC 15 Alexa Corneil Memorial Hockey Tournament.

I saw faith, hope and love reminding us there is a softer tomorrow.

This is what interests me and always has – humanity - when people help others despite the huge challenges they are facing.

I pulled up a chair at the AC 15 hockey tournament to

watch the games.

Many local women hockey players were on the ice along with out-of -towners.

All came to honour the memory of Alexa Corneil, who passed away suddenly at the age of 19 from a heart arrhythmia.

We are wired to lean on community when the going gets tough aren't we?

Our bodies produce happy chemicals when we are part of a greater community.

I saw a community of women hockey players, a family, an organizing committee, sponsors and the greater community all working together to honour the memory of a beautiful young woman.

I had to choke back a tear or two.

The outcome of the event is truly about community as the funds raised go towards improving the North Cobalt Shaver Park.

How about the tickets sold on the Boston Bruins signed jersey donated by former New Liskeard Cub Justin Brazeau, which raised \$1,500 for the tournament.

Great job Justin.

We know bad things happen to good people. I think of a New Liskeard couple that just lost their home to a fire. During the fire they were more concerned with providing food for the firefighters than with their immense personal loss.

Those are special people in-

With faith, hope and love, people can and do overcome tragedy.

I think of my own mother who lost six babies and who had two open heart surgeries and countless other serious medical issues in her life.

And yet, she remained an incredibly positive person.

People who put one foot in front of the other and view the seeds of disaster as seeds of renewal and growth have my deepest respect and admiration.

That gorgeous display of humanity is what the world needs more of.

Happy Easter everyone!



OFFICE

937907 Marsh Bay Road, Coleman, 705-679-8833 OFFICE HOURS MONDAY-FRIDAY 8:30 am to 4:30 pm

COMMUNITY NEWS

Council Meetings

Monday, April 8, 2024 Monday, April 29, 2024 Tuesday, May 21, 2024

All meetings start at 6:00 p.m. in the Council Chambers.

FIRE PERMITS

Reminder to Coleman Residents: Fire Season Begins April 1st – NO DAYTIME BURNING ALLOWED

Fire Permits for open air burning are required effective April 1, 2023. For questions, additional information or to book an inspection with our Fire Prevention Officer of your camp fire pit please contact the Municipal Office at 705-679-8833.

INTERIM TAX BILLS

1. When are the 2024 Interim Tax Bills due?

March 28, 2024 and April 26, 2024

2. If I mail my payment, how can I get a receipt?

If a receipt for payment is required, please send a selfaddressed stamped envelope with your payment.

3. Can I easily get a reprint of my tax bill/statement from the office?

Yes – A fee of \$10 shall be charged for a reprint of a tax bill or statement.

4. What method can I use for tax payments?

Cash, cheque (payable to the Township of Coleman), debit or internet/online banking payment. To avoid penalty and interest, ensure the office receives payment on the due dates. NSF of any returned cheques are subject to a processing fee of \$30.00

MUNICIPAL WASTE SITE

Hours of Operation: Tuesdays 9am – 4pm Saturdays 9am – 4pm

GARBAGE COLLECTION

Collection occurs every Tuesday. Residents are required to have garbage bags no heavier than 40 lbs in containers ready for pick-up by 7am. Maximum of three (3) bags per week. Oversized bags will be tagged and left at the curb.

RECYCLING SCHEDULE

April 2, 2024

April 16, 2024

April 30, 2024

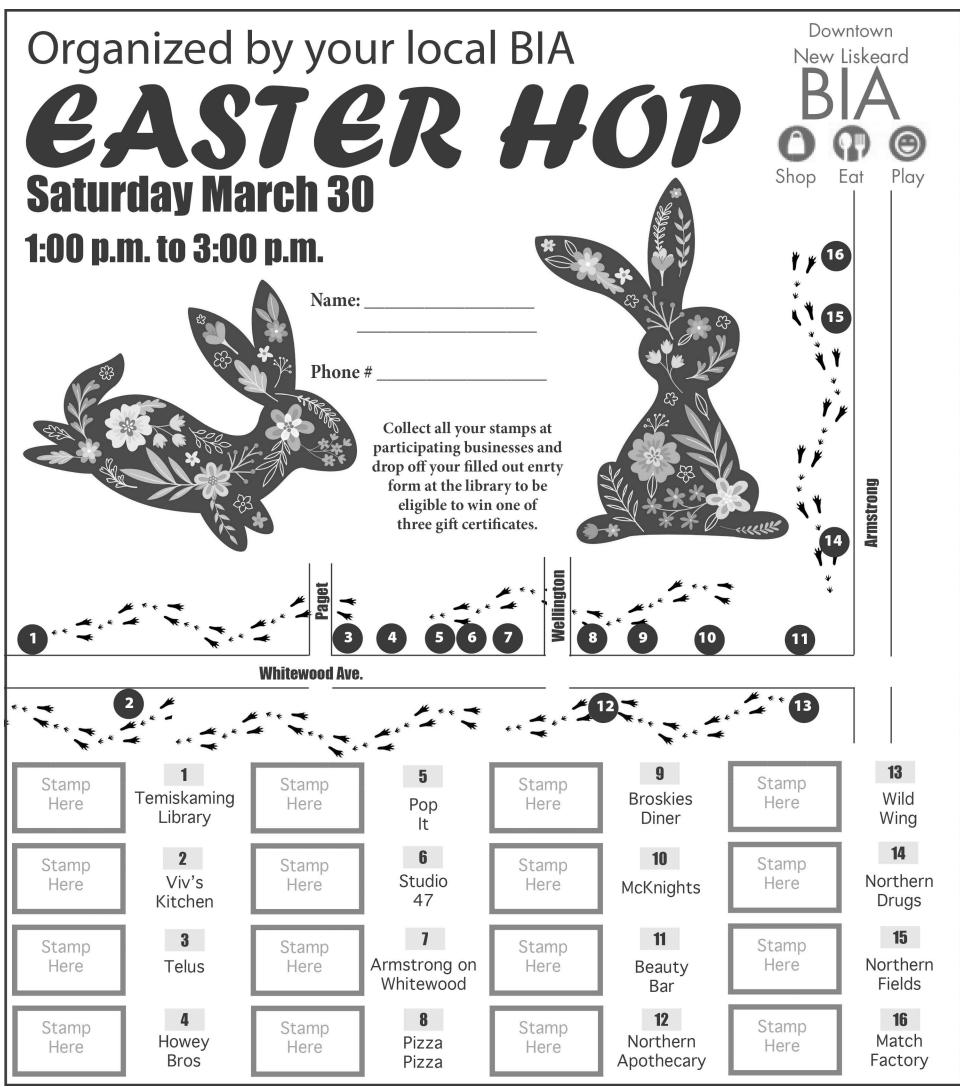
May 14, 2024

May 28, 2024

Good morning.

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Sudbury second on list of bed-buggiest cities in Canada

MISSISSAUGA (Special) - Orkin Canada has released its annual list of the top 25 "bed-buggiest" cities in Canada, with Toronto claiming the top spot for the seventh year in a row.

Vancouver dropped from second to sixth place on this year's ranking, while Sudbury rose to second place and Oshawa to third. Winnipeg also cracked the top ten this year after placing eleventh in 2022, now ranking seventh across the country.

The top 10 bed bug ridden cities in Canada are:

- 1. Toronto
- 2. Sudbury
- 3. Oshawa
- 4. Hamilton
- 5. Ottawa
- 6. Vancouver
- 7. Winnipeg

8. St. John's

9. Sault Ste. Marie

10. Scarborough

"As we've seen travel return to pre-pandemic levels, Canadians should be on guard for bed bugs, as these pests are extremely resilient and can hitchhike from place to place unnoticed and with ease," said Dr. Alice Sinia, an entomologist with Orkin Canada.

"Known as expert hitchhikers, bed bugs cling to clothing, luggage and furniture to invade new spaces, stowing themselves in baseboards, electronics, bedding, wallpaper, wall hangings and sofas."

Following the Paris bed bug craze, Orkin Canada urges residents and tourists not to panic but to be vigilant and stay on the lookout for signs and traces of bed bugs in order to avoid infestations. While bed bugs are visible to the naked eye, they are cryptic and excellent at hiding, making them difficult to control. Having a trained professional intervene at the first sight of a bed bug is highly recommended.

Orkin Canada's K9 team of detection dogs are trained to locate bed bugs with incredible accuracy. Available across Canada, the K9 team detects bed bugs and their eggs, dead or alive, signaling to their handlers for further inspection.

The Orkin Canada bed bug list is compiled based on the number of commercial and residential bed bug treatments performed by the company in 2023 (January 1 - December 31).

Orkin Canada is the country's largest pest control and environment services provider.

Tax tips for First Home Savings Account openers

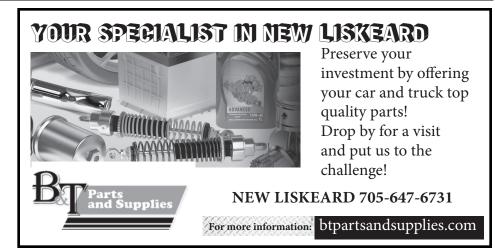
OTTAWA (Special) – Did you open a First Home Savings Account (FHSA) in 2023?

If so, the Canada Revenue Agency says you need to be aware of the following:

- File your income tax and benefit return and fill out Schedule 15, FHSA Contributions, Transfers and Activities, to let us know that you opened an account, even if you did not contribute to your FHSA or transfer from your RRSP to your FHSA in 2023
- Up to \$8,000 in FHSA contributions made by December 31, 2023, can be claimed as a deduction on your 2023 income tax and benefit return.
- Contributions made to your FHSA are generally taxdeductible, while transfers from your RRSPs to your FHSAs are not tax-deductible.
- Your FHSA issuer will give you a T4FHSA slip, First Home Savings Account Statement, showing the totals of certain transactions you made in your FHSA in 2023.
- You can open more than one FHSA, but the total amount contributed or transferred to all of your FHSAs should not exceed the annual and lifetime limits.
- Unused FHSA contributions (contributions that are not deducted in the year they are made) can generally be carried forward for future tax years.
- Qualifying withdrawals, including investment income earned in your FHSA on contributions and transfers, are non-taxable Continued on 8

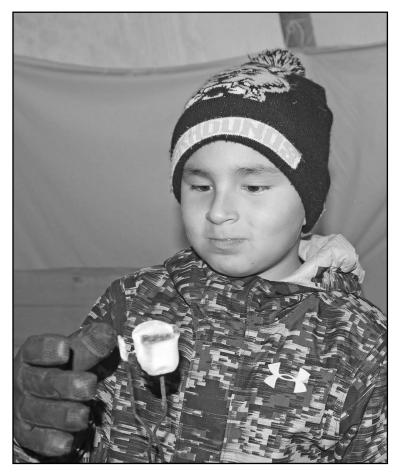
ASK THE EXPERTS

Learn more from those who have the answers!









MARCH MELLOWS

It was a great way to end the March break for kids when the Mino M'shki-ki Indigenous Health Team in New Liskeard held a one-day carnival for youth on March 15. Cameron Noah Wabano, 9, enjoyed roasting and eating marshmallows during the event. Other activities held were a scavenger hunt, shelter building and roasting hot dogs over the fire. (Staff photo by Sue Nielsen)

Tax tips for First Home Savings Account openers

Continued from page 7

when withdrawn to build or buy a qualifying home.

- You can withdraw from your FHSA and your RRSP under the Home Buyers' Plan for the same qualifying home, as long as you meet all of the conditions at the time of each withdrawal.
- Your FHSA participation details can be accessed through My Account. You can also view and print a copy of your T4FHSA slip.
- Once your 2023 income tax and benefit return has been assessed, you will receive an FHSA participation room statement with your notice of assessment or on a T1028.

Are you looking to get an idea of how much you could save for a down payment for your first home?

Check out the FHSA estimator. It has built-in limits to reflect the annual limit of \$8,000 and the \$40,000 lifetime limit. Based on your approximate yearly taxable income and province or territory of residence, you can also estimate your potential tax savings, including investment growth, on the contributions and transfers you make to your FHSAs.

To learn more, visit the FHSA web pages.

HOROSCOPE

WEEK OF MARCH 31 TO APRIL 6, 2024 The luckiest signs this week: **Pisces, Aries and Taurus**

March 21 - April 19



ARIES A new divine inspiration will guide you toward a promising life project. Making the right decisions will enable you to build a fulfilling retirement. Remember that the future is built one step at a time, so it's time to get started.

April 20 - May 20



TAURUS A spontaneous getaway with friends could be on the horizon. Travel could turn out to be more complicated than expected and communication could be difficult with certain people. Learn to let go when you're faced with obstacles.

May 21 - June 21



GEMINI If you need to finance a project, a visit to the bank could be enough. Your determination will help you meet the right people. A romantic soul will stir your heart, even arousing a touch of jealousy.

June 22 - July 22



CANCER Harmony sometimes requires compromise. Prepare yourself for a demanding event at work that may not receive a quick response, even in an emergency. A certain situation will require you to be tactful and diplomatic.

July 23 - August 22



LEO You'll be approached by numerous clients, some of whom may be difficult to please. Don't take this personally and do your best. In your love life, avoid bottling up your frustrations.

August 23 - September 22



VIRGO If you're single, sudden popularity could lead to love at first sight. Take the time to get to know the person before getting carried away by your feelings. You'll greatly improve your efficiency after making certain changes in how you work.

September 23 - October 22



LIBRA You'll finally succeed in selling your house or finding your dream home. If you've lived in the same home for several years, expect a few waves of nostalgia. The opportunity to take over a management position is on the horizon.

October 23 - November 21



SCORPIO Your words, ideas and opinions will bring many people together around common interests. Others will listen to you attentively. You may also enjoy moments of levity with some people.

November 22 - December 21



SAGITTARIUS Financial concerns may put your relationship to the test. However, make sure you leave room for affection, even in times of worry. Your love will be able to soothe all uncertainties.

December 22 - January 19



CAPRICORN Despite the challenges that come with starting fresh, don't let anyone upset you. Concentrate on your priorities. Your time investment will be appreciated and inspire your inner artist.

January 20 - February 18



AQUARIUS A period of deep reflection about your personal aspirations is on the horizon. Improving your health will lead to a less stressful lifestyle and a promising new start in spring.

February 19 - March 20



PISCES Your social life will be lively this week. There will be lots of people around you and plenty of activities to take part in. Your laughter will be contagious, and you'll have the opportunity to make the most of these moments with some of the most exciting people around.

ACROSS

- Kitchen boss 1.
- Certain sprite 5.
- 8. Garden tube
- 12. Laze around
- 13. Golf score
- 14. Has a mortgage
- 15. Up to the task
- 16. Dreams up
- 18. Snoop
- 19. Highway sights
- 20. Bird cry
- 22. Comes in
- 26. Bed coverings
- 30. Travel on water
- 31. ____ the mark
- 32. Sports groups
- Fitness resort
- 36. ____-friendly
- 38. Farthest down
- 40. Conquer
- 43. Denial
- 44. Bouquet
- London streetcar
- 50. Physically active
- 53. Angel's headdress
- 54. Anna's post
- Scoring serve
- 56. Unwritten
- 57. Garment edges
- 58. Supervised
- 59. Brood's home

CROSSWORD

Answers on page 18

1	2	3	4		5	6	7		8	9	10	11
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57					58				59			



WE HELP

Cancer Patients & their families With:

- Support groupsBereavement groups
- Mastectomy
- Finances
- Accommodations
- Specialized dental treatments Physiotherapy
- Medical supplies, dressings
- Special chemotherapy
- Prescription drugs
- Lab tests
- Nutritional supplementsRental of equipment

TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm

14 Armstrong St., N. (Northern Drugs) P.O. Box 994 New Liskeard ON P0J 1P0

705-628-8800

Check out our Website; communitycancercare.ca Sponsored by the Temiskaming Speaker

DOWN

- Large family unit 1.
- 2. Drifter
- 3. House extensions
- 4. Sheep's coat
- 5. Incident
- Fancy gold fabric 6.
- 7. Picture border
- 8. Raises
- Have title to
- 10. Look
- 11. Racetrack feature
- 17. Card game
- Stable grain 21.
- 23. Slacken
- 24. Gashes
- Narrow board
- 26. Wall component
- 27. Stance
- 28. Great Barrier
- 29. Pathetic
- 33. Threatened
- 34. ____ horse
- 37. Kingdoms
- 39. Big snake
- 41. "You ____ My Lucky Star"
- 42. Sum
- 45. Mickey and

Minnie

- 47. Not common
- 48. Woe is me!
- 49. Shed
- 50. Pale gray
- 51. Deadlock
- 52. Cut of pork

CITY BULLETIN

For More Information Contact the City of Temiskaming Shores Write to | 325 Farr Drive | P.O Box 2050 | Haileybury, ON P0J 1K0 Call | 705-672-33630 or Visit | www.temiskaming shores.ca



Council & Committee Meeting

Committee of the Whole

Tuesday, April 2, 2024 | 3:00 p.m. | City Hall, 325 Farr Drive, Haileybury

Regular Council Meeting

Tuesday, April 16, 2024 | 6:00 p.m. | City Hall, 325 Farr Drive, Haileybury

Committee of the Whole

Tuesday, May 7, 2024 | 3:00 p.m. | City Hall, 325 Farr Drive, Haileybury

Regular Council Meeting

Tuesday, May 21, 2024 | 6:00 p.m. | City Hall, 325 Farr Drive, Haileybury

Regular Council Meetings are live-streamed on the City's Facebook page.

Question and Answer

Question and Answer Period during Regular Council meetings is an opportunity for members of the public to submit questions pertaining to an item on the Agenda, or the business of Council.

The questions received by 3:00 p.m. on the meeting day (Regular Council Meetings only) will be read aloud during the Question-and-Answer Period. Members of the public who wish to submit questions may submit in writing or email to:

questions@temiskamingshores.ca

Note | Any correspondence sent to the Mayor and Council may be included in a Council agenda/package and become part of the public record. Comments or questions submitted via the City of Temiskaming Shores Facebook page, will not be considered, and the moderator of the live-streamed meeting may remove all comments.

For further information contact: Logan Belanger | Municipal Clerk Phone | 705-672-3363 Ext. 4116 Email | Ibelanger@temiskamingshores.ca

Boards and Committees

New Liskeard Business Improvement Area Board | Call For Board Members The BIA is looking for enthusiastic individuals to join the New Liskeard Business Improvement Area Board of Management.

Board members meet once per month, and work to promote the area as a business/ shopping destination; to create marketing strategies and promotions to retain and expand the customer base; to organize and work together with BIA members to plan special events that highlight attributes of our area to increase customer visits, and to provide members with the opportunity to voice concerns and ideas.

The BIA is funded entirely by downtown commercial property owners and businesses through a BIA Levy. Please contact Tiffany White for further information at: Email | bianewliskeard@gmail.com Phone | 705-648-4044.

Eligibility Requirements

• Be the owner or tenant of a commercial property in the downtown BIA area.

An electronic copy of the application form can be obtained by contacting the Municipal Clerk. Paper forms may also be obtained by attending City Hall (325 Farr Drive). Completed forms are to be received by the undersigned no later than 4:30 p.m., Friday, April 5, 2024.

Logan Belanger | Municipal Clerk Phone | 705-672-3363 ext. 4136 E-mail | lbelanger@temiskamingshores.ca

From City Hall

Proclamations

Be it resolved that Council for the City of Temiskaming Shores hereby proclaims the following days in the City of Temiskaming Shores. And further that the Council of the City of Temiskaming Shores respectfully acknowledges the importance of honouring these holidays in the City of Temiskaming Shores.

Month of March 2024 | Epilepsy Awareness Month

March 26, 2024 | Purple Shirt Day

April 2, 2024 | World Autism Awareness Day

Good Friday and Easter Monday

- Friday, March 29, 2024 - Monday, April 1, 2024 -

Facility Holiday Schedule

City Hall | 325 Farr Drive | Haileybury

- ◆ Closed | March 29
- ◆ Closed | April 1

Pool and Fitness Centre

77 Wellington Street South | New Liskeard

- ◆ Closed | March 29
- ◆ Closed | April 1

Don Shepherdson Memorial Arena

75 Wellington Street South | New Liskeard

- ♦ Closed | March 29
- ◆ Closed | April 1

Shelley Herbert-Shea Memorial Arena

400 Ferguson Avenue | Haileybury

- ◆ Closed I March 29
- ◆ Closed | April 1

Temiskaming Shores Library

285 Whitewood Avenue | New Liskeard

- ◆ Closed | March 29
- ♦ Closed | April 1

Temiskaming Transit

Servicing Temiskaming Shores and Cobalt Area

- ♦ No Service | March 29
- ♦ Weekend Service | April 1

Landfill Operations

704165 Rockley Road | New Liskeard

- ◆ Closed | March 29
- ◆ Closed | April 1 (as regular Schedule)
- ◆ Closed | April 2

Curbside Pickup

Area 5 and 6-Friday Collection

- ♦ No Collection | March 29
- ◆ Area 5 and 6-Friday Collection will take place on Monday April 1, 2024 instead

Area 1-Monday Collection

Collection will remain the same for April 1, 2024



Application for Zoning By-law Amendment Notice of Complete Application And Notice of Statutory Public Hearing

Under Section 34 of the Planning Act, R.S.O. 1190 c.P. 13

The City of Temiskaming Shores has received the following application to amend the City of Temiskaming Shores Zoning By-law.

File # | ZBA-2024-01

Agent | RK Breau Holdings Inc.

Owner | The Corporation of the City of Temiskaming Shores

Property | Northwest Corner of Roland Road and Raymond Street; DYMOND CON 4 PT LOT 9 PLAN M232TIM PT BLK G PT LOTS 1 AND 2 RP 54R6002 PARTS 1 AND 3 RP 54R6131 PART 1 RP 54R6178 PART 1

A public hearing will be held to consider the Zoning By-law Amendment application:

Date | Tuesday, April 16th, 2024

Time | 6:00 p.m.

Place | Council Chambers at City Hall, 325 Farr Drive, Haileybury

The application proposes to amend the R4-18 zone provisions to permit the construction of a Duplex Dwelling (2 units) to replace the building containing a rental office and to increase the number of permitted units from 18 to 20.

The property is designated Mixed Use Areas in the City of Temiskaming Shores Official Plan.



Additional information pertaining to the application is available for review between 8:30 a.m. and 4:30 p.m. at City Hall, or by contacting the undersigned.

Dated this 27th day of March, 2024.

Shelly Zubyck
Director of Corporate Services
City of Temiskaming Shores
325 Farr Drive | PO Box 2050 | Haileybury, ON P0J 1K0
Phone | 705-672-3363 ext. 4107
Email | szubyck@temiskamingshores.ca

CITY BULLETIN

For More Information Contact the City of Temiskaming Shores Write to | 325 Farr Drive | P.O Box 2050 | Haileybury, ON P0J 1K0 Call | 705-672-33630 or Visit | www.temiskaming shores.ca



Planning Services

Application for Consent to Sever Notice of Complete Application and Notice of Statutory Public Hearing

Committee of Adjustments (Under Section 53 of the Planning Act, R.S.O. 1190 c.P. 13)

The City of Temiskaming Shores has received the following application for consent to sever:

File | B-2024-01

Owner | Dymond Developments Ltd.

Property | DYMOND CON 3 PT LOT 9 AND RP TER815 PART 1 RP 54R5341 PARTS 1 AND 2 PCLS 1173NND 10667SST 10720SST AND 12274SST

A public meeting will be held to consider the consent application:

Date | Wednesday, April 24th, 2024

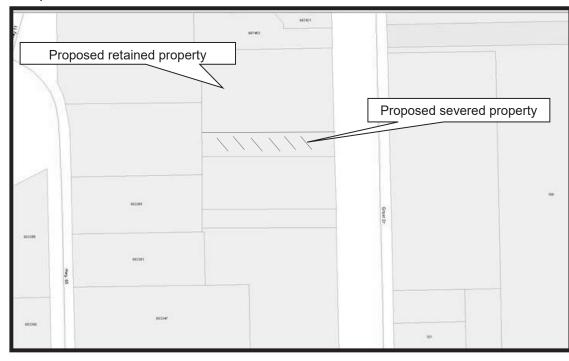
Time | 1:30 p.m.

Location | Haileybury Boardroom at City Hall, 325 Farr Drive, Haileybury Please contact the undersigned for alternative participation options

The applicant is proposing to sever approximately 0.5 acre parcel of land from the southern portion of the subject property fronting on Grant Drive for continued commercial use and accommodate future development. The proposed retained property will have an area of approximately 2 acres and will remain vacant. The subject property is designated Mixed Use Area in the City of Temiskaming Shores Official Plan and is zoned Highway Commercial (C2) in the City of Temiskaming Shores Zoning By-law.

Key Map

*Map not to scale.



Additional information about the consent application is available by contacting the undersigned. Dated this 27th day of March, 2024.

Shelly Zubyck | Secretary-Treasurer, Committee of Adjustment City of Temiskaming Shores | 325 Farr Drive, PO Box 2050 | Haileybury, ON P0J 1K0 Phone | 705-672-3363 ext. 4107 Email | szubyck@temiskamingshores.ca

Temiskaming Shores Public Library

Library Hours

Monday | 10am-5pm Tuesday | 10am-8pm Wednesday | 10am-8pm Thursday | 10am-8pm Friday | 10am-5pm Saturday | 10am-4pm Sunday | Closed

Northern College Haileybury Library Hours

Monday | 8am-8pm Tuesday | 8am-8pm Wednesday | 8am-8pm Thursday | 8m-8pm Friday | 8am-4pm Saturday | 10am-3pm Sunday | 10am-3pm

For information about programs visit the calendar on our website. To register for programs contact the Library at:

Phone | 705-647-4215 Email | Info@temisklibrary.com Visit | www.temiskamingshores.ca

Saturday March 20

Saturday-March 30

Pay-As-You-Please Weekend Booksale

Tuesday-April 2

Soup and Tomatoes Seniors Exercise | 11:15am-11:45am

Wednesday-April 3

Preschool Storytime | 10:30am-11:00am

Thursday-April 4

Gadget Helper | Call for appointment

Soup and Tomatoes Seniors Exercise | 11:15am-11:45am

Soup to Tomatoes Seniors' Exercise Group

ARE YOU AN OLDER ADULT? Are you hoping you can keep your strength and stay independent? Do you struggle with mobility, standing, regular exercise? Would you enjoy social time with others? Join us in the Programming Room of the Library for this FREE group chair-based exercise class for seniors. For more information contact Eleanor Katona at 705-647-8002

Preschool Storytime

The Temiskaming Shores Public Library is once again offering our Spring Preschool Storytime. This program will be running on Wednesdays from April 3 to May 29 from 10:30 to 11:00 a.m. Children accompanied by an adult are invited to participate in this fun, interactive, and social introduction to early literacy and their public library. Tis is a drop-in program so no pre-registration is required.

Gadget Helper

Do you need some help with your tablet or device? If so, you can book a FREE Gadget Helper appointment at the library! We offer weekly 45-minute one-on-one timeslots on Thursdays. The Gadget Helper program can help patrons with topics from learning to navigate the basics of a new device to downloading ebooks and accessing online resources and even troubleshooting hardware and software issues. Call the library to book an appointment!

PFC Family Pool Passes for Loan

Thanks to a generous donation from the City of Temiskaming Shores' Recreation Department, the Library now has two family pool passes for loan! The passes can be borrowed for 7 days, and allow a family (up to 5 people) free access to the pool at the Waterfront Pool and Fitness Centre.

Programming

Age Friendly/Get Active Programs

Registration is required for Women's exercise class, line dancing and chair yoga. For more information contact:

Lynn Julien | Program Coordinator

Phone | 705-647-5709

Email | ljulien@temiskamingshores.ca

Monday-April 1

Indoor Walking | 9:00am | Northern College Gymnasium Haileybury

Tuesday-April 2

Womens Exercise Group | 9:00am | Haileybury Arena

Beginner Line Dancing | 10:00am | New Liskeard Community Hall

Wednesday-April 3

Auquafitness | 9:00am | \$7.01 | Pool and Fitness Centre

Adult Swim | 12:00pm | \$4.50 | Pool and Fitness Centre Adult Skating | 12:30pm | New Liskeard Arena

Thursday-April 4

Womens Exercise Group | 9:00am | Haileybury Arena

Indoor Walking | 9:00am | Northern College Gymnasium Haileybury

Intermediate Line Dancing | 11:00am | Haileybury Arena

Chair Yoga | 2:00pm | Riverside Place

Request for Proposal

Request for Proposal - CS-RFP-002-2024 | Community-Based Strategic Plan

The City of Temiskaming Shores invites proposals from qualified firms or individuals for the development of a new Community-Based Strategic Plan and identification of the Mission, Vision and Priorities that will assist in guiding the City in decision-making, planning and execution of key initiatives through the next 5-10 years.

The process involves the preparation, development, and delivery of a comprehensive plan to guide future decisions with a clear implementation plan, including goals, objectives, and actions with an identified road map for success.

Bids must be submitted electronically, using the Electronic Bid Submissions Portal on the City's website:

https://www.temiskamingshores.ca/en/city-hall/bid-opportunities.aspx

Submissions must be in a pdf format and can be no larger than 50 MB.

Subject Line | CS-RFP-002-2024 "Community-Based Strategic Plan" Addressed to | Logan Belanger, Clerk

The closing date for the submission of Proposals will be at **2:00 p.m.** local time on **Tuesday April 9, 2024.**

It will be the Proponent's responsibility to clarify any details in question not mentioned in this Proposal before presenting the submission. Questions relating to this proposal must be received by **Wednesday**, **March 27**, **2:00** p.m. **local time**.

Any questions with respect to the specifications are to be directed to:

Amy Vickery | City Manager City of Temiskaming Shores

Phone | 705-672-3363 ext. 4120

Email | avickery@temiskamingshores.ca



The "R" in RZone represents
Respect for yourself;
Respect for Others; and
Responsibility for your actions.

Facilities

Public Skating Regular Schedule | Free

Shelley Herbert-Shea Memorial Arena

Haileybury | 400 Ferguson Ave

Phone | 705-672-5615

Tuesday-April 2 | 12:00pm-1:00pm

Arena Facility | Last Day for Rentals

Shelly Herbert-Shea Memorial Arena | April 7, 2024

Don Shepherdson Memorial Arena | May 12, 2024

Regular Public Swimming Schedule

Public Swimming fees are included with a Facility Membership or can be paid for per visit. For more information about public swimming please contact:

Waterfront Pool and Fitness Centre

77 Wellington St. S | New Liskeard

705-647-5709 or pfc@temiskamingshores.ca.

Saturday-March 30

10:30am-11:30am | 1:30pm-4:00pm

Sunday-March 31

1:30pm-4:00pm

Tuesday-April 2

4:30 pm-6:00pm

Wednesday-April 3

7:30am-8:30am | 10:00am-11:00am | 4:30pm-6:00pm

Thursday-April 4

4:30pm-6:00pm

Swimming Lessons | Summer 2024 Sessions

Due to a low number of staff the spring session is cancelled. However we will be

gearing up for great sessions at the pool and beach for the Summer Sessions.

Registration

Residents | June 18, 2024

Non-Residents | June 20, 2024

Session Dates

Pool Session #1 | July 2 to July 12

Pool Session #2 | July 15 to July 26

Pool Session #3 | July 29 to August 9

Pool Session #4 | August 12 to August 23

Beach Session #1 | July 2 to July 12

Beach Session #2 | July 15 to July 26

Register online at | www.temiskamingshores.ca

Memorial Bench and Tree Program

Applications for the City of Temiskaming Shores Memorial Bench and Tree Program, are now being accepted. Leave a lasting memory of a loved one by having a bench installed or tree plated in their name. This is a great way to make a low-cost, lasting impact to our community.

New this year, applications will be accepted to place benches and trees within City cemeteries.

Fee includes the bench or tree, plaque, engraving, shipping, installation and applicable taxes. The cost for a memorial bench is \$2,000.00. The cost for a memorial tree is \$500.00.

The application period is from January 1 until April 15 with all installations to take place by September 30. Application form and instruction available on the City Website: www.temiskamingshores.ca

VIEILLIR EN SANTÉ pour avoir la meilleure vie possible!

SOYONS ACTIFS! Rester actif aide à améliorer la souplesse, l'équilibre et la force musculaire.



QUE PUIS-JE FAIRE POUR ÊTRE ACTIVE OU ACTIF?

Faites une promenade. La marche maintient la force musculaire et l'équilibre.

Suivez un cours qui stimule la forme physique, par exemple d'aérobie ou d'aquaforme. C'est fort utile pour renforcer les os et les muscles.

Joignez-vous à un groupe de marche ou de marche nordique (avec des bâtons). Pensez à mettre des chaussures adaptées pour avoir un bon équilibre.

Jardinez ou faites des travaux ménagers. Vous renforcerez les muscles des jambes, en plus d'améliorer votre équilibre, votre posture et votre endurance.

Essayez le tai-chi, le yoga ou la méthode Pilates. Ces activités favorisent l'équilibre, la coordination et une bonne

Inscrivez-vous à une nouvelle activité! Essayez la natation, le vélo, la danse, le golf, le tennis ou les quilles. Vous améliorerez ainsi coordination, équilibre et force, en plus de rencontrer de nouvelles personnes.

SOYONS FORTS! Cette stratégie holistique vise à réduire et à éliminer les obstacles au vieillissement en santé

QUE PUIS-JE FAIRE POUR ÊTRE FORT(E)?

Gérez votre état de santé. Passez régulièrement des examens pour discuter de toute préoccupation.

Gérez vos médicaments. Les médicaments peuvent avoir des effets différents à mesure que nous vieillissons.

Gérez votre santé visuelle. Soyez à l'affût de changements dans votre vision et faites-vous examiner régulièrement.

Gérez votre santé auditive. Consultez votre professionnel de la santé si vous avez une accumulation de cire ou des problèmes d'audition.

Prenez soin de vos pieds. Consultez votre professionnel de la santé si vous avez de la douleur aux pieds ou que voulez faire examiner vos pieds.

Vérifiez la sécurité de votre domicile. Repérez, éliminez et signalez les dangers dans votre maison à l'aide d'une liste de vérification.

Adoptez de bonnes habitudes alimentaires. Prenez régulièrement des repas sains et maintenez votre hydratation pour réduire le risque d'avoir des faiblesses ou des étourdissements.

SOYONS SOCIAUX! Cette stratégie aide à établir des relations et à améliorer la santé mentale!



QUE PUIS-JE FAIRE POUR ÊTRE SOCIAL(E)?

Participez à des activités dans votre communauté. Réfléchissez aux activités que vous appréciez et participez! Faites du bénévolat. Communiquez avec votre municipalité ou des organismes qui misent sur les personnes âgées pour vous renseigner sur les possibilités de bénévolat.

Maintenez des liens avec des gens à l'aide de la technologie. Appelez Cyber-Seniors au 1 844 217-3057 pour obtenir GRATUITEMENT du soutien et de la formation en matière de technologie afin de maintenir des liens avec vos proches.

Inscrivez-vous à un cours pour faire de l'activité physique en groupe. Communiquez avec les Services de santé du Timiskaming pour découvrir les possibilités.

Essayez de nouvelles choses. Faites des découvertes pour garder votre esprit actif et vous faire des amis qui partagent les mêmes intérêts que vous.

Visitez les bibliothèques publiques. Vérifiez les divers programmes disponibles et tirez parti du Wi-Fi public gratuit et du soutien offert pour utiliser des outils technologiques. www.stayonyourfeet.c

HEALTHY AGING Live your best life!



LET'S BE ACTIVE! Staying active will help to improve your flexibility, balance, and muscle strength! **WHAT CAN I DO TO BE ACTIVE?**

Go for a walk. Walking tall maintains muscle strength and balance.

Take a strength training or fitness class like aerobics or aquafit. This helps to build bone and muscle strength.

Join a pole walking or walking group. Wear proper footwear to help with proper balance.

Garden or do housework. These activities help increase leg strength as well as balance, posture, and stamina.

Try Tai Chi, Yoga or Pilates. Each helps with balance, coordination and good upright posture.

Sign up for a new activity: Try swimming, cycling, dancing, golfing, tennis or bowling. It will enhance coordination, balance, and strength and to meet new people.

LET'S BE STRONG! Staying strong is a holistic approach to reducing and removing barriers to healthy aging.

WHAT CAN I DO TO BE STRONG?

Manage Health: Regular check-ups to discuss any concerns.

Manage Medications: As you get older, medication can affect you differently.

Manage Eye Sight: Watch for changes to your eye sight and get regular eye exams.

Manage Hearing: Talk to your health care provider if you have wax build up or have trouble hearing.

Manage Foot Care: Consult your health care provider if you have any foot pain or want to have your feet checked.

Keep Your Home Safe: Identify, remove and report hazards in your home, using the Home Safety Checklist.

Eat Well: Eating healthy meals regularly and staying hydrated will reduce the risk of becoming weak, dizzy, or light headed.



LET'S BE SOCIAL! Staying social helps build relationships and improves your mental health!

WHAT CAN I DO TO BE SOCIAL?

Participate in Community Activities: Think about activities you enjoy and get involved.

Volunteer Your Time: Contact your municipality or senior's agencies to discover opportunities.

Connect with Others Through Technology: Call Cyber-Seniors at 1-844-217-3057 for FREE technology support and training and get connected to loved ones.

Join a Group Exercise Class: Contact Timiskaming Health Unit to find out what is available.

Try New Things: Learn something new to keep an active mind and make friends with common interests.

Access Public Libraries: Check out the variety of programs as well as free public Wi-Fi access and technology support.

Connect with Others Through Technology: Call Cyber-Seniors at 1-844-217-3057 for FREE technology support and training and get connected with loved ones.



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Weekender Classified

24 hours a day... 7 days a week... Place your classified ad online at speaker@northernontario.ca

CLASSIFIED ADVERTISEMENT RATES

WORD ADS \$12.99 plus tax 20 words.

DISPLAY ADS

2 inches wide x 2 inches deep - \$36.96 + Tax. 2 inches wide x 3 inches deep - \$52.80 + Tax. 2 inches wide x 3 1/2 inches deep - \$64.68 + Tax. Customers must pay before insertion.

Engagement Notices / Wedding Announcements / Birthday Announcements / Anniversary Announcements In Memoriam / Cards of Thanks **Graduation Special**

2 inches wide x 3 1/2 inches deep - \$38.00 + Tax. All other display ads the prices will vary according to line rate & size of the ad.

CLASSIFIED WORD ADS must be placed before 9 a.m.

Monday to appear in the Wednesday edition.

Display (Classified) Ads must be placed before 10 a.m. Monday.

Office Hours Monday to Friday 8:30 a.m. to 5:00 p.m.

We accept VISA, MASTER CARD and AMERICAN EXPRESS.







CALL US FOR DETAILS. 705-647-6791 Ext. 227 or Ext. 228.

CHURCH SERVICES & more...

UNITED CHURCH PAUL'S WELCOMES YOU **SUNDAY** TO SERVICES at 70 Wellington St. in New Liskeard, beginning at 10:30 AM. This Sunday, please join us for Easter Sunday Services, when our worship leader will be Jennifer Moorlag. Next Sunday, April 7th, please join us when our worship leader will be Eleanor Katona. For more information on our services and outreach programs, please check out our Facebook page at facebook.com/stpaulsnewliskeard

TOMSTOWN PRESBYTERIAN CHURCH - worship is every 3rd Sunday of the month at 10:00am. .

THE SALVATION ARMY TIMISKAMING COMMUNITY CHURCH AND COMMUNI-TY SERVICES. 260 Whitewood Ave. New Liskeard. Tel: 647-4115 Sunday worship 10:30 a.m. Coffee Hour Thursday 10 a.m. Bible Study 11 a.m. Women's ministry every second Wednesday 1 p.m. Men's breakfast every third Saturday 8:30 a.m. Food Bank by appointment call 705-647-3740.

EARLTON GOSPEL HALL WELCOMES YOU TO OUR WEEKLY SERVICES Sunday at 10 a.m. Breaking of Bread Communion, 11:30 Gospel, 12:15 Sunday School. Wednesday, 7 p.m. Bible Study and Prayer meeting. 3 miles west of Earlton on Church

FIRST BAPTIST CHURCH Wellington St., New Liskeard. Worship Service 11:00 am Sunday Morning. All are welcome. Pastor Amos Bohoussou officiating. For more information, call 705-647-5026

ST. PAUL & ST. JOHN ANGLICAN CHURCH, HAILEYBURY Is now open for services every Sunday at 11 a.m

THORNLOE CROSSROADS BAPTIST CHURCH - corner of Hwys 11 & 562, 15 minutes north of New Liskeard. Sunday School 9:45 a.m. for all ages. Morning Worship 11:00 a.m. Evening 6:30 p.m. the 1st & 3rd Sundays of the month. Everyone is welcome. Pastor Curtis Greenwood 705-622-4860. For more information www.thornloecrossroads.ca

ENGLEHART BAPTIST CHURCH - Corner of Second St., and 7th Ave. Family worship & bible based teachings every Sunday beginning at 10:30am. Stay for lunch! Bible study & prayer every Wednesday at 7:30pm. Everyone welcome. To reach the Pastor Rudy Kaufmann please call 705-544-0065 or 705-647-7697

HAILEYBURY & DISTRICT BAPTIST CHURCH extends a warm welcome to all. Worship Sunday at 1:30 pm with pastor Adam Kubias. Accessibility ramp. Call the church (705) 672-5855. www.haileyburybaptist.ca

FR. WAYNE MILLS is available to hear confessions and give out Communion by appointment. Please call the office at 705-647-5035 to make an appointment

EVERYONE IS WELCOME AT TEMISKA-MING PENTECOSTAL CHURCH - Feel free to attend any Sunday at 10:30 a.m. The church is located at 583472 West Rd. in Haileybury. For information about other things that are happening at the church visit the website at temiskaming church or call 705-672-2020

HOLY TRINITY CATHOLIC CHURCH in Englehart invites everyone to Sunday Mass

ST. JAMES. COBALT - corner of Nickel and Prospect St. Sunday 9am

PAROISSE ST-JEAN-BAPTISTE, EARL-TON Horaire de la semaine sainte. Nous vous invitons à vous joindre à nous: Jeudi saint. 28 mars - 13h40 Messe de la scène / 19h00 Heure d'adoration Vendredi saint, 29 mars – 15h00 Passion. L'église sera ouverte en soirée pour ceux qui veulent faire un chemin de croix. Dimanche de Pâques, 31 mars - 11h00 Messe de Pâques.

ANDREW'S ST. **PRESBYTERIAN** CHURCH wishes to extend an invitation to join weekly services held every Sunday at 51 Wellington St. North, New Liskeard at 10:30 a.m. with Pastor George Paraskevopoulos officiating. The church is now fully accessible with an outside ramp & inside hydraulic lift elevator. We are also pleased to have completed our improvements to air quality in the building with the addition of air exchangers and Hepa air cleaners For more information about the church and our ministries, call 705-647-8401 or visit our website www.presbyteriannewliskeard.ca

GOOD SHEPHERD CHURCH OF EN-GLEHART will be meeting every Sunday morning at 10:30am. We invite you to our worship services or our weekly bible studies and prayer meetings. We offer ministries for children, Jr. and Sr. High groups and monthly fellowships. Please contact Pastor Steve Crosby at 705-544-8339 or visit goodshepherdenglehart.yolasite.com

SERVICES AT ST. PAUL'S EMMANUEL **COMMUNITY CHURCH** (formerly Emmanuel United Church, Englehart) at 10am, every Sunday. Minister: Rev. Elaine Lush. All are welcome.

CHURCH SERVICES & more...

SEVENTH-DAY ADVENTIST CHURCH invites all to come & worship Saturday morning at 453 Marcella St in Haileybury. 705-242-4848. Officiating Pastor Ivan Uriegas. Study time is 10am and divine service at 11am. Prayer meeting Tuesday at 5:30 pm. Everyone is Welcome.

LA PAROISSE CATHOLIQUE SAINTE-CROIX nous invite à prendre conscience et réfléchir sur notre relation personnelle avec Jésus Christ par les 7 sacrements offert par l'église catholique : le Baptême, la Confirmation, l'Eucharistie, la Confession, l'Onction des malades, l'Ordination et le Mariage. Par ses sacrements, une alliance est établie entre Dieu et nous dans nos cœurs, comme l'annonçait le prophète Jérémie (31, 31-34) : « Je mettrai ma loi, au fond de leur être, je l'écrirai sur leur cœur. Ils seront mon peuple, je serai leur Dieu ». Tél : 705-672-3296 / Adresse: 341 Sutherland Way, Haileybury, ON

PAROISSE SAINTE-CROIX SUR FACEBOOK: Consultez notre page Facebook sur facebook.com/Paroisse-Ste-Croix et restez au courant des derniers événements de notre paroisse catholique.

ÉGLISE CATHOLIQUE SAINTE CROIX est ouverte pour célébrer la messe du mardi au samedi matin à 9:30, le samedi soir à 19h et le dimanche matin à 10h. L'église Sainte-Croix est située à 341 Sutherland Way, Haileybury - 705-672-3296. Bienvenue à tous

PAROISSE SACRÉ-COEUR CATHOLIQUE DE NEW LISKEARD - Nous sommes heureux de vous accueillir pour les messes dominicales les samedis à 16 h et les dimanches à 10 h 30. Nous offrons aussi la messe le mardi, mercredi, jeudi et vendredi de chaque semaine à 9 h à l'exception du 4emardi de chaque mois. Cette messe a lieu à 19 h. L'église et notre bureau sont situés au 116 Dymond Cres. Certaines adaptations et modifications ont été mises en place pour la protection de toutes et tous. Pour autres informations composez le 705 647-5045 ou par courriel àpsacrecoeur@personainternet.

(facebook.com/Paroisse-Sacre-Cœur). SUNDAY MASS are celebrated at Our Mother of Perpetual Help on Sundays at 10:00 A.M. This Mass is live-streamed on our Face-

com. Pour le bulletin de la semaine consultez notre page Facebook

SUNDAY MASS is celebrated at Saint Patrick's Parish in Cobalt on Saturdays at 5:00 P.M..

book page: http://www.facebook.com/OMPH.NL.

Our Mother of Perpetual Help Parish has weekday Masses on Thursday at 11:00 A.M..

Saint Patrick's Parish has a weekday Mass on Wednesdays at 11:00

Our Mother of Perpetual Help will hold Lenten Adoration of the Blessed Sacrament on Friday, March 15th and March 22nd from 11AM to 12PM. All are welcome to attend.

EASTER TRIDUUM SCHEDULE: Our Mother of Perpetual Help Parish' Easter Triduum schedule begins with Holy Thursday on March 28th at 7:00 P.M. This is the Mass of the Lord's Supper followed by Adoration of the Blessed Sacrament until 10PM. Good Friday, March 29th at 3:00 P.M. Service of the Word and Veneration of the Cross. Easter Vigil Mass, Saturday, March 30th at 8:00 P.M Easter Sunday, March 31st, we will have Mass at 10AM. For more information, please contact the office at 705-647-5035.

EASTER TRIDUUM SCHEDULE: Saint Patrick's Parish in Cobalt's Easter Triduum schedule begins with Good Friday, March 29th at 3:00 P.M. Service of the Word and Veneration of the Cross. Easter Sunday, March 31st, we will have Mass at 12:00 PM.. For more information, please contact the office at 705-647-5035

Our Mother of Perpetual Help is on Facebook at facebook.com/ OMPH.NL and stay up to date on the latest happenings in the Parish.

WEEKLY OMPH E-BULLETIN: If you would like to receive the weekly e-bulletin from Our Mother of Perpetual Help Parish, please email omphoffice@gmail.com. Stay in touch with all the latest news and events on a weekly basis.

PARISH WEBSITE: Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at www.ourmotherofperpetualhelp.ca.

Friday, March 29, 2024

NOTICES

SEEKING NEW BOARD MEMBER AT TEMFUND - Temiskaming Development Fund Corporation, a registered non-profit Ontario corporation, is seeking applications to fill a vacancy on our 8-member Board of Directors. To apply to request more information: Submit your resume and cover letter to temfund@temfund.ca by April

THE COMMITTEE OF THE WHOLE MEETING SCHEDULED FOR THIS WEDNESDAY, MARCH 13 AT 6:30PM WILL BE RESCHEDULED TO WEDNES-DAY MARCH 20, AT 6:30PM AT THE ENGLEHART TOWN HALL.

NOHFC Tile Drainage Funding Intake

Are you planning to install tile drainage this year and looking for funding? NOFIA will be accepting applications starting March 18, 2024 to put together ONE consortium for 2024-25 tile drainage work.

Application forms are now available online at www.nofia-agri.com/tile-drainage-funding or contact NOFIA for more information at:

705-647-4782 emily.nofia@gmail.com 51B Armstrong Street N, P.O. Box 2976 New Liskeard, ON P0J 1P0

NOFIA

NOTICES / COMING EVENTS

THE COFFEE HOUSE SUPPORTING & PROMOTING LOCAL MUSICIANS AND THEIR MUSIC. On Tuesday April 9th please join us at The Coffee House and enjoy the musical stylings of, Carl Falls, Cindy St-Pierre, The Mud Dogs, Glenn Scott, Jessica Knott, I D K, Maddie Ducharme, Black Hat Trio. & Random Chants. Please join us at St. Paul's United Church auditorium, 7 - 10pm at 70 Wellington St. in New Liskeard for The Coffee House. For further information contact Brian Matheson at 705-647-5671 or email: coffeehouse2tues@ outlook.com Follow us on Facebook, Instagram & YouTube at: the coffee house new liskeard www.coffeehousenewliskeard.ca

BREAKFAST IS SERVED AT THE HAILEYBURY LEGION SATURDAY AND SUNDAY MORNINGS FROM 8AM UNTIL 12 NOON. Bacon and eggs or pancakes, home fries, toast, coffee, tea or juice all for \$10.00 in a welcoming atmosphere. Come out for the breakfast at 373 Broadway St in Haileybury, with our vendors corner returning.

CRIB! EVERY SUNDAY AFTERNOON at 1:00 pm at Haileybury Legion. Bring your own partner. Everyone Welcome! For info call 705-647-6684

EUCHRE! EVERY MONDAY AFTER-NOON at 1:00 pm at Haileybury Legion. Everyone Welcome! For info call 705-647-6684

BID EUCHRE! EVERY TUESDAY AF-TERNOON WINTER HOURS at 1:15 pm at Hudson Hall. Everyone Welcome! For info call 705-647-6684

ATTENTION KNITTERS: If you would like to knit for children in the third world, we could use your help. Join us on TUESDAYS AT 1:30PM at the Community of Christ Church on Niven St., New Liskeard. Just bring knitting needles size 4 or 41/2

Join us at the Open Studio Libre -400 Ferguson Ave (2nd Floor of the Haileybury Community Centre) for free drop-in creative community hours. Drop in studio hours are Wednesday mornings from 9:30am - 12:30pm, Thursday evenings from 4:00pm -7:00pm and Friday afternoons from 1:30pm - 4:00pm. Our drop in is inclusive to everyone in our community.

LE GRAND JAM - weekly jam session every WEDNESDAY at 1 pm. At Le Coeur Du Village in Earlton. Join us to play, dance and meet up with friends.

Open Studio Libre are now intoducing an Adult (16 plus) drop-in studio on Thursdays happening same time as our Kids and Family drop-in studio. Join us from 4:00pm until 7:00pm. Kids and Families are up the stairs. Adults will be hosted on the main floor in the Palette and Brush club room. Drop-in studio is free and inclusive to our community.

EUCHRE! EVERY THURSDAY AF-TERNOON at 1:15 pm at Hudson Hall. Everyone Welcome!

TEMISKAMING TREASURES QUILT GUILD meet the last Thursday of every month at 7pm at the St. Pauls & St. Johns Hall (506 Rorke Ave., Haileybury). Welcome to all interested in quilting. For more information please contact Linda at 705-647-5812

MUSIC JAM EVERY 2ND AND 4TH FRIDAY OF THE MONTH at the Sacred Heart Church in the basement from 1pm until 4pm. This is to replace the one we used to hold at the legion. Always good entertainment. Come to play, sing or dance to country music. Bring your friends!

BID EUCHRE is played at 1 p.m. every Saturday at the Northdale Manor. Plavers are welcome. Please use the parking lot entrance.

SERVICES

ARE YOU LOOKING FOR A TAX PREPARER? Chantal Gagne Tax Preperation Services. Great rates! Call or text 705-676-5217

INTERIOR PAINTING and drywall repairs, free estimates. Â call Jack 705-679-

ALCOHOLICS ANONYMOUS MEETINGS: To be held at various dates, times & locations. For more information, please call Shelby at 705-648-5315.

PRENATAL CLASSES - Offered by the Timiskaming Health Unit. Call 705-647-4305 as soon as you confirm your pregnancy. For more info. visit www.timiskaminghu.com.

DRYWALL, PLASTER, framing, decks, flooring, tiling etc. for both residential and commercial buildings. Over 16 years experience. Free estimates. Call 705-648-4884. Please leave a message.

PREGNANT AND NEED HELP? Email: pregnancycarehelp@outlook.com

ALANON Group for adults, children of/with alcoholics meet every Thursday at 7pm at the Good Shepherd Church 139 Second Ave Englehart. Sandra 705-288-2992

Cooking Products

Pampered Chef INDEPENDENT CONSULTANT

Cathy Morrow www.pamperedchef.ca/pws/cathypclady

HELP WANTED

VOLUNTEERS NEEDED -

THE TEMISKAMING HOSPITAL **GIFT SHOP**

is looking for volunteers. If interested contact Diane at 705-647-8066.

SALES & SERVICES DIRECTORY

To be a part of our directory contact: The Speaker office at 705-647-6791 ext. 227 or ext. 228



BREAULT'S DISCOUNT WAREHOUSE

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14 - 18 months old Ready for spring - summer service For more Information please call

Chris Aitchison 705-650-1563

LIVESTOCK & FARM PRODUCTS

TEMISKAMING COMMUNITY PASTURE IS ACCEPTING NOMINATIONS FOR THE 2024 PASTURE SEASON - Nominations must be received by the secretary for March 31, 2024. To obtain forms please call Carol at 705-647-6161.

TEMISKAMING COMMUNITY PASTURE ANNUAL MEETING - April 4 2024 at the Kerns Hall at 7:30pm. Refresments will be served. Call Kyle at 705-622-9469 or Carol at 705-647-6161 or email elliott.carol07@gmail.com if you plan to attend.

USED ARTICLES FOR SALE

WHITE BIRCH FOR SALE - cut, split & delivered. Daki Menan Lands & Resources Corp. 705-569-2663.

4 - 10 INCH WIDE WHITE PINE BOARDS. 15ft awning for trailer. Hardware for 20ft awning (no tarp). Call 705-647-2840 for more information

WANTED

LOOKING FOR OLD SNOWMOBILES RUNNING OR NOT FOR PARTS, old camper trailers & scrap metal. Please call 705-679-3395.

EIGHTIES LARGE BOOM BOX GHETTO BLASTERS & RECORD PLAYERS - no CD players. Call or text, 705-648-5392.

LOOKING FOR PINBALL MACHINES AND TABLE TOP ARCADES FOR MAN CAVE - Any condition! Willing to travel. Call 705-648-5392.

WANTED - Looking to buy farm or land in the New Liskeard to Englehart area. Call or text 705-961-5501.

Answers for Crossword Puzzle from page 9

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Temiskaming ■ ■ Hôpital Hospital Temiskaming

Consider Volunteering at Temiskaming Hospital

Temiskaming Hospital is seeking candidates to service on its Board of Directors. The Board plays a critical role in the leadership and governance of the hospital and reflects our diverse communities.

While we invite applications from all those interested in this important role, an effort will be made to balance and compliment those of our existing Board Directors'. We specifically seek skills, knowledge, and expertise in:

- health care system and patient care
- legal / law;
- public affairs and communications;
- fundraising:
- labour relations;
- private and public sector acumen; and
- information technology

A time commitment of approximately 5-9 hours every other month is expected. We invite applications from strategic thinking leaders who have their principal residence or carry on business within the area served by the Hospital and are interested in using their expertise to make a difference in the health and well-being of our communities. All applicants must; be over the age of 18 years; be fully vaccinated as per the hospital's Mandatory COVID-19 Vaccination policy, support the mission and vision of the hospital; and meet the qualifications as stipulated in Article 4.3 of the Temiskaming Hospital By-Laws.

To assist in your development as a Board Director, a mentoring program is offered and a governance orientation program arranged through the Ontario Hospital Association.

Temiskaming Hospital is a 79-bed acute care community hospital serving residents of the Temiskaming area. More information can be found on our website www.temiskaming-hospital.com.

To express your interest, please contact Mike Baker by April 5, 2024.

Mike Baker Secretary to the Board, Temiskaming Hospital, 421 Shepherdson Road, New Liskeard, ON P0J 1P0 mbaker@temiskaming-hospital.com



The Corporation of the Township of Coleman is seeking an independent operator for the Bass Lake Campground and concession for the 2024 season. The Bas Lake Operator is responsible for the seasonal operation of Bass Lake Park and OLEMAN Campground including maintenance of infrastructure, grounds, OWNSHIP and equipment. The position reports to the CAO/Clerk-Treasurer.

The Bass Lake Operator is responsible for:

- Enforcement of all rules and regulations;
- · Duties include but are not limited to mow lawn weekly, trim around trees, painting. Basic gardening activities; and general maintenance.
- Accepting and scheduling reservations; ensuring full completion of rental agreements; handling cash and issuing receipts;
- Other duties as assigned.

Job Requirements

- Minimum Grade 12 or equivalent;
- · Valid Province of Ontario Class G driver license;
- · Experience operating small tools and equipment (lawnmowers, weed eaters, power tools etc.);
- Ability to understand and comply with written and oral instructions including Health and Safety Regulations.

Please address your resume to the attention of Christopher Oslund, CAO/Clerk-Treasurer, no later than 4:00 p.m. Friday, April 12, 2024, by mail, email, fax or in person to the address below:

Township of Coleman 937907 Marsh Bay Road Coleman, ON P0J 1C0 Phone 705-679-8833 Fax 705-679-8300

toc@colemantownship.ca To view the full job description, visit, www.colemantownship.ca

In accordance with the Municipal Freedom of Information and Protection of Privacy Act, personal information is collected under the authority of the Municipal Act, and will only be used for candidate selection. The Township of Coleman is an equal opportunity employer. Accommodation will be provided in accordance with the Ontario Human Rights Code for all parts of the recruiting process. Applicants need to make their needs known in advance. We thank all persons for applying; however, only those being considered for an interview will be contacted

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MISCELLANEOUS

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COTTAGE FOR SALE - Lakefront cottage on St. Anthony Lake ON. 1.30 acres, road access, two bedroom, open concept, kitchen/living room, fully insulated/winterized, electrical wired, propane, woodstove, large out building/workshop, beautiful lot, clear water, sandy bottom beach for swimming, good location for boat anchorage. Inquiries: cottagesforsale@protonmail.com

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https://form.jotform.com/TCCHCC/appliquer

For more information communicate with: Pour en savoir plus, communiquez avec :

> Christine Charette Brazeau, RECE/EPEI ccbrazeau@timiskamingchildcare.ca 705-672-2100 ext. 229





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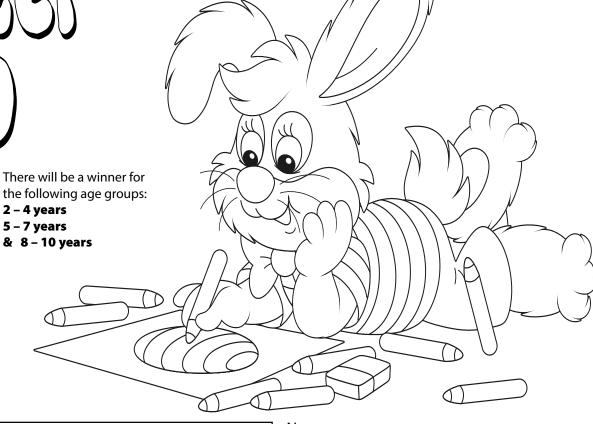


Email: classifieds@northernontario.ca or drop off your coloured picture by Tuesday April 2nd, 2024 no later then noon at the Speaker office, 18 Wellington St S., New Liskeard

















Phone #:

Hey Kids!! Don't miss your BIA Easter Hop Map in this weeks Weekender.



