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# WEEKENDER

## THE SPEAKER'S WEEKEND EDITION



Vol. 22 - No. 43

FRIDAY, OCTOBER 20, 2023

Visit us on



## Halloween spirit to haunt Temagami trail again

**Darlene Wroe**

Local Journalism Initiative Reporter

TEMAGAMI - All things creepy and scary are coming to Temagami Saturday, October 28.

The second annual Haunting of the Fire Tower is planned to send shivers of fear and fun up the spines of visitors.

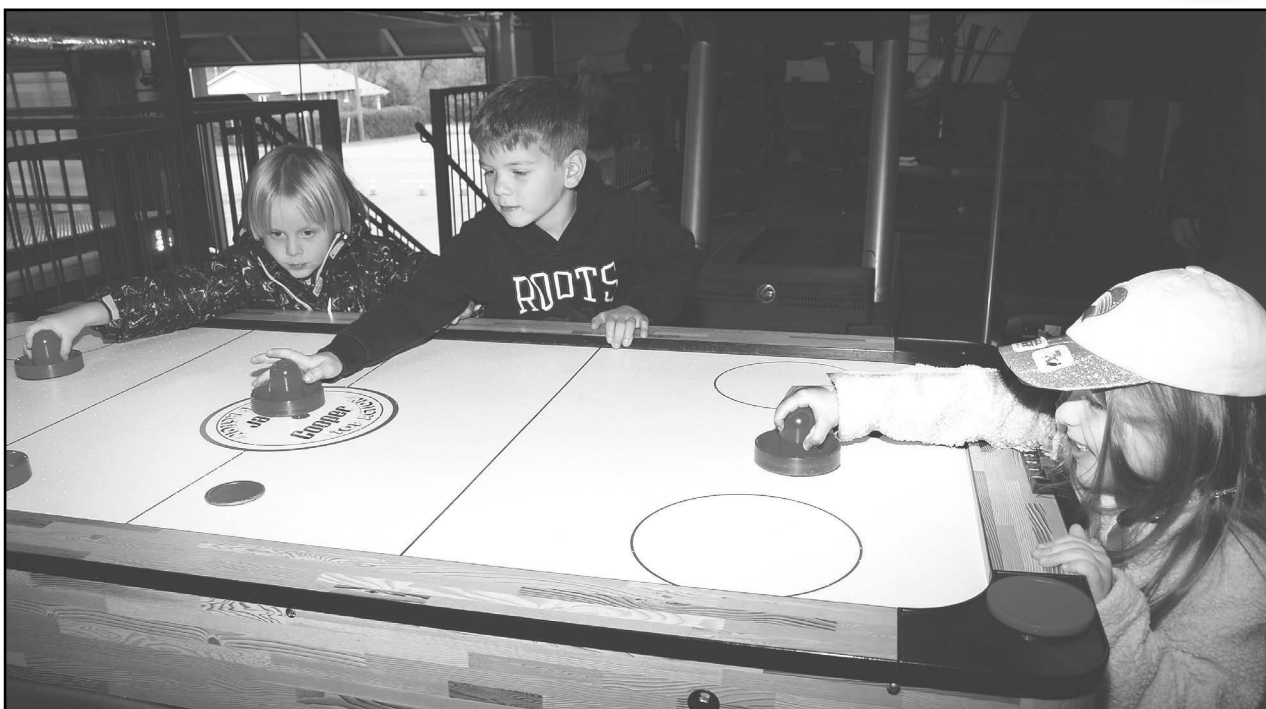
Temagami economic development officer John Shymko has been spearheading the second annual Halloween event with municipal support and community volunteers.

The haunted fire tower event will be preceded Friday evening, October 27, by a dance at the Temagami Arena in North Temagami at 100 Spruce Drive. The dance is being presented by Northern Animals Rescue and Sanctuary, and is an age-of-majority licensed event. Doors will open at 8:30 p.m. and guests are invited to come in their most frightening Halloween costume. Admission is \$10 at the door and there will be a bar.

Shymko said in a telephone interview that the dance will proceed come rain or shine, but a decision will be made on October 24 what the weather will drum up for Saturday. If there is heavy rain and strong winds, the event will be cancelled, he said.

"I'm not going to put people through that."

But fingers crossed for good luck, and if Mother Nature is not in a witchy mood that night, people are invited to gather at the Temagami Train Station at sundown Saturday. Admission to the fearsome fun ahead is \$5 a person or \$10 a family, said Shymko. Guests will be able to board a bus to be



### OPEN HOUSE

**The fire hall in Haileybury had a barbecue and open house on October 14 to introduce the public to the new facility. Among the amenities is a space where firefighters can relax or exercise. One of the features is this air hockey game which grabbed the attention of, from the left, Oliver Petrov, Weston Zubyck and Cordelia Walford. (Staff photo by Steven Larocque)**

taken to the bottom of the hill - if they make it. The bus will have to pass through a zombie zone before it can reach the second bus. From there guests will climb further into the haunted zone.

Eerie occurrences will plague visitors even as they attempt to enjoy the lights and decor along the trail.

Witches, wolves, and other great beasts will fill the night air with their curses and howls.

The terrors of the trail will be so plentiful that

visitors will have a difficult time forgetting through the long cold winter ahead.

However, on that evening there will be a campfire where people can snuggle against the encroaching darkness and enjoy hot chocolate and other available snacks from two food trucks which will be on site.

Shymko said all proceeds raised from the Haunted Tower Hill walk will go back to the municipality to be placed in a budget for next year's event.



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**DID YOU GET The Speaker THIS WEEK?**

Here are some

**October 18, 2023 stories...**

- Temagami is dealing with a shortage of staff, thus putting pressure on their ability to deliver services.
- The Haileybury Fire Station, part of the Temiskaming Shores Fire Department, officially unveiled its new Rorke Avenue station in Haileybury last weekend.
- It seems the Timiskaming Health Unit has been busy administering COVID-19 and influenza vaccines across the district.
- Cobalt has released funding to its Cobalt Paul Penna Library board to meet operational expenses.
- Police are searching for Richard Ouellette, who failed to appear in court after he was charged with dangerous operation causing death, and dangerous operation causing bodily harm, involving a collision on Highway 11 and Highway 65 on April 7, 2022.
- Open Studio Libre is looking for a new home.
- The TDSS Senior Saints Girls basketball team came home with first place gold medals from the Sturgeon Falls Lady Pats Invitational Tournament last weekend.
- The New Liskeard Cubs gained valuable experience playing in the Ottawa Senators U18 Showcase Tournament October 13-15.
- The New Liskeard Lions are preparing for a competitive season in the U18 Nickel District Hockey League.



**FROG'S BREATH SUPPORTS BRANCH 54**

*The Royal Canadian Legion Branch 54 in Haileybury is the recipient of a \$50,000 Frog's Breath Foundation grant to help the branch continue to upgrade the infrastructure of the building, including modernizing the kitchen area, shoring up the west wall and repairing the roof. From the left at Branch 54 on October 16 were Branch 54 vice president Hank Moorlag, president Don Martin, Frog's Breath Foundation director Hugo Rivet and Branch 54 secretary Elisa Bernstein. (Staff photo by Sue Nielsen)*

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# OBITUARY

## Julienne Ernestine Forget

Julienne Ernestine Forget, who was born on June 5, 1946, in Hailbury, passed away peacefully on October 7, 2023, at Milton District Hospital.



Julienne lost her beloved spouse, Yvon Leguen, on June 7, 2012, when he passed away suddenly.

They had resided on the farm where Yvon was born on December 8, 1944, in Earlton. It was their home until they retired in October of 2009, and settled in a house in Earlton.

She leaves behind two children – her daughter Sherry Dugal along with her spouse Jeff Lockhart, and her son Robert Dugal, along with his wife Michelle Dugal and their two children, Hayden and Ryker Dugal.

Julienne was one of 13 children, and is survived by two siblings, Fernand Dinel and brother Rosaire Forget and his wife Alice Forget, as well as their children and many other family members.

Julienne had a deep passion for gardening, dedicating her summers and falls to cultivat-

ing a beautiful array of vegetables.

Her green thumb was matched only by her generosity, as she delighted in sharing the bountiful harvest with her friends and family, spreading her love through the fruits of her labour.

Her garden was a testament to her nurturing spirit, and her memory will continue to flourish in the hearts of those who enjoyed the fruits of her labour.

The move from Earlton to Milton made necessary by Julienne's health is a testament to her children's love. Her absence will be deeply felt, and her family will carry the cherished memories of their time together.

May she rest in peace, her legacy living on in the hearts of those she touched with her love and kindness.

## IN MEMORIAM

**Michael McCallan**  
Oct 17, 1977

*My beloved son,  
I will never forget  
you're quiet and kind  
ways and how much  
you loved us the way  
we love you.  
I will never  
forget you.*

**Mom and Tish**

### Answers for Crossword Puzzle from page 10

A	T	O	M	B	E	G	F	L	A	B			
D	E	W	Y	A	P	E	L	O	C	O			
S	E	E	S	K	I	N	O	U	R	S			
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A	P	P	L	E		E	A	T					
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H	E	N		I	C	I	L	Y		A	R	E	
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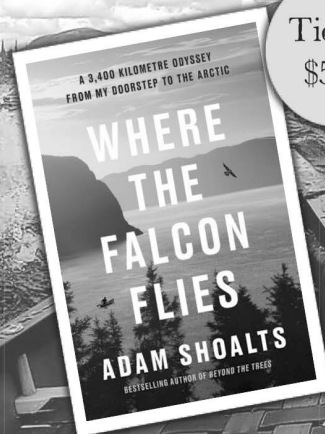


## TAKING LEAVE OF FALL SENSES

Five-year-old Emma and mom Seungmi Dodds of Haileybury add carefully folded leaves to a branch in an autumn-inspired craft at the Temiskaming Shores library. (Staff photo by Diane Johnston)

## AN EVENING WITH ADAM SHOALTS

Friday November 10th, 2023 at 7:00 P.M.  
Englehart Legion Branch - 45 4th Avenue, Englehart



Tickets \$5.00



Adam will be speaking about his new book 'WHERE THE FALCON FLIES'

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# SPEAKER WEEKENDER



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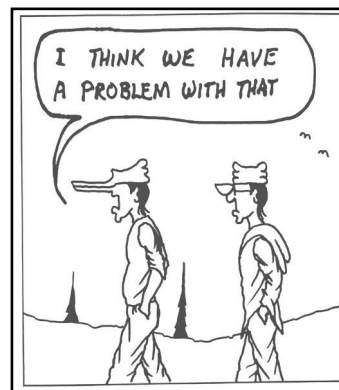
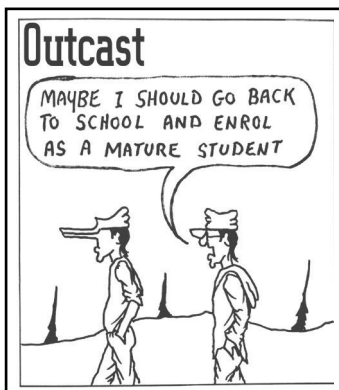
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## EDITORIAL

# Small business bravado

If it wasn't for many small businesses in our region and further afield, the economy would grind to a halt.

Small Business Week in Ontario is celebrated October 15 to 21.

We have Enterprise Temiskaming and the Temiskaming Shores and Area Chamber of Commerce to thank for helping, supporting and promoting small businesses in South Temiskaming.

Their friendly, knowledgeable staff reach out to small businesses to help them keep up with the latest trends in promotion, staffing, applying for government funding, online resources, host grand openings and much more.

In Ontario, 95 per cent of businesses have fewer than 50 employees and 40 per cent of workers are employed by small businesses.

How can we all support our small business community?

It's easy: by shopping local.

As the busy Christmas season is approaching and shopping will reach fever pitch proportions, small businesses are eagerly waiting to serve you and your shopping needs.

When people travel out of town to big box stores and shop online, they are helping to promote commerce in far off communities and not our own.

Every dollar spent locally has a ripple effect by helping business owners to hire staff, to create funds for owners to pay business taxes to municipalities and supports sports teams and other not-for-profit entities.

Our local entrepreneurs work hard each and every day to earn you business.

Here's some simple things we can do to support our small business community: write good reviews about their business, share your experiences with friends, send the business owner a personal message about your shopping experience and above all else, buy from them.

Small businesses have always been the backbone of our local economy and they are grappling with challenges such as the recent COVID-19 pandemic and repayment of debt, high inflation and labour shortages.

Thank you to all the small businesses in our region.

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# From bombs to birds



Sue  
Nielsen

The situation in the Gaza Strip between Israel and Palestine is incredibly heart-wrenching to watch day after day as new violence erupts.

It is important to note that conflicts like the one in Gaza are complex, involving innocent people on both sides of the equation.

Some days I turn off my television because I cannot bear to see the carnage and suffering of innocent people.

It is horrible, especially for the hypersensitive empaths that many of us are.

So, when the death toll rose and the rockets kept exploding, I flew the coop and went birding.

Birding was a bright spot for so many during the COVID-19 pandemic when millions of people discovered the mental health benefits of birding.

People snapped up binoculars and bird feeders like crazy, thus staving off the blues.

Birding connects people with nature and nature can be incredibly nurturing.

Whether you admired the

way the sun glittered on the feathers of a blue jay as it landed on the backyard feeder or you saw a beautiful warbler up close, birding is easily accessible to everyone.

It was a dull gloomy week in terms of the weather so I took off to the fields of nearby Ne-delec, Quebec, to photograph sand hill cranes during the great fall migration.

These big birds are beautiful, graceful and have such a distinctive call.

When they fly up from the fields they are massive with their large wingspans.

They literally dance in the fields being so light on their feet.

Next stop on the birding calendar was Northern Saw Whet owl banding at the Hilliardton Marsh Research and Education Centre.

The Marsh's new interpretive centre makes the entire banding experience so much more accessible and user friendly.

I love seeing the reactions from people who have taken

in a banding experience for the first time at the Marsh.

The smiles, the joy and sense of wonder on their faces is amazing after seeing the tiny saw whets up close with their big eyes.

Thank you Deborah Murray.

Last weekend I travelled to Chelmsford, Ontario, to take in a photo session at Talon and Bark Falconry, with professional falconer Emily Whenshall.

Becoming a certified falconer is a long and complex process involving years of study and mentoring.

Emily showed us a great horned owl, a tawny owl, two Harris Hawks and a Lanner falcon.

We were being educated on the finer points of each species.

Those birding experiences lifted my spirits and helped me to soar above the depressing news coming from the Middle East, the holy land.

I pray for the dove of peace to fly high and free over Israel and the Gaza Strip.

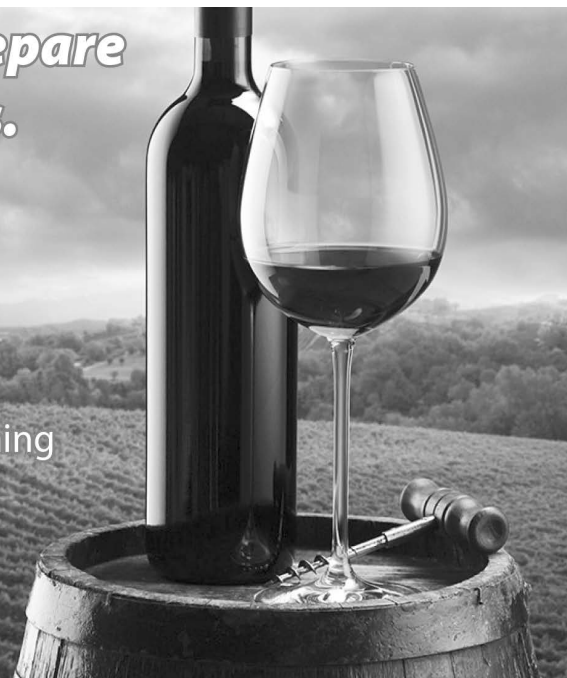
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**COMMUNITY  
NEWS**

### Council Meetings

Monday, October 23, 2023

Monday, November 6, 2023

Monday, November 20, 2023

**All meetings start at 6:00 p.m. in the Council Chambers.**

### 2022 FINANCIAL STATEMENTS

Council received the 2022 Financial Statements from Kemp Elliott & Blair LLP at the September 25, 2023 Regular Council meeting.

In accordance with Section 295 of the Municipal Act, 2001 please be advised that copies of the 2022 Financial Statements are available at the Township Office or on the Township's website <https://www.colemantownship.ca/>

### PROCEDURE BY-LAW AMENDMENT

Council of the Township of Coleman proposes to amend its Procedure By-law to Govern the Calling, Place and Proceedings of Council and Committees, at its Regular Meeting to be held on Monday, November 6, 2023 at 6:00 p.m. in the Council Chambers, 937907 Marsh Bay Road. The Proposed By-law will amend the frequency of Council meetings from every two (2) weeks to every three (3) weeks.

Interested persons may make comments at this meeting or may send comments in writing to the CAO/Clerk-Treasurer at the address below. Comments sent to the CAO/Clerk-Treasurer must be received not later than 12:00 noon on Thursday, November 2, 2023. Comments which are made at the meeting or in writing will become part of the public record which is available for anyone to view.

Christopher W. Oslund, CAO/Clerk-Treasurer

The Corporation of the Township of Coleman

937907 Marsh Bay Road

Coleman, ON P0J 1C0

Telephone: 705-679-8833

email: [toc@colemantownship.ca](mailto:toc@colemantownship.ca)

### PUBLIC MEETING – POTENTIAL LAND SALE

Notice is hereby given in accordance with By-law No. 04-34 (Disposal of Land By-law) in respect to the Township considering the sale of a vacant parcel of land (Unopened portion of the Gillies Lake Road allowance – approximately 0.13 ha).

Any person may attend the Public Meeting scheduled for Monday, November 6, 2023 at 6 p.m. or provide written comments to the CAO/Clerk-Treasurer prior to the meeting.

For more information please contact:

Christopher W. Oslund, CAO/Clerk-Treasurer

The Corporation of the Township of Coleman

937907 Marsh Bay Road

Coleman, ON P0J 1C0

Telephone: 705-679-8833

email: [toc@colemantownship.ca](mailto:toc@colemantownship.ca)

### MUNICIPAL WASTE SITE

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Tuesdays 9am – 4pm

Saturdays 9am – 4pm

### GARBAGE COLLECTION

Collection occurs every Tuesday. Residents are required to have garbage bags no heavier than 40 lbs in containers ready for pick-up by 7am. Maximum of three (3) bags per week. Oversized bags will be tagged and left at the curb.

### RECYCLING SCHEDULE

October 31, 2023

November 14, 2023

November 28, 2023

December 12, 2023

## Temagami Family Health Team

Submitted by Ellen Ibey

### Tips to Avoid Seasonal Depression

Many people feel a little sad when summer comes to an end and a long season of cold weather is approaching. Seasonal depression or seasonal affective disorder (otherwise known as SAD) is a type of depression that happens at certain times of the year, usually in the fall and winter.

#### The symptoms of SAD:

- Depressed mood
- Negative thoughts
- Fatigue
- Hypersomnia (Sleeping too much)
- Increased intake of carbohydrates/weight gain
- Social withdrawal/hibernating

There are a few things you can do to prevent SAD from getting worse and make yourself feel better.

#### Get Plenty of Exercise

Exercise not only helps to improve your physical health and reduce your risks for a number of chronic diseases, but it's been shown to be a great mood booster.

#### Try Light Therapy

This has been tested as an effective treatment for SAD because it tricks the body into thinking the days are longer and brighter than they really are. It involves sitting under a special bright light for a certain amount of time each day. You could ask your health care provider about this or just try to get as much sunlight as you can outdoors every day (20 to 30 minutes a day as a minimum) and keep your curtains and blinds open to let the light in.

#### Socialize

A common treatment for depression is to engage in social activities and spend time with friends or family. If you tend to make excuses for not going out in the fall and winter, you need to get yourself out of that habit. Keeping to yourself will only make you feel lonely and that's what you're trying to avoid so pick up the phone and call a friend or family member – make plans to go out for lunch and/or for a nice walk.

If you think you're experiencing SAD and it's affecting your ability to get through your day, focus on work and maintain relationships, you should follow up with your primary care provider. If you're a patient of the Temagami Family Health Team and would like to schedule some time for light therapy, please call the office at (705) 569-3244 to make arrangements to use our SAD light.

The Temagami Medical Centre and Family Health Team  
is committed to keeping you as healthy as possible!



**Temagami**

Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0  
Tel: 705.569.3244 Fax: 705.569.2610



## JUNIOR INVITATIONAL

*The first tournament of the South North Eastern Ontario Athletic Association Junior Boys volleyball season took place at Timiskaming District Secondary School. Jackson Smith of the Englehart High School Spartans plays the ball with teammate Owen Tankard looking on in a September 27 game against Kirkland Lake District Composite School. (Staff photo by Sue Nielsen)*

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# Six in ten consider generative AI tools cheating

TORONTO (Special) - Many students across Canada are using generative artificial intelligence (AI) in their research, papers, and even for exams, creating ethical dilemmas, privacy concerns, and opportunities for both educators and students, finds recent research by KPMG in Canada.

More than half (52 per cent) of Canadian students aged 18 and up surveyed by KPMG are using generative AI to help them in their schoolwork, despite 60 per cent feeling that it constitutes cheating, the findings reveal.

Almost nine in ten say they saw the quality of their schoolwork improve after using generative AI and nearly 70 per cent say their grades improved. Four in five (81 per cent) believe using generative AI tools will become a critical skill for the future, much like coding has become, and 72 per cent want courses on how to use these tools more effectively.

“The growing popularity of these tools puts a lot of pressure on educators and educational institutions to quickly develop and communicate guiding principles and guardrails on how they should be used. But the dilemma is, where do you draw the line?” asks KPMG partner and national education practice leader C.J. James.

“With so many students feeling like they’re cheating by claiming AI-generated content as their own original work, that’s a big problem. Educators will need to become AI literate and students need to know what’s expected of them.”

With the clear demand from students to learn best practices around generative AI, educators and educational institutions have an opportunity to expand their academic curriculum by offering courses, including AI ethics, said James.

“If educators can offer more courses about generative AI, it will help students develop the skills they need to use it properly, responsibly, and effectively both for school and in their work careers,” she stated.

Students primarily use generative AI for idea generation (70 per cent), research (55 per cent) and writing essays or reports (39 per cent). Fourteen per cent say they use these tools for tests or exams. Almost 70 per cent admit they always or sometimes claim AI-generated content as their own original work. And, they aren’t consistently validating the accuracy of their AI-generated content, with only 37 per cent saying they always do a fact-check.

“Barely one-third (36 per cent) of students tell their educators that they’re using generative AI tools, and most don’t know what their school’s policies are or if there are even repercussions for using it,” James continued.

“Educational institutions need to have clear policies on responsible AI that lay out what is acceptable use and what is not. That will remove the grey area for students on how or if they can use generative AI in their schoolwork.”



## ACTIVE LIVING FAIR

Up to 120 seniors attended the Seniors Active Living Fair 2023, the second held since the pandemic. Started in 2016, the fair has the goal of informing older adults in the community of programs and services that are available to them, said Lynn Julien, the Age-Friendly coordinator for Temiskaming Shores. The event took place at Northern College in Haileybury October 12. Pictured here from the left are participants Bonnie McNair and Ev Welsh, Julien, and Temiskaming Shores Age Friendly Community chair Gordon Brock. (LJI photo by Darlene Wroe)

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**We are moving!**

**883317 ON-65 Unit 3**

(In the plaza behind UPI, next to Wendy's)

Our office will be closed from October 16-19, 2023 while we move. Staff will be working from home, drop box will be available at our new location only and voicemail will be checked. Regular hours to resume October 23, 2023.

# Stop bullying in its tracks

OTTAWA (Special) - A school can be many things: a place to learn, a place to grow, a place to socialize with friends. For many, it is a positive and safe environment. Yet, far too commonly, this is not the lived reality of schoolchildren across Canada.

National School Safety Week is October 17-23 and the Canada Safety Council would like to remind Canadians that we have a responsibility to protect our youth in schools.

According to Public Safety Canada, nearly half of Canadian parents (47 per cent) report that at least one of their children has been a victim of bullying, which is defined as "acts of intentional harm repeated over time in a relationship where an imbalance of power exists."

While we know that bullying can extend past the schoolyard and into the workplace, the home, and anywhere people gather to live, learn or play, school is frequently the first environment in which a child is subjected to this aggression. The prevalence of the behaviour makes it even more crucial that schools play a leadership role in addressing it early.

"A bullied child will often feel isolated, unsafe and alone," said Gareth Jones, president and chief executive officer of the Canada Safety Council.

"As teachers, parents and guardians, we have a responsibility to show them, not just tell them, that we are in their corner."

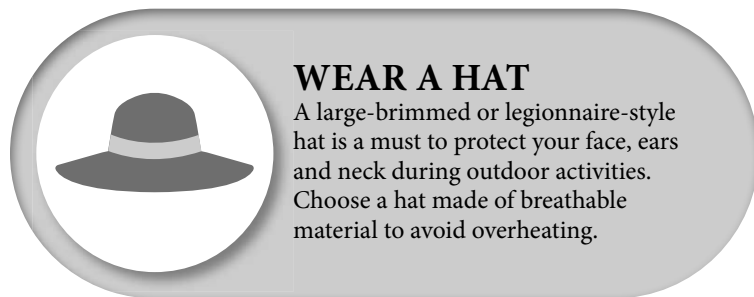
Is your child being bullied? Here are a few tips to spot warning signs and to advocate on your child's behalf.

Signs can include: heightened anxiety, fear; lowered self-esteem and interest in previously enjoyable activities; unhappiness, irritability, trouble sleeping; and injuries, including bruising and damage to physical property (if physical).

## TIPS TO PARENTS AND GUARDIANS

- Show your child that you're there for them. Trust is of paramount importance in addressing bullying, and a child will not report any issues to someone they do not trust to support them. Maintaining an open and healthy relationship with your child will help them feel comfortable confiding in you.
- Encourage them to share if they are being bullied. It can be embarrassing or hurtful, but children need to know their feelings are valid and they are not expected to carry this burden by themselves. The quicker they inform the responsible adults in their lives, the quicker help can be provided.
- Do not advise your child to fight back. In such situations, aggression is often met with more aggression and only makes the situation worse. Remember: at its core, bullying is a relationship imbalance. Violence is a less effective mitigation tactic than adult intervention.
- Document everything. Take notes of times, dates and details of incidents as your child reports them. If the bullying is occurring via electronic means, this includes emails, instant messages, text messages and any other evidence of cyberbullying.
- Talk to your child's school. Bring all documentation and be prepared to sit down and discuss the bullying behaviour. Keep in mind throughout that you are your child's advocate, their defender, and their voice.

Bullying prevention is a team effort, a collaboration to create a more level playing field and to support children as they navigate the formative years of their lives. Let us all do our part in showing that respect, kindness and dignity are core values - and that bullies never win.



## WEAR A HAT

A large-brimmed or legionnaire-style hat is a must to protect your face, ears and neck during outdoor activities. Choose a hat made of breathable material to avoid overheating.

## TOP 8 REASONS to advertise



**IT'S A FACT:** when consumers feel personally connected to an advertisement, they're more likely to support your business. Here are 8 good reasons to allocate an advertising budget.

1. **INCREASE TRAFFIC.** Consumers are more likely to visit a business after seeing an advertisement — and more consumers mean more sales!
2. **IMPROVE YOUR IMAGE.** Dynamic and engaging advertisements attract consumers, no matter how strained the economic situation or how stiff the competition.
3. **ATTRACT NEW CUSTOMERS.** The market is always changing, and new consumers are constantly popping up in your region. There you go, a new target audience to inform that your business has what they want.
4. **BUILD CUSTOMER LOYALTY.** Once-loyal customers may drift away as their options multiply. By advertising, not only do you instill a sense of belonging and trust, but you also encourage them to remain loyal to you.
5. **IMPROVE YOUR COMPETITIVE EDGE.** The hard truth is that a limited number of consumers are willing to buy your products. Advertising is the best way to convince them that your products are THE best, no matter what the competition says.
6. **STAY TOP OF MIND.** When you advertise your products, you alert potential customers to your products or services. This increases the likelihood that they'll think of you when they need the products or services you offer.
7. **INFORM THE PUBLIC.** When you launch a new product, for example, advertising allows potential customers to find out about it without having to do research.
8. **INCREASE REVENUE.** Effective advertising attracts customers to your business and improves sales. In short, it increases your success!

Trust our team to help you make the best advertising choices for your business.

705-647-6791

**SPEAKER**  
PRINTING, PUBLISHING  
AND PROMOTIONS



# Improving your immune system as you age

(NC) - As we age, our immune system weakens, which is why older people are more susceptible to getting sick and often take longer to recover from illness than they did before.

So, the older we get, the more important it is to give your immune system the support it needs. Here are three ways you can do that.

## EAT WELL

The food you eat is the fuel your body needs to function.

Consuming a variety of foods, including plenty of fruits and vegetables, to get all the nutrients you

need while minimizing the amount of processed foods you eat will help you stay healthy.

Smoking and drinking alcohol both negatively affect your immune system, so you should avoid or minimize consumption of both if you're looking to boost your immunity.

## REMEMBER ADULT VACCINES

Throughout one's life, vaccinations – including adult vaccinations – provide effective protection against disease.

While many of us are familiar with childhood vaccinations, they don't provide lifelong immunity against

every disease. As well, some vaccines are prescribed only for adults.

Adults require helper, or booster shots, to maintain immunity for some conditions.

And, if you didn't get all your shots as a child, you could still be at risk of infection from vaccine-preventable diseases.

For example, if you are among the 90 per cent of Canadian adults over 50 years old who've had chickenpox, you should consider a vaccine to help prevent shingles. It's a painful disease caused by the same virus that causes

chickenpox.

## EXERCISE REGULARLY

Regular exercise improves your cardiovascular health, lowers blood pressure, and helps protect against a variety of viruses and diseases.

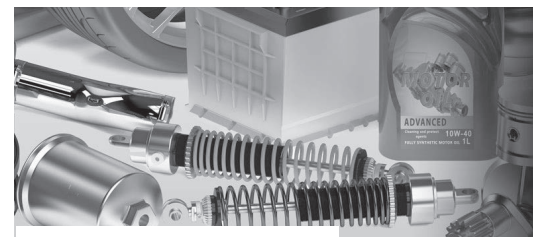
A balanced diet and regular exercise will also help you maintain a healthy body weight, which in turn helps boost your immune system.

While exercise is important, allowing your body to rest is equally valuable. Sleep is the tool your body uses to recharge its batteries, including your immune system.

# ASK THE EXPERTS

Learn more from those who have the answers!

## YOUR SPECIALIST IN NEW LISKEARD



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NEW LISKEARD 705-647-6731

For more information: [btpartsandsupplies.com](http://btpartsandsupplies.com)

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There is no safer, more convenient way to heat with wood.

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- Durable & long-lasting • Dual fuel ready option

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**BROWNLEE EQUIPMENT**

Contact us for more information!

Earlton - 705-563-2212

[bequip.ca](http://bequip.ca)

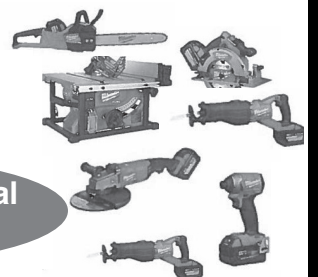


## RENO SEASON IS HERE!!! AND OUR TEAM IS HERE TO HELP YOU!

For all of your home improvement needs, look no further than Breault's Discount Warehouse!

We have a great selection of PREMISE outdoor flood and yard LED lighting available. COME AND CHECK IT OUT!

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- Wholesale • Retail



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discount@breaultsdiscountwarehouse.com



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getapproved@autocreditontario.ca

Direct: Chris: 1-647-233-2886

Direct: Olga: 1-647-395-2882

Proud member of OMVIC and UCDA



**ACROSS**

1. Molecule component
5. Ask earnestly
8. Loose flesh
12. Wet, as grass
13. Tarzan's chum
14. Crazy
15. Glimpses
16. Relative
17. Not theirs
18. Construct
20. Fruity drinks
21. Gift to a teacher
24. Do lunch
26. Steep rock face
27. Bear cave
28. On's opposite
31. Female fowl
32. Coldly
34. Exist
35. Gab
36. Quick bite
37. Made a choice
39. Got together
40. Smelling organs
41. Likewise
44. Lazy person
47. Fountain treat
48. Bronx attraction
49. For takeout: 2 wds.
53. Radiate
54. Santa's staffer
55. Parched
56. Captain of the "Nautilus"
57. Fishing boat equipment
58. Loan

# CROSSWORD

Answers  
on  
page 3

**DOWN**

1. Subway posters
2. Peg used by golfers
3. Be indebted to
4. Me
5. Cook bread
6. Heroic
7. Elegant
8. Be buoyant
9. Rowdy
10. Measure of farmland
11. Supervisor
19. Perfect
21. Sore
22. Sincere appeal
23. Blush color
25. "\_\_\_ Can Play"
27. Immerse briefly
28. Stable food
29. Given without charge
30. G-men
33. Taxpayer
38. Entrance
39. Slogan
41. Prayer ending
42. Weak, as an excuse
43. Skinny
45. Hand (out)
46. Attic
50. Valuable dirt
51. Alcoholic liquor
52. Uneven

1	2	3	4		5	6	7		8	9	10	11	
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15					16				17				
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26						27				28	29	30	
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47						48				49	50	51	52
53						54				55			
56						57				58			



**WE HELP**

**Cancer Patients & their families**

*With:*

- Support groups
- Bereavement groups
- Mastectomy
- Finances
- Accommodations
- Specialized dental treatments
- Physiotherapy
- Medical supplies, dressings
- Special chemotherapy
- Prescription drugs
- Lab tests
- Prosthesis
- Nutritional supplements
- Rental of equipment

**TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm**  
**14 Armstrong St., N. (Northern Drugs) P.O. Box 994**  
 New Liskeard ON P0J 1P0  
**705-628-8800**

Check out our Website; [communitycancercare.ca](http://communitycancercare.ca)  
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TIMISKAMING'S HOTTEST COUNTRY  
**THE RANCH**



**FAST, FIRM ESTIMATES**

Our body shop can quickly give your insurance adjuster an accurate estimate of the cost to repair your vehicle. And once we get approval, we'll proceed as fast as possible to make your car like new again...using genuine GM parts.



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 Email: [collisioncentre@personainternet.net](mailto:collisioncentre@personainternet.net)

# HOROSCOPE

**WEEK OF OCTOBER 22 TO 28, 2023**

**The luckiest signs this week:  
Aries, Taurus and Gemini**

**March 21 - April 19**



**ARIES** If you're single, you may receive several invitations to go out. Social media may help you find new friends and expand your clientele because they showcase what you have to offer.

**April 20 - May 20**



**TAURUS** You'll have to take on numerous responsibilities. Your ability to keep yourself organized will improve, and you'll be highly effective. Time will be a precious resource and may even become a source of anxiety.

**May 21 - June 21**



**GEMINI** Simply by dreaming and applying the laws of attraction, you can make your next trip a reality. Additionally, the discoveries you'll make could be beneficial on a professional level.

**June 22 - July 22**



**CANCER** The emotions in the air are palpable. Fortunately, they'll stimulate your creativity. You'll also have to take care of your loved ones, thus strengthening your relationship and resulting in future reciprocity.

**July 23 - August 22**



**LEO** It's easier to come to an agreement with people to whom you don't have an emotional attachment. Children may try to take advantage of your highly sensitive nature to gain certain privileges from you.

**August 23 - September 22**



**VIRGO** You may experience increased discomfort for some unknown reason. In any case, it could allow you to benefit more quickly from the expertise of specialists and get the necessary treatment.

**September 23 - October 22**



**LIBRA** You'll accomplish a feat that fills you with pride, thus reinforcing your self-esteem and contributing to your well-being. Additionally, you may be able to rescue someone from a difficult situation.

**October 23 - November 21**



**SCORPIO** If you make changes in your diet, you could achieve your health goals faster. You'll have the motivation to launch a small business from the comfort of your home.

**November 22 - December 21**



**SAGITTARIUS** You'll have lots of chats, and your loved ones will frequently try to contact you to invite you to exciting activities. If your relationship is new, you'll need to give some thought to the idea of living together or starting a family.

**December 22 - January 19**



**CAPRICORN** At work, you'll be given a promotion and a pay raise. However, you may be surrounded by jealous colleagues, so exercise discretion. You'll take pleasure in a romantic revival.

**January 20 - February 18**



**AQUARIUS** You'll have an opportunity to spend time with your loved ones. Your sensitivity and generosity are appreciated. Organize your time to turn your responsibilities into pleasant moments, even in professional matters.

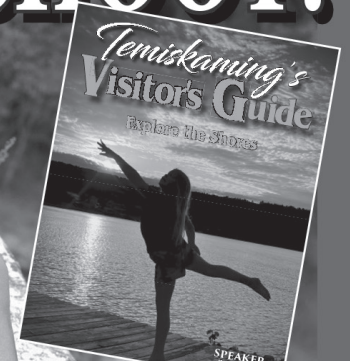
**February 19 - March 20**



**PISCES** You'll go through a period when reflection will be crucial. You'll also have increased creativity, which will prove good for morale. Get outside for fresh air every now and then.

# READY SET SHOOT!

# PHOTO CONTEST



**SEND US YOUR PHOTOS OF OUR AREA** Be the next featured Photographer on the cover or throughout our annual edition of the *Visitor's Guide*, or throughout the Speaker's 2024 calendar

We still want the photos to showcase our beautiful northern community, but let's display the landscape while including some local faces!

ONLY HIGH RESOLUTION PHOTOS ACCEPTED (300ppi)

**SPEAKER**  
PRINTING, PUBLISHING AND PROMOTIONS  
www.northernontario.ca

**IMPORTANT:** All photo files MUST be identified with your name, location and photo title. Send via email to [ads@northernontario.ca](mailto:ads@northernontario.ca).

# Eco-friendly and easy on budget

OTTAWA (Special) - Upgrading your home to be energy-efficient and eco-friendly doesn't mean you have to compromise your budget. With a little creativity and a green mindset, you can upgrade your space in ways that are good for both the environment and your wallet.

## OPTIMIZE YOUR LIGHTING

Ditch the old incandescent bulbs and try some energy-efficient LED lights. LED lights are not only brighter, but they also last longer, making them a cost-effective lighting solution. Embrace natural light by opening up your curtains or blinds during the day to give your space a sunny and inviting ambiance.

## UPCYCLE AND RECYCLE

Instead of buying new furniture or décor, explore the world of upcycling and repurposing. Embrace DIY projects by giving life to old furniture. You can transform out-dated and worn-out furniture with a refinish or repaint. Get creative and repurpose everyday objects into unique and functional pieces. Look for inspiration online and in second-hand stores for affordable and sustainable ways to refresh your home's style.

## DIY COMPOSTING

You can start your own composting system to reduce food waste, and create nutrient-rich soil for your garden. Try setting up a compost bin in your backyard, or use indoor composting methods. By composting, you can help reduce greenhouse gas emissions and produce valuable compost that enriches soil, which is great for your plants or your garden.

Use eco-friendly cleaning products

Make the switch to eco-friendly cleaning products to reduce the use of harmful chemicals in your home, and minimize their impact on the environment. You can look for non-toxic cleaning supplies or biodegradable solutions that don't contain harsh chemicals like chlorine and phosphates. Did you know you can also make your own cleaning solutions? Use ingredients like vinegar and baking soda, or even lemon juice. These options are not only safer for you, but



## CLOSE-KNIT FAMILY

*Dorothy Collier, at left, of Georgetown joined her sister, long-time market vendor Betty Jacksic, at the Thanksgiving weekend edition of the Riverside Farmers' Market. The knitting needles flew behind the table displaying Jacksic's handiwork. The market has released its winter schedule, which include five sales events in November and December and monthly markets from January through April. (Staff photo by Diane Johnston)*

they are safer for the environment.

## MAKE USE OF BENEFITS AND CREDITS

Take advantage of government programs like the Climate Action Incentive payment (CAIP).

This program provides families and individuals with quarterly payments to offset the cost of the federal government's pollution pricing. With the extra little cash in your wallet, you can use this to reduce

your carbon footprint and implement more eco-friendly upgrades. You can make progress in upgrading your home on a budget using these government payments, and contribute to a greener future.

You may be eligible for the CAIP if you live in a province with federal pollution pricing.

Find more information about how this benefit works at [canada.ca/cai-payment](http://canada.ca/cai-payment).



# OPEN 24 HOURS

## SPEAKER

PRINTING, PUBLISHING  
AND PROMOTIONS

- Online Subscription
- Classified Ads

[www.northernontario.ca](http://www.northernontario.ca)



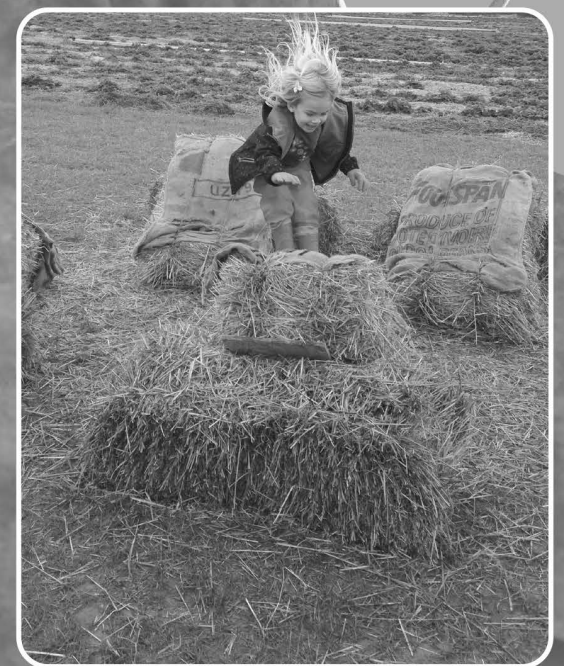
## THE ART OF SCARECROWS

Thanksgiving is a time for family and friends to get together, and that was the case at a weekend craft session at the Temiskaming Shores library. Transforming paper bags into scarecrow puppets were, from left, six-year-old Isla Swartz, mom Kara McMillan, family friend Charlotte Caron, also 6, and four-year-old Evie Swartz. (Staff photo by Diane Johnston)



## FALL FUN DAYS

at Aидie Creek Gardens  
is open to the public every weekend  
from 10am to 5pm  
until the end of October.



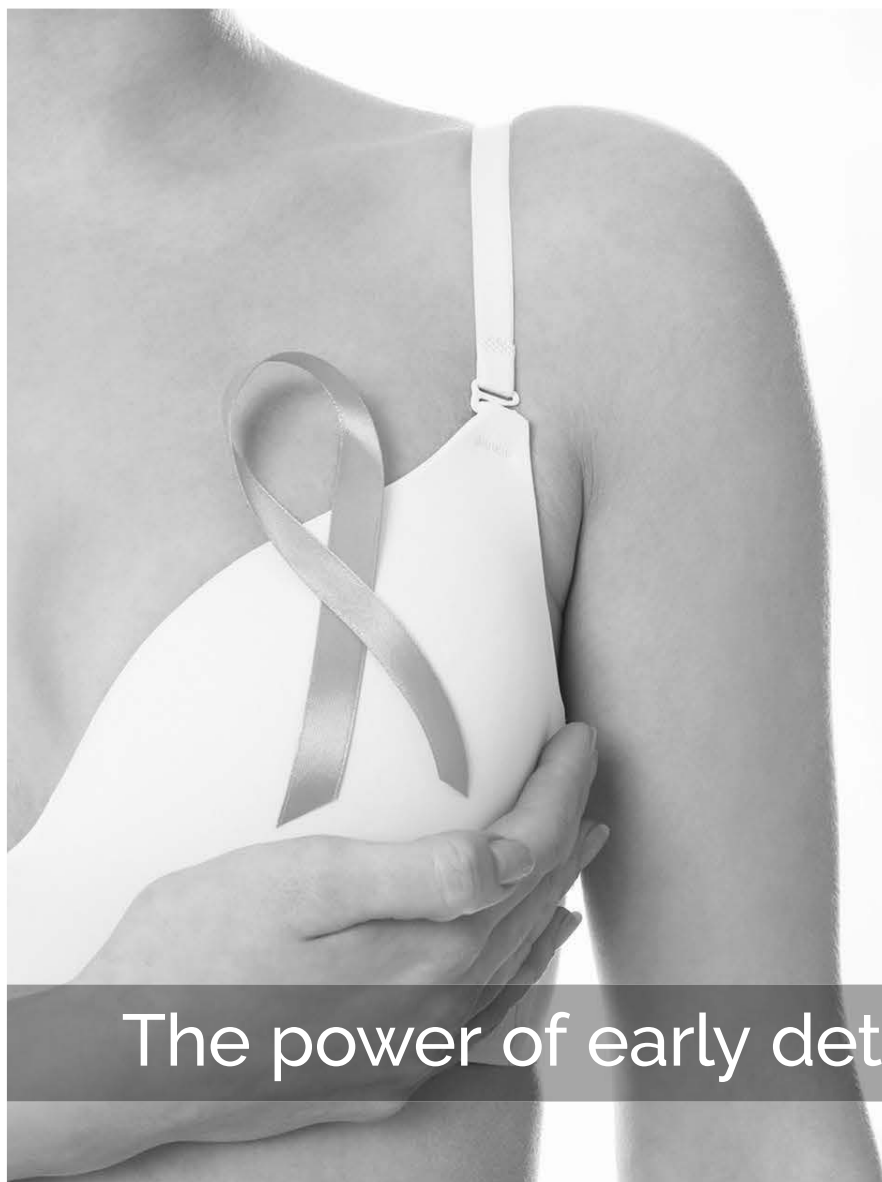
## AIDIE CREEK GARDENS

Price is \$15 per person. All outdoor activities.

- 3 1/2 acre corn maze
- Giant sling shots
- Obstacle course
- Straw bale jungle gym
- And more...


705-544-2474  
13 km north of Englehart on  
Aидie Creek Garden Road  
[www.aidiecreekgardens.com](http://www.aidiecreekgardens.com)

Check out our Facebook page for all the details. Open rain or shine Pita Pit available. Please leave your pets at home.



October is  
**BREAST  
CANCER**  
Awareness Month

The power of early detection




Shanna (Shan) Larsen  
1981-2005

**Young Women  
get breast cancer too!**  
Take care of yourself ♥

 [teamshan.ca](http://teamshan.ca) 



**We are here  
to help spread  
awareness.**

*Englehart and District*


---

Family Health Team  
P.O. Box 1110 Englehart, ON P0J 1H0  
Tel: 705-544-2321 Fax: 705-544-5224  
E-Mail: [dpeplinski@edfht.on.ca](mailto:dpeplinski@edfht.on.ca)

*Early Awareness  
Can Save  
Lives!*

Elk Lake Nursing Station

*Operated by Englehart & District Family Health Team*



16 Front Street, P.O. Box 173  
Elk Lake, Ontario P0J 1G0

P: 705.678.2215  
F: 705.678.2203

# Do you know the risk factors associated with breast cancer?



**October is Breast Cancer Awareness Month across Canada. Even though this disease has many causes, several factors can increase the risk of contracting it. Here's an overview of some of those risk factors.**


1. Previous conditions. You're more vulnerable to developing breast cancer if abnormal cells have been detected in your breasts in the past or if you've had previous abnormalities.
2. Age. More than 80 per cent of cases in Canada occur in women over the age of 50.
3. Alcohol. According to the World Health Organization (WHO), drinking one beer or one glass of wine per day is enough to increase your risk significantly.
4. Menstrual cycle. Early menstruation and late menopause are linked to the possibility of developing the disease.
5. Family history. Your risk of getting the disease is higher if your mother, sister or daughter has been diagnosed with breast cancer, especially if it was before menopause.
6. Pregnancy complications. Your risk increases if you've never carried a pregnancy to full term or if you've been pregnant after the age of 30.
7. Body weight. People who are obese have a higher statistical likelihood of getting breast cancer.
8. Taking hormones. Undergoing hormone replacement therapy for more than five years is associated with the onset of this type of cancer.
9. Physical inactivity. A sedentary lifestyle increases the likelihood of a breast cancer diagnosis.

For more information, visit [cancer.ca](http://cancer.ca).

*October is Breast Cancer Awareness*



Victim Services of Temiskaming & District  
**Supporting Victims of Crime and Tragic Circumstance**  
 Self-Referrals Welcome  
**705-568-2154 | 705-647-0096**



**BREAST CANCER AWARENESS MONTH**

**Proud Host of the**  
**2023 Fore for Shan Golf Tournament**  
 In support of Breast Cancer.



**HAILEYBURY**  
 GOLF CLUB

# Weekender Classified

24 hours a day... 7 days a week...

Place your classified ad online at [speaker@northernontario.ca](mailto:speaker@northernontario.ca)

## CLASSIFIED ADVERTISEMENT RATES

WORD ADS \$12.99 plus tax 20 words.

\*\*\*

### DISPLAY ADS

- 2 inches wide x 2 inches deep – \$36.96 + Tax.
  - 2 inches wide x 3 inches deep – \$52.80 + Tax.
  - 2 inches wide x 3 1/2 inches deep – \$64.68 + Tax.
- Customers must pay before insertion.

\*\*\*

- Engagement Notices / Wedding Announcements / Birthday Announcements / Anniversary Announcements
  - In Memoriam / Cards of Thanks
  - Graduation Special
- 2 inches wide x 3 1/2 inches deep – \$38.00 + Tax.

All other display ads the prices will vary according to line rate & size of the ad.

\*\*\*

### CLASSIFIED WORD ADS

must be placed before 10 a.m.

Monday to appear in the Wednesday edition.

\*\*\*

Display (Classified) Ads must be placed before 10 a.m.

Monday.

\*\*\*

### Office Hours

- 8:30 a.m. to 5:00 p.m. Monday, Tuesday, Thursday & Friday
- 8:00 a.m. to 5:00 p.m. Wednesday

We accept VISA, MASTER CARD and AMERICAN EXPRESS.



## CALL US FOR DETAILS.

705-647-6791

Ext. 227 or Ext. 228.

## CHURCH SERVICES & more...

**ST. PAUL'S UNITED CHURCH** welcomes you to Sunday services at 70 Wellington St. in New Liskeard, beginning at 10:30 AM. **This Sunday, please join us when we celebrate St. Paul's Anniversary with another guest worship leader and Potluck Lunch. Next Sunday, October 29th, please join us when our worship leader will be Jennifer Moorlag.** For more information on our services and outreach programs, check out our Facebook page at [facebook.com/stpaulsnewliskeard](https://www.facebook.com/stpaulsnewliskeard) or phone 705 647 4171.

**TOMSTOWN PRESBYTERIAN CHURCH** - worship is every 3rd Sunday of the month at 10:00am. .

**THE SALVATION ARMY TIMISKAMING COMMUNITY CHURCH AND COMMUNITY SERVICES.** 260 Whitewood Ave. New Liskeard. Tel: 647-4115 Sunday worship 10:30 a.m. Coffee Hour Tuesday 10 a.m. Bible Study 11 a.m. Women's ministry every second Wednesday 1 p.m. Men's breakfast every third Saturday 8:30 a.m. **Food Bank by appointment call 647-4030.**

**THORNLOE CROSSROADS BAPTIST CHURCH** - corner of Hwys 11 & 562, 15 minutes north of New Liskeard. Sunday School 9:45 a.m. for all ages. Morning Worship 11:00 a.m. Evening 6:30 p.m. the 1st & 3rd Sundays of the month. Everyone is welcome. Pastor Curtis Greenwood 705-622-4860. For more information [www.thornloecrossroads.ca](http://www.thornloecrossroads.ca)

**ENGLEHART BAPTIST CHURCH** - Corner of Second St., and 7th Ave. Family worship & bible based teachings every Sunday beginning at 10:30am. Stay for lunch! Bible study & prayer every Wednesday at 7:30pm. Everyone welcome. To reach the Pastor Rudy Kaufmann please call 705-544-0065 or 705-647-7697

**HAILEYBURY & DISTRICT BAPTIST CHURCH** extends a warm welcome to all. Worship Sunday at 1:30 pm with pastor Adam Kubias. Accessibility ramp. Call the church (705) 672-5855. [www.haileyburybaptist.ca](http://www.haileyburybaptist.ca)

**EARLTON GOSPEL HALL WELCOMES YOU TO OUR WEEKLY SERVICES** Sunday at 10 a.m. Breaking of Bread Communion, 11:30 Gospel, 12:15 Sunday School. Wednesday, 7 p.m. Bible Study and Prayer meeting. 3 miles west of Earlton on Church Road.

**EVERYONE IS WELCOME AT TEMISKAMING PENTECOSTAL CHURCH** - Feel free to attend any Sunday at 10:30 a.m. The church is located at 583472 West Rd. in Haileybury. For information about other things that are happening at the church visit the website at [temiskaming.church](http://temiskaming.church) or call 705-672-2020.

**FR. WAYNE MILLS** is available to hear confessions and give out Communion by appointment. Please call the office at 705-647-5035 to make an appointment

**ST. PAUL & ST. JOHN ANGLICAN CHURCH, HAILEYBURY** is now open for services every Sunday at 11 a.m

**ST. JAMES, COBALT** - corner of Nickel and Prospect St. Sunday 9am

**FIRST BAPTIST CHURCH** Wellington St., New Liskeard. Worship Service 11:00 am Sunday Morning. All are welcome. Rev. Bob McCarty officiating. For more information, call 705-647-5026.

**ST. ANDREW'S PRESBYTERIAN CHURCH** wishes to extend an invitation to join weekly services held every Sunday at 51 Wellington St. North, New Liskeard at 10:30 a.m. with Pastor George Paraskevopoulos officiating. The church is now fully accessible with an outside ramp & inside hydraulic lift elevator. We are also pleased to have completed our improvements to air quality in the building with the addition of air exchangers and Hepa air cleaners. For more information about the church and our ministries, call 705-647-8401 or visit our website [www.presbyteriannewliskeard.ca](http://www.presbyteriannewliskeard.ca)

**HOLY TRINITY CATHOLIC CHURCH** in Englehart invites everyone to Sunday Mass at 9am.

**GOOD SHEPHERD CHURCH OF ENGLEHART** will be meeting every Sunday morning at 10:30am. We invite you to our worship services or our weekly bible studies and prayer meetings. We offer ministries for children, Jr. and Sr. High groups and monthly fellowships. Please contact Pastor Steve Crosby at 705-544-8339 or visit [goodshepherdenglehart.yolasite.com](http://goodshepherdenglehart.yolasite.com)

## CHURCH SERVICES & more...

### OUR MOTHER OF PERPETUAL HELP PARISH COMING EVENTS

SUNDAY MASSES are celebrated at **Our Mother of Perpetual Help** on Sundays at 9:00 A.M. and 11:00 A.M.. Sunday Mass at 11:00 A.M. is live-streamed on our Facebook page: <http://www.facebook.com/OMPH.NL>.

SUNDAY MASS is celebrated at **Saint Patrick's Parish in Cobalt** on Saturdays at 5:00 P.M.. Our Mother of Perpetual Help Parish has weekday Masses on Tuesday, Thursday and Friday at 11:00 A.M.

**Saint Patrick's Parish** has a weekday Mass on Wednesdays at 11:00 A.M..

**INTERESTED IN BECOMING CATHOLIC. . . KNOW OF SOMEONE WHO IS?** Anyone who is interested in joining the Catholic Faith can contact Paulette at 705-647-5116 for more information. R.C.I.A. (Rite of Christian Initiation of Adults) is a process for those who have never been baptized or who have been baptized in another Church and wish to become Catholic and for those Catholics who wish to deepen their faith.

**DISCUSS AND LEARN THE BOOK OF JOHN:** This fall and winter Our Mother of Perpetual Help will be leading a study group on the Gospel of John. On Wednesday, October 4th at 6:30 P.M. we will discuss John verse 1 to 18. Come to one or all of the discussions. Refreshments will be served. Our Mother of Perpetual Help Parish is hosting A Time For You and Me. Everyone wanting to make a difference helping others in our Church, our community and our world is welcome to attend. Join us for tea, coffee and dessert from **1:30 P.M. to 3:00 P.M. on Wednesday, October 25th.**

**OMPH IS ON FACEBOOK:** Check our new facebook page at [facebook.com/OMPH.NL](https://www.facebook.com/OMPH.NL) and stay up to date on the latest happenings in the <http://www.facebook.com/OMPH.NLParish>.

**WEEKLY OMPH E-BULLETIN:** If you would like to receive the weekly e-bulletin from Our Mother of Perpetual Help Parish, please email [omphoffice@gmail.com](mailto:omphoffice@gmail.com). Stay in touch with all the latest news and events on a weekly basis.

**PARISH WEBSITE:** Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at [www.ourmotherofperpetualhelp.ca](http://www.ourmotherofperpetualhelp.ca).

**SEVENTH-DAY ADVENTIST CHURCH** invites all to come & worship Saturday morning at 453 Marcella St in Haileybury. 705-242-4848. Officiating Pastor Ivan Uriegas. Study time is 10am and divine service at 11am. Prayer meeting Tuesday at 5:30 pm. Everyone is Welcome.

**SERVICES AT ST. PAUL'S EMMANUEL COMMUNITY CHURCH** (formerly Emmanuel United Church, Englehart) at 10am, every Sunday. Minister: Rev. Elaine Lush. All are welcome.

**LA PAROISSE CATHOLIQUE SAINTE-CROIX** nous invite à prendre conscience et réfléchir sur notre relation personnelle avec Jésus Christ par les 7 sacrements offert par l'église catholique : le Baptême, la Confirmation, l'Eucharistie, la Confession, l'Onction des malades, l'Ordination et le Mariage. Par ses sacrements, une alliance est établie entre Dieu et nous dans nos cœurs, comme l'annonçait le prophète Jérémie (31, 31-34) : « Je mettrai ma loi, au fond de leur être, je l'écrirai sur leur cœur. Ils seront mon peuple, je serai leur Dieu ». Tél : 705-672-3296 / Adresse : 341 Sutherland Way, Haileybury, ON

**PAROISSE SAINTE-CROIX SUR FACEBOOK:** Consultez notre page Facebook sur [facebook.com/Paroisse-Ste-Croix](https://www.facebook.com/Paroisse-Ste-Croix) et restez au courant des derniers événements de notre paroisse catholique.

**ÉGLISE CATHOLIQUE SAINTE CROIX** est ouverte pour célébrer la messe du mardi au samedi matin à 9:30, le samedi soir à 19h et le dimanche matin à 10h. L'église Sainte-Croix est située à 341 Sutherland Way, Haileybury - 705-672-3296. Bienvenue à tous

**PAROISSE SACRÉ-COEUR CATHOLIQUE DE NEW LISKEARD** - Nous sommes heureux de vous accueillir pour les messes dominicales les samedis à 16 h et les dimanches à 10 h 30. Nous offrons aussi la messe le mardi, mercredi, jeudi et vendredi de chaque semaine à 9 h à l'exception du 4emardi de chaque mois. Cette messe a lieu à 19 h. L'église et notre bureau sont situés au 116 Dymond Cres. Certaines adaptations et modifications ont été mises en place pour la protection de toutes et tous. Pour autres informations composez le 705 647-5045 ou par courriel [apsacrecoeur@personainternet.com](mailto:apsacrecoeur@personainternet.com). Pour le bulletin de la semaine consultez notre page Facebook ([facebook.com/Paroisse-Sacre-Coeur](https://www.facebook.com/Paroisse-Sacre-Coeur)).



## SERVICES

**INTERIOR PAINTING** and drywall repairs, free estimates. Call Jack 705-679-5363.

**ALCOHOLICS ANONYMOUS MEETINGS:** To be held at various dates, times & locations. For more information, please call 705-647-7611.

**PRENATAL CLASSES** - Offered by the Timiskaming Health Unit. Call 705-647-4305 as soon as you confirm your pregnancy. For more info. visit [www.timiskaminghu.com](http://www.timiskaminghu.com).

**DRYWALL, PLASTER,** framing, decks, flooring, tiling etc. for both residential and commercial buildings. Over 16 years experience. Free estimates. Call 705-648-4884. Please leave a message.

**PREGNANT AND NEED HELP?** Email: [pregnancycarehelp@outlook.com](mailto:pregnancycarehelp@outlook.com)

## NOTICES / COMING EVENTS

**ON VOUS INVITE A DEVENIR MEMBRE DU CLUB DU SOURIRE (AGE D'OR DE NEW LISKEARD, ON).** Achez votre carte de membre 2024 le plus tot possible. Cette carte vous donnera la chance du profiter des activites et des soupers communautaires a prix reduit. **Vous pouvez contacter Gilbert Breault au 705-648-5913 pour plus d'informations.**

**THE COFFEE HOUSE SUPPORTING & PROMOTING LOCAL MUSICIANS AND THEIR MUSIC.** On Tuesday November 14th please join us at The Coffee House and enjoy the musical stylings of Breeze Z Creek, Glenn Scott, The Blue on Black Band, John Shymko, Nick Potts, Two Rivers, Buckwheat From Outer Space, Dixie Hicks, Kirk Gore, & Random Chants to name but a few. **Please join us at St. Paul's United Church auditorium, 7 - 10pm at 70 Wellington St. in New Liskeard for The Coffee House.** For further information contact Brian Matheson at 705-647-5671 or email: [coffeehouse2tues@outlook.com](mailto:coffeehouse2tues@outlook.com) Follow us on Facebook, Instagram & YouTube at: the coffee house new liskeard [www.coffeehouse-newliskeard.ca](http://www.coffeehouse-newliskeard.ca)

**EUCHRE! EVERY THURSDAY AFTERNOON** at 1:00 pm at Hudson Hall. Everyone Welcome!

**CRIB! EVERY SUNDAY AFTERNOON** at 1:00 pm at Haileybury Legion. Bring your own partner. Everyone Welcome! For info call 705-647-6684

**EUCHRE! EVERY MONDAY AFTERNOON** at 1:00 pm at Haileybury Legion. Everyone Welcome! For info call 705-647-6684

**BID EUCHRE! EVERY TUESDAY EVENING** at 7:00 pm at Hudson Hall. Everyone Welcome! For info call 705-647-6684

**LE GRAND JAM** - We have started our weekly jam session again. **EVERY WEDNESDAY AT 1 PM.** At Le Coeur Du Village in Earltan. Join us to play, dance and meet up with friends.

**TEMISKAMING TREASURES QUILT GUILD** meet the last Thursday of every month at 7pm at the St. Pauls & St. Johns Hall (506 Rorke Ave., Haileybury). Welcome to all interested in quilting. For more information please contact Linda at 705-647-5812.

**BREAKFAST IS BEING SERVED AT THE HAILEYBURY LEGION SATURDAYS AND SUNDAYS FROM 8AM UNTIL NOON.** Eggs done your way or pancakes. Bacon or sausage, home fries, toast, coffee or tea and juice for only \$10. Come join our friendly dining atmosphere with your friends and family. Vendors also on site. 373 Broadway St in Haileybury.

**BAZAAR Holy Cross Parish, 341 Sutherland Way , Haileybury. Novemeber 4th, 2023 from 8 am until 9pm.** Penny sale, bake sale, knitting, crafts, giant yard sale, raffles, Bingo at 1:00pm and 7:15pm. Lunch is at 11:30am and supper at 5:00pm. Mass will be at 6:15pm. **ALL ARE WELCOME!**

**LETS FELLOWSHIP** is a **FREE** event at **The Temiskaming Shores Public Library every Thursday evening,** doors open at 4:00pm for those who want more time for caring and sharing. 5:00pm worship and discussion re "Its a new day and a new way" 7:00pm Prayer and Ministry. Remember God is doing a NEW thing. We are learning how to BE the church, please be open to what God puts on your heart to share. Praise reports, prayer requests, a song, a revelation, a story, a bible verse, questions and/or concerns. (Bring a virtual or hard copy od the Bible and info package) Watch for weekly updates on the Facebook event page LETS FELLOWSHIP. Hope to see you there!

**ATTENTION KNITTERS:** If you would like to knit for children in the third world, we could use your help. Join us on Tuesdays at 1:30pm at the Community of Christ Church on Niven St., New Liskeard. Just bring knitting needles size 4 or 41/2mm. Yarn and needles are available. All are welcome! For more information, call D. Caldwell at 705-647-6056.

**ALANON Group** for adults, children of/with alcoholics meet every Thursday at 7pm at the Good Shepherd Church 139 Second Ave Englehart. Sandra 705-288-2992.

**CANCER GRIEF SHARE GROUP** is starting Wednesday September 20th at 1:00pm. **Running from September 20th until November 22nd** at Haileybury and District Baptist Church 495 Fourke St in Haileybury.

# SALES & SERVICES DIRECTORY

To be a part of our directory contact:  
The Speaker office at 705-647-6791 ext. 227 or ext. 228

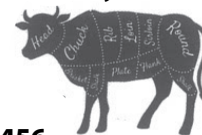
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**BREAUULT'S DISCOUNT WAREHOUSE**

**Plumbing - Heating**  
**- Electrical Wholesale - Retail**  
74 Scott Street, New Liskeard, ON  
Tel: 705-647-4412  
Fax: 705-647-4485  
[discount@breaultsdiscounwarehouse.com](mailto:discount@breaultsdiscounwarehouse.com)

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**Office Space For Rent Great Central Location**

**FEATURES: Up to 10,000 sq. ft. of space**

(owner will renovate to suit tenant's needs)

**Ample parking Centrally located in New Liskeard Real Estate Broker protected • Professional tenant building • 80 Armstrong Street North**

**For more information, email: [ray@northernontario.ca](mailto:ray@northernontario.ca)**

## Electrician

*Licensed Electrical Contractor*  
**NORTHERN NOOK ENTERPRISES**

*Serving all your electrical needs.*

*Open Monday thru Saturday*

ECRA/ESA 7011512

**Paul Strubhar 705-648-1481**

## Loach's Radiator Service

RR#2, New Liskeard

Here for all your snow plowing, sanding and removal needs.

- Mechanical Services also available -

**Call 705-647-7191**

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**Mailing Address:**  
Hwy 11B North, Box 248  
New Liskeard, ON POJ 1P0  
Tel: (705) 647-4331  
Fax: (705) 647-3611

## FOR RENT

**FOR RENT-** Large 3 bedroom apartment parking, washer and dryer included. Large yard. \$1300 per month. Available December 1st. Call Don at 705-647-1650.

**WANTED**

**LOOKING FOR OLD SNOWMOBILES RUNNING OR NOT FOR PARTS**, old camper trailers, propane tanks & scrap metal. Please call 705-679-3395.

**USED ARTICLES FOR SALE**

**GOING TO THE LODGE SALE**- Everything must go. Fridge, stove, loads of things for all low prices. 71 Lakeshore at the back. **SATURDAY OCTOBER 21ST**. Lots of freebies.

**WHITE BIRCH FOR SALE** - cut, split & delivered. Daki Menan Lands & Resources Corp. 705-569-2663.

**4 - 10 INCH WIDE WHITE PINE BOARDS**. 15ft awning for trailer. Hardware for 20ft awning (no tarp). Call 705-647-2840 for more information.

**MOBILITY SCOOTER FOR SALE**- 4 wheel, automatic breaks, charger. Asking \$650.00. Call 705-672-1188

**BUSINESS FOR SALE**

Marcel's Deep Steam Carpet and Upholstery Cleaning is for sale, previously owned by the late Marcel McMahon.

It includes the Prochem Bear Catalytic mobile cleaning unit installed in a 2010 Night Hawk trailer.



**For more information please call 705-672-1031.**

**LIVESTOCK & FARM PRODUCTS**

**Pure Bred Limousin & Angus Bulls**

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**14 - 18 months old  
Ready for spring - summer service  
For more Information please call**

**Chris Aitchison 705-650-1563**

**HELP WANTED**

**VOLUNTEERS NEEDED - THE TEMISKAMING HOSPITAL GIFT SHOP** is looking for volunteers. If interested contact Diane at 705-647-8066.

**EIGHTIES LARGE BOOM BOX GHETTO BLASTERS & RECORD PLAYERS** - no CD players. Call or text, 705-648-5392.

**LOOKING FOR PINBALL MACHINES AND TABLE TOP ARCADES FOR MAN CAVE** - Any condition! Willing to travel. Call 705-648-5392.

**Wanted**- Farmland or Acreage Between New Liskeard and Enlehart with or without buildings. Call or text confidentially 519-575-8985

**WANTED**- Looking for a small compact wood stove, in good condition. Contact Catherine at 705-563-2409.

**Cooking Products**

**The Pampered Chef**  
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**Cathy Morrow**  
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**MISCELLANEOUS**

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**EMPLOYMENT OPPORTUNITIES**

**Bibliothèque Publique du Canton d'Armstrong  
Armstrong Township Public Library**

**Library Assistant**

The Armstrong Township Library Board is seeking an organized, dependable individual with exceptional customer service skills to assist with all facets of Library services and administration.

Reporting to the Library CEO, the Library Assistant assists clients and provides information, assists with the delivery of library programs and activities, cataloguing and managing books and materials, issues and monitors memberships, general administrative duties, etc.

**Qualifications:**

- High school diploma
- At least 3 months library (or related) experience.
- The Board may consider a different combination of education and experience where appropriate.
- Excellent organizational, communication and interpersonal skills
- Excellent client service skills
- Basic computer skills
- Bilingual in both French and English

**Hours:** minimum 15 hours per week

**Salary:** \$21.03 to \$25.23 per hour

**Posted Date:** 10-9-2023

**Closing Date:** 10-23-2023

**To apply send resume and cover letter to:**

Corinna Dallaire, CEO  
Armstrong Township Public Library  
Box 39  
35 Tenth Street  
Earlton, ON P0J 1E0  
[library@armstrong.ca](mailto:library@armstrong.ca)

Thank you for your interest in the above positions, however only candidates under consideration will be contacted for an interview. *Disability-related accommodation during the application process is available upon request.*

**Bibliothèque Publique du Canton d'Armstrong  
Armstrong Township Public Library**

**Assistant (e) de la bibliothèque**

Le conseil de la bibliothèque publique du Canton d'Armstrong est à la recherche d'un individu organisé, fiable avec des compétences exceptionnelles de service à la clientèle pour aider avec tous les services et l'administration de la bibliothèque.

L'assistant(e) de la bibliothèque est sous la responsabilité de la Présidente-Directrice Générale (PDG). Les fonctions sont aider les clients, fournir des informations, cataloguer et gérer les livres, les matériaux, les cartes de membres, appuyer la PDG avec les programmes et les activités de la bibliothèque ainsi que quelques tâches administratives.

**Les qualifications requises sont:**

- Diplôme d'études secondaires
- Au moins 3 mois d'expérience en bibliothèque (ou en milieu semblable)
- Le conseil pourrait prendre en considération une combinaison différente d'éducation et d'expérience, si approprié
- Excellentes compétences en matière d'organisation, de communication, de relations interpersonnelles et de service à la clientèle
- Compétences informatique de base
- Le bilinguisme (français et anglais) **Heures:** minimum 15 heures par semaine
- **Salaire:** \$21.03 à \$25.23 par heure

**Date d'affichage:** 9 octobre 2023

**Date de clôture:** 23 octobre 2023

**Envoyer votre CV et votre lettre d'accompagnement à:**

Corinna Dallaire, PDG  
Bibliothèque publique du Canton d'Armstrong  
C.P. 39  
35 10e rue  
Earlton, ON P0J1E0  
[library@armstrong.ca](mailto:library@armstrong.ca)

Seulement les personnes sélectionnées seront invitées à une entrevue. Merci pour votre intérêt. *Si vous avez besoin de mesures d'adaptation pendant le processus de candidature, ils sont disponibles sur demande.*

## EMPLOYMENT OPPORTUNITIES

## Embroidery Technician

Promotional Marketing Company seeking technician with basic computer skills and textile experience to perform garment decoration tasks such as embroidery, heat transfer and vinyl cutting.

Should be able to work in a dynamic and energetic environment, willing to learn and take on different activities during the day.

- Candidate should have great attitude, commitment to customer service, excellent communication and organization skills, punctual and dependable.
- Should be comfortable using a computer and learning new programs
- Detail oriented

Please email or fax resume to Amy Perry -  
promo@northernontario.ca

F: 705-647-9669

**SPEAKER**  
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## We are looking for Home Child Care Providers

### Nous sommes à la recherche de Pourvoyeuses de garde d'enfants

Enjoy a rewarding career by joining our team of licenced Home Child Care Providers. Apply now at  
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Profitez d'une carrière enrichissante, joignez-vous à notre équipe de Pourvoyeuses de garde d'enfants à domicile agréés. Faites votre demande dès maintenant à  
<https://form.jotform.com/TCCHCC/appliquer>

For more information communicate with:  
Pour en savoir plus, communiquez avec :

Christine Charette Brazeau, RECE/EPEI  
ccbrazeau@timiskamingchildcare.ca  
705-672-2100 ext. 229



Centre pour enfants  
**Timiskaming**  
Child Care

[www.timiskamingchildcare.ca](http://www.timiskamingchildcare.ca)



### We are recruiting for the following position:

**Position: 1 Bilingual EarlyON ON y va Practitioner**

**Area of work: Temiskaming Shores & Surrounding Areas**

**Hours: Full Time Permanent with Benefits and Pension**

Visit our website to view position details and qualifications at  
[www.timiskamingchildcare.ca](http://www.timiskamingchildcare.ca) or find us on Facebook.

Only those candidates selected for interviews will be contacted.

Please send your resume to :

Sylvain Guilbeault, Executive Director  
Centre pour enfants Timiskaming Child Care  
P.O Box 2070, Haileybury, ON POJ 1K0  
tcexdir@timiskamingchildcare.ca

### Nous recrutons pour le poste suivant:

**Poste: 1 Praticien(ne) bilingue pour EarlyON ON y va**

**Région de travail: Temiskaming Shores et région environnante**

**Heures: Permanent à temps plein avec avantages sociaux et pension**

Visitez notre site web à [www.timiskamingchildcare.ca](http://www.timiskamingchildcare.ca) ou nous trouver sur Facebook pour voir les détails regardant le poste et les qualifications requises. Nous contacterons seulement les candidats(es) choisis pour une entrevue.

Veuillez présenter votre demande à :

Sylvain Guilbeault Directeur général  
Centre pour enfants Timiskaming Child Care  
C.P. 2070, Haileybury, ON POJ 1K0  
tcexdir@timiskamingchildcare.ca



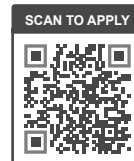
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# COVID UPDATE

## Recommended Intervals for the COVID-19 Vaccine Intervalles recommandés pour le vaccin contre la COVID-19

### Recommended intervals for previously vaccinated individuals:

- Children 6 months to 11 years of age is 6 months (168 days) after last dose or confirmed COVID-19 infection.
- Individuals 12+ is 6 months (168 days) after last dose or confirmed COVID-19 infection.

### Recommended intervals for not previously vaccinated individuals:

- Children aged 6 months to 4 years of age is 2 doses, 56 days apart.
- Children 5 – 11 years of age require 1 dose.
- Individuals 12+ require 1 dose.

### L'intervalle recommandé pour les personnes ayant déjà été vaccinées :

- Les enfants de 6 mois à 11 ans est de 6 mois (168 jours) après la dernière dose ou la confirmation de l'infection à la COVID-19.
- Les personnes de 12 ans et plus est de 6 mois (168 jours) après la dernière dose ou la confirmation de l'infection à la COVID-19.

### L'intervalle recommandé pour les personnes non vaccinées auparavant :

- Les enfants âgés de 6 mois à 4 ans est de 2 doses, à 56 jours d'intervalle.
- Les enfants de 5 à 11 ans ont besoin de 1 dose.
- Les personnes de 12 ans et plus ont besoin de 1 dose.



## WALK-IN CLINICS | CLINIQUES SANS RENDEZ-VOUS

No booked appointments, walk-ins only. Waiting may be required.

Pas de rendez-vous réservés, sans rendez-vous seulement. L'attente peut être nécessaire.

Eligible   Éligibles	Date	Community   Communauté	Time   Heures
<b>Flu   La Grippe</b> <b>65+ only   65+ seulement</b> <i>(high-dose only) (Haute dose seulement)</i>	October 18 octobre	Virginiatown - Community Centre	11 a.m. - 1 p.m.   11h à 13h
	October 18 octobre	Earlton - Coeur du Village	11 a.m. - 3 p.m.   11h à 15h
	October 18 octobre	Larder Lake - Municipal Complex	3 - 7 p.m.   15h à 19h
	October 19 octobre	Haileybury - Northern College	11 a.m. - 3 p.m.   11h à 15h
<b>Flu   La Grippe</b> <b>Anyone high-risk or 65+   Haut risque ou 65+</b> <i>(standard dose only) (dose standard seulement)</i>	October 24 octobre	Englehart - Arena (Upstairs)	11 a.m. - 7 p.m.   11h à 19h
	October 25 octobre	Kirkland Lake - Heritage North	11 a.m. - 7 p.m.   11h à 19h
	October 26 octobre	New Liskeard - Riverside Place	11 a.m. - 7 p.m.   11h à 19h
<b>COVID-19</b> <b>65+ only   65+ seulement</b>	October 26 octobre	New Liskeard - Riverside Place	11 a.m. - 7 p.m.   11h à 19h

For more information and complete schedule visit: | Pour plus d'informations et l'horaire complet, visitez :

<https://www.timiskaminghu.com/90568/Fall-Vaccination-Clinics>

### Please note:

- The high-dose flu vaccine is only available at community clinics from October 10 to October 19 for those aged 65+ only.
- Flu shots for the general public aged six months and older will be available starting October 30.
- There will be no booked appointments - walk-ins only. All vaccines are on a first come, first served basis. Some waiting may be required.
- Participating pharmacies and primary care providers also carry flu and COVID-19 vaccines: <https://covid-19.ontario.ca/vaccine-locations>.
- Stay home if you are sick.

### Noter:

- Le vaccin à dose élevée est disponible aux cliniques communautaires du 10 au 19 octobre pour ceux âgés de 65 ans et plus seulement.
- Le vaccin anti-grippal est disponible pour ceux âgés de 6 mois et plus à compter du 30 octobre.
- Aucun rendez-vous. Premier arrivé, premier servi. Les attentes sont possibles.
- Certaines pharmacies et professionnels de la santé offrent les vaccins contre la grippe et la COVID-19 : <https://www.ontario.ca/emplacements-pour-la-vaccination/>.
- Restez à la maison si vous êtes malade.

# CITY BULLETIN

For More Information Contact the City of Temiskaming Shores,  
Write to: 325 Farr Drive P.O. Box 2050, Haileybury, ON P0J 1K0  
Call :705 672-3363 or Email: [communicate@temiskamingshores.ca](mailto:communicate@temiskamingshores.ca)  
Visit: [www.temiskamingshores.ca](http://www.temiskamingshores.ca)



## Council & Committee Meeting

### Committee of the Whole Meeting

Tuesday, November 7, 2023 | 3:00 p.m. | City Hall, 325 Farr Drive

### Regular Council Meeting

Tuesday, November 21, 2023 | 6:00 p.m. | City Hall, 325 Farr Drive

Regular Council Meetings are live-streamed on the City's Facebook page.

### Question and Answer

Question and Answer Period during Regular Council meetings is an opportunity for members of the public to submit questions pertaining to an item on the Agenda, or the business of Council.

Members of the public who wish to submit questions may submit in writing or via email to [questions@temiskamingshores.ca](mailto:questions@temiskamingshores.ca). The questions received by **3:00 p.m. on the meeting day** (Regular Council Meetings only) will be read aloud during the Question-and-Answer Period.

**Note:** Any correspondence sent to the Mayor and Council may be included in a Council agenda/package and become part of the public record.

Comments or questions submitted via the City of Temiskaming Shores Facebook page, will not be considered, and the moderator of the live-streamed meeting may remove any and all comments.

For further information, contact Logan Belanger  
705-672-3363 Ext. 4116 [ibelanger@temiskamingshores.ca](mailto:ibelanger@temiskamingshores.ca)

## Transportation Services

### Notice of Public Open House

#### City of Temiskaming Shores Transportation Study

#### When

Wednesday, November 1, 2023  
First Session | 2:00 pm—4:00 p.m.  
Second Session | 6:00 pm—8:00 pm

#### Where

City Hall | 325 Farr Dr. Haileybury, ON P0J 1K0

#### Why

Your Voice Matters.

The City of Temiskaming Shores is initiating a Transportation Study to investigate the current transportation network related problems within the City; particularly two of its downtown cores. The Transportation Study will be the City's blueprint for strategic transportation planning and direction for the future.

The purpose of this Public Open House is to gather stakeholder feedback on the Study, provide information on project background, planning context, and approach, assessment of the existing transportation network, development of alternative solutions and their evaluation, recommendations based on the evaluation and next steps.

For additional information you may visit the city of Temiskaming Shores Website:  
[www.temiskamingshores.ca](http://www.temiskamingshores.ca)

## From City Hall

**NEW!** To stay up to date on municipal activities, ask to be added to the new communications email:  
[communicate@temiskamingshores.ca](mailto:communicate@temiskamingshores.ca)

## Employment Opportunities

### Part Time Lifeguard/Swim Instructors Competition No. 2023-019

The City of Temiskaming Shores is currently seeking Part Time Lifeguards. The successful candidates will possess the following qualifications:

- ◆ Current Standard First Aid, CPR-C, Swim & Lifesaving Instructors, and National Lifeguard certificate;
- ◆ Works well with minimal supervision; and
- ◆ Understand and comply with written and oral instructions including Health and Safety Regulations.

Applicants are encouraged to submit their resumes quoting **Job Competition No. 2023-019** by regular mail or email to:

Shelly Zubyck | Director of Corporate Services  
P.O. Box 2050, Haileybury, Ontario P0J 1K0  
[szubyck@temiskamingshores.ca](mailto:szubyck@temiskamingshores.ca)

We thank all applicants; however, only those considered for an interview will be contacted.

The City of Temiskaming Shores is committed to an inclusive, barrier free environment. Accommodation will be provided in all steps of the hiring process. Please advise the Director of Corporate Services if you require any accommodations to ensure that you can participate fully and equally during the recruitment and selection process.

## Facilities

### Seasonal Facility Closure

#### Skatepark

Please be advised that as of **October 12, 2023** City Staff have installed winter fencing around the Carter Antila Skateboard Park. The park will remain accessible through the entrance gate as long as weather allows for safe use of the facility.

#### STATO Trail

STATO (South Temiskaming Active Travel Organization) Trail. Please be advised that City of Temiskaming Shores Staff will be removing the bollards along the length of the STATO Trail beginning **Monday October 23rd**. The Trail will be officially closed for the season on **Friday October 27th**.

# CITY BULLETIN

For More Information Contact the City of Temiskaming Shores,  
 Write to: 325 Farr Drive P.O. Box 2050, Haileybury, ON P0J 1K0  
 Call :705 672-3363 or Email: [communicate@temiskamingshores.ca](mailto:communicate@temiskamingshores.ca)  
 Visit: [www.temiskamingshores.ca](http://www.temiskamingshores.ca)



## Temiskaming Shores Public Library

### Library Hours

Monday | 10am-4pm  
 Tuesday | 10am-8pm  
 Wednesday | 10am-8pm  
 Thursday | 10am-8pm  
 Friday | 10am-4pm  
 Saturday | 10am-4pm  
 Sunday | Closed

### Northern College Haileybury Library Hours

Monday | 8am-8pm  
 Tuesday | 8am-8pm  
 Wednesday | 8am-8pm  
 Thursday | 8m-8pm  
 Friday | 8am-4pm  
 Saturday | 10am-3pm  
 Sunday | 10am-3pm

For more information about any of these programs please call us at 705-647-4215, email us at [info@temisklibrary.com](mailto:info@temisklibrary.com) or pop into the library and speak to one of our friendly staff members.

### From Soup to Tomatoes: An Exercise Program

Are you an older Adult? Are you hoping you can keep your strength and stay independent? Do you struggle with mobility, standing and regular exercise? Join others to socialize and participate in a FREE chair-based exercise program for seniors. The class is led by Eleanor Katona, a local volunteer, and is held on Tuesdays and Thursdays at the Temiskaming Shores Public Library in the Programming Room, at 11:15 a.m. For more information, contact Eleanor Katona at 705-647-8002.

### Scrabble Nights at the Library

Do you enjoy playing or watching Scrabble? Come on out on Wednesdays: October 18<sup>th</sup>, and November 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup> at 6:00 pm to take part in Scrabble nights! This is a free drop in program for those who are just learning or those who have played the game before..

## Programming

### Age Friendly/Get Active programs.

For more information contact Lynn Julien at 705-647-5709 or [ljulien@temiskamingshores.ca](mailto:ljulien@temiskamingshores.ca) Registration required for Women's exercise class and Line Dancing. Outdoor activities are weather permitting.

#### Monday—October 23

**Aquafitness** | 9:00am.  
 Drop-in fee \$6.75  
 Waterfront Pool and Fitness Centre  
**Adult Swim** | 12:00pm.  
 Senior Drop-in Fee \$4.25  
 Waterfront Pool and Fitness Centre

#### Tuesday—October 24

**Women's Exercise Group** | 9:00am  
 Shelley Herbert-Shea Memorial Arena  
**Beginner Line Dancing** | 10:00am  
 Lawrence "Bun" Eckensviller Community Hall

#### Wednesday—October 25

**Aquafitness** | 9:00am  
 Drop-in fee \$6.75  
 Waterfront Pool and Fitness Centre  
**Adult Swim** | 12:00pm  
 Senior Drop-in Fee \$4.25  
 Waterfront Pool and Fitness Centre

#### Thursday—October 26

**Women's Exercise Group** | 9:00am  
 Shelley Herbert-Shea Memorial Arena  
**Intermediate Line Dancing** | 11:00am  
 Shelley Herbert-Shea Memorial Arena

#### Friday—October 27

**Aquafitness** | 9:00am  
 Drop-in fee \$6.75  
 Waterfront Pool and Fitness Centre  
**Adult Swim** | 12:00pm  
 Senior Drop-in Fee \$4.25  
 Waterfront Pool and Fitness Centre  
**Bowling** | 1:30pm  
 Senior drop-in fee \$3.00  
 Tri-Town Bowling Lanes

## Fire Services

### Fire Extinguishers

In most cases, the best thing to do in a home fire is to get everyone out of the home immediately and call the fire department from outside:

- ◆ Make sure working smoke alarms are installed on every storey of the home and outside all sleeping areas.
- ◆ Everyone in the home should practice a home fire escape plan so everyone knows what to do BEFORE a fire occurs.

Many people who decide to purchase a fire extinguisher might not know how or when to use them.

Fire extinguishers should be used only by people who have been trained to use them. People are encouraged to contact their local fire department if they would like fire extinguisher training or have any questions.

The following tips can help people who are thinking about buying a fire extinguisher for their home:

- ◆ Consider purchasing a fire extinguisher that has an ABC rating. This type can be used for most types of fires.
- ◆ Choose a fire extinguisher that has the logo of an independent, accredited product safety testing agency such as ULC.
- ◆ Follow the manufacturer's instructions regarding where the extinguisher should be placed in the home.
- ◆ Inspect the fire extinguisher once a month and have it serviced by a certified technician every year.
- ◆ Fire extinguishers should be used only on small, contained fires. Never let the fire get between you and the exit.

### To operate a fire extinguisher, remember the acronym PASS:

- ◆ Pull the pin;
- ◆ Aim the nozzle at the base of the fire;
- ◆ Squeeze the trigger;
- ◆ Sweep the extinguisher from side to side until the extinguisher is empty.
- ◆ Know when to go. If the fire does not go out after using one fire extinguisher, back out of the area, close the door if possible, and safely get outside and call 9-1-1.
- ◆ Remember that many stovetop fires can be safely extinguished without the use of a fire extinguisher. If a pot on the stove starts on fire, slide a lid over the pot to smother the flames and turn off the stove. Leave the pot in place until it has cooled completely.

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## Planning

### Application for Zoning By-law Amendment Notice of Complete Application And Notice of Statutory Public Hearing

Under Section 34 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following application to amend the City of Temiskaming Shores Zoning By-law:

**File #:** ZBA-2023-02

**Owner:** Pedersen Materials Ltd.

**Applicant:** Temiskaming Lodge

**Property:** East of 144 Drive In Theatre Road

A **public meeting** will be held to consider the minor variance application:

**Date:** Tuesday, November 7, 2023

**Time:** 6:00pm

**Place:** Council Chambers at City Hall, 325 Farr Drive, Haileybury

Please contact the undersigned for alternative participation options

**The applicant is proposing to rezone the subject land from Development (D) to Community Facilities with an Exception (CF-#)** to allow the future expansion of the Temiskaming Lodge currently under construction on the property to the west (144 Drive In Theatre Road). The site-specific exception is proposed to include additional permitted uses (including residential uses) and to increase the maximum permitted height to 16 meters.

This property was also subject to Consent Application B-2023-07, which was conditionally approved by the Committee of Adjustment on September 27, 2023.

The property is designated Mixed Use Areas in the City of Temiskaming Shores Official Plan.

### Key Map



For more information about this matter, including information about appeal rights, contact the undersigned.

Dated this 18th day of October, 2023.

Jennifer Pye, MCIP, RPP  
Planner

City of Temiskaming Shores  
325 Farr Drive, PO Box 2050  
Haileybury, ON P0J 1K0  
Tel: 705-672-3363 ext. 4105  
[jpye@temiskamingshores.ca](mailto:jpye@temiskamingshores.ca)



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