



# Armstrong dipping into pool project

**Darlene Wroe**

Local Journalism Initiative Reporter

ARMSTRONG TOWNSHIP - Armstrong Township council is carefully testing the water as it approaches its plan to have a new building constructed for the township's outdoor pool.

At their March 8 meeting, Armstrong council agreed they want to have a request for proposals sent out.

Rivarc Drafting and Design has prepared drawings for the project, and is issuing the request for proposals this week.

An early estimate for the project, proposed by staff, is now known to be well under the actual cost, so the town staff and council are holding their breath for the true figures that will be revealed once the responses come in.

Mayor Jean Marc Boileau commented in an interview in Earlton that an initial estimate was required in order to apply for funding through the Investing in Canada Infrastructure Program (ICIP) recreation and culture stream.

At the March 8 council meeting, council approved a \$12,000 amount to have Rivarc send out the request for tenders.

Council has requested that Rivarc review all responses to ensure they meet all requirements indicated in the drawings.

"We will have a set of drawings showing exactly what we want at the pool," said Boileau.

Getting a more accurate quote early on in the project would have cost the township up to \$40,000, said Boileau. The benefit of the initial investment could have resulted in more ICIP funding, but could also have gone the other way in which that initial amount was spent but the municipality did not get ICIP funding, explained Boileau. Taking that risk is a problem for municipalities everywhere, he noted.

The township has now received a revised esti-



## TAKING THE CLASSROOM OUTSIDE

*Timiskaming District Secondary School (TDSS) student Shelby Whitlock (left) and teacher Vanessa Montminy had just finished a run down the tubing hill at the Tri-Town Ski and Snowboard Village on March 21. It was a beautiful, sunny day when the students and staff involved in the Alternative Education program enjoyed a day of tubing fun at the ski village. The Village will be open April 1-2 for their last weekend of the season. (Staff photo by Sue Nielsen)*

mate from Rivarc, noted Armstrong chief administrative officer Dan Thibeault.

Boileau said the information received through the responses to the request for proposals will show whether it is feasible for the project to get underway in September.

The township has been considering having a

solar system installed on the roof of the new building but does not yet have a cost on the panels.

Boileau said the township also doesn't know what the cost would be to work with Ontario Hydro on the system. For that reason, he favours just pursuing the building portion of the project at this

*Continued on 2*

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**DID YOU GET The Speaker THIS WEEK?**  
**Here are some March 29, 2023 stories...**

- Temiskaming Shores council has agreed to sell a portion of Dymond Crescent to a developer.
- The Armstrong Township municipal office and library has opened after renovations costing almost half a million dollars.
- A wheelchair game at Northern College raised awareness of disabilities and accessibility at the educational institution.
- The Speaker's Community Food Bank Drive takes place this coming Saturday, April 1.
- Cobalt's mayor was found to have breached the town's Code of Conduct by E4m Integrity Commissioner Colleen Hannigan.
- The New Liskeard Lions are hosting their Northern Ontario Hockey Association (NOHA) Tournament of Champions this weekend in Temiskaming Shores.
- The RTMI Puckhounds U18 BB team are hoping to win their Northern Ontario Women's Hockey League championship at home this weekend.
- The Wilson Chev U11 A-level Puckhounds and the Active 1 Source for Sports U11 C team brought home gold medals from their Northern Ontario Hockey Association championships.
- The U13 Pedersen Construction Puckhounds are hoping to strike gold at their NOHA Tournament of Champions this weekend in West Nipissing.

# Armstrong dipping into pool project

Continued from Front time, he said. More information and analysis is needed to make that decision on the solar system, he explained.

The building project is expected to include a new boiler. Boileau emphasized that at this time "as far as the building is concerned there is no final decision."

However it is part of the township's general focus on improvement of its assets.

"We have upgraded the whole park, the kids' games, the ball park which was upgraded, and the bleachers," he said.

A new pavilion at the park will be completed this year as well, opening it up for live entertainment and more.

If the township proceeds with the building upgrade, the new facility will be wheelchair accessible, he noted.

Once the township has the actual estimate for the project, Thibeault said he will look into the Gas Tax revenue the township has, which he

thinks could possibly be used to finance a portion of the project.

The building that the township wants to replace was constructed about 1965,

said Boileau. A new building would be wheelchair accessible "and this will be an investment for years to come," he said.

"We have younger people

coming to town, and it's one of those things you may be able to use to do a little more promotion, to be able to say that we have a wheelchair-accessible pool."



## SNACK BREAK

Keeping students fuelled for a morning of outdoor fun at New Liskeard Public March 24 were volunteers, from left, Eleanor Katona, Ann Barker and Maureen Goddard. (Staff photo by Diane Johnston)

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# OBITUARY

## James (Jim) Garahan

It is with sadness that we announce the death of our beloved husband, father, brother, uncle, grandfather, friend - James Edward Garahan. Jim died peacefully at the Temiskaming Hospital on March 27, 2023, shy of his 84th birthday in April, after thoughtful care from so many hospital staff members and visits from friends over the past seven weeks.



Jim is survived by his wife of 54-plus years, Kathleen (O'Connell) Garahan, his children Moe Garahan and Bill Garahan, his sister Zita Drake in New York, his sisters-in-law Margaret Arthur and Susan (Jarl) Sundve, his nieces Elaina Hamelin, Crystal O'Connell, his "adopted" nephews David and Stephen Mate and many other loved nieces, nephews and cousins across Canada, his grandchildren Tessa, Owen, and the Bukuru children, his cousins Philip and John Davis and the extended Davis family from Fort Coulonge, cousin Mary Diamond in Sudbury, and much loved cousins in Ireland, where he travelled many times.

He was predeceased by his parents William and Ellen (Davis) Garahan, who raised Jim in Timmins, and by his sister Maureen (Momay) Garahan.

Jim was a young athlete (basketball, football, hockey), musician (violin), and outdoorsman (hunting, fishing, camping), educated in Timmins (elementary and secondary) and Kingston (Regiopolis). He then received his Certified General Accountant (CGA) designation, practicing first at Campsall Electric and then opening his own business for the next 50 years.

He gave generously of his time and knowledge to many organizations, including Scouting, as long-time member from youth to Leader to Regional Director (supporting cub car rallies, clubs and camps), the local soccer asso-

ciation (becoming a coach without ever having played, due to a shortage and having kids wanting to play!), and the Association for Community Living (supporting people living in the area with developmental challenges) to name a few. Jim acted as a volunteer treasurer for many organizations, was a lifelong member of the Catholic Church and became a 4th degree Knight within the Knights of Columbus.

He was an enthusiastic lifetime member of the Horne Granite Curling Club (including starting and managing the Boxing Day Family Curling Bonspiel), supported his wife within Pro-Vie Tri-Town Right to Life for 40-plus years, supported his daughter's organization Just Food in Ottawa, and started the Men's Prostate Cancer Group after surviving from it himself. Jim was always ready with a helping hand for neighbours and friends.

The community is warmly invited to celebrate the life of Jim in any or all of three ways. Visitation at the Timiskaming Funeral Co-operative (formerly Perrin Funeral Chapel) at 128 White-wood Ave. W. on Sunday, April 2, between 2-4 p.m. The funeral Mass will be Monday, April 3, at Our Mother of Perpetual Help Church at 11 a.m. All are also welcome to attend the reception for lunch, held in the church basement at 12 p.m. The funeral Mass will be streamed for those who are unable to attend in person. Link will be found at <https://www.ourmotherofperpetualhelp.ca>.

For those who wish, a memorial contribution made in Jim's name to one of the following organizations he supported would be greatly appreciated: Knights of Columbus (Box 341, New Liskeard, ON), Pro-Vie Tri-Town Right to Life (Box 842, New Liskeard, ON), Community Cancer Care ([www.communitycancercare.ca](http://www.communitycancercare.ca)) or Just Food ([www.justfood.ca](http://www.justfood.ca)).



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## EDITORIAL

### The best game we can name!

Last weekend the two arenas in Temiskaming Shores were buzzing with hockey action as the U15 A and U15 B/C Northern Ontario Hockey Association (NOHA) Tournament of Champions was held.

Several teams from the Temiskaming Shores and Englehart minor hockey associations have travelled out of the area to their NOHA Tournament of Champions events in communities across the north over the past couple of weeks.

This coming weekend Girls teams will be playing their Northern Ontario Women's Hockey League playdowns at the Shelley Herbert-Shea Memorial Arena in Haileybury.

The New Liskeard Lions are also hosting their nine-team U18 A Tournament of Champions as well March 31-April 2.

This region has been a hotbed of hockey of late. The best game you can name has brought much honour to minor hockey, the players, the parents, the coaches and sponsors this 2022-23 season.

And it has brought much needed commerce to our area for the hotels, the motels, the gas stations and restaurants.

This increased business could be considered a payback for the local business-

es that generously support minor hockey all season long.

Whether a team wins or loses their NOHA or playdowns, they can hold their heads up high as they represent the region.

Minor hockey is operated on volunteer power.

Those volunteers give of their time and talents to make sure the kids have an enjoyable hockey experience.

They bring their energy and passion to the rink promoting a safe, positive experience for youth.

They are to be thanked and appreciated.

When children do their best on and off the ice they are winners despite the outcome of the games.

Through the game they learn values such as teamwork, work ethic and dedication.

And above all it should be fun.

Hockey is our national obsession, it is a great game and it helps kids to learn valuable life skills.

Thank you minor hockey for all you do for the children and the community at large.

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# Connectivity

*"She who builds her own fire, warms herself twice."* Unknown



Sue Nielsen

I love to walk through an old growth forest at dawn when everything is silent, yet bursting with life.

I enjoy paddling on a glass-like lake when the mist rolls up from the water and you can hear the loon's call echoing around you.

Of course I am not found in an old growth forest in March.

March came in like a lamb but is roaring out like a lion.

Beyond the daily and ongoing worries in the world, I can hardly wait to access my canoe.

I saw a humorous television commercial where a family had rented a cottage in the

woods. When they arrived they had cable internet connection, not the high-speed 5G networks most of us are used to.

The two kids, the mom and the dad all had their own electronic devices, each in separate rooms with looks of terror on their face when they found the service to be rather slow. They promptly packed up and left the cottage.

All joking aside, not having good internet connectivity can be quite annoying.

And to be honest, high-speed connectivity is still a pipe dream for many people living in this rural region.

Only 85 per cent of Canadians living in rural areas have broadband internet access, says the Canadian Internet Registration Authority.

This is the sad reality of the modern family, we panic when we don't have internet access.

I love having high-speed internet access, but I need to balance my virtual life by unplugging in natural ways.

Unplugging to me means to leave the electronic devices in the car to go wander in the woods, sometimes building a fire - a small, controlled one of course.

I learned the basics of building a campfire from my French-Canadian uncle. When our family camped at Bass Lake each summer, we kids were often tasked with starting the fire.

Something perhaps unheard of these days with the words "risk management" and "liability" being used when it comes to children's activities.

Author Richard Louv notes there is a rise in childhood obesity, depression and hyperactivity as the spinoffs of our wired world.

Today 10-year-olds are bet-

ter able to identify cartoon characters than native plants, insects and birds found in the natural world.

The Oxford University Press has sadly eliminated 50 words related to nature from its children's dictionaries in favour of words that are tech savvy.

Words taken out were heron, acorn, minnow, clover, chestnut in favour of the words blog, chatroom, analogue and cut and paste.

Huh?

The human costs of alienation from nature are being felt by all of us.

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## Temagami Family Health Team

Submitted by Ellen Ibey

### Irritable Bowel Syndrome (IBS) Awareness

Irritable bowel syndrome or IBS is a disorder affecting the intestine. IBS involves problems with motility (movement of digested food through the intestines) and sensitivity (how the brain interprets signals from the intestinal nerves), leading to abdominal pain, changes in bowel patterns and other symptoms.

#### FAST FACTS:

- Canada has one of the highest rates of IBS in the world; 13-20% of Canadians (approximately 5 – 7.5 million individuals) are living with IBS
- 54% of those with IBS experience symptoms of fatigue
- 40 to 60% of those with IBS experience psychological symptoms, including anxiety disorders and depression
- the primary symptoms are what are commonly referred to as the ABCDs of IBS – **A**bdominal pain, **B**loating, and **C**onstipation and/or **D**iarrhea

Although each person has a unique IBS experience, this condition can significantly decrease a person's quality of life. Interestingly, only about 40% of people with IBS symptoms will seek help from a health care provider.

#### DIETARY AND LIFESTYLE MODIFICATIONS

The bowel responds to how and when a person eats, so it is important to eat regular, well-balanced, moderately sized meals rather than erratic, variable meals.

Some people find that dietary fats and the food additive monosodium glutamate (MSG) trigger symptoms. Some find symptoms worsen when consuming large quantities of liquids with meals. Others find that cooking vegetables and fruits lessens IBS symptoms, compared to when eating them raw. People with IBS might need to avoid or decrease consumption of caffeine, nicotine, and alcohol, particularly if the main symptom is diarrhea.

#### FIBRE

An important step in controlling the symptoms of IBS is to increase dietary fibre. Gradually increase your dietary fibre intake, allowing your body to adjust to the change, but make sure to increase the amount of water you drink as well.

It is important to note that for some IBS patients, a diet excessively high in bran fibre might trigger more frequent diarrhea, while other types of fibre could still be helpful. Consult your primary care provider or dietitian if you have any questions regarding fibre in your diet.

If you are a patient of the Temagami Family Health Team and would like to speak with your primary care provider, one of our mental health workers or our registered dietitian, please call **705-569-3244** to schedule an appointment.

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# ACFO-Temiskaming welcomes new executive director

**Darlene Wroe**

Local Journalism Initiative Reporter

DISTRICT - ACFO Temiskaming is benefitting from the experience and energy of Kalyn Banks who has recently taken the position of executive director.

She has been working at ACFO-Temiskaming since June 2022 as project manager for Projet Joyal, and in December she stepped into the position of executive director.

“As a project manager I already had a lot of experience with most of our files and I decided that since we were lacking an executive director, I would be interested in continuing to help.”

Anne-Marie Loranger is also in the office until the end of March, working on a six month project called Programme d'appui à la francophonie ontarienne (PAFO) which focuses on encouraging newcomers not only across Canada but internationally.

Banks will be assisting with the project in which “we are working very hard to promote French immigration in the area.”

Activities are being prepared for the *Nouveaux Arrivants* (newcomers) program, said Banks. When new Francophone residents come to the of-

ice, they will receive support and information from Banks and Loranger who can provide suggestions right down to babysitters and places to stay.

A weekly two-hour drop-in at the Whitewood Avenue office with coffee and tea, and an opportunity to meet other area Francophones, called *Ça commence ici*, was introduced in March.

Banks' work will be providing information about activities through Facebook. A newsletter is also providing information from ACFO-Temiskaming and other organizations and partners.

#### REGIONAL HUB

“We try to be a hub for whatever is going on in the region,” said Banks.

Some other projects coming up in the near future will bring people 55 and up into the schools to connect with students.

ACFO-Temiskaming also provides support to other organizations for people over 55, such as the *Club du Soleil*.

Plans are being readied for this year's *Festival Des Folies Franco-Fun*, and Banks says there will be several activities in the schools. Work is continuing to bring the event back to its pre-pandemic format, but volunteers are needed, she said.

“With a lack of volunteers,

it's hard to do. A lot of different organizations in the region are struggling with the lack of volunteers and we are as well,” she commented.

The long-range plans include the annual *Francophonie le jour des Franco-Ontarienne*, which will happen concurrently with the annual golf tournament in late September.

Loranger said that since September, when the PAFO program funding was first received, four job fairs have been held to help newcomers to the area.

A kiosk was also set up through the City of Temiskaming Shores for the Destination Canada event held in Paris, Morocco and online. Loranger said 18,000 people visited the ACFO-Temiskaming site.

The grant has assisted with a number of activities including ACFO-Temiskaming's 50th anniversary gala dinner, and a tour and show at Village Noel was also made possible through the grant.

Loranger is also excited about the *Ça commence ici* drop-in event and if it goes well it will be expanded, she said.

She also noted the new multi-cultural group One Light program in Temiskaming Shores, as well as a Kirkland Lake multicultural group, are both opening up and providing support to people.

She hopes to see new partnerships forming in the future to create a local committee that can work together to support newcomers to the area.

ACFO-Temiskaming board members include president Dominique Nackers, vice president Ghislain Lambert, treasurer Lise Turgeon, and administrators Annik Boucher, Léon Grégoire, Richard MacDonald, Patricia Poirier, Suzanne Martin, and youth administrator Ashley Bélanger.

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## SUPER SNOWBOARDER

**August Fortin of Temagami was on a late-season run at the Tri-Town Ski and Snowboard Village in Lorrain Township where the six-year-old's skills improved on each trip down the kids' slope. With more snow in the forecast, the Village should be hopping on this first weekend in April. (Staff photo by Steven Larocque)**




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## Public Notice of Application for Consent

### Clause 53(5)(a) of the *Planning Act*

The Minister of Municipal Affairs and Housing has received **Application No. 54-C-234806** for consent in Eby Unincorporated Township, District of Timiskaming. The subject property is described as Part of Lot 5, Concession 4, Eby Unincorporated Township, PIN 61242-0038, known locally as 1281 Highway 66 West.

The application would create an easement across the subject lands (the servient parcel) in favour of PIN 61242-0171 (the dominant parcel) to provide legal road access to the benefitting parcel. The easement would be approximately 6 metres wide and would provide access to Highway 66 West from the dominant lands.

The servient lands are approximately 6.5 hectares, with approximately 430 metres of frontage on Highway 66 West. The lands are currently the site of a residence and associated structures and services.

The dominant lands are approximately 16 hectares and have no road frontage. The lot is currently vacant and is proposed to be used for resource-based recreational use.

No new buildings or structures are proposed as a result of this application.

**The purpose of this notice** is to inform the public of the nature of the application, invite public input, advise on how to make comments on the application and advise the public of future notification and appeal rights.

**Inquiries, Written Submissions** and requests to see additional information can be made to Megan Grant, Team Lead, at (705) 507-0572 or 1-800-461-1193 or via email at [megan.grant@ontario.ca](mailto:megan.grant@ontario.ca), or by mail at: Ministry of Municipal Affairs and Housing, Municipal Services Office – North (Sudbury), 159 Cedar Street, Suite 401, Sudbury ON, P3E 6A5.

Appeal of a decision of the Minister in respect of this consent, and/or any condition imposed by the Minister, may be made by a specified person or any public body not later than 20 days after notice of the decision is given. If you wish to be notified of the decision of the Minister in respect of the proposed consent, you must make a written request to the Minister at the above address. If a person or public body that files an appeal in respect of the proposed consent does not submit written comments to the Minister before the Minister gives or refuses to give a provisional consent, the Ontario Land Tribunal may dismiss the appeal.

## Avis public d'une demande d'autorisation

### Alinéa 53 (5) a) de la *Loi sur l'aménagement du territoire*

Le ministre des Affaires municipales et du Logement a reçu la demande d'autorisation n° **54-C-234806** visant le canton non constitué en municipalité d'Eby, district de Timiskaming. Le bien-fonds visé est décrit comme suit : partie du lot 5, concession 4, canton non érigé en municipalité d'Eby, cote foncière 61242-0038, correspondant à l'adresse locale 1281, route 66 Ouest.

La demande vise à créer une servitude traversant les biens-fonds visés (la parcelle servante) en faveur du bien-fonds portant la cote foncière 61242-0171 (la parcelle dominante) pour permettre un accès routier légal à la parcelle bénéficiaire. La servitude mesurerait environ 6 mètres de largeur et donnerait accès à la route 66 Ouest à partir des biens-fonds dominants.

Les biens-fonds servants mesurent environ 6,5 hectares et donnent sur la route 66 Ouest sur environ 430 mètres. Les biens-fonds comportent présentement une résidence ainsi que les constructions et services connexes.

Les biens-fonds dominants mesurent environ 16 hectares et ne donnent sur aucune route. Le lot est présentement vacant; il servirait dorénavant à une fin récréative fondée sur des ressources.

Aucune nouvelle construction ou structure n'est proposée dans le cadre de la demande.

**Le présent avis a pour but** d'informer le public de la nature de la demande, de solliciter ses commentaires, de lui indiquer comment faire des commentaires sur la demande et de l'informer de ses droits concernant les avis ultérieurs et les appels.

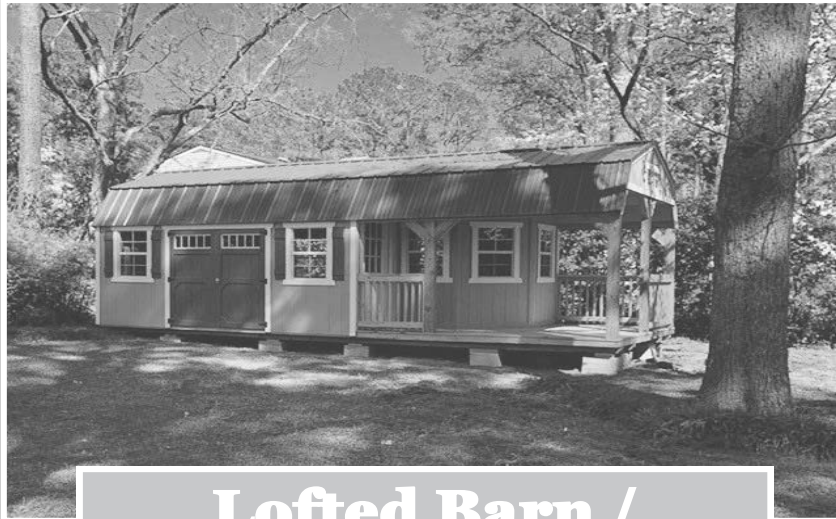
On peut communiquer **des questions, des observations écrites** et des demandes de renseignements additionnels à Megan Grant, chef d'équipe, au 705 507-0572 ou au 1 800 461-1193, par courriel à [megan.grant@ontario.ca](mailto:megan.grant@ontario.ca), ou par la poste à : Ministère des Affaires municipales et du Logement, Bureau des services aux municipalités du Nord (Sudbury), 159, rue Cedar, bureau 401, Sudbury (Ontario) P3E 6A5.

Toute personne précisée ou tout organisme public peut, au plus tard 20 jours après que l'avis de la décision du ministre concernant l'autorisation a été donné, interjeter appel de la décision ou de toute condition imposée par le ministre. Si vous souhaitez qu'on vous informe de la décision du ministre concernant le projet d'autorisation, vous devez le demander par écrit au ministre, à l'adresse ci-contre. Si la personne ou l'organisme public qui interjette appel de la décision ne présente pas d'observation écrite au ministre avant qu'il accepte ou refuse d'accorder une autorisation provisoire, le Tribunal ontarien de l'aménagement du territoire peut rejeter l'appel.





**OLD HICKORY**  
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— OF CANADA —  
**AUTHORIZED DEALER**



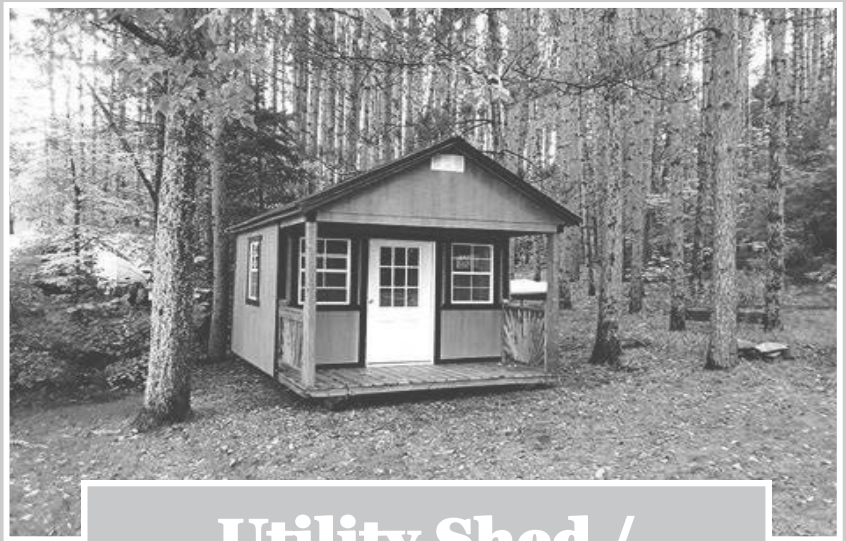
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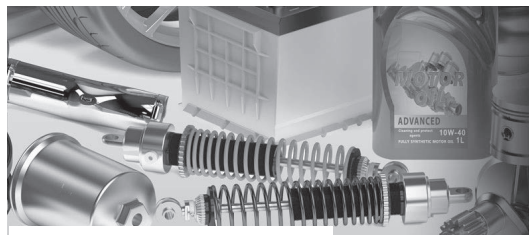
**- Contact Us -**  
705-676-5508  
[www.outdoorplus.ca](http://www.outdoorplus.ca)



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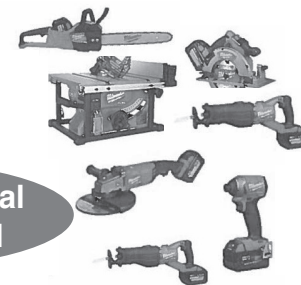
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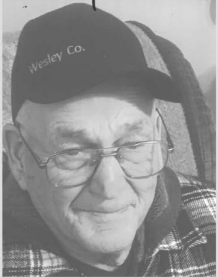
We have a great selection of PREMISE outdoor flood and yard LED lighting available. COME AND CHECK IT OUT!

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74 Scott Street, New Liskeard, ON 705-647-4412  
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Please come join us for cake and coffee for  
*A Surprise 90th Birthday*  
  
**For Dad aka Earl.**  
**April 8th at the Harris Hall from 1 – 4 pm.**  
*Best Wishes Only.*  
 Any questions call Donna 705-676-7199.

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 THE ART  
 OF THE CRAFT



HOCKLEYBEER.CA



**Answers  
 for  
 Crossword  
 Puzzle**

BITS	EDIT	COLA	ALLY		MENTS	ARE	MEN	GREED		OBEY	MOLE	YAKS
OLE	PEA	ANT	HEM		ONENTS	NOISE	ER	GREED		MA	LAW	OBEY
SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD			Y	LAW	AXE
EELS	SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD		Y	LAW	AXE
SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD			Y	LAW	AXE
EELS	SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD			Y	LAW
SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD				Y	LAW
EELS	SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD			Y	LAW
SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD				Y	LAW
EELS	SWAP	SEMI	TILT	CHEER		OPPOSE	ENGINEER	ADD			Y	LAW

# HOROSCOPE

**WEEK OF APRIL 2 TO 8, 2023**  
**The luckiest signs this week:**  
**Libra, Scorpio and Sagittarius**

**March 21 - April 19**



**ARIES** It's easier to negotiate with people with whom you're not emotionally involved. You'll find it easy to get along with most people, but you'll need to be persistent with your children.

**April 20 - May 20**



**TAURUS** You could achieve a position of power at work. You'll move into a prominent role if you trust your instincts and organizational skills.

**May 21 - June 21**



**GEMINI** You'll be congratulated for a significant accomplishment, even if you think it was trivial. Your action will be viewed as heroic, even if it's only to lend a listening ear to someone in distress.

**June 22 - July 22**



**CANCER** You'll prioritize your family and home life. On the professional side, you may start a family business you can grow from home.

**July 23 - August 22**



**LEO** Summer is just a few weeks away, making you feel excited about the various adventures you're planning. You deserve a little luxury. Walks and hikes will be your great pleasures.

**August 23 - September 22**



**VIRGO** You'll be bold and try something new that could take you to the other side of the world. The position you've been coveting at work will finally open up.

**September 23 - October 22**



**LIBRA** You'll achieve a greater sense of well-being by exploring your spirituality. You could also become involved in a movement that will answer your existential questions.

**October 23 - November 21**



**SCORPIO** You'll be overflowing with creative ideas that will prompt you to create a work of art. You'll perform an act of generosity for a loved one.

**November 22 - December 21**



**SAGITTARIUS** You'll be under a lot of pressure at work and need to take time to see your friends and escape from it all. You'll be thrilled to oversee an event that brings together the people you like most.

**December 22 - January 19**



**CAPRICORN** You'll find clarity that sets you on a career path that aligns with your ambitions. A form of learning will guide you in the right direction or at least help you identify your goals.

**January 20 - February 18**



**AQUARIUS** Let your dreams take you on a journey that gives you some ideas for a holiday next summer. It's essential to plan to enjoy an adventure in good company.

**February 19 - March 20**



**PISCES** You're particularly sensitive this week. You must take time to rest to shake things off. You might consider taking a holiday to recuperate and sort out your overwhelming emotions.

**ACROSS**

- 1. Slippery creatures
- 5. Fiesta cry
- 8. Small pieces
- 12. Exchange
- 13. Edible seed
- 14. Rewrite copy
- 15. 18-wheeler
- 16. Colony dweller
- 17. Bubbly beverage
- 18. Lean
- 20. Comrade
- 21. Hurrah, e.g.
- 24. Edge
- 26. Race
- 27. Rivals
- 33. Elderly
- 34. Sound
- 35. Land measure
- 36. Subway rider
- 38. Males
- 39. Augment
- 40. Avarice
- 42. Rotated
- 45. Deli spread
- 47. Engage
- 48. Decree
- 49. Conform
- 53. Taverns
- 54. Chop
- 55. Double agent
- 56. Bother
- 57. Auction word
- 58. Tibetan oxen

# CROSSWORD

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
			18	19					20				
21	22	23					24	25					
26				27	28	29				30	31	32	
33				34						35			
36			37							38			
			39					40	41				
42	43	44				45	46						
47						48				49	50	51	52
53						54				55			
56						57				58			

**DOWN**

- 1. Curvy turn
- 2. Lamb's ma
- 3. Flight
- 4. Revenge
- 5. Milky stone
- 6. Furnished
- 7. Have a bagel
- 8. Suited
- 9. Adored one
- 10. Cash register
- 11. Visit
- 19. Smoothed
- 21. Farm yield
- 22. Island dance
- 23. Football positions
- 24. Stockings
- 25. Force
- 28. Ducks' haunt
- 29. Porker
- 30. Reputation
- 31. Christmas decoration
- 32. Forward
- 37. Most stable
- 41. Spacious
- 42. Ocean vessel
- 43. Evergreen
- 44. Coffee vessels
- 45. Long skirt
- 46. Startled
- 48. Chemist's room
- 50. Tropical serpent
- 51. Moose's cousin
- 52. Affirmative vote

**Ranch Country**  
103.1 FM  
TIMISKAMING'S HOTTEST COUNTRY  
**THE RANCH**

**Community**  
CANCER CARE

**WE HELP**  
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**With:**

- Emotional Support
- Mastectomy
- Finances
- Accommodations
- Specialized dental treatments
- Physiotherapy
- Medical supplies, dressings
- Special chemotherapy
- Prescription drugs
- Lab tests
- Prosthesis
- Nutritional supplements
- Rental of equipment

TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm

**Temiskaming**      **Englehart Office &**  
**Hospital** Room 724      **Englehart Family Health Team**  
Check out our Website: [communitycancercare.ca](http://communitycancercare.ca)

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**CAR CARE DIRECTORY**

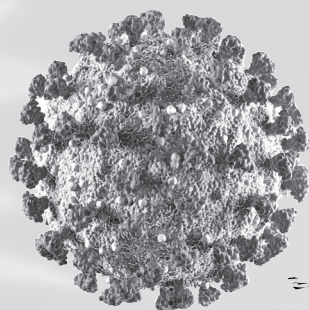
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**GM**



# COVID UPDATE



Services de santé du  
**TIMISKAMING**  
 Health Unit

**Address/adresse:** 247 Whitewood Ave., unit 43/ 247 avenue Whitewood, unite 43  
**COVID-19 phone line/ligne de COVID-19:** 705-647-4305, extension/poste 7

## AM I ELIGIBLE FOR A COVID-19 TEST AT AN ASSESSMENT CENTRE?

The eligibility criteria for PCR testing in Ontario has expanded!

Scan for more information:



## SUIS-JE ÉLIGIBLE À UN TEST DE DÉPISTAGE DE LA COVID-19 À UN CENTRE D'ÉVALUATION?

Les critères d'éligibilité pour le dépistage moléculaire en Ontario a changé!

Scannez pour en savoir plus d'informations :

Book your bivalent COVID-19 vaccine today: | Réservez votre vaccin bivalent contre la COVID-19 dès aujourd'hui : <https://covid-19.ontario.ca/book-vaccine/> or | ou 866-747-4305, Ext. 6.

## CLINICS | CLINIQUES

- Book online at <https://covid-19.ontario.ca/book-vaccine> or call us at 866-747-4305, Ext. 6.
- Due to limited capacity, appointments are recommended.
- Participating pharmacies also carry COVID-19 vaccines: <https://covid-19.ontario.ca/vaccine-locations>.
- Réservez en ligne à <https://covid-19.ontario.ca/rendezvous-vaccin> ou appelez 866-747-4305, poste 6.
- En raison de la capacité limitée, des rendez-vous sont recommandés.
- Les pharmacies participantes offrent également des vaccins contre la COVID-19: <https://covid-19.ontario.ca/emplacements-pour-la-vaccination>.

### Clinics for all ages (1st, 2nd, & booster doses) | Cliniques pour tous les groupes d'âge (1re, 2e et doses de rappel)

Wednesday, March 22   mercredi 22 mars	<b>New Liskeard</b> - Old 'Movie Gallery'*	1 - 4 p.m.   13 h à 16 h
Wednesday, March 29   mercredi 8 mars	<b>Kirkland Lake</b> - Heritage North	1 - 4 p.m.   13 h à 16 h
Wednesday, April 5   mercredi 5 avril	<b>New Liskeard</b> - Old 'Movie Gallery'*	1 - 4 p.m.   13 h à 16 h

For the full clinic schedule, visit | Pour l'horaire complet des cliniques, visitez [www.timiskaminghu.com/90513/COVID-19-Vaccine](http://www.timiskaminghu.com/90513/COVID-19-Vaccine)

\*247 Whitewood Avenue, New Liskeard

If you require an appointment after 4 p.m., please call your local THU office  
 Si vous avez besoin d'un rendez-vous après 16 h, veuillez appeler votre bureau local des SST

New Liskeard – 1-866-747-4305

Kirkland Lake – 1-866-967-9355

Englehart – 1-877-544-2221

## CHURCH SERVICES & more...

**ST. PAUL'S UNITED CHURCH** welcomes you to Sunday services at 70 Wellington St. in New Liskeard, beginning at 10:30 AM. **This Sunday, Palm Sunday, join us when our worship leader will be Jennifer Moorlag. Next Sunday, April 9th, Easter Sunday, our worship leader will again be Jennifer Moorlag.** During our Easter Service we will be celebrating Communion. A potluck lunch will follow the service in the Church auditorium. "When life isn't a bed of roses, remember who wore the thorns" For more information on our services and outreach programs, check out our Facebook page at facebook.com/stpaulsnewliskeard or phone 705 647 4171.

**TOMSTOWN PRESBYTERIAN CHURCH** - worship is every 3rd Sunday of the month at 10:00am. **120th Anniversary Celebration will be held Sunday, June 18th, 2023 at 10:00am.** Light lunch and fellowship to follow. We would like to extend an invitation to Celebrate with us.

**THE SALVATION ARMY TIMISKAMING COMMUNITY CHURCH AND COMMUNITY SERVICES.** 260 Whitewood Ave. New Liskeard. Tel: 647-4115 Sunday worship 10:30 a.m. Coffee Hour Tuesday 10 a.m. Bible Study 11 a.m. Women's ministry every second Wednesday 1 p.m. Men's breakfast every third Saturday 8:30 a.m. **Food Bank by appointment call 647-4030.**

**THORNLOE CROSSROADS BAPTIST CHURCH-** Corner of Hwys 11 & 562, 15 minutes north of New Liskeard. Sunday School 9:45 a.m. for all ages. Morning Worship 11:00 a.m. Evening 6:30. Everyone is welcome. Pastor Curtis Greenwood 705-622-4860. For more information www.thornloecrossroads.ca .

**ENGLEHART BAPTIST CHURCH** - Corner of Second St., and 7th Ave. Family worship & bible based teachings every Sunday beginning at 10:30am. Stay for lunch! Bible study & prayer every Wednesday at 7:30pm. Everyone welcome. To reach the Pastor Rudy Kaufmann please call 705-544-0065 or 705-647-7697

**HAILEYBURY & DISTRICT BAPTIST CHURCH** extends a warm welcome to all. Worship Sunday at 1:30 pm with pastor Adam Kubias. Accessibility ramp. Call the church (705) 672-5855. www.haileyburybaptist.ca

**EARLTON GOSPEL HALL WELCOMES YOU TO OUR WEEKLY SERVICES** Sunday at 10 a.m. Breaking of Bread Communion, 11:30 Gospel, 12:15 Sunday School. Wednesday, 7 p.m. Bible Study and Prayer meeting. 3 miles west of Earlton on Church Road.

**EVERYONE IS WELCOME AT TEMISKAMING PENTECOSTAL CHURCH** - Feel free to attend any Sunday at 10:30 a.m. The church is located at 583472 West Rd. in Haileybury. For information about other things that are happening at the church visit the website at temiskaming.church or call 705-672-2020.

**FR. WAYNE MILLS** is available to hear confessions and give out Communion by appointment. Please call the office at 705-647-5035 to make an appointment

**ST. PAUL & ST. JOHN ANGLICAN CHURCH, HAILEYBURY** Is now open for services every Sunday at 11 a.m

**FIRST BAPTIST CHURCH** Wellington St., New Liskeard. Worship Service 11:00 am Sunday Morning. All are welcome. Pastor Stephen Speer officiating. For more information, call 705-647-5026.

**ST. ANDREW'S PRESBYTERIAN CHURCH** wishes to extend an invitation to join weekly services held every Sunday. 51 Wellington St. North New Liskeard, 10:30am, Pastor George Paraskevopoulos officiating. Now fully accessible with an outside ramp & inside hydraulic lift elevator. For more information, call 705-647-8401 or visit our website www.presbyteriannewliskeard.ca

**HOLY TRINITY CATHOLIC CHURCH** in Englehart invites everyone to Sunday Mass at 9am.

**ST. JAMES, COBALT** - corner of Nickel and Prospect St. Sunday 9am

**GOOD SHEPHERD CHURCH OF ENGLEHART** will be meeting every Sunday morning at 10:30am. We invite you to our worship services or our weekly bible studies and prayer meetings. We offer ministries for children, Jr. and Sr. High groups and monthly fellowships. Please contact Pastor Steve Crosby at 705-544-8339 or visit goodshepherdenglehart.yolasite.com

**SEVENTH-DAY ADVENTIST CHURCH** invites all to come & worship Saturday morning at 453 Marcella St in Haileybury. 705-242-4848. Officiating Pastor Ivan Uriegas. Study time is 10am and divine service at 11am. Prayer meeting Tuesday at 5:30 pm. Everyone is Welcome.

**SERVICES AT ST. PAUL'S EMMANUEL COMMUNITY CHURCH** (formerly Emmanuel United Church, Englehart) at 10am, every Sunday. Minister: Rev. Elaine Lush. All are welcome.

**LA PAROISSE CATHOLIQUE SAINTE-CROIX** nous invite à prendre conscience et réfléchir sur notre relation personnelle avec Jésus Christ par les 7 sacrements offert par l'église catholique : le Baptême, la Confirmation, l'Eucharistie, la Confession, l'Onction des malades, l'Ordination et le Mariage. Par ses sacrements, une alliance est établie entre Dieu et nous dans nos cœurs, comme l'annonçait le prophète Jérémie (31, 31-34) : « Je mettrai ma loi, au fond de leur être, je l'écrirai sur leur cœur. Ils seront mon peuple, je serai leur Dieu ». Tél : 705-672-3296 / Adresse : 341 Sutherland Way, Haileybury, ON

**PAROISSE SAINTE-CROIX SUR FACEBOOK:** Consultez notre page Facebook sur facebook.com/Paroisse-Ste-Croix et restez au courant des derniers événements de notre paroisse catholique.

**ÉGLISE CATHOLIQUE SAINTE CROIX** est ouverte pour célébrer la messe du mardi au samedi matin à 9:30, le samedi soir à 19h et le dimanche matin à 10h. L'église Sainte-Croix est située à 341 Sutherland Way, Haileybury - 705-672-3296. Bienvenue à tous

**PAROISSE SACRÉ-COEUR CATHOLIQUE DE NEW LISKEARD** – Nous sommes heureux de vous accueillir pour les messes dominicales les samedis à 16 h et les dimanches à 10 h 30. Nous offrons aussi la messe le mardi, mercredi, jeudi et vendredi de chaque semaine à 9 h à l'exception du 4emardi de chaque mois. Cette messe a lieu à 19 h. L'église et notre bureau sont situés au 116 Dymond Cres. Certaines adaptations et modifications ont été mises en place pour la protection de toutes et tous. Pour autres informations composez le 705 647-5045 ou par courriel à psacrecoeur@personainternet.com. Pour le bulletin de la semaine consultez notre page Facebook (facebook.com/Paroisse-Sacre-Coeur).



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+ Tax.

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Announcements /

Birthday Announcements / Anniversary

Announcements

In Memoriam / Cards of Thanks

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2 inches wide x 3 1/2 inches deep –

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All other display ads the prices will vary according to line rate & size of the ad.

\*\*\*

### CLASSIFIED WORD ADS

must be placed before 10 a.m.

Monday to appear in the

Wednesday edition.

\*\*\*

Display (Classified) Ads must be

placed before 10 a.m. Monday.

\*\*\*

### Office Hours

8:30 a.m. to 5:00 p.m. Monday,

Tuesday, Thursday & Friday

8:00 a.m. to 5:00 p.m. Wednesday

We accept VISA, MASTER CARD

and AMERICAN EXPRESS.



**CALL US FOR DETAILS. 705-647-6791 Ext. 227 or Ext. 228.**

### OUR MOTHER OF PERPETUAL HELP PARISH COMING EVENTS - MARCH 2023

**LENTEN DAY OF EUCHARISTIC ADORATION:** Our Mother of Perpetual Help Parish will be hosting days of Adoration of the Blessed Sacrament every Friday of Lent (**MARCH 31ST**) from 11:30 A.M. until 12:30 P.M. in the Church. All are welcome to come and spend some quiet time with the Lord in prayer.

**STATIONS OF THE CROSS:** Each Friday, during the Season of Lent (**MARCH 31ST**) OMPH will be celebrating the Stations of the Cross at **7:00 P.M.** We encourage you to come out and participate in this traditional devotion.

**MASS TIMES:** Our Mother of Perpetual Help Parish in New Liskeard, on **SUNDAYS AT 9:00 A.M. AND 11:00 A.M. AND ST. PATRICK'S PARISH IN COBALT, SATURDAYS AT 5:00 P.M.** Please note that masks, social distancing and contact tracing protocols remain in place. Proof of vaccination is not required.

**COMMUNION AND SACRAMENT OF RECONCILIATION:** Fr. Wayne is available to give out Communion and hear confessions by appointment. Please call the office, 705-647-5035, to make arrangements.

**LIVE-STREAMED MASS:** Our Mother of Perpetual Help Parish live-streams their Sunday Mass on 11:00 A.M.. On their Facebook page: <http://www.facebook.com/OMPH.NLParish>.

**OMPH IS NOW ON FACEBOOK:** Check our new facebook page at facebook.com/OMPH.NL and stay up to date on the latest happenings in the <http://www.facebook.com/OMPH.NLParish>.

**PARISH WEBSITE:** Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at [www.ourmotherofperpetualhelp.ca](http://www.ourmotherofperpetualhelp.ca).

## EMPLOYMENT OPPORTUNITIES



### ACCOUNT EXECUTIVE

We are looking for an energetic and results-driven Account Executive to join our dynamic team.

In this role, you will work closely with our clients to understand their needs, goals, and develop customized solutions to meet their unique business challenges. You will collaborate with cross-functional teams, including marketing, product, and customer success, to deliver exceptional results for our clients.

To be successful in this role, you must be a proactive self-starter with a track record of exceeding sales targets and building long-lasting relationships. You should be comfortable working in a fast-paced, dynamic environment, and possess excellent communication, negotiation, and presentation skills.

Apply now to join our team as an Account Executive and help us drive success for our clients and our business.

Benefits & Pension Plan available as well.

# SPEAKER

PRINTING, PUBLISHING AND PROMOTIONS

**Please forward your resume to:**

Brenda Craik  
Temiskaming Printing  
18 Wellington St.  
New Liskeard, Ontario  
POJ 1P0  
or email

[speaker.brenda@northernontario.ca](mailto:speaker.brenda@northernontario.ca)

Situated in the picturesque, vibrant lakeside community of The City of Temiskaming Shores, Northern Ontario's premier printing company is looking for a unique, motivated individual to become our next

### WEB PRESS OPERATOR

This is a fantastic opportunity for a printing press operator who will oversee the daily operations of our Web press.

#### Key job responsibilities:

- Check and ensure quality standards are met by examining ink settings, register, plates and correction of any problems
- Delegate responsibilities to other crew members and train others as required
- Responsible for press maintenance including cleaning and setting ink fountains, changing ink rollers, blankets and belts etc.
- Responsible for folder set up while performing make ready on all jobs
- Troubleshoot problems pertaining to press, raw materials, plates, ink and job information
- Maintain a healthy and safe working environment by adhering to Health and Safety policies and procedures
- Other duties and responsibilities as required

#### Required Skills:

- Demonstrated depth of knowledge and skill in offset printing
- Mechanical skills to troubleshoot press issues
- Excellent organization skills with strong attention to detail
- Plans and carries out tasks without detailed instructions and with minimal supervision
- Completes work in a timely, consistent manner and maintains high standards of quality despite pressing deadlines
- Cooperative, with a team focused approach
- Previous press experience

**Please forward your resume to:**

#### Benefits:

- Flexible hours
- Company pension
- Health & Dental
- Diverse opportunities

Lois Perry  
Temiskaming Printing  
18 Wellington St.  
New Liskeard, Ontario  
POJ 1P0

or email [loisperry@northernontario.ca](mailto:loisperry@northernontario.ca)  
or call 705-647-6791 ext 224

# SPEAKER

PRINTING, PUBLISHING AND PROMOTIONS

*We'd love to meet you to discuss this full time position.*



### TOWNSHIP OF HARLEY FIRE DEPARTMENT - FIRE CHIEF POSITION

Applications for a volunteer Fire Chief for the Township of Harley will be received by the undersigned until April 14th, 2023.

**Responsibilities:** The Fire Chief is responsible for the overall operation of the Harley Fire Department which consists of 18 volunteer firefighters. The Fire Chief is a key component of the municipal team that provides a range of programs and services designed to enhance the education, health, safety, and vitality of the Township. These programs include preparation for and response ability to emergencies such as fires, sudden medical emergencies, motor vehicle collisions, exposure to dangerous conditions, fire prevention and public education as well as rescue and suppression services. Through service, teamwork, professionalism and respect the Fire Chief develops collaborative relationships and partnerships within our community and with neighboring municipalities.

The preferred applicant will have the following:

- Progressive experience in fire service;
- Possess a strong knowledge of all applicable provincial and professional fire and emergency regulation;
- Knowledge in applicable employment safety laws and regulations;
- Experience and proven ability in managerial skills;
- Communication/presentation skills, budgeting and report writing as well as the ability to manage difficult situations and facilitate conflict management;
- Excellent telephone manners, and ability to work with the public;
- DZ Driver's license with clean driver's abstract
- NFPA 1001 FF2
- NFPA 1002 Pump Operator
- NFPA 1041 Fire Instructor
- NFPA 1021 Fire Officer 2

Please mail or email a cover letter and a resume to:

Krystle Seymour, Clerk-Treasurer  
Township of Harley  
903303 Hanbury Rd, New Liskeard, ON P0J 1P0  
[admin@harley.ca](mailto:admin@harley.ca)

*We thank all applicants for their interest, however, only those individuals selected for an interview will be contacted.*

**THE BOARD OF INGRAM CEMETERY** is currently seeking a Secretary-Treasurer. A small Honorarium will be offered for this service. **The Board is also recruiting Volunteer Trustees** to sit on the Board of the Ingram Cemetery. **The Board is open to receiving applications for Lawn Maintenance.** Your own equipment must be provided. Please contact Kathy Scott at 705-544-7795 for more information.



# NORARC

Requires  
**Mechanical Engineer**  
Permanent/Fulltime

#### Requirements:

- B.Cs in Mechanical Engineering, P.Eng. Ontario Certificate
- Minimum 5 years' experience in Mechanical Engineering With an emphasis on energy, wood and mining industry

Forward resume to:  
Nor-Arc Steel Fabricators

Laurie Bolesworth, Human Resources  
Earlton, On Canada

Fax: 705-553-2556

Email: [laurie.bolesworth@norarc.com](mailto:laurie.bolesworth@norarc.com)

Salary commensurate with qualifications and experience

*Only successful applicants will be contacted.*

### HELP WANTED

**VOLUNTEERS NEEDED** - The Temiskaming Hospital Gift Shop is looking for volunteers. If interested contact Diane at 705-647-8066.

## We are looking for Home Child Care Providers

## Nous sommes à la recherche de Pourvoyeuses de garde d'enfants

Join our team of licenced Home Child Care Providers.  
You get to work from home. Give us a call, email us or  
apply now at <https://form.jotform.com/TCCHCC/apply>

Joignez-vous à notre équipe de Pourvoyeuses de garde  
d'enfants à domicile agréés. Vous travaillez à la maison.  
Appelez-nous, envoyez-nous un courriel ou faites votre  
demande dès maintenant à  
<https://form.jotform.com/TCCHCC/appliquer>



Centre pour enfants  
**Timiskaming**  
Child Care

[www.timiskamingchildcare.ca](http://www.timiskamingchildcare.ca)

For more information communicate with:  
Pour en savoir plus, communiquez avec :

Christine Charette Brazeau, RECE/EPEI  
[ccbrazeeu@timiskamingchildcare.ca](mailto:ccbrazeeu@timiskamingchildcare.ca)  
705-672-2100 ext. 229

## EMPLOYMENT OPPORTUNITIES

**PIONEER  
DIESEL**

**NEW LISKEARD**  
IS LOOKING FOR A  
**PARTS PERSON**

Permanent full time, Competitive Salary,  
offering Benefits and Pension Plan.  
Minimum 5 years experience and bilingualism an asset.  
**email resumes to**  
**alex.bumstead@pioneerdiesel.ca**

**PIONEER  
DIESEL**

**NEW LISKEARD**  
IS LOOKING FOR

### TRUCK AND COACH TECHNICIANS

Permanent full time, Competitive wages,  
Offering Benefits and Pension Plan.  
**email resumes to**  
**alex.bumstead@pioneerdiesel.ca**



**Job Opportunity**  
**Summer Student Position**

Hillside Farms is a cow/calf operation located in the heart of New Liskeard, ON. The goal of the farm is to create top quality breeding stock and show cattle. With this role comes the opportunity of learning modern agriculture practices such as artificial insemination, embryo transplant, etc. This will be the second summer of operations, due to the rapid growth of the cattle herd, we are now seeking the help of a summer student.

**Successful candidate(s) will assist with;** feeding, bedding, calving, halter breaking calves, pasture management, cleaning pens, pressure washing, painting, checking for health problems and treatments, lawn and grounds upkeep.

#### The ideal candidate(s) must:

- have a background or a strong interest in the agricultural industry
- have experience working with animals
- have experience operating equipment
- be able to work well independently and in a team environment
- have excellent interpersonal and communication skills
- be able to set priorities and to organize work effectively
- have sound judgment and critical thinking skills
- have the ability to perform repetitive tasks efficiently with high accuracy
- be willing to work flexible hours (Monday to Friday with the odd weekend)
- have the ability to lift and carry a minimum of 25kg
- have a valid Class G Driver's license

#### Wage:

To be determined based on experience.

**Start Date – May 1, 2023    End Date – August 31, 2023**

#### How to Apply:

Please email [chrislorneaitchison@hotmail.com](mailto:chrislorneaitchison@hotmail.com)



**Pipelayers, DZ Truck Drivers,  
Labourers, Traffic Control Persons,  
Scale Persons**

Pedersen Construction (2013) Inc. is presently seeking individuals for the above positions to assist with projects within Northeastern Ontario. The ideal candidates shall have a minimum of 5 years experience. Each position offers a competitive compensation and benefit package. **Please forward your resume in confidence to:**  
**Pedersen Construction (2013) Inc.**  
177246 Bedard Road  
NEW LISKEARD ON P0J 1P0  
Or Fax to: (705) 647-8851  
Or E-mail to: [info@pedersenconstruction.ca](mailto:info@pedersenconstruction.ca)  
*Thank you for your interest in the above position. Only candidates under consideration will be contacted for an interview.*



Centre pour enfants  
**Timiskaming**  
Child Care



We are recruiting for the following position:

**Position:** EarlyON Practitioner

**Area of work:** Temagami & Area

**Hours:** Part Time

Visit our website to view position details and qualifications at [www.timiskamingchildcare.ca](http://www.timiskamingchildcare.ca) or find us on Facebook.

Only those candidates selected for interviews will be contacted. Please apply before closing date of April 10, 2023 to:

Sylvain Guilbeault, Executive Director  
Centre pour enfants Timiskaming Child Care  
P.O Box 2070, Haileybury, ON P0J 1K0  
[tccekdir@timiskamingchildcare.ca](mailto:tccekdir@timiskamingchildcare.ca)

We're putting  
life-saving AED's in  
more public places  
in your community.



**HEART &  
STROKE**  
FOUNDATION

*Finding answers. For life.*

[www.heartandstroke.ca](http://www.heartandstroke.ca)

## FOR RENT

**UPSTAIRS 2 BEDROOM APARTMENT** - with 17 outside stairs. 128 Pine St. \$1300/month, includes appliances and utilities. Must do own yard work. Call 705-628-2334.

**3 BEDROOM FARM HOUSE FOR RENT**- plus small barn and 8 acres of pasture. \$2500/month. Call 519-292-6671.

**1 BEDROOM UPSTAIRS APARTMENT** - 181 Lakeshore Rd. Several stairs, no parking. \$900/month. Includes utilities, fridge & stove. Call 705-628-2334.

**ONE BEDROOM APARTMENT FOR RENT**- Including; fridge, stove, microwave, A.C (in summer), ceiling fan, heat and hydro, fibreop cable-240 chanel, internet, good parking space, and outside garage. \$860 per month. First and last required. Available May 1st. Call 705-672-5597.

# Office Space For Rent

## Great Central Location

### FEATURES:

- **Up to 10,000 sq. ft. of space** (owner will renovate to suit tenant's needs)
- **Ample parking**
- **Centrally located in New Liskeard**
- **Real Estate Broker protected**
- **Professional tenant building**
- **80 Armstrong Street North**

*For more information, email: [ray@northernontario.ca](mailto:ray@northernontario.ca)*

### PERSONAL

**HARD OF HEARING? DEAF? or ANYONE** - Interested in taking a local Speech (Lip) Reading course, free of charge? 1 evening of 2 hours per week for 10 weeks. CALL 1-800-718-0436 TO REGISTER.

### SERVICES

**INTERIOR PAINTING** and drywall repairs, free estimates. Call Jack 705-679-5363.

**ALCOHOLICS ANONYMOUS MEETINGS:** To be held at various dates, times & locations. For more information, please call 705-647-7611.

**PRENATAL CLASSES** - Offered by the Timiskaming Health Unit. Call 705-647-4305 as soon as you confirm your pregnancy. For more info. visit [www.timiskaminghu.com](http://www.timiskaminghu.com).

**DRYWALL, PLASTER,** framing, decks, flooring, tiling etc. for both residential and commercial buildings. Over 16 years experience. Free estimates. Call 705-648-4884. Please leave a message.

**PREGNANT AND NEED HELP?** Email: [pregnancycarehelp@outlook.com](mailto:pregnancycarehelp@outlook.com)

**TAOIST TAI CHI - Open House** being held on **April 3rd at 11:15am at 33 Niven St New Liskeard.** Introduction to Tai chi sessions being held on **Fridays starting April 14th.** For more information contact us at [newliskeard@taoist.org](mailto:newliskeard@taoist.org) or 705-622-5859.

### NOTICES / COMING EVENTS

**THE COFFEE HOUSE SUPPORTING & PROMOTING LOCAL MUSICIANS AND THEIR MUSIC.** March saw another great line up of local musicians at the special St. Patrick's edition of The Coffee House. You'll have another chance to appreciate our local musicians and their music on **APRIL 11TH.** Please join us at St. Paul's United Church auditorium, 7 - 10pm at 70 Wellington St. in New Liskeard for The Coffee House. For further information contact Brian Matheson at 705 -647-5671 or email: [coffeehouse2tues@outlook.com](mailto:coffeehouse2tues@outlook.com) Follow us on Facebook, Instagram & YouTube at: the coffee house new liskeard

**ATTENTION KNITTERS:** If you would like to knit for children in the third world, we could use your help. Join us on Tuesdays at 1:30pm at the Community of Christ Church on Niven St., New Liskeard. Just bring knitting needles size 4 or 41/2mm. Yarn and needles are available. All are welcome! For more information, call D. Caldwell at 705-647-6056.

**DUPLICATE BRIDGE EVERY THURSDAY** at 7pm in the Lions Den (entrance behind Community Hall) Partners will be available. If needed Call 705-647-7158 or 563-2996 for information.

**LE GRAND JAM** - Weekly jam session Wednesdays at 1 pm. At Le Coeur Du Village (old IGA) Earleton. Join us to play, dance and meet up with friends.

**Euchre Friday Nights** at 7pm at the Hudson Hall.

**BID EUCHRE!! EVERY TUESDAY, at 7 pm at Hudson Hall.** Everyone Welcome! For Info call 705-647-6684

**EUCHRE! EVERY MONDAY, at 1 pm at Haileybury Legion.** Everyone Welcome! For info call 705-647-6684

**FUN AFTERNOON CRIB** at the **Haileybury Legion** every **SUNDAY 1 til 4 p.m.** Bring a partner and play some crib. Covid protocols will be followed.

### Cooking Products



**The Pampered Chef**  
INDEPENDENT CONSULTANT  
**Cathy Morrow**  
[www.pamperedchef.ca/pws/cathypclady](http://www.pamperedchef.ca/pws/cathypclady)

### WANTED

**UNWANTED GUNS** - Looking for guns of any kind. Rifles, shotguns, handguns, gun parts, used brass also. Have all licenses. Call 705-622-4005.

**LOOKING FOR OLD SNOWMOBILES RUNNING OR NOT FOR PARTS,** old camper trailers, propane tanks & scrap metal. Please call 705-679-3395.

**EIGHTIES LARGE BOOM BOX GHETTO BLASTERS & RECORD PLAYERS** - no CD players. Call or text, 705-648-5392.

**LOOKING FOR PINBALL MACHINES AND TABLE TOP ARCADES FOR MAN CAVE** - Any condition! Willing to travel. Call 705-648-5392.

**Wanted-** Farmland or Acreage Between New Liskeard and Englehart with or without buildings. Call or text confidentially 519-575-8985

### USED ARTICLES FOR SALE

**WHITE BIRCH FOR SALE** - cut, split & delivered. Daki Menan Lands & Resources Corp. 705-569-2663.

**4 - 10 INCH WIDE WHITE PINE BOARDS.** 15ft awning for trailer. Hardware for 20ft awning (no tarp). Call 705-647-2840 for more information

### LIVESTOCK & FARM PRODUCTS

**TEMISKAMING COMMUNITY PASTURE IS ACCEPTING NOMINATIONS FOR THE 2023 PASTURE SEASON** - Nominations must be received by the secretary for **March 31, 2023.** To obtain forms please call Carol at 705-647-6161.

## SALES & SERVICES DIRECTORY

To be a part of our directory contact:  
The Speaker office at 705-647-6791 ext. 227 or ext. 228

### Electrician

*Licensed Electrical Contractor*  
**NORTHERN NOOK ENTERPRISES**  
*Serving all your electrical needs.*  
*Open Monday thru Saturday*  
ECRA/ESA 7011512

**Paul Strubhar 705-648-1481**



**NorthWood**  
HOMES & RENOVATIONS  
705-676-6451  
**JARED FLEMING**  
[NORTHWOODHNR@GMAIL.COM](mailto:NORTHWOODHNR@GMAIL.COM)



**Plumbing - Heating**  
**- Electrical Wholesale - Retail**

74 Scott Street, New Liskeard, ON

Tel: 705-647-4412

Fax: 705-647-4485

[discount@breaultsdiscountwarehouse.com](mailto:discount@breaultsdiscountwarehouse.com)

### FOUNDATIONS

**Solid Concrete Basements, Garage slabs & repairs.**

FREE ESTIMATES

**GERMAIN CONCRETE FOUNDATIONS**

**705-672-3656**

### DOWN THE DRAIN PLUMBING

Temiskaming Shores, Ontario, Canada  
Phone: 705-440-0628 Email: [info@dt dp.ca](mailto:info@dt dp.ca)

Visit our website: [www.dtdp.ca](http://www.dtdp.ca)

**AREAS SERVED**

Temiskaming Shores, Cobalt, Latchford, Earleton, Englehart.

*Servicing Residential and Commercial*

*Don't let your Plumbing problems back you up!!*

*We look forward to assisting you with your Plumbing needs.*

## Stump Removal & Grinding

**Dave Peckover 705-679-3001**

### Loach's Radiator Service

RR#2, New Liskeard

Here for all your snow plowing, sanding and removal needs.

- Mechanical Services also available -

**Call 705-647-7191**



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A Division of Miller Paving Limited

*Serving the North with:*  
crushed gravel,  
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ditching

**Mailing Address:**

Hwy 11B North, Box 248  
New Liskeard, ON P0J 1P0  
Tel: (705) 647-4331  
Fax: (705) 647-3611



*You may now*  
**KISS THE  
 BRIDE**



**5 things to  
 consider when  
 choosing your  
 wedding cake**



As one of the key components of most weddings, decisions about the cake shouldn't be left until the last minute. Here are five factors to consider before you order yours.

- 1. THE NUMBER OF GUESTS** You want to make sure there's plenty to go around. However, it would be a shame to waste your money on an excessively large cake and have to throw some out.
  - 2. THE WEDDING THEME** The cake is as much a part of the decor as the flowers. Don't hesitate to bring a copy of the invitation, colour samples and pictures of the decorations to guide the baker.
  - 3. THE DESIGN** In addition to choosing the shape of the cake and the number of tiers, consider what decorative elements you'd like to incorporate. Fresh flowers, edible gold leaves and chocolate lace are just some of the many choices.
  - 4. THE FLAVOUR** From praline mouse to passion fruit, you might be surprised by how many options are available. Fortunately, most cake shops offer tastings to help you make your choice.
  - 5. THE INGREDIENTS** If you have a limited budget, determine if you favour high-quality ingredients over a refined look. You should also consider if any of your guests have allergies.
- Contact cake shops in your area to schedule a consultation and make sure your cake checks all the boxes.



*Make Englehart Your Wedding Destination*

- Centrally located in the District of Timiskaming
- Large Modern Banquet Hall equipped for 250, with room for more
- Fully Equipped Kitchen
- Accessible Facility
- Complete with audio system
- Kap-Kig-Iwan and Centennial Parks make memorable locations for outdoor ceremonies and photos

Please call  
 705-544-2244  
 to reserve your  
 date today!



We can accommodate up to 600 people on the arena surface and up to 90 people in the lounge. We also have a modern fully equipped kitchen and offer a licenced bar with professional bartending services.

*Our facilities are available for:*

- Weddings
- Meetings
- Trade Shows
- Special Occasions,
- Conferences
- etc.

**Horne Granite Centre**

11 May Street South,  
 New Liskeard, ON PoJ 1P0

Please call The Horne Granite Centre at 705-647-4422  
 email: rentals@hornegranite.com

# CITY BULLETIN

For More Information Call 705 672-3363 Write to The City of Temiskaming Shores, P.O. Box 2050, Haileybury, ON P0J 1K0 or Visit our Website: [www.temiskamingshores.ca](http://www.temiskamingshores.ca)



## Council & Committee MEETINGS

### Committee of the Whole Meeting

Tuesday, April 4, 2023 @ 3:00 p.m.

– City Hall, 325 Farr Drive

### Regular Council Meeting

Tuesday, April 18, 2023 @ 6:00 p.m.

– City Hall, 325 Farr Drive

**Regular Council Meetings are live-streamed on the City's Facebook page.**

Question and Answer Periods during regular Council meetings are an opportunity for members of the Public to submit questions pertaining to an item on the Agenda, or the business of Council.

Members of the public who wish to submit questions to Council at a Regular Council Meeting, may submit in writing or via email to [questions@temiskamingshores.ca](mailto:questions@temiskamingshores.ca). The questions received will be read aloud and responded to during the Question and Answer Periods.

### Question and Answer Period Procedure

Emailed questions will be received until the second Question and Answer Period. Questions received after this time, will not be read aloud at the Meeting. Note: Correspondence sent to the Mayor and Council may be included in a Council agenda/package, and become part of the public record. Comments or questions submitted via the City of Temiskaming Shores Facebook page, will not be considered, and the moderator of the live-streamed Meeting may remove any and all comments.

For further information, contact Kelly Conlin 705-672-3363 Ext. 4116 [kconlin@temiskamingshores.ca](mailto:kconlin@temiskamingshores.ca)

### TEMISKAMING SHORES PUBLIC LIBRARY

#### Library Hours:

Mondays: 10-4

Tuesdays, Wednesdays

and Thursdays: 10-8

Fridays and Saturdays: 10-4

#### Northern College Satellite Service Hours

Monday through Thursday: 8-8

Fridays: 8-4

Saturdays and Sundays: 10-3

**From Soup to Tomatoes: An Exercise Program** Are you an older Adult? Are you hoping you can keep your strength and stay independent? Do you struggle with mobility, standing and regular exercise? Join others to socialize and participate in a FREE chair-based exercise program for seniors. The class is led by Eleanor Katona, a local volunteer, and will begin on Thursday, March 23 at the Temiskaming Shores Public Library in the Programming Room, at 11:15 a.m. For more information, contact Eleanor Katona at 705-647-8002.

**Spring Preschool Storytime** The Library's Spring Preschool Storytime will be starting up again on Wednesday, April 5, and running until Wednesday, May 31. This program is for preschool aged children accompanied by an adult. The program starts at 10:00 and finishes at 10:30 but then parents and little ones usually socialize and choose books to borrow. Drop in to take part in this fun FREE program!

**Children's Easter Craft Program** The Temiskaming Shores Public Library is offering a FREE Children's Easter Craft program to kids aged 3 to 10 years old (we are flexible). This event will take place on Saturday, April 8 from 10:30 – 11:30 a.m. in our Programming Room. To register your child(ren) please call 705-647-4215 or email us at [info@temisklibrary.com](mailto:info@temisklibrary.com) and hop on over on April 8!

**Family Story Time** The Temiskaming Shores Public Library is introducing a new Storytime into the mix. Preschool Storytime has been a part of our library for decades but we don't want the bigger kids to feel left out any longer. We are pleased to introduce our **Family Story Time**, a FREE drop-in program for parents and their children! The next program will be held in the Library's programming room on: **Saturday, April 22, from 11:00 – 11:45 a.m.**

There is no need to pre-register for this FREE drop-in program.

**Gadget Helper** Do you need some help with your tablet or device? If so, you can book a FREE gadget helper appointment at the library! We offer weekly 45-minute one-on-one timeslots on Thursdays. The gadget helper program can help patrons with topics from learning to navigate the basics of a new device to downloading ebooks and accessing online resources and even troubleshooting hardware and software issues. Call the library to book an appointment!

**TumbleBookLibrary Online** TumbleBookLibrary is an online collection of e-books for children. They are a great way to encourage tech-savvy kids to enjoy reading! There are over 250 animated, talking picture books. The site also features French and Spanish books, read-along chapter books, non-fiction books, and exciting games and puzzles. You can use your computer, tablet, or mobile phone—all you need is an internet connection. There are no downloads: books are streamed right to your device at the click of a button. To access, click the E-Resources tab on the library's website and look under Children's resources. Have your 14 digit library card ready to log in and enjoy this fun resource for kids!

For more information about any of these programs please call us at 705-647-4215, email us at [info@temisklibrary.com](mailto:info@temisklibrary.com) or pop into the library and speak to one of our friendly staff members.

## 2023 Swim Lesson Registration and Session Dates

### SPRING SESSION

#### Registration Dates

Residents starting March 21st 2023

Non-Residents starting March 23rd 2023

#### Session Dates

Tuesday Classes – April 4th –

May 30th 2023(9 classes)

Thursday Classes – April 6th –

June 1st 2023 (9 classes)

### SUMMER SESSIONS

#### Pool Lessons Registration Dates

Residents starting June 13th 2023

Non-Residents starting June 15th 2023

#### Session Dates running

**Mon – Fri for two weeks**

Session #1 – July 4th – 14th 2023

(9 classes) (cancelled on July 3rd)

Session #2 – July 17th - 28th 2023

(10 classes)

Session #3– July 31st – Aug 11th 2023 (9 classes) (cancelled on Aug 7th)

Session #4 – Aug 14th – 25th 2023 (10 classes)

#### Session Dates running Mon – Fri

**for two weeks**

Session #1 – July 17th - 28th 2023 (

10 classes)

### Beach Lessons Registration Dates

Residents starting June 13th 2023

Non-Residents starting June 15th 2023

**Haileybury Beach Lessons \*please note\*** The Recreation Department values the experience of children learning to swim in a beach setting however, we are experiencing a Swim Instructor shortage, therefore the lessons at the Haileybury beach may be cancelled to properly lifeguard the beach. If you have any questions or are interested in becoming a lifeguard/swim instructor, please contact the Pool Fitness Centre at 705-647-5709 or [pfcc@temiskamingshores.ca](mailto:pfcc@temiskamingshores.ca)

### FALL SESSION

#### Registration Dates

Residents starting Sept 12th 2023

Non-Residents starting Sept 14th 2023

#### Session Dates

Tuesday Classes – Sept 26th

– Dec 5th 2023 10 classes

(no classes on Oct 31st)

Thursday Classes – Sept 28th

– Nov 30th 2023 (10 classes)

### Register on the City of Temiskaming Shores website at

[www.temiskamingshores.ca](http://www.temiskamingshores.ca) on the correct days.

Go to the Facility/Program Portal at the bottom left-hand side of the webpage.

Create a profile and you will have access to the current courses offered.

For more information, please contact the Waterfront Pool/Fitness Centre at 705-647-5709

The City of Temiskaming Shores, Pool/fitness Centre reserves the right to limit registration, withdraw, amend, change, postpone, cancel or reschedule classes. We regret any inconvenience this may cause.

Applicable taxes will be charged to participants over the age of 15.  
705-647-5709 [www.temiskamingshores.ca](http://www.temiskamingshores.ca) [pfcc@temiskamingshores.ca](mailto:pfcc@temiskamingshores.ca)

### Arena/Parks Attendant Competition No. 2023-008 (6 month position)

The City of Temiskaming Shores is currently seeking a Temporary Arena/Parks Attendant within the Recreation Department. The Arena Parks Attendant is part of a team responsible for the operation and maintenance of municipal recreation facilities and parks. Duties will also include minor construction, grounds keeping and ice maintenance.

The successful candidate will possess the following qualifications and education:

- Minimum Grade 12 or equivalent;
- Experience in grounds keeping and minor construction;
- Ability to meet the needs of customers, communicate effectively with facility users and maintain accurate records;
- Basic Refrigeration knowledge considered an asset.

Applicants are encouraged to submit their resumes quoting

#### Job Competition No. 2023-008

no later than **April 14<sup>th</sup>, 2023** by regular mail or email to:

Shelly Zubycyk; Director of Corporate Services; P.O. Box 2050; Haileybury, ON P0J 1K0; szubycyk@temiskamingshores.ca

The City of Temiskaming Shores appreciates the interest of all applicants however, only those selected for interviews will be contacted. The City of Temiskaming Shores is an equal opportunity employer that provides equality of opportunity for employment without discrimination, consistent with The Ontario Human Rights Code.

The City of Temiskaming Shores is committed to providing accommodations in all parts of the hiring process. If you require accommodations, we will work with you to meet your needs.

### AGE FRIENDLY COFFEE HOUR TUESDAY, MARCH 28TH 2:00 P.M.

Open Studio Libre 479 Ferguson Ave., Haileybury

WEDNESDAY, MARCH 29TH 10:30 A.M. Riverside Place, New Liskeard

Join us at this FREE event for a coffee and information discussion with Ryan Primrose - Archeologist For more information contact Lynn:

ljulien@temiskamingshores.ca

### AGE FRIENDLY/GET ACTIVE PROGRAMS.

For more information contact Lynn Julien at 705-647-5709 or [ljulien@temiskamingshores.ca](mailto:ljulien@temiskamingshores.ca) Registration required for Women's exercise class and line dancing class.

**Monday – Aquafitness:** 9:00am – April 17<sup>th</sup>, Seniors drop-in rate of \$6.75, Pool and Fitness Centre

**Adult Swim:** 12:00pm – April 17<sup>th</sup>, Senior drop-in rate of \$4.25, Pool and Fitness Centre

**Tuesday – Women's Exerc. Group:** 9:00am – April 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup>, Shelley Herbert-Shea Memorial Arena

**Pickleball:** 9:00am – April 11<sup>th</sup> and 18<sup>th</sup>, Lawrence "Bun" Eckensviller Community Hall

**Beginner Line Dancing:** 10:00am – April 4<sup>th</sup>, 11<sup>th</sup> and 18<sup>th</sup>, Lawrence "Bun" Eckensviller Community Hall

**Wednesday – Aquafitness:** 9:00am – April 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>, Seniors drop-in rate of \$6.75, Pool and Fitness Centre

**Adult Swim:** 12:00pm – April 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>, Senior drop-in rate of \$4.25, Pool and Fitness Centre

**Public Skating:** 12:30pm – March 29<sup>th</sup>, April 5<sup>th</sup> and 12<sup>th</sup>, Don Shepherdson Memorial Arena

**Thursday – Women's Exerc. Group:** 9:00am – March 30<sup>th</sup>, April 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>, Shelley Herbert-Shea Memorial Arena

**Indoor Walking:** 9:00am – March 30<sup>th</sup>, April 13<sup>th</sup> and 20<sup>th</sup>, Northern College Gymnasium, Haileybury

**Intermediate Line Dancing:** 11:00am – March 30<sup>th</sup>, April 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>, Shelley Herbert Shea Memorial Arena

**Friday – Pickleball:** 9:00am – March 31<sup>st</sup>, April 14<sup>th</sup> and 21<sup>st</sup>, Lawrence "Bun" Eckensviller Community Hall

**Adult Swim:** 12:00pm – March 31<sup>st</sup>, April 21<sup>st</sup> and 28<sup>th</sup>, Senior drop-in rate of \$4.25, Pool and Fitness Centre

**Bowling:** 1:30pm – April 14<sup>th</sup> and 28<sup>th</sup>, \$3 Tri-Town Bowling Lanes, Haileybury

## RECREATION UPDATE

### Waterfront Pool and Fitness Centre

- Pool schedule is available on our website: [www.temiskamingshores.ca/poolschedule/](http://www.temiskamingshores.ca/poolschedule/)
- Evening and Public Swims available throughout the winter.
- The slide is **OPEN**

### Parks, Trails, and Greenspaces

- All outdoor facilities are **CLOSED** for the season.
- Trails and parks are not maintained by City staff throughout the winter.

### Outdoor Rinks

- Outdoor rinks are **CLOSED** for the season.

### Arenas

Please note: As work continues on the new vestibule at the Don Shepherdson Memorial Arena, please enter the facility through the side entrance as indicated. Signage is in place.

### Public Skating (Updated)

#### Don Shepherdson Memorial Arena

- Sundays 6:30pm to 7:30pm
- Wednesdays 12:30pm to 1:30pm

#### Shelley Herbert-Shea Memorial Arena

- Tuesdays 12pm to 1pm

### Pickleball

Interested in playing pickleball this winter? The Temiskaming Shores Pickleball Club will be hosting clinics for new pickleball players. Please post a note on their Facebook page and they will advise you when the next clinic will be held. Contact Russ Tench for more details: [rtench1@gmail.com](mailto:rtench1@gmail.com) / 705-648-3280

# Pull the Plug on Electrical Fires



Electrical equipment is a leading cause of home fires in Ontario.

Install **smoke** and **carbon monoxide** alarms on every storey of your home.

Test them every month.



How do I keep myself and my loved ones safe?

- **Avoid running cords under rugs** which can damage the cord and cause a fire.
- **Avoid overloading a circuit with "octopus outlets"**. If additional outlets or circuits are required, have them installed by a licensed electrician.
- Extension cords should be used only as a **temporary connection**. If permanent wiring is required, have additional outlets installed by a licensed electrician. **Extension cords should not be linked together**—use an extension cord that is long enough to do the job.



- Air conditioners and other heavy appliances should be plugged **directly into an outlet**.

- **Ground fault circuit interrupters (GFCIs)** should be installed in bathrooms, kitchens, and garages. GFCIs shut off an electrical circuit when it becomes a shock hazard.

- **Check electrical cords for damage such as fraying or nicks**. A damaged cord can expose wires and result in a potential shock or fire hazard.



For more information contact your **local fire department**.

Jocelyn Plante Fire Prevention Officer  
Temiskaming Shores Fire Dept.  
705-672-3363



Office of the Fire Marshal and  
Emergency Management  
[ontario.ca/firemarshal](http://ontario.ca/firemarshal)



# COMMUNITY FOOD BANK DRIVE

**Drop off your donation anytime between  
Monday & Friday 9am - 5pm at The Speaker Office**

**OR**

**Saturday, April 1st • 10am - 4pm**

- *At the Latchford Medical Clinic Monday - Friday*
- *In Temagami: Drop off at the Library or the Municipal Office.  
(Food bank sponsored by Temagami Lions Club).*
- *In Coleman: Drop off at Coleman Municipal Office Monday - Friday*
- *In Cobalt: Drop off at the Food Bank.*
- *Englehart: 63 5th Ave. Rear entrance, Food Bank*
- *In Haileybury: Drop off at Haileybury Food Bank from 10:00 am - 4:00 pm*
- *In New Liskeard: Drop off at Chartrands, the Salvation Army or The Temiskaming Speaker.*
- *The bin at your favourite grocery store.*

**Call for Pick-Up  
or Drop Off**

**SPEAKER**  
PRINTING AND PUBLISHING

**705-647-6791  
EXT. 224**