



On hold

Armstrong postponing centennial celebrations

By Jamie Mountain

Local Journalism Initiative Reporter

EARLTON – Armstrong Township is pushing back its centennial celebrations to next year amid the ongoing COVID-19 pandemic.

Mayor Jean Marc Boileau, who sits on the centennial committee, told council at its January 27 meeting that the group had some discussions over the last few weeks and the consensus was that they should hold off on the festivities in 2021.

The centennial celebrations were originally scheduled for the July 2-4 weekend.

“With COVID going on and everything like that, it’s pretty hard to organize the event,” said Boileau at the council meeting.

“We’ll meet again over (the course of) the year and see where we stand and then we would try to get it back on track for next year. We feel now that we should have not just a watered down form, we should have a bigger celebration.”

Boileau also noted the township will be renaming the Earlton Recreation Centre and felt they should push it back for now, then review in November or December and see where everything stands with the pandemic.

“With the people on the committee, it’s pretty hard to meet and also kind of get the adrenaline flowing to get into (organizing) it,” he said.

Councillor Theo Cull said he felt the township could hold off on celebrating until the 105th anniversary, if need be, reasoning that “the year 105 is just as special as year 100.

“You could constantly meet with everybody (on the committee) to try to build up the speed. I think it’s a good idea to postpone it and think more long-term.”

Council agreed that Armstrong would postpone the centennial celebrations until at least 2022 and review its options on a year-to-year basis.



SKATING WITH MOM

Brielle Breault, 4, of New Liskeard, was all smiles as her mother Isabelle Breault was teaching her how to skate. They were enjoying the New Liskeard skating path near the New Liskeard Pool-Fitness Centre on Saturday morning, January 30. (Staff photo by Darlene Wroe)

DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our February 3 edition...

- No charges were laid against police in the shooting of a New Liskeard man last year.
- First Nation communities in Temiskaming are unanimous in their condemnation of a proposed Timiskaming Forest Management Plan.
- Timiskaming Home Support is asking for more support as the COVID-19 pandemic plays out.
- Temagami musician David Laronde is launching his latest album called *I Know I Can Fly*, meant to bring hope and the power of intellectual freedom.
- The development of satellite broadband service pleases the president of FONOM.



- The Timiskaming Shores Community Volunteer Income Tax Program will provide virtual services in 2021.
- Réjeanne Bélisle-Massie has received the June Callwood Outstanding Achievement Award for Voluntarism.
- A 19-year-old New Liskeard girl had the thrill of a lifetime when she hooked onto a monster-sized pike last week.
- The Timiskaming Health Unit has completed its Phase 1 long-term care home vaccination program in the South Temiskaming region.
- The Temiskaming Shores Minor Hockey Association is hoping it can resume play once the February lockdown deadline passes.
- Meanwhile, Englehart has decided to shut down the arena and curling club for this season.



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COVID UPDATE



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Seniors' Centre WITHOUT WALLS

Making Connections with Older Adults in Timiskaming



Are you...

- ☒ Not able to get out of the house as much as you would like?
- ☒ Missing education and social programs offered in the community?
- ☒ Wishing we had a seniors' centre to drop by, make friends and learn new things?

Consider joining Seniors' Centre Without Walls!

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scww@homesupportservices.ca



Staying active while at home

Being active is the single most effective thing older adults can do to remain healthy as they age, maintain their independence, and reduce risk of a fall. Group exercise programs are on hold due to COVID-19, but now more than ever it's important to stay active while at home for both your physical and mental health. If you have access to technology, check out the many virtual physical activity options available at www.stayonyourfeet.ca. If you don't have access to technology, consider trying ten simple exercises you can do at your kitchen sink! Contact the Timiskaming Health Unit for your copy of a "Guide to Living Independently for Older Adults," which includes exercises that can be done independently at home, like toe taps, mini squats, leg lifts, and more. If you're heading outside for some fresh air and a brisk walk be sure to wear sturdy boots that have a deep tread and fit well, and consider trying ice grippers on your boots for better traction. Plan some time each day to exercise and enjoy the benefits of improved balance, strength, endurance, and flexibility, as well as improved mood and better sleep. Let's be active!

Mon centre à distance

Établir des liens avec les personnes âgées du Timiskaming



Vous...

- ☒ n'arrivez pas à sortir de la maison autant que vous le souhaiteriez?
- ☒ manquez les programmes à développement social ou éducatif offerts dans votre collectivité?
- ☒ souhaitez socialiser, vous faire des amis et apprendre de nouvelles choses à un centre pour les aînés?

Joignez-vous à Mon centre à distance!

- Un programme **GRATUIT** qui peut être accessible par un simple téléphone.
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scww@homesupportservices.ca



Restez actif à la maison

L'activité physique est la méthode la plus efficace pour les personnes âgées de demeurer en bonne santé, de maintenir leur autonomie, et de réduire leurs risques de chutes. Les programmes d'exercices de groupes sont suspendus dû au COVID-19, mais il est important, plus que jamais, de rester actif à la maison pour votre santé physique et votre santé mentale. Si vous avez accès à la technologie, consultez de nombreuses options d'activité physique virtuelle disponibles à www.stayonyourfeet.ca/fr. Si vous n'avez pas accès à la technologie, considérez essayer dix exercices faciles devant votre évier de cuisine! Contactez les Services de Santé du Timiskaming pour obtenir votre copie du « Guide pour vivre de façon autonome à l'intention des aînés » qui comprend des exercices pouvant être effectués de façon autonome à la maison, comme des tapotements de pieds, des mini-accroupissements, l'élévation des jambes, etc. Si vous allez à l'extérieur pour prendre de l'air frais ou pour faire de la marche, assurez-vous de porter des bottes offrant un bon support qui ont une semelle profonde et qui sont bien ajustées et considérez installer des crampons sur vos bottes pour avoir une meilleure traction. Chaque jour, planifiez du temps pour faire de l'exercice et profitez des bienfaits d'une amélioration de l'équilibre, de la force, de l'endurance et de la flexibilité ainsi que d'une meilleure humeur et d'un meilleur sommeil. Soyons actifs!

Englehart arena removes its ice for the season

Darlene Wroe
Speaker Reporter

ENGLEHART - Englehart staff, with council’s approval, have decided to shut down the ice making plant at the Englehart arena for the remainder of the season.

Speaking at Englehart council’s January 27 meeting (held virtually) town chief administrative officer Shawn LaCarte commented on the staff recommendation to remove the ice for the rest of the winter.

“We figured with almost three weeks left until the February 11 deadline (when the current COVID lockdown might be lifted), which isn’t guaranteed,” the town could save approximately \$22,000 if the arena were shut down now.

The arena has been closed since December 18.

The decision means the curling club’s ice will be removed as well since they share the arena’s ice making plant.

In the staff memo to council, it was noted that several municipal arenas have already closed or have announced they will be closing due to financial losses, health and safety, lower attendance, and the lack of a firm date when the lockdown will be lifted.

Revenue from the arena for the September to December period was \$6,000 lower than it was for the same period in 2019, council was also advised.

“Expenses have increased due to COVID-19 personal protect-



ive equipment, signage, cleaning supplies, and wages,” the memo stated.

Englehart Councillor Jill Plante said it’s “a tough decision. I feel badly, but I think it is a responsible decision.”

Councillor Jerry Mikovitch noted that the Englehart Minor Hockey Association had been hoping to start up their season again after the COVID lockdown was lifted.

But Mikovitch acknowledged that if the season was extended into April, there could be increased costs and challenges with running the ice plant when the temperature outdoors is warming up.

“We would be forking out even more money,” he said.

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February 10, 2021

7:00 pm to 8:00 pm ET

Via a Webcast and Conference Call

Please join the meeting online via the webcast or by dialing in using the conference call details

Webcast: <http://bit.ly/FirstCobalt>

Conference Call:

Local #: 416.764.8609 or Toll-free #: 1.888.390.0605

Confirmation #: 32420596

ABOUT THE FIRST COBALT REFINERY PROJECT

First Cobalt owns North America's only permitted cobalt refinery located in Cobalt, ON on Silver Centre Road. The company is currently advancing its plan to recommission and expand the Refinery to produce battery-grade cobalt sulfate for the North American and European electric vehicle market. Our updated feasibility study estimates production of 25,000 tonnes of cobalt sulfate per year at a capital cost of US\$60M (CDN\$80M). Our recently completed Life Cycle Assessment (LCA) demonstrated our strong Environmental, Social and Governance (ESG) mandate, with projected carbon emissions that are 50% lower than our benchmarked peer refiners.

On February 10, 2021, the public is invited to a Virtual Information Open House. Representatives from First Cobalt will give a brief review of the project and highlight the modelling work completed regarding the Industrial Sewage assessments surrounding its operation. First Cobalt will be applying for its Environmental Compliance Approval: Industrial Sewage in the coming weeks.

Please attend our virtual information session to learn more about this project. Comments and input from area residents will help us better understand and address any concerns or suggestions that may impact this project and/or your community.

FOR MORE INFORMATION PLEASE CONTACT: INFO@FIRSTCOBALT.COM OR 416.900.3891

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EDITORIAL

Off our backs

Canada's Governor General, Julie Payette, was found to have verbally harassed her staff and for that, she has resigned her post.

The controversy surrounding Payette's resignation swirled at the water coolers, on the streets and on social media of late.

It seems that, although Payette is gone from her post, she is still able to collect a lifetime pension of at least \$149,484 per year.

This rather generous lifetime annuity is set out in the Governor General's Act.

On top of the annuity, the former Governor General is entitled to claim a generous expense account of just over \$200,000 per year from the bud-

get of the Office of the Governor General.

This type of remuneration may outrage some people, especially those who are suffering under the COVID-19 pandemic restrictions such as small businesses and the like.

Politicians over the ages have been known to treat themselves very well while in office and afterwards.

It's up to each and every Canadian to send a clear message to municipal, provincial and federal politicians that the people's money is to be managed responsibly and with the utmost frugality.

Let the present government put a stop to these lavish expenses off the backs of hard working Canadians.

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One world

"Humans: We're not the only species, we just act like it."
Unknown

One fall morning on my way to work, I came upon an animal lying in the middle of Highway 11.

I pulled my car over and had a look.

It turned out to be a bobcat, hit by a passing car.

I hadn't ever seen a bobcat up close before but I knew they were in the area.

I looked at its bobbed tail, pointed ears, large eyes, sharp teeth, long legs, paws and beautiful reddish brown colouring.

It was a beautiful creature with the stature of a medium sized dog.

This cat is the smallest of the wild cats found in Northern Ontario, the lynx and cougar being the others.

I often think of that bobcat encounter, because it

reaffirmed something very important in me, a feeling of wonder about the natural world.

The natural world has taught me about differences. I have learned to appreciate differences in various species of birds, animals and even people.

I remember when the proposal to create a new housing development behind Walmart was talked about.

It partly hinged on the fate of the bobolink, a bird found to have nested in the region.

I heard someone say, "What the hell is a bobolink?"

The bobolink is a medium sized songbird, listed as an endangered species, thus its habitat is subject to protection under the Endangered Species Act.

You can tell a lot about people by the way they relate to animals and birds.

Considering we have lost six million birds across North America since 1970, appreciating birds and their habitat is not something to take for granted.

Because the world of bobcats and birds is our world, there is only one world.

This is what is so important about the Hilliardton Marsh Research and Education Centre.

People, especially children, can see birds up close, hold them in their hands and feel their hearts beating. They can witness birds being banded and know that the scientific information gleamed from banding helps to monitor birds and protect them.

And they leave the Marsh having a sense of the wonder of the natural world in their hearts and minds.

When we empathize with the plight of birds and animals we understand why melting ice caps are a direct threat to their world and ours.

The traditional knowledge of First Nation people says wild animals can have positive impacts on our physical, mental and spiritual health.

Nature is helping us to break away from our fixed gaze on screens to remember we are animals in a world of animals.

Haven't our fur babies been a real comfort during this lockdown? We have a mischievous, energetic black cat at home that keeps us on our toes with her daily antics.

She definitely knows she rules the house.

Nature and its animals are the salve, a healing balm to the pandemic challenges.



Sue Nielsen





SNOW MUCH FUN

After upwards of 20 centimetres of snow fell in some parts of the Temiskaming region recently, it was prime sliding time for this Cobalt family. From the left getting ready to go back down the Cobalt Public School hill on January 17 are Jennifer Perierre, Mita Gibson, sons Léoden Gibson and Thain Gibson. From the left are the family dogs Winter, Jackie-Blue and Zoe.
(Staff photo by Sue Nielsen)

Temagami announces citizen award winners for 2020

By Jamie Mountain
Local Journalism Initiative Reporter

TEMAGAMI - The municipality of Temagami is making plans to present its citizen awards to the respective 2020 winners.

The Citizen of the Year award will be presented to Gerald Stroud, the Lifetime Achievement Award will be given to Lorne Pacey, Niki Plumstead and Jim Kitts and the Posthumous Lifetime Achievement Award will go to Marcello Bernardo and Gary Potts.

The announcement of the winners, which was a recommendation from the ad hoc committee, was made and approved at Temagami council's regular meeting on January 21.

Council also approved a motion to direct staff to organize the presentation of the awards, which includes the purchase of a small gift of recognition for the winners.

"I want to thank the committee that got together to do this," said Mayor Dan O'Mara at the

meeting.

"We have a lot of people doing a lot for us in our community and it's nice that we recognize certain people on a year-to-year basis."

The citizen awards were established by council in 2014 and the awards could be for an individual, couple, family, or a group of people.

The names of the winners are engraved on a plaque and then displayed at the municipal office.

Temagami Family Health Team

Submitted by Ellen Ibey

Understanding and Managing Anxiety

Everyone feels tense, worried or nervous at times. This is anxiety and it's a natural response to stress.

In small doses, anxiety can be a good thing. It can motivate us and make us more productive. A little bit of fear may push us to study harder for that next exam or prepare for that job interview. And a burst of anxiety can even be a lifesaver when it helps us get out of the way of danger. But too much anxiety can be a problem. If feelings of tension, fear and worry are there too much of the time and get in the way of everyday activities, it could be the sign of an anxiety disorder. Like depression, anxiety disorders are a common problem. In fact, sometimes depression and anxiety occur together. Anxiety disorders may not go away by themselves, but they are treatable.

Treatment for Anxiety:
Some types of counselling along with certain medications, prescribed by a health care provider, can be helpful in dealing with an anxiety disorder. Specifically, cognitive behaviour therapy (CBT) is often the first choice for treatment. Medications known as selective serotonin reuptake inhibitors (SSRIs) may be used in addition to therapy, if necessary.

- Managing Anxiety – Self-Help Tips:**
- Take care of yourself:
- Eat right, sleep right, be physically active!
 - Avoid alcohol and street drugs. These may seem like a way to make yourself feel better, but in the long run, they can make things a lot worse.
 - Know what triggers your anxiety and reduce stress where and when you can.
- Learn how to chill out:
- Learning how to relax deeply can take time and practice. Some examples include deep breathing mindfulness meditation or yoga. These types of activities can help calm both body and mind. Some great apps you might consider trying are Calm or Headspace.
- Stay connected with friends and family:
- Too much time alone can allow worries and anxieties to grow. Connecting with others can give you a break from your worries. Staying connected also means that others can be there for you, to listen to your concerns and provide support. In-person connection throughout the pandemic has been a challenge but connecting virtually is a great alternative.
- Spend time in nature:
- Get outside -- there is more and more evidence that just being in nature is good for our mental health. And it's a great place for exercise and relaxation.

The Temagami Medical Centre and Family Health Team...
committed to keeping you as healthy as possible.



Temagami

Family Health Team

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DTSSAB 2021 budget options considered

Darlene Wroe
Speaker Reporter

DISTRICT – Temiskaming’s social services board is working toward its 2021 budget.

The District of Timiskaming Social Services Administration Board (DTSSAB), which is made up of 23 area municipalities, annually prepares a budget to deliver the services of Emergency Medical Services (EMS), child care, social housing, and Ontario Works.

Provincial and federal funding assists with the delivery of the programs but the remainder is funded through the member municipalities, which in turn

impacts their budgets.

The first 2021 draft budget for DTSSAB suggested a municipal levy increase of 3.28 per cent.

To bring the municipal levy increase down to two per cent, \$130,000 was taken from EMS vehicle and equipment reserve. That amount will be used to help offset some of the vehicle and equipment costs for the EMS in 2021.

At the board’s regular meeting Wednesday, January 20, DTSSAB chief administrative officer Kelly Black commented that “our goal is generally not to dip into the reserves when we don’t need to but the last few

years there have been a lot of pressures so we have had to dig into those reserves to keep the municipal share down.”

Acting EMS chief Robert Smith assured that the change within the EMS funding sources will not affect the services. He noted that EMS will replace its cardiac monitors this year with a five-year payment plan.

Kirkland Lake Mayor Pat Kiely commented that he thinks “two per cent is palatable for the municipalities.”

DTSSAB director of finance Janice Loranger noted that the district has seen an overall assessment increase of 0.7 per cent. The municipalities share

DTSSAB costs on an apportionment formula and one of the factors is the municipality’s assessment. Municipalities see their assessments change from year to year, and not all municipalities see the same changes. Some see their assessments go up more than others. This will have an impact on the amounts levied for DTSSAB’s costs, Loranger reminded the board members.

DTSSAB chair Doug Jelly agreed with Kiely that “in this day and age two per cent is not a bad increase. It’s been rough on all the municipalities this year, and I certainly appreciate the work of DTSSAB on get-

ting it from close to four per cent to two per cent.”

DTSSAB vice-chair Derek Mundle also agreed that “two per cent isn’t a huge increase.”

But he questioned if DTSSAB could transfer \$205,000 from its working fund reserves to have a zero per cent increase for municipalities.

That would be a decision from the board, Loranger replied.

Jelly agreed to ask Black and Loranger to bring the budget back to the February meeting so that the board could look at a budget with a zero per cent increase “just to give us some ideas.”



February is HEART MONTH



Take your health to heart!

Heart health: the importance of stress management

According to Health Canada, as many as 11 million Canadians are experiencing high stress levels in response to the COVID-19 pandemic. Since February is Heart Month, here’s a look at the impact of stress on heart health and what you can do to manage it.

HOW STRESS AFFECTS YOUR HEART

Sudden intense stress causes a spike in heart rate and blood pressure, which can trigger a heart attack, especially if you have a pre-existing condition or risk factors for heart disease. While the effects aren’t as immediate, chronic stress can also put a strain on your heart, elevate your blood pressure and increase your risk of heart disease. Fortunately, according to the Heart and Stroke Founda-

tion, nearly 80 per cent of premature heart disease and stroke cases can be prevented by adopting healthy lifestyle habits, including proper stress management.

HEALTHY WAYS TO MANAGE STRESS

Many people smoke, drink alcohol or eat junk food as a way to cope with stress. Unfortunately, these behaviours have a negative effect on your heart health. Here are some healthy ways to lower your stress level:

- Get seven to nine hours of sleep every night
- Exercise for at least 30 minutes every day
- Spend time with friends and family members
- Practise yoga, meditation and deep breathing exercises

- Find creative outlets such as journaling or painting
- Regularly visit parks, beaches, hiking trails and other natural settings
- Take breaks from using social media
- Speak with a mental health professional

For more information about how to reduce your risk of heart disease, visit heartandstroke.ca.



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Garbage was dumped and burned at the entrance of a popular hiking trail in Coleman Township. (Supplied photo)

Garbage dumped and burned on popular trail

Darlene Wroe
Speaker Reporter

COLEMAN TOWNSHIP - Another pile of household waste has been found in Coleman Township and, like in a recent case, it was burned, too.

Coleman Township and bylaw enforcement officer Pete Gilboe are calling upon the public for any assistance they may have in identifying the person or persons who are responsible.

The garbage was placed at the entrance to a popular hiking trail near Cart Lake sometime between January 27-30.

"In addition to being an eyesore at this outdoor recreation location, there were broken bottles and other items in the garbage that posed a danger to both people and pets who enjoy walking the trails," the public notice stated.

A warning was also included that "persons found to be responsible for this activity will be subject to charges that will result in court appearances and potentially significant fines."

Township chief administrative officer Patrick Cormier commented in a telephone interview that the dumping incident is currently being investigated.

There seems to have been many similar incidents in the township, he agreed, and noted that Gilboe has been identifying other past illegal dumping sites, as well as paperwork and other items in the debris that can help identify persons of interest.

Gilboe has been providing bylaw enforcement services to the township since early July 2020.

The township does have a landfill site and the cost of disposing of garbage is just \$1 a bag or \$2 a cubic square foot of household waste, Cormier said.

He encouraged anyone with information about the identity of the person or persons responsible for dumping the items to contact the township at 705-679-8833 or Gilboe at 705-648-3750. Setting an example of those responsible could deter others.

"It could help us a lot and curb some of the bad habits people have," Cormier commented.

E-WASTE COLLECTION



Landfill attendant John Parcher holds one of the latest drop-offs at the electronics recycling bin at the Haileybury landfill. A container of discarded computer equipment, televisions and other electronics gear is shipped for recycling about every six weeks (Staff photo by Diane Johnston)

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Email: collisioncentre@personainternet.net

Email: Century21louise@hotmail.com
www.century21.ca/louisediane.ames
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22 MAIN Street THORNLOE 2 Bedrooms, 1 Bath
 MLS: TM202296 Price: \$75,000



40 ARMSTRONG Street S TEMISKAMING SHORES
 MLS: TM202265 Price: \$138,000



6 THIRD Street COBALT 5 Bedrooms, 2 Baths
 MLS: TM202446 Price: \$175,000



575 TAYLOR Street TEMISKAMING SHORES
 2 Bedrooms, 2 Baths MLS: TM202437 Price: \$182,000



215091 SHARP LAKE Road
 TEMISKAMING SHORES
 MLS: TM210080 Price: \$198,888



546 BOLGER Avenue TEMISKAMING SHORES
 4 Bedrooms, 2 Baths
 MLS: TM210046 Price: \$248,800



91790 PORTAGE BAY Road COLEMAN TWP
 MLS: TM210047 Price: \$278,000



54 KATHERINE Street
 TEMISKAMING SHORES
 3 Bedrooms, 2 Baths
 MLS: TM202003 Price: \$375,000



NEW PRICE!

261 LAURETTE Street
 TEMISKAMING SHORES
 4 Bedrooms, 3 Baths
 MLS: TM210177



201 ALBERT Street
 TEMISKAMING SHORES
 6 Bedrooms, 4 Baths
 MLS: TM202205 Price: \$479,900



COMMERCIAL
 52 JAFFRAY Street
 TEMISKAMING SHORES
 MLS: TM210050 Price: \$480,000



227 COSMAN Crescent
 TEMISKAMING SHORES
 4 Bedrooms, 5 Baths
 MLS: TM210169 Price: \$535,000



258453 HILLVIEW Road
 HUDSON TOWNSHIP
 3 Bedrooms, 3 Baths
 MLS: TM202367 Price: \$575,000

Data being gathered on high municipal insurance rates

Darlene Wroe
Speaker Reporter

DISTRICT - The issue of rising costs of municipal insurance is concerning municipal organizations across the province, and is increasingly becoming a topic of conversation in virtual meetings.

Federation of Northern Ontario Municipalities (FONOM) president Danny Whalen said in a telephone interview he has discussed the problem with representatives of the Association of Municipalities of Ontario (AMO) and the Northwestern Ontario Municipal Association (NWOMA).

FONOM has sent an email to all its members asking them to show the percentage increase of their municipal insurance for 2021.

Whalen commented that the Town of Black River-Matheson, for example, is seeing an increase of about 100 per cent.

The topic of high and climbing municipal insurance rates has been discussed over the past two years, but moved to the backburner with the onset of the pandemic. But with the arrival of 2021, municipalities across the province received notices from their insurance providers about their new rates, and the news was not good.

Municipality of Charlton and Dack Reeve Merrill Bond was among the first to get the topic back on the table, and Timiskaming-Cochrane MPP



**DANNY
WHALEN**

John Vanthof is also addressing it with his colleagues at Queen's Park.

Whalen commented that there are the regular claims such as fire and flooding which municipal insurers respond to, but one of the greatest impacts to municipal insurance is that of Joint and Several Liability.

He explained that "if the municipality is named in a claim and they're found one or two per cent responsible for the cause of the claim, then the judge has the right to say that since the municipality has the easiest access to financing, which is through the taxpayer, they're going to pay."

Municipalities may end up carrying a large amount of the settlement.

"That's not fair to the taxpayer but it's the reality of what's going on."

Whalen said FONOM will be collecting the data received from the municipalities and taking it to AMO where a package will be prepared to take to the province.

"The province is well aware of the problem. The current government is taking some action, so they would review it."

Whalen added, "It has to be dealt with."

Bond has expressed concern that some municipalities could face bankruptcy over the high costs of municipal insurance.

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- Special chemotherapy
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- Nutritional supplements
- Rental of equipment

TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm
Temiskaming Hospital Room 724 **Englehart Office & Englehart Family Health Team**
Check out our Website: communitycancercare.ca
705-628-8800 **705-544-2301 ext. 5256**
Sponsored by the Temiskaming Speaker

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CROSSWORD

ACROSS

- 1. Metal refining dregs
- 5. Sentimentality
- 8. People in general
- 12. Attach by stitches
- 15. Grandmother
- 16. Cuddle
- 17. Legal hold on property
- 18. Cuckoo
- 19. Make sour
- 21. Female voice
- 22. Child
- 23. Chapel seat
- 24. Trouser joint
- 26. Reproof
- 28. Express approval
- 29. “_____ the Wild Wind”
- 32. May it be so!
- 33. Confuse
- 36. Ajar, in verse
- 38. Furry pet
- 40. Blue bloods
- 41. Australian leaper
- 43. Fit
- 44. Kind of code
- 45. Large painting
- 48. Mythical bird
- 49. Half a quart
- 50. Exclude
- 52. Gosh!
- 54. Undiminished
- 56. Moroccan capital
- 58. Cabbage dish
- 59. Charon, e.g.
- 61. Strain
- 62. Erase
- 64. Archaic
- 65. Spud
- 66. Wheel spindle
- 67. Hose hue
- 69. Nuclear particle
- 71. Additional
- 73. Cicero, e.g.
- 75. “_____ fleece was white . . .”
- 78. Needle’s kin
- 79. Upright beam
- 82. Type of evidence
- 84. Work measure
- 85. Appellation
- 86. Creative creation
- 87. Earthen pot
- 88. Formerly called

- 89. World’s fair, e.g.
- 90. Bread variety
- 91. Garden growth

DOWN

- 1. Click
- 2. Doily stuff
- 3. All over again
- 4. Long-jawed fish
- 5. African nation
- 6. Boldly stated
- 7. Carpenter’s curve
- 8. Fire
- 9. Olive _____
- 10. Authorize
- 11. Door part
- 12. Spicy sausage
- 13. Paint
- 14. Extend
- 20. Rounded hull area
- 25. Spot for sports
- 27. Union group
- 28. Dove’s home
- 30. Turkish title
- 31. Condone
- 33. Tolerate
- 34. _____ macaroni
- 35. Swipe
- 37. Cupboard
- 39. Defeat soundly
- 42. Worldwide
- 44. Puncture
- 46. Shoelace end
- 47. Depart
- 49. Prayer
- 51. Requisite
- 53. Washstand pitcher
- 55. Proposal
- 57. Romance
- 58. Anna’s post
- 60. _____ room (family room)
- 61. Hoard
- 62. Lapse
- 63. Jacket feature
- 66. Quaking tree
- 68. Cowboy contest
- 70. Viennese pastry
- 72. Medieval slave
- 74. Distantly
- 75. Capri, for one
- 76. Roofing piece
- 77. Lots
- 80. Levy
- 81. Ref
- 83. “_____, Voyager”

1	2	3	4		5	6	7		8	9	10	11		12	13	14
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78					79	80	81			82				83		
84					85					86				87		
88					89					90				91		

Answers For Crossword on 2h

Horoscopes

CAPRICORN

In addition to it being a hectic week, you’ll have to fill a variety of obligations that take up most of your time. Fortunately, you know how to stay organized in this type of situation.



December 22 - January 19

AQUARIUS

The arrival of a cold will signal that your body needs time to rest and recharge. You’ll worry about many small things. Learning how to meditate or relax another way would do you good.



January 20 - February 18

PISCES

A group of people you’re in charge of will expect you to take the lead on everything. You’ll have a lot of managing to do. Embrace your role and don’t be afraid to assert yourself.



February 19 - March 20

ARIES

Your responsibilities at home and at work will take priority. You’ll have very little time for yourself. You’ll also have to organize an important business meeting.



March 21 - April 19

TAURUS

At work, you’ll be so successful your boss won’t have a choice but to offer you a raise to ensure you don’t take an offer elsewhere. You’ll be quite proud of yourself.



April 20 - May 20

GEMINI

You’ll contemplate existential questions, and you’ll feel the need to make some big changes in your life. You’ll follow through on commitments in your relationship.



May 21 - June 21

CANCER

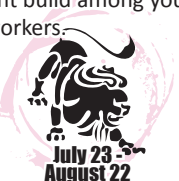
You’ll be able to come to an understanding with certain people in your life after an argument. You’ll show great wisdom in handling the situation, which should probably be dealt with sooner rather than later.



June 22 - July 22

LEO

You’ll have a very stimulating week at work. However, be careful not to set unrealistically high expectations for yourself, otherwise, success might elude you. Tensions might build among your coworkers.



July 23 - August 22

VIRGO

You’ll be the focus of everyone’s attention, so expect to receive some applause and recognition for your achievements. It’ll be a situation that gives you a substantial confidence boost.



August 23 - September 22

LIBRA

You might have to spend a day at home twiddling your thumbs, perhaps waiting for a delivery. The situation could prompt you to reassess the decor in a few rooms of your home.



September 23 - October 22

SCORPIO

If you plan to hit the road, make sure you have clear directions to avoid wasting time searching for your destination. Make sure your GPS app is up to date, as it’ll prove to be a valuable resource.



October 23 - November 21

SAGITTARIUS

No one likes having to tighten their belt, and that’s exactly what motivates you to correct a bad financial situation. You’ll take all the necessary steps as soon as you figure out the best course of action.



November 22 - December 21

Rascal is my name!

7 months old

Looking for someone to LOVE! Longhair brown tabby. Rev dewormed & vaccines & neutered

Temiskaming Cat Rescue

705-622-0555

TEMISKAMING’S SUPER STATION!

103.1 FM THE TRAIN

CLASSIC ROCK OLDIES

The TRAIN (103.1FM) also playing ‘Canadiana’ & Country Flavoured Rock.



CITY BULLETIN

Temiskaming Shores Public Library

The library is closed to the public during the Stay-at-Home Order, except for booked contactless pickup times. Please call the library at 705-647-4215 or check our Facebook page or website at www.temisklibrary.com for more information.

Modified Library Hours during the Stay-at-Home Order

Mondays: 10-4—By appointment
Tuesdays, Wednesdays and Thursdays: 12-6—By appointment
Fridays and Saturdays: 10-4—By appointment

Contactless Pickup Service

Our Contactless Pickup Service is available during the Stay-at-Home order. Call the library at 705-647-4215, email us at info@temisklibrary.com or use our online catalogue at www.temisklibrary.com to order your items, and arrange come by to pick them up while you are out for your essential shopping. A staff member will call to book an appointment when your items are ready. Not sure what you want? Call us for help! All returned items will be quarantined before being put back on the shelf. Remember that it is still mandatory to wear a face mask when picking up your books, and you must have your library card for identification.

Book Return Drop Box

Don't forget to continue returning your items to the library when you are out and about doing your essential shopping! It is really important to receive our items back in the library so they can be quarantined and go out to the next person on the list. The library's drop box is located on the parking lot side of the building. If an item is too large for the Drop Box, please call or email to arrange a drop off time.

Snowshoes, walking poles, backpacks and games and puzzles

The library has a wide variety of materials other than books and movies to help keep everyone occupied while staying at home. Snowshoes, walking poles and backpacks are great for winter outdoors activities. The backpacks come equipped with information about outdoor activities to do in the area, trail maps, a bird guide and a compass. The snowshoes are very popular right now, so be sure to call well in advance to reserve a pair! We also have a wide variety of games and puzzles to entertain while indoors. All of our items are quarantined for 72 hours before being made available for checkout again.

Relax with an eBook or Audiobook!

With your library card, access thousands of ebooks and audiobooks on **Overdrive**. Download titles to borrow for 14 days. Items are automatically returned so there are no late fees! Go to the library website at www.temisklibrary.com and click on the OverDrive button.

Interactive Fun for Children on the Eresources page of our website!

Designed for children K-3, **PebbleGo Animals, Science and Dinosaurs** has fun information, videos, and pictures for children. The easy to navigate site allows children to learn about a variety of topics. Login with your library card.

If your children want to read, **TumbleBookLibrary Online** is a great place to go! The online collection of ebooks are suited for children in grades K-6 and both English and French books are available. Existing children's books are animated and have audio narration. The collection includes favorites such as The Paper Bag Princess by Robert Munsch, Diary of a Worm, How I Became a Pirate, Miss Malarkey Doesn't Live in Room 10, One Duck Stuck, as well as fairy tales such as Jack and the Beanstalk and Old Mother Hubbard. Use your library card to log in.

Learn Something New!

The **Hobbies and Crafts Reference Centre** offers detailed "how-to" instructions and creative ideas to meet the interests of virtually every hobby enthusiast with articles, videos, and more! Subjects Include: Arts and crafts, Collecting, Home and garden, Indoor recreation, and Kids' crafts. Have your 14 digit library card number ready to log in and start crafting!

Want to brush up on a language or learn a new one? **Mango Languages Online** teaches actual conversation skills for over 50 languages. With helpful feedback, you can learn at your pace, wherever you are. Create an account with your library card.

Find these resources and more at www.temisklibrary.com.

NOTICE – OVERNIGHT PARKING

Effective November 1st, 2020 to March 31st, 2021

By-law No. 2008-069 prohibits the parking of vehicles on municipal streets or City-owned parking lots between the hours of
12:00 a.m. to 7:00 a.m.

Thank you for your cooperation.

For further information contact the By-law Officer at (705) 672-3363.

Clothes Dryer Fire Safety Tips



A leading cause of dryer fires in the home is the **lack of dryer maintenance.**

Install **smoke and carbon monoxide alarms** on every storey of your home.
Test them every month.



How do I keep myself and my loved ones safe?

When Installing...

- Have your dryer installed and serviced by a **qualified technician.**
- If you install your own dryer, **follow the manufacturer's instructions** before installing the dryer vent.

Always...

- Follow the manufacturer's instructions** regarding the safe use of the dryer.
- Inspect and clean the lint screen** after each load of laundry. The build-up of lint can lead to a fire. Regularly remove lint from ducts and exhaust vents.
- Regularly **inspect the outdoor vent** to ensure it is unobstructed.
- Turn the dryer off** if you leave home or when you go to bed.
- Keep the area around the dryer **clear of items** that can burn.



Temiskaming Shore Fire Department
Fire Prevention Officer Jocelyn Plante
705-672-3363



Office of the Fire Marshal and
Emergency Management
ontario.ca/firemarshal

Council and Committee MEETINGS

Police Services Board

Tuesday, February 16, 2021 @ 1:00 p.m.
(To be determined - Virtual or In-Person at 325 Farr Drive)

Recreation Committee

Monday, February 8, 2021 @ 6:30 p.m. - Virtual
For further information contact Kelly Conlin
705-672-3363 Ext. 4116 or kconlin@temiskamingshores.ca

Regular Council Meeting

Tuesday, February 16, 2021 @ 6:00 p.m. – Virtual Meeting

Regular Council Meeting

Tuesday, March 2, 2021 @ 6:00 p.m.
Council meetings are currently being held electronically. Residents are encouraged to watch the live-streamed meeting on the City's Facebook page. In addition, the open portion of the meetings, will be recorded and available for public viewing on the City's webpage following the meeting.
For further information, contact Logan Belanger
705-672-3363 Ext. 4136 or lbelanger@temiskamingshores.ca

FREQUENTLY ASKED QUESTIONS

What municipal buildings are closed to the public?

- City Hall - 325 Farr Drive – CLOSED (phone calls only)
- Don Shepherdson Memorial Arena – CLOSED
- Shelley Herbert-Shea Memorial Arena - CLOSED
- Waterfront Pool and Fitness Centre - CLOSED
- 200 Lakeshore – Public Works Office - CLOSED
- Dymond Fire Hall Administrative Office - CLOSED
- Riverside Place - CLOSED
- New Liskeard Community Hall – CLOSED
- Dymond Community Hall – CLOSED

When is City Hall open for phone calls?

Monday to Friday from 8:30 a.m. until 4:30 p.m.

Is the Library open?

The library is closed to the public during the provincial shut down, except for booked curbside pickup times. Please call the library at 705-647-4215 or check our Facebook page or website at www.temisklibrary.com for more information.

Modified Library Hours during the Shutdown

Mondays: 10:00 a.m. – 4:00 p.m. - By appointment
Tuesdays, Wednesdays and Thursdays: 12:00 noon – 6:00 p.m. - By appointment
Fridays and Saturdays: 10:00 a.m. – 4:00 p.m. - By appointment

How long will buildings/facilities remain closed?

Currently, all facilities are tentatively scheduled to reopen on January 25th, 2021 pending Provincial direction.

Where can I get a bus pass?

You can purchase a bus pass online at www.temiskamingtransit.ca or make an appointment at the Library by calling 705-647-4215.

Can I get a refund for cancelled hall or facility bookings?

Yes, we will be providing full refunds for all rentals affected by the closures. Please contact Patti at phughes@temiskamingshores.ca

I have a membership to the Pool and Fitness Centre, will it be extended?

Yes, we will be extending all memberships at the Pool and Fitness Centre by the duration of the closure. Please contact pfcc@temiskamingshores.ca if you have any questions.

Is public transit still operating?

Yes, the buses are still operating.

Will my garbage and recycling still be picked up?

Yes, garbage and recycling curb side pick-up is still operating.

Is the landfill still open?

The Haileybury Landfill will be open to the public with normal hours of operations (Tuesday – Saturday, 8:30am – 4:30pm).

The City requests that all residents that utilize the landfill practice physical distancing and attempt to bring the appropriate payment to mitigate the exchange of cash. To assist in calculating payment please visit the City's website for the most up to date Tipping Fee Schedule. Note: 1 half ton truck load is approximately equal to 2 cubic yards.

How can I pay my taxes?

Payments by cheque for taxes and other items can be dropped off in the drop box located to the left of the front doors at City Hall (325 Farr Drive) or at the Pool & Fitness Centre (77 Wellington Street).

Tax Payments can be made utilizing interac banking. Your property tax roll number is your account number. The account number will be 15 digits starting with 010, 020 or 030 depending on where your property is located, example 010009123450000, do not include any spaces or decimals.

Pre-authorized payment plans, monthly or installment, are also available. Please email finance@temiskamingshores.ca for more information.

If you any other questions regarding payments, please email finance@temiskamingshores.ca.

Are there still POA Court dates?

Should you require assistance call our office at 705-672-3221 or email poa@temiskamingshores.ca. Our staff is available to assist you.

If you wish to pay your fines an online payment portal is available at www.temiskamingshores.ca. Select Online Payments and follow the directions for the Provincial Offences Office Speeding/Traffic/Infractions.

Payments can also be dropped off into the drop box at the building's front entrance at City Hall, 325 Farr Drive, Haileybury, Ontario. At this time, we are not accepting cash payments.

If you currently have a suspended driver's license, your fine can be paid at Service Ontario located at 280 Armstrong Street, New Liskeard, Ontario or 10 Government Road East, Kirkland Lake, Ontario or pay online at serviceontario.ca

If you are dropping off Extension of Time to Pay forms or Reopening documents, these can be left in our drop box located at city hall or emailed to poa@temiskamingshores.ca. There is an Order made by the Chief Justice pursuant to s. 85 extending timelines for applying for reopenings (s.11), when a fine is due (s. 66) and when a fine goes into default (s. 69). The extension is granted until February 25, 2021. Unless your matters went into default prior to March 16, 2020, the applications are not considered urgent.

Courts are cancelled until further notice. You will be advised of your next court date in writing, court date in writing.

NOTICE PET OWNERS PET TAG LICENCE RENEWAL FOR 2021

Effective 2019, the City changed its Pet Licencing program to a permanent tag that is renewed annually. The fee for tag renewal is \$10 if paid by December 31, 2020. After this date, the renewal fee increases to \$20.

If your pet has a tag that has a year identified (2018 and prior), then you need to get a new permanent tag, for a fee of \$20.

New or replacement tags are available at the following locations: Pet Valu, Temiskaming Animal Hospital, Temiskaming Vet Clinic, K-9 Doggy Daycare, Animals First or City Hall.

Please be advised that Tag Renewals can only be done at City Hall.

NOTICE OF TEMPORARY SIDEWALK CLOSURE

Please be advised of the Temporary Closure of a section of sidewalk on Lakeshore Road South in Haileybury for precautionary reasons related to pedestrian safety issued by the City of Temiskaming Shores.

1. Lakeshore Road South – Sidewalk Closure – Commencing on or about Friday January 22nd, 2020.

- (a) Lakeshore Road South from Probyn Street to Browning Street.

Signage will be installed to notify the Public of the sidewalk closure will be established and maintained throughout the closure period. The Public are advised that there will be no access through the area and to refrain from pedestrian use during the closure.

Issued this 22nd day of January 2021.

"Original Signed by"

Manager of Transportation Services – Mitch Lafreniere

Notes: Signage will be erected to notify the public to Closures as they are required. The roadway **will not be affected** between the closure. Patience and understanding would be greatly appreciated during the closure

NOTICE TO PUBLIC

Provincial Offences Office is closed to the public.

Note: In person courts remain cancelled until **further notice**. You will be advised of your next court date in writing. Please do not attend City Hall or Northern College in Kirkland Lake for your court dates.

We now offer online payments at www.temiskamingshores.ca/poa. Payments will also continue to be accepted by telephone at 705-672-3221, email at poa@temiskamingshores.ca or by fax to 705-672-3200 or can be left in the drop box at the front entrance of City Hall, 325 Farr Drive, Haileybury.

If you currently have a suspended driver's license, your fine can be paid at Service Ontario located at 280 Armstrong Street, New Liskeard, Ontario or 10 Government Road East, Kirkland Lake, Ontario or pay online at serviceontario.ca

An Order made by the Chief Justice pursuant to s. 85 extending timelines for applying for reopenings (s.11), when a fine is due (s. 66) and when a fine goes into default (s. 69) is in effect until February 26th, 2021. If you do not respond by February 26th, 2021 you may be deemed not to dispute the charge and a justice may enter a conviction for the offence.

You may verify the status of your ticket at: <https://www.justiceservices.jus.gov.on.ca/POA/screens/poa/POASC001.xhtml>

CITY INVOICE ALTERNATE PAYMENT OPTIONS

For your convenience, the City website has a Payment Portal located on the home page providing you with an online payment option.
www.temiskamingshores.ca

Click on the Payment Portal located in the bottom right corner of the home page and follow the instructions.

NOTE:

Payment Portals cannot be utilized to make Tax Payments.

Tax Payments made in the Payment Portals will be refunded to the taxpayer and a \$25 service fee will be applied to the tax account.

For inquiries regarding these matters, please contact the Corporate Services Department at 672-3363 or email to finance@temiskamingshores.ca

RECREATION UPDATE

Facilities

- The Waterfront Pool and Fitness Centre is closed and will reopen to the public on Monday February 15th. All memberships have been extended to account for the closure. All pool rentals will be rescheduled or refunded. Swimming lessons that were scheduled to start this month have been canceled.
- All Age Friendly programming has been paused and will return on the week of February 15th.
- All municipal halls are closed until February 15th. All rentals will be contacted to rescheduling or refund their booking.
- Both the Don Shepherdson Memorial Arena and the Shelley Herbert-Shea Memorial Arena are closed until further notice.
- Outdoor rinks and the skating path at the Waterfront Pool and Fitness Centre are open, weather dependent. No team sports shall be played at any outdoor recreation facility as per provincial mandate.

Memorial Bench and Tree Program

Applications for the City of Temiskaming Shores' Memorial Bench and Tree program are now being accepted. Leave a lasting memory of a loved one by having a bench installed or tree planted in their name. This is a great way to make a low-cost, lasting impact to our community. Applications are being accepted until April 15th and the application form with instructions is available at www.temiskamingshores.ca/recreation/



OUTDOOR RINK RULES



STAY HOME IF YOU'RE SICK OR SUSPECT YOU HAVE COVID-19.



MAINTAIN PHYSICAL DISTANCE OF 2-METRES FROM OTHERS.



WASH YOUR HANDS FREQUENTLY AND MASKS ARE STRONGLY RECOMMENDED.



NO ALCOHOL, SMOKING OR PETS ON THE ICE.



NO HOCKEY STICKS, NETS, PUCKS OR GAMES OF TAG ARE ALLOWED.



ALL SKATERS MUST WEAR ICE SKATES OR ICE SLEDGES.

**For More Information Call 705 672-3363 Write to The City of Temiskaming Shores,
P.O. Box 2050, Haileybury, ON P0J 1K0 or Visit our Website: www.temiskamingshores.ca**



Get your business name into the hands of thousands of potential clients

5,000 re-usable sponsor bags will be produced for distribution at Chartrand's Your Independant Grocer Given to all Shoppers Free of charge!

CO-BRANDING

Co-Brand your business with this nationally recognized company.

QUANTITY

5,000 reusable tote bags will be provided to potential clients in your area!

FREE AD DESIGN

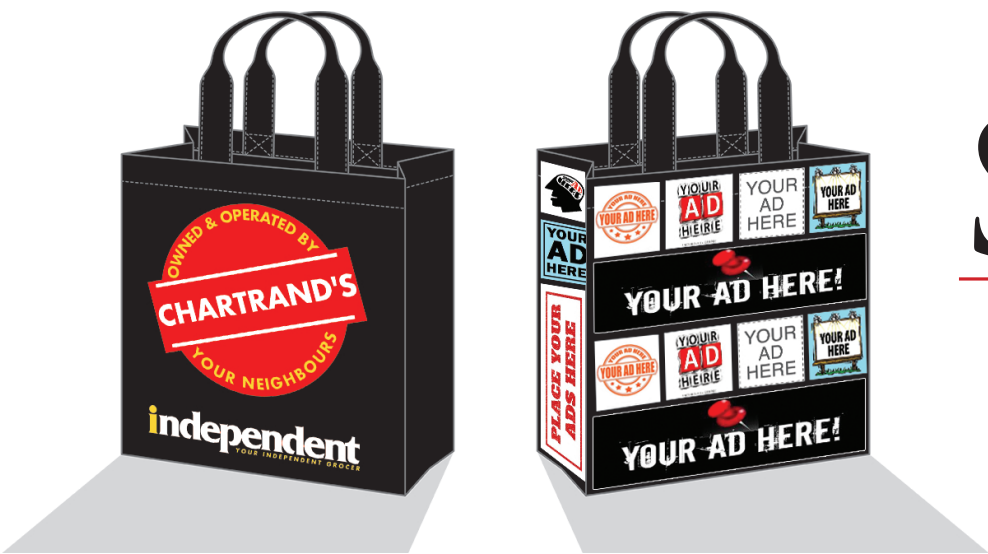
Work with our professional design team until you are 100% satisfied with your ad.

DISTRIBUTION

Short term distribution at the store and long term use in the community!

While quantities last, whenever shoppers make a purchase, instead of receiving a plastic bag (or bring their own), they will receive a large, reusable shopping bag instead (at no charge).

To secure your ad space on these bags, or for more info, Call us today 705-647-6791, or email sales@northernontario.ca



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 PRINTING, PUBLISHING
 AND PROMOTIONS