



## Bicycling guides Sharrows survey sharing feedback

**Diane Johnston**  
Speaker Reporter

**TEMISKAMING SHORES** – Have you ever biked across the Wabi bridge in downtown New Liskeard? What do you think of the sharrows symbols that were painted on the road last year?

The City of Temiskaming Shores wants to know.

The short online survey about the sharrows will “help guide policy on their usefulness, implementation and potential future use within the City,” said Matt Bahm, the city’s recreation director, in an email last week.

Sharrows – images of a cyclist and V-shaped chevrons – were added to the outside lanes of the Armstrong Street bridge last summer.

They served a double purpose. They indicated to cyclists where to ride when sharing the lane with motorists, and reminded motorists that bikes are also vehicles with a right to use the road.

The recommendations for the bridge markings came from the city’s Bicycle Friendly Community Committee after consultations about local hurdles to cycling.

Public education was also undertaken to spread the word about sharrows and shared use of roads by drivers and cyclists.

The brief survey asks respondents about biking habits, how they learned about the new symbols, their experience using them, and whether the sharrows’ use should be continued.

To complete the survey, go to <https://www.surveymonkey.com/r/8MVNPF2> or follow the links on the city’s and Timiskaming Health Unit’s Facebook pages.



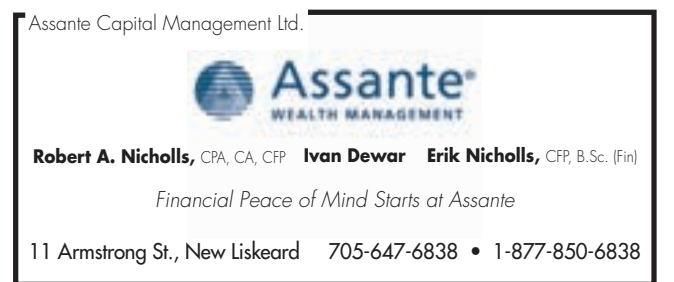
## CURBSIDE READY

Englehart Mayor Nina Wallace (at left) showed just how easy it was to collect her order of books as Englehart Public Library CEO Sharon Williams handed them off as part of the library’s new curbside pick-up service on Tuesday, July 7. The curbside pick-up service will be available each Tuesday and Thursday from noon to 5 p.m. Visit [englehartpubliclibrary.ca](http://englehartpubliclibrary.ca) to search the library’s automated collection in Athena and peruse which items you want. Requests can be called in at 705-544-2100 or you can email Williams at [swilliams@englehartpubliclibrary.ca](mailto:swilliams@englehartpubliclibrary.ca). You can also message the library on Facebook. (Staff photo by Jamie Mountain, LJl reporter)

# DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our July 8 edition...

- The Temiskaming Hospital is easing visitor guidelines after COVID-19 restrictions.
- A retired retail worker is a whole lot richer after a Lottario win.
- During the dog days of summer, the City of Temiskaming Shores’ beaches are accessible but not supervised.
- A deceased individual in an Englehart fire has been identified.
- In Elk Lake, a resident was charged with impaired driving while on his golf cart.
- New Liskeard resident Shawn Wong has created a new business called Shawn’s Photo Scan and is awaiting your call.
- A Temagami entrepreneur is hoping to set up new businesses in the coming months.
- This summer has seen a surge in insects, particularly large tortrix moths.
- The Temagami First Nation has a host of candidates for chief and council in the upcoming July election.
- Air Canada cancels passenger air services out of the North Bay Jack Garland Airport.
- Our B Front this week features a story and photos on the July 1 Canada Day parade in Latchford.







**BEACH FUN**  
*The heat and humidity experienced in the region at the end of June caused families to flock to area lakes for some cool relief. Cooling off and playing in the water at Bass Lake on June 22 were Shaun Beach and his three-year-old daughter, Willow Beach. (Staff photo by Sue Nielsen)*

# Private member’s bill calls for Seniors’ Advocate

TORONTO (Special) - A new private member’s bill to establish Ontario’s first Seniors’ Advocate to be an independent voice for seniors and family members of seniors who act as caregivers is being considered.

NDP MPP Laura Mae Lindo (Kitchener Centre) tabled the bill in the Ontario legislature July 8.

“Seniors deserved a circle of care during this pandemic. What they received was far less. COVID-19 exposed a gaping wound in the senior sector.

Our call for a Seniors’ Advocate will help ensure that this never happens again. They deserve so much better than this,” said Lindo.

“Now is the time to finally give seniors a direct line to government with a strong voice to fight for them and stand up for their needs. It’s past time for Ontario’s seniors to have an independent, non-partisan advocate in their corner.”

Over 2,600 lives have already been lost to COVID-19 in Ontario, 96 per cent of those

deaths have been Ontarians aged 60 and over.

“In my own community of Kitchener, it took 51 deaths at Forest Heights long-term care home before the government belatedly decided to implement a temporary restructuring under St. Mary’s Hospital. Successive governments have ignored the broken system of care for seniors. It should never have taken a pandemic for PSWs, nurses, caregivers, and family members to finally be heard. Their repeated cries for help can no longer be ignored by the Ford government,” said Lindo.

The Seniors’ Advocate will be an independent officer of the Ontario legislature with the power and responsibility to safeguard the interests of seniors, their caregivers and their families, and to ensure their voices are not only heard but acted upon. The Seniors’ Advocate will also identify and analyze systemic challenges faced by seniors, and make recommendations to government on improving the welfare of seniors.

“Seniors deserve love, respect and dignity. They deserve a province that promotes their quality of life as they age. The atrocities experienced by seniors across Ontario have been hidden for far too long. Just saying ‘never again’ is simply not good enough. We need a Seniors’ Advocate with a mandate to be their voice, to act in their interests, and to shine a spotlight on their needs.”

**Wearing is caring.**

Protect our community by wearing a face mask.

  
TIMISKAMINGHU.COM



**Porter c’est protéger.**

Protéger notre communauté en portant un masque.

  
TIMISKAMINGHU.COM



## CITY BULLETIN

**Notice of Proposed By-law to Stop Up and Close a Highway**

Notice is hereby given in accordance with By-law No. 2004-022 in respect to the permanent closure of a highway;

This public notice is being given to advise the public that Council will be considering the adoption of a by-law to Stop up and Close a portion of Paget Street, being Parts 1 and 2 on Plan 54R-6153 as described below and shown in the key map. The By-law will be considered at the July 14, 2020, Regular Council meeting, to be held at City Hall, 325 Farr Drive (Live-Streamed) at 6:00 p.m.

Key Map



**Notice of Public Meeting**  
**Application to Acquire Municipal Land**

Notice is hereby given in accordance with By-law No. 2015-160, in respect to an application to purchase municipally owned land;

The Public Meeting will be held: Further information/ written submissions:  
Date: Tuesday, July 14, 2020 Logan Belanger, Municipal Clerk  
Time: 6:00 p.m. Email: clerk@temiskamingshores.ca  
Location: City Hall, 325 Farr Drive (Live-Streamed)  
Phone: 705-672-3363 x 4136

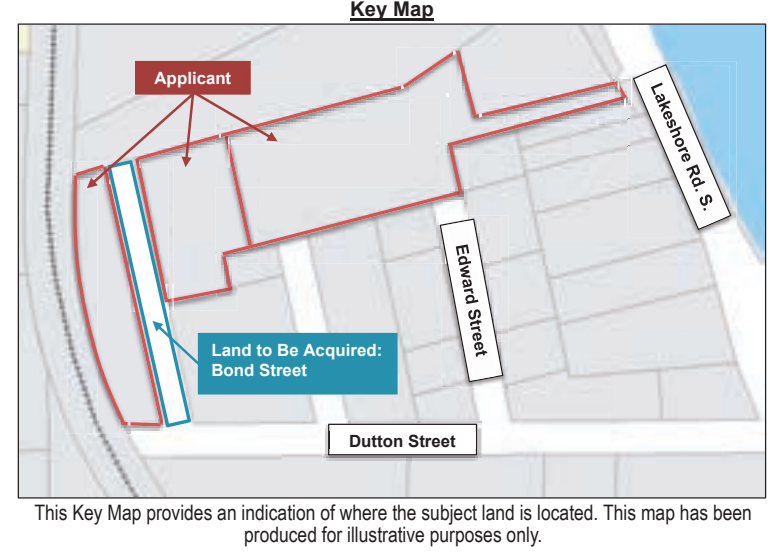
This public notice is being given to advise the public that Council is considering the disposition of the subject land as described below and shown in the key map.

The public can provide input on the application to purchase municipally owned land, as follows:

- Submit Comments in Writing: Persons wishing to provide written comments may submit in writing, using the email address above, prior to 4:30 p.m. on Tuesday, July 14, 2020; or may submit comments during the live-streamed Council meeting, viewed on the City of Temiskaming Shores Facebook page.
- Register to Speak: Persons wishing to speak to Council must register with the Clerk prior to 4:30 p.m. on Tuesday, July 14, 2020, using the above-noted email or telephone number. Following registration, a confirmation email containing meeting details and a toll-free number will be provided. Please note that neither a computer, nor a video sharing device is required.

Description of L&and: Bond Street

Proponent / Purpose: An area resident owns property adjacent to Bond Street, and is interested in acquiring the subject property to have contiguous property ownership to construct a residential dwelling.



**THE CORPORATION OF THE CITY OF TEMISKAMING SHORES**

**NOTICE OF A PUBLIC MEETING CONCERNING A ZONING BY-LAW AMENDMENT (File No. ZBA-2020-01)**

**TAKE NOTICE** that The Corporation of the City of Temiskaming Shores will hold a public meeting on the 14<sup>th</sup> day of July, 2020, at 6 p.m. via remote electronic participation to consider a proposed Zoning By-law Amendment under Section 34 of the *Planning Act*, R.S.O., 1990, as amended.

**This meeting will be held through remote electronic participation in accordance with the Municipal Act, 2001, as amended by Bill 187, the Municipal Emergency Act, 2020.**

**HOW TO VIEW OR PARTICIPATE IN MEETING:**  
Livestream: facebook.com/temiskamingshores/  
Telephone: via conference number. For additional information, please contact:  
Shelly Zubycck, Director of Corporate Services  
szubycck@temiskamingshores.ca  
705-672-3363 Ext.4107

**PURPOSE OF THE APPLICATION:** The City of Temiskaming Shores has initiated an Amendment to Zoning By-Law No. 2017-154 in order to permit the erection of a swimming pool in the water yard (i.e. between the high-water mark of a waterbody and a building). Section 4.1.8 of the Zoning By-Law currently restricts the location of swimming pools to only the side or rear yard (i.e. street side for waterfront properties). For added clarity the amendment will prohibit pools to be located in a Flood Hazard Constraint Overlay (F).

If you wish to be notified of Council’s decision on the proposed Zoning By-law Amendment, you must file a written request with the Director of Corporate Services of the City of Temiskaming Shores. If a person or public body would otherwise have an ability to appeal the decision of the Council of the Corporation of the City of Temiskaming Shores to the Local Planning Appeal Tribunal but the person or public body does not make oral submissions at a public meeting or make written submissions to the City of Temiskaming Shores before the by-law is passed, the person or public body is not entitled to appeal the decision.

If a person or public body does not make an oral submission at the public meeting or make written submissions to the City of Temiskaming Shores before the proposed zoning by-law amendment is passed, the person or public body may not be added as a party to the hearing of an appeal before the Local Planning Appeal Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to do so.

**ADDITIONAL INFORMATION** relating to the application please contact: Shelly Zubycck, Director of Corporate Services.

**\*\* Please note that the City’s Council Chambers is temporarily closed to the public\*\***  
Dated at The Corporation of the City of Temiskaming Shores this 22<sup>nd</sup> day of June, 2020.  
Shelly Zubycck Director of Corporate Services City of Temiskaming Shores  
325 Farr Drive, P.O. Box 40 Haileybury, ON P0J 1K0 Telephone: 705-672-3363





# CITY BULLETIN

## ATTENTION TRANSIT RIDERS:

The regular 2020 fares will be in effect as of **JULY 1, 2020**.

The Temiskaming Transit now has Tickets and Monthly passes available for purchase online. Once processed, please allow 2-3 business days for delivery, as they will be mailed.

Based on Provincial health guidelines, the Temiskaming Transit Committee is recommending the use of face coverings when physical distancing is not feasible. Please continue to use the transit for essential trips only.

## USE TEMISKAMING SHORES PUBLIC LIBRARY FROM HOME!

The Library is still closed but that doesn't mean you have to go without reading materials or resources. We have a variety of online resources for all ages that can be used with your library card (and some without a card). We can make sure that your card is up to date and help you navigate our digital collection—just call and leave a message at 705-647-4215 or email [newiskeard@temisklibrary.com](mailto:newiskeard@temisklibrary.com). Access our e-resources or find out more on our website at [www.temisklibrary.com](http://www.temisklibrary.com).

### Relax with an eBook or Audiobook!

The library has registered for the **OverDrive Advantage** program and has purchased 30 ebooks for Temiskaming Shores Library patrons to reduce wait times on our most popular titles. Log into OverDrive to see what is available for Temiskaming Shores Library Card holders!

With your library card, access thousands of ebooks and audiobooks on **Overdrive**. Download titles to borrow for 14 days. Items are automatically returned so there are no late fees!

You can also read ebooks online through **Romance eBook Cloud** or listen to audiobooks online through **Audiobook Cloud** without a library card.

### Interactive Fun for Children!

Keep your child reading over the summer with the TD Summer Reading Club, which is all online this year!

View the selection of books online and register today!

English: <https://www.tdsummerreadingclub.ca/books/landing>

French: <https://www.clubdelecturetd.ca/livres/page-de-destination>

Designed for children K-3, **PebbleGo Animals, Science and Dinosaurs** has fun information, videos, and pictures for children. The easy to navigate site allows children to learn about a variety of topics. Login with your library card.

If your children want to read, **TumbleBookLibrary Online** is a great place to go!

The online collection of ebooks are suited for children in grades K-6. Existing children's books are animated and have audio narration. The collection includes favorites such as The Paper Bag Princess by Robert Munsch, Diary of a Worm, How I Became a Pirate, Miss Malarkey Doesn't Live in Room 10, One Duck Stuck, as well as fairy tales such as Jack and the Beanstalk and Old Mother Hubbard. Use your library card to log in.

### Learn Something New!

The **Hobbies and Crafts Reference Centre** offers detailed "how-to" instructions and creative ideas to meet the interests of virtually every hobby enthusiast with articles, videos, and more! Subjects Include: Arts and crafts, Collecting, Home and garden, Indoor recreation, and Kids' crafts. Have your 14 digit library card number ready to log in and start crafting!

Want to brush up on a language or learn a new one? **Mango Languages Online** teaches actual conversation skills for over 50 languages. With helpful feedback, you can learn at your pace, wherever you are. Create an account with your library card.

Find these resources and more at [www.temisklibrary.com/en/eresources](http://www.temisklibrary.com/en/eresources).



## PUBLIC NOTICE

### OPEN AIR BURNING PERMITS

May 22, 2020 - In the wake of the COVID-19 pandemic, City and fire department officials have faced difficult decisions about how to adjust day-to-day operations in order to both protect their employees while continuing to serve their communities.

As a result of the closure of municipal buildings and facilities the City of Temiskaming Shores and the Temiskaming Shores Fire Department wants to advise all residents that all residents who obtained a Burning Permit in 2019 may continue to burn in accordance with the conditions as outlined on the open air-burning permit.

Please note, any resident requiring a new burning permit are asked to contact the fire department by calling (705) 672-3363 ext. 4701 or 4702 and leave a detailed message and someone will contact you to arrange an inspection. For tenants requesting a burning permit, you will require written permission from the property owner to have a fire. Also, there is no cost to obtain a burning as Municipal Council has waived all fees for burning permits for 2020.

Residents are reminded that you may only burn if conditions allow the fire to burn safely and all necessary steps are taken to control and extinguish the fire. All other conditions as outlined on the burning permit must be followed. Please ensure you adhere to the following burning safety tips so you can enjoy your fire and help reduce the risks to our Firefighters:

- No Day Burning - You may only burn from 6pm – 8am.
- Only Burn Dry, Woody Type Materials - Household trash, plastic or tires are illegal to burn. You may not burn grass or leaves or anything that may cause excessive smoke.
- Always Stay with Your Fire - A responsible person of 18 years of age or older must be present to supervise the fire at all times.
- Respect Your Neighbour - Don't burn where smoke will bother your neighbour or blow across roadways or hamper visibility.
- Control Your Fire - Only burn what you can effectively control. Don't even consider burning when it is windy.

When a Municipal Fire Ban or Restricted Fire Zone is in effect, no open-air burning is permitted and all burning permits are suspended.

For more information please email:  
[tutley@temiskamingshores.ca](mailto:tutley@temiskamingshores.ca) or  
[slangford@temiskamingshores.ca](mailto:slangford@temiskamingshores.ca)

## Council and Committee MEETINGS

### Corporate Services Committee

Wednesday, July 8, 2020 @ 3:00 p.m. – Virtual meeting  
For further information contact Kelly Conlin  
705-672-3363 Ext. 4116 or [kconlin@temiskamingshores.ca](mailto:kconlin@temiskamingshores.ca)

### Regular Council Meeting

Tuesday, July 14, 2020 @ 6:00 p.m. – City Hall, 325 Farr Drive (Live-Streamed)

### Regular Council Meeting

Tuesday, August 11, 2020 @ 6:00 p.m. – City Hall, 325 Farr Drive (Live-Streamed)

For further information contact Logan Belanger  
705-672-3363 Ext. 4136 or [lbelanger@temiskamingshores.ca](mailto:lbelanger@temiskamingshores.ca)



## AGE FRIENDLY EVENTS

**Thursday July 9** Pickleball 9am-11am FREE, equipment provided, New Liskeard Tennis Courts across from the Pool and Fitness Centre. Please bring a lawn chair and a water bottle.

**Monday July 13** Horseshoes 10:00-11:30am FREE. New Liskeard pits in Algonquin Beach park. Equipment provided.

**Tuesday July 14** Outdoor Walking (weather permitting) 8:45-9:45am FREE. Meet at the Pool and Fitness Centre back deck.

**Thursday July 16** Pickleball 9am-11am FREE, equipment provided, New Liskeard Tennis Courts across from the Pool and Fitness Centre. Please bring a lawn chair and a water bottle

**Friday July 17** Hiking Haileybury waterfront 10:00am FREE. Meet at City Hall parking lot at 10:00am. Please bring a water bottle.

There is a ten-person maximum other than for pickleball which is spaced out due to four-people per court. Physical distancing will be in place.

**For more information call Yvonne 705-647-5709 ext 4227 or email [ywalford@temiskamingshores.ca](mailto:ywalford@temiskamingshores.ca)**

## Sale of Land by Public Tender

### The Corporation of the City of Temiskaming Shores

Take Notice that Tenders for the purchase of the lands described below will be received until 2:00 p.m. local time, on Tuesday, July 21, 2020, via electronic submission to [tender@temiskamingshores.ca](mailto:tender@temiskamingshores.ca). The Tenders will be opened in public on the same day commencing at 2:30 p.m. via teleconference.

#### Description of Lands:

**Property Location:** 673 Browning Street  
**Legal Description:** BUCKE CON 4 PT LT 11 PCL 23001SST  
**Assessment Roll No.:** 5418-030-007-15300  
**Minimum Tender Amount:** \$5,000.00

Please see the map below for an indication of where the property is located. This map has been produced for illustrative purposes only, and is not a substitute for a legal survey.



Tenders must be submitted in the prescribed form. The City makes no representation regarding the title to, crown interests or any other matters relating to the lands to be sold. Responsibility for ascertaining these matters rests with the potential purchaser(s).

The Successful Purchaser will be required to pay the amount tendered, all costs incurred or required to acquire the subject property, and other costs to transfer the property into his/her name. The highest or any bid, not necessarily accepted. For further information regarding this sale and a copy of the prescribed form of tender, please visit the City's website at <http://temiskamingshores.ca/en/news/search.aspx?feedId=2c0807c4-38a0-4874-9586-f5ee281859d9>, or contact:

Logan Belanger, Municipal Clerk  
City of Temiskaming Shores  
P.O. Box 2050, 325 Farr Drive  
Haileybury, ON P0J 1K0  
Email: [lbelanger@temiskamingshores.ca](mailto:lbelanger@temiskamingshores.ca)  
Telephone: 705-672-3363 x. 4136

## NOTICE

### WATER DISTRIBUTION SYSTEM MAINTENANCE

Please be notified that the Environmental Crews of the Public Works Department will be carrying out maintenance programs, flushing and testing of fire hydrants throughout the municipal water distribution systems. The work may cause some discoloration in the water; however the effect should be minimal. If a coloured water problem is encountered in your water service line, flushing the service by letting the water run for a period of time should cure the problem. If the coloured water persists, please contact the Public Works Department for assistance at 705.647.6220.

**This program will commence the week of May 25<sup>th</sup>, 2020 and will continue throughout the City for approximately 6 weeks.**

Thank you for your co-operation as Environmental Crews carry out this important maintenance activity.

Public Works Department

## NOTICE TO TAXPAYERS

**2020 Final Tax Bills**  
have been mailed out.

The installments for the 2020 final tax bill are due:  
**Wednesday, July 15<sup>th</sup> and Tuesday, September 15<sup>th</sup>, 2020**

Payments by cheque for taxes can be dropped off in the drop box located to the left of the front doors at City Hall (325 Farr Drive) or at the Pool & Fitness Centre (77 Wellington Street).

Tax Payments can be made utilizing interac banking. Your property tax roll number is your account number. The account number will be 15 digits starting with 010, 020 or 030 depending on where your property is located, example 010009123450000, do not include any spaces or decimals.

Pre-authorized payment plans, monthly or installment, are also available. For information regarding alternate payment options or inquiries regarding your tax bill, please contact Corporate Services department at 672-3363 or email [finance@temiskamingshores.ca](mailto:finance@temiskamingshores.ca).

## TAX RELIEF

Council passed Resolution No. 2020-344 which will continue to provide penalty relief for the May 15th tax installment until July 31st. Therefore, no penalty will be applied to outstanding May 15th taxes for the months of June or July.

Penalty will begin again effective August 1st so please ensure your May and July installments are paid by the end of July to avoid any penalty charges on your tax account.

## BUCKE PARK CAMPGROUND

Bucke Pake Campground is open for daily, monthly and seasonal campers. Rates for 2020 have been frozen from last year! Seasonal Site registration forms are available online at [www.buckepark.ca](http://www.buckepark.ca) or contact the park directly at [buckecenpark@gmail.com](mailto:buckecenpark@gmail.com)

## MUNICIPAL MARINAS

Both the New Liskeard and Haileybury Marinas have daily slip rentals available. Daily slip fees are only \$28.00 plus HST. The New Liskeard Marina is staffed from 11am to 7pm on Monday, Wednesday, Thursday, Friday, Saturday. The Haileybury Marina is staffed from 11am to 7pm on Sunday, Tuesday, Wednesday, Thursday, Friday.

## MUNICIPAL BEACHES

The New Liskeard Beach is open for **UNSUPERVISED** swimming. Please respect physical distancing guidelines and other public health recommendations. The Haileybury Beach is open for **UNSUPERVISED** swimming. Please respect physical distancing guidelines and other public health recommendations.

## WASHROOMS

Public Washrooms at the Spurline Building are open to the public from 9am to 9pm daily. Washrooms at the Haileybury Harbourfront Pavilion are open to the public from 9am to 7pm daily. Public Washrooms at the Haileybury Beach will be open from 12pm to 6pm daily. City staff will be cleaning and disinfecting washrooms three times daily. Other washrooms within parks around the city remain closed at this time.

## BEACH SAFETY TIPS

Un-supervised beaches require care and attention to use. Please follow these common sense guidelines to stay safe:  
Watch your children at all times and NEVER leave them alone.  
Avoid distractions while at the beach; put down your phone!  
Weak swimmers and young children should wear a PFD.  
Know your own swimming limitations and stay within them.  
Never swim alone and never dive into shallow water.  
When thunder roars, go indoors!

## Application for a Minor Variance Notice of Complete Application And Notice of Statutory Public Hearing Committee of Adjustment

Under Section 45 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following Minor Variance application:

**File #:** A-2020-01  
**Owner:** Leslie Moonie  
**Property:** 743040 Dawson Point Road, New Liskeard, ON P0J 1P0

**A public meeting** will be held to consider the minor variance application:

**Date:** July 16<sup>th</sup>, 2020  
**Time:** 1:30 p.m.  
**Place:** Virtually – Link provided by request.

The applicant is requesting relief from the provisions of the City of Temiskaming Shores Zoning By-law to permit the construction of a boat house on the property that will exceed the maximum accessory building height provision. The following relief is requested:

Provision	Zoning By-law	Subject Property
Section 6.4 – Residential Zone	5m	5.3m
Requirements – Maximum Accessory		

The property is designated Residential Neighbourhood in the City of Temiskaming Shores Official Plan and is zoned Low Density Residential (R2) in the City of Temiskaming Shores Zoning By-law 2017-154.

**Additional information** about the minor variance application is available by request by contacting the undersigned.

**For more information** about this matter, contact the undersigned.

**Dated** this 29<sup>th</sup> day of June, 2020.

Shelly Zubyc, Secretary-Treasurer, Committee of Adjustment  
City of Temiskaming Shores, 325 Farr Drive, PO Box 2050  
Haileybury, ON P0J 1K0, Tel: 705-672-3363 ext. 4107  
Fax: 705-672-2911, [szubyc@temiskamingshores.ca](mailto:szubyc@temiskamingshores.ca)

**For More Information Call 705 672-3363 Write to The City of Temiskaming Shores,  
P.O. Box 2050, Haileybury, ON P0J 1K0 or Visit our Website: [www.temiskamingshores.ca](http://www.temiskamingshores.ca)**









**ACTIVE TRAVELLERS**  
*Runners Ben Drainville and Josee Courchesne were taking part in the Get Active in Temiskaming June Challenge along the South Temiskaming Active Travel Organization trail. (Staff photo by Sue Nielsen)*

# Englehart not rushing to Zoom out

**Darlene Wroe**  
Speaker Reporter

ENGLEHART - Englehart council is considering resuming meeting in person, although they have not yet taken the final step to make it happen.

At Englehart’s regular council meeting Wednesday, June 24, chief administrative officer Shawn LaCarte noted that the provincial government is now allowing gatherings of ten people, making it possible for councils to meet in person.

But the majority of council expressed satisfaction with meeting through the Zoom app.

Councillor Lorrie Allin was one of those who expressed support for continuing to meet through the Zoom app, while Councillor Jerry Mikovitch noted that there are benefits to meeting “face-to-face.”

Councillors Jason DeLeeuw and Twyla Wilson said they are comfortable with either form of meeting, and Councillor Jill Plaunt said that she would support

“whatever is easiest for staff.”

If meetings are held in person in Englehart, they will be taking place upstairs at the Englehart and Area Community Arena Complex where there is enough room to maintain physical distancing if a group of ten people meet.

LaCarte noted, though, that the community hall is not yet open.

Council did agree to forego its committee-of-the-whole meetings for the months of July and August, and only hold a monthly regular meeting. Council normally meets on the second and fourth Wednesdays of the month, with the regular meeting held on the fourth Wednesday.



## CAR CARE DIRECTORY

**FAST, FIRM ESTIMATES**

Our body shop can quickly give your insurance adjuster an accurate estimate of the cost to repair your vehicle. And once we get approval, we'll proceed as fast as possible to make your car like new again...using genuine GM parts.

**Certified Service**

**The Collision Centre**

238 Armstrong Centre, P.O. Box 100, New Liskeard ON P0J 1P0  
Telephone: 1-705-647-2031 • Fax 1-705-647-9817  
Email: collisioncentre@personainternet.net

### My mask protects you & your mask protects me.



TIMISKAMINGHU.COM

### Mon masque vous protège et votre masque me protège.



TIMISKAMINGHU.COM

## Temagami Family Health Team

*Submitted by Ellen Ibey*

### Why We Need More Vitamin B12 As We Age

It's estimated that up to 20% of people aged 50 and older may be low in vitamin B12, with this deficiency becoming more common as people get older.

**The Most Common Problems Related to Low Vitamin B12 levels include:**

- Memory problems
- Heart disease
- Unhealthy blood cells
- Loss of feeling in the hands or feet

As a result, Vitamin B12 deficiency can impact the quality of life of older adults.

**Where Do We Get Our Vitamin B12?**

We get it from eating meats, eggs, and dairy products. Health Canada recommends that anyone over the age of 14 get 2.4 micrograms per day – a tiny but important amount. Studies show that older adults are generally eating enough B12, yet about 1 in 4 have a vitamin B12 deficiency. This could be because as we age, our bodies are less able to absorb the vitamin B12 we eat. This is especially true when certain medications are taken, such as antacids and Metformin (used for diabetes).

**Why Vitamin B12 Deficiency is Often Missed in Seniors**

Because the symptoms – fatigue, anemia, neuropathy, memory problems, and walking difficulties – are quite common in older adults and can easily be caused by something else. Also, Vitamin B12 deficiency tends to come on very slowly, so people often go through a long period of being mildly deficient.

Vitamin B12 deficiency is quite treatable – you just need to make sure it's detected and then make sure the treatment plan raises the Vitamin B12 levels and keeps them steady.

**How Can we Make Sure we are Getting Enough B12?**

The good news is that it is generally thought that you can't eat too much Vitamin B12. It's safe to eat much more than the recommended daily allowance. Besides meat, eggs and dairy products, Vitamin B12 fortified foods are also good sources – for example, cold breakfast cereals, soy milk or other non-dairy milks. Vitamin B12 supplements are also available in drug stores – your health care provider or pharmacist can help you decide on the right dose for you.

If you have any of the problems noted above and you're concerned you might not be getting enough Vitamin B12, ask your health care provider for a blood test to check your B12 level.

**Committed to keeping you as healthy as possible!**



## Temagami

**Family Health Team**

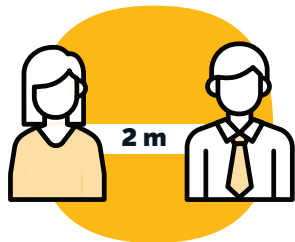
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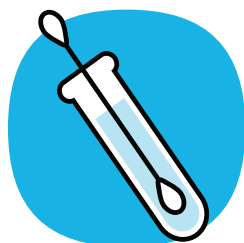
**Practice physical distancing,** stay two metres apart.



**Wear a face covering** when physical distancing is a challenge.



Continue to **wash hands frequently.**



**Get tested** if you are worried you may have COVID-19, or have been exposed to the virus.

**Inside or out, stay safe.  
Save lives.**



Daytona Kutschke showcased some serious skill as she manoeuvred during her hoop dance routine. (Staff photo by Jamie Mountain, LJI reporter)

# Anishinabe culture celebrated on Canada Day

**By Jamie Mountain**  
Local Journalism Initiative Reporter

TEMISKAMING SHORES – While pow wows in the region have been wiped out completely this year due to COVID-19, a small gathering was still able to take place on Canada Day in Temiskaming Shores.

A group of four Indigenous women organized a pow wow demonstration at the Algonquin Regiment Memorial Beach Park soccer fields to help celebrate and bring Anishinabe culture to the forefront on Canada’s 153rd birthday.

Those who attended were asked to adhere to social distancing practises and face masks were advised and provided for a dollar each.

“We felt the mini gathering (pow wow) went very well,” said one of the organizers, Maria Wabie, in a Facebook message.

“We were not expecting a big gathering but it turned out to be better than we thought, as far as people coming and going and following COVID restrictions!”

Wabie said that the organizing group’s vision came to life simply by having the children and families come out to celebrate their culture.

“It was refreshing to witness people so engaged in learning about  
*Continued on 7a*



Bernie Wabie danced along methodically during the pow wow demonstration on Canada Day. Anishinabe culture took the forefront during the event and was celebrated. (Staff photo by Jamie Mountain, LJI reporter)





Both young and old were able to participate in all of the festivities during a small pow wow gathering held on Canada Day at the Algonquin Regiment Memorial Beach Park soccer fields. (Staff photo by Jamie Mountain, LJI reporter)

# Anishinabe culture celebrated on Canada Day

*Continued from 6a*  
our traditional ways,” she enthused.  
“Our goal for the pow wow would be that every Canada Day we can celebrate our culture and to help bring a better understanding of Anishinabe culture to Canadians. The joy of organizing a pow wow is seeing it come together and knowing that people want to learn about our culture.”  
Wabie also noted that the most joyful part for all who were part of the gathering was seeing the support of their local drum group, Bull Rock.  
“Also the women’s drum group was meaningful and a great contribution to the success

of our day,” she said.  
“We are grateful for all the support that we received from everyone! We hope the community was able to experience a new meaning/sense of Canada Day. We wanted to share the traditions we practice at pow wows.”  
Wabie also noted that no other gatherings would be scheduled locally this summer as all of the pow wows are cancelled because of the coronavirus pandemic.  
*Nathanial Tyrone Tinney was a ball of energy in his fantastic regalia as he danced and spun during the pow wow demonstration. (Staff photo by Jamie Mountain, LJI reporter)*



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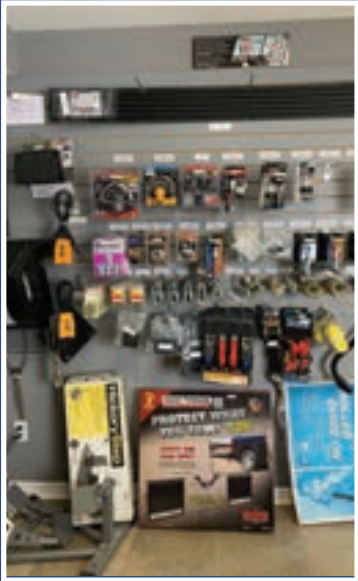
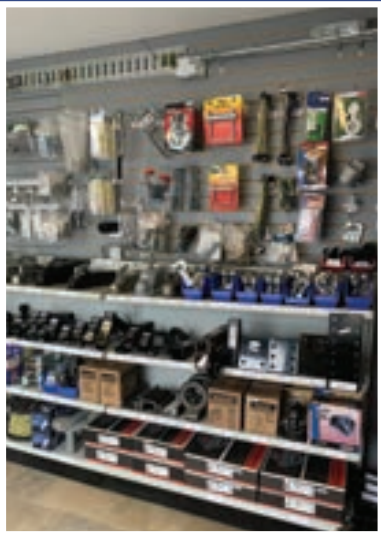
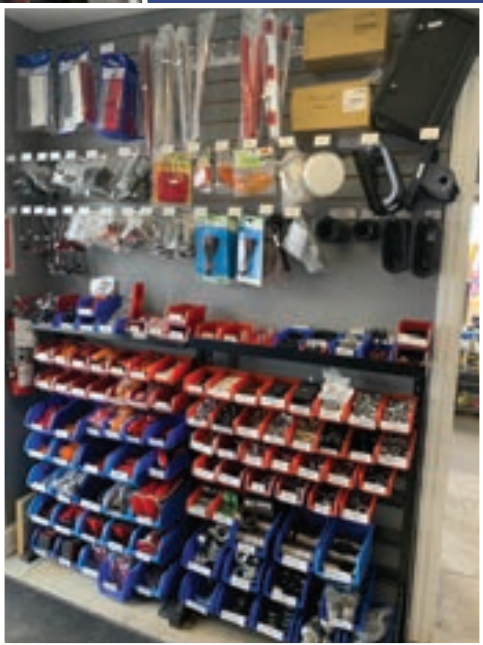
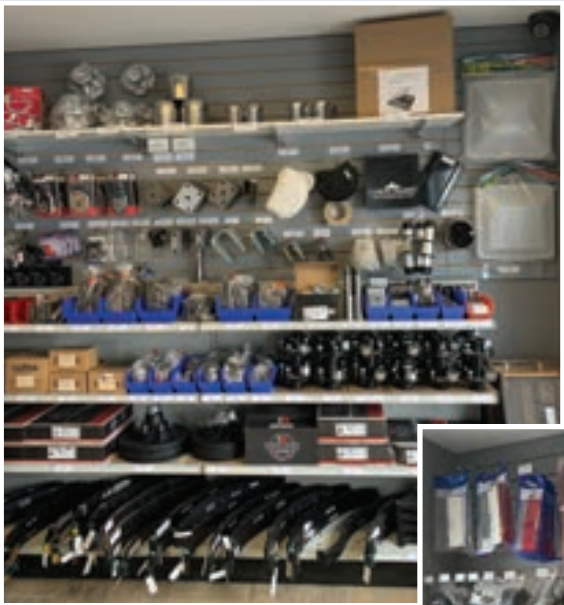
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# ENTERTAINMENT

ACROSS

- 1. «Star \_\_\_\_»
- 5. Group of whales
- 8. Literary monogram
- 11. At once, to Casey
- 15. Hoar
- 16. Island wreath
- 17. Chow down
- 18. Killer whale
- 19. Consistent
- 20. Misstep
- 21. Earlier than, to
- 22. Keats
- 23. Ringlet
- 24. Envision
- 25. Burn
- 26. Make a dress
- 27. Ship bottom
- 29. Barber’s sharpener
- 31. Raced
- 33. Tangy refresher
- 35. Short jacket
- 38. Certain Alpine ridges
- 40. Snow building
- 42. Self-esteem
- 44. Luau instrument, briefly
- 45. Spiral ornament
- 46. Scan a book
- 48. Dried wheat stalks
- 49. Finely sharpened
- 51. Shelter
- 53. Legal matter
- 54. Infrastructure
- 56. Resemblance
- 58. Abnormal breathing
- 60. More feeble
- 62. Faux \_\_\_\_
- 63. Mild cigar
- 64. Of an arm bone
- 66. Pertaining to sensation
- 69. Universal
- 70. Quiet
- 71. Brief play
- 75. Triangle
- 78. Trade
- 80. Hole
- 82. Horse’s gait
- 83. Expressions of doubt
- 84. Skirt length
- 85. Future lobster
- 86. Pigeon’s sound
- 87. Postpone
- 88. Hound’s trail
- 89. Greek vowel

- 89. Years of life
- 90. Anglo-Saxon peon
- 91. Heredity factor
- 92. Shaggy ox
- 93. «Big Top» safeguard
- 94. Milwaukee product

DOWN

- 1. Quantity of hair
- 2. Metal-fastening pin
- 3. Muslim ruler
- 4. Scope of knowledge
- 5. Exultant joy
- 6. Ventilate
- 7. Reflective surface
- 8. Ganders’ mates
- 9. Vacant
- 10. Caretaker
- 11. Electrical outlet
- 12. False’s opposite
- 13. 43,560 square feet
- 14. Like a skyscraper
- 24. Bobbin
- 28. Rectangular
- 30. Lasso cord
- 32. Passing grades
- 34. Lounge
- 35. Camp worker
- 36. Cry of discovery
- 37. Yamaguchi, e.g.
- 38. «The \_\_\_\_ Cometh»
- 39. Lubricate
- 41. Isolated
- 43. Decorative pitcher
- 44. Omit
- 45. «\_\_\_\_ Window»
- 47. Spell
- 50. Of a historic time
- 52. Dog-paddled
- 55. Neutral hue
- 57. Security device
- 59. Delete
- 62. Eel
- 65. Shea official
- 67. Tin Man’s need
- 68. Fool
- 70. Filet mignon, e.g.
- 72. Hire
- 73. Yours, once
- 74. Daisy’s kin
- 75. Urban air problem
- 76. \_\_\_\_ receiver (football position)
- 77. Presently, formerly
- 79. Minute bit
- 81. Browning or Tennyson
- 86. Spider’s handiwork

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# Horoscopes

Answers For Crossword on 2b

CAPRICORN

A confusing situation will need to be sorted out at work before you go on vacation. Be careful while swimming. If you’re single, meeting new people will be the highlight of your week.



December 22 - January 19

AQUARIUS

You’ll discover a passion for the performing arts. You might even be the star of the show this week. A huge output of creativity will put you in the spotlight.



January 20 - February 18

PISCES

You’ll be on the go this week. When it comes time to relax, you’ll find that you prefer the comfort of your own home. Your family will need more of your attention than usual.



February 19 - March 20

ARIES

Preparation is key for an upcoming discussion or presentation. You won’t be happy with the results if you improvise. Your ability to be polite and diplomatic will help you resolve a conflict.



March 21 - April 19

TAURUS

You might feel like you’re walking on eggshells around certain people. You’ll need to be tactful to avoid offending anyone. You’ll also be faced with an unexpected expense.



April 20 - May 20

GEMINI

You’ll start this week with a burst of energy. You have plenty of ideas, but you don’t know where to start. Luckily, the fog will lift soon.



May 21 - June 21

CANCER

You have a tendency to burn the candle at both ends. Take steps to channel your energy more efficiently. People will be relying on you, and you’ll do whatever it takes to help them.



June 22 - July 22

LEO

There are important things to do this week, but the way forward isn’t clear. At home, make sure everyone knows their role to avoid confusion and discord. Remember, with patience comes success.



July 23 - August 22

VIRGO

You’ll find a suitable training program to help guide you toward a more prestigious job. Don’t let the opportunity to achieve an important goal pass you by.



August 23 - September 22

LIBRA

This is a great week for a vacation, as you would benefit from a change of scenery. Spend some time learning a new language, especially if you have a trip coming up.



September 23 - October 22

SCORPIO

You need to work through some tough emotions, and you’ll be tempted to isolate yourself. Luckily, your friends know how to lift you out of your funk.



October 23 - November 21

SAGITTARIUS

You’ll get to know people and surround yourself with positive relationships. Your work environment will greatly improve due to your good-natured spirit. If you experience any discomfort this week, consult your doctor.



November 22 - December 21



Happy 60th Anniversary to Anne and Bob Dunnell, married on July 16, 1960. Congratulations on your Diamond Anniversary!

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# LOCKER ROOM CHATTER

With Chip McDivot

Talk about a strange start to the golf season. And it looked for a while like it might not arrive at all. Golf is a sport that can be truly socially distant, especially if your ball frequents a somewhat left or right trajectory, meaning you are often vacating the centres of the fairways.

The Haileybury Golf Club (HGC) executive has been extremely vigilant of reopening rules used by other golf courses and provinces throughout the country. As the province approves different steps to opening up, HGC modifies its practices.

HGC has your safety, as guests and members, and its employees, at the top of the list. Your patience as the season evolves has been appreciated.

## MEN'S NIGHT

The regular men's nights are somewhat modified for the new season. Tee-times are in effect, from 4 p.m. onwards. Burgers and a beverage are offered just before your tee time.

Scoring is for bragging rights, although the regular closest to the pin on #1 and #7, along with closest after two on #9 are up for grabs.

Last week's overall winners were D. Hack, J. Laferriere, D. Acland, and C. Hearn at 62. Runner up was D. Forget, H. Rivet, I. Graydon, and W. Olsen at 64.

Putting contest accumulator is approaching three digits. Hole in one award is suspended until shotgun starts are back in effect.

## LADIES' NIGHT

HGC's first Ladies' Night was Tuesday, July 7. Results to be posted next week. Planning to offer a wrap and a drink, either before the round or on the way out, at the discretion of the golfer. Not sure if this will be weekly or bi-weekly. A decision will come soon.

## JUNIOR GOLF

Junior Clinics, under the direction of Christian Ethier, have started, and the second morning was Tuesday this week. Currently 25 young golfers are involved. Social distancing and grouping protocols are being implemented to encourage the safety of the golfers and instructors. Groups of nine or less will be spread out between the putting green and the 9th fairway.

Members are asked to be vigilant as they approach #9. The clinics are due to be finished up by 10 a.m. although there may be stragglers picking up the golf balls.

And while on the topic of Junior golf, congratulations go out to Finn St. Louis, who scored a deuce (eagle) on #5 last week. Finn drove the green from the up tees then jarred a 7-footer. Kevin Douglas witnessed, and explained they were having trouble finding Finn's ball in the fairway, until someone on the next tee let them know it had rolled onto the green.

## A WORD OF APPRECIATION

Again, the HGC executive appreciates the patience of members and guests as the club slowly reduces restrictions on various aspects of a "normal" season.



# TEE TO GREEN

It's tee time at the New Liskeard Golf Club (NLGC)!

Our grounds will remain open seven days a week from 7 a.m. to 9 p.m. until mid-October. Due to a high volume of golfers we ask that you book a tee time, and arriving ten minutes before your booking. The driving range closes every Tuesday evening at 6:30 and re-opens Wednesday mornings at 9 a.m. Please call the Pro Shop to book your tee time at 705-647-6651.

## ACES

Congratulations to Christian Fournier who had a Hole in One on Hole #5, also congratulations goes out to Gilbert Rivard who had a Hole in One on Hole #2.

## WING NIGHT

Results from The Brick/Century 21/Wilson Chev Buick GMC Wing Night held on Thursday, July 2, with 52 golfers in attendance.

**Low Score Winners:** Yves Leveille and Darrin McGillis

**Second Place Winners:** Dwight Brydges and Tim O'Shaughnessy

**Closest To The Pin/Hole #2:** Al King

**Closest To The Pin/Hole #5:** Clarence Sparling

**Closest To The Pin/Hole #9:** Dwight Brydges

## MEN'S MORNING

Results from Men's Morning which was held on Sunday, July 5, with 36 golfers in attendance at the NLGC:

**Closest To The Pin/Hole #2:** Chuck Needham

**Closest To The Pin/Hole #5:** Steve Polyblank

**Closest To The Pin/Hole #13:** Brian Pedersen

**Closest To The Pin/Hole #15:** Dwight Brydges

## THIS WEEK AT THE NLGC

Wednesday Morning: Junior Lessons from 10 a.m. to 11 a.m. on the driving range with Mike Bonnah and Christian Ethier as instructors. Members no fee, non-members \$5 per lesson.

Thursday Morning: Ladies' Morning 9:30 a.m. please book your tee time. Come out every Thursday morning and join in the fun!

Thursday: Wing Night - Tee Times Requested

Sunday: Men's Morning - Tee Tees Requested

Tuesdays from 9 a.m. to 12 p.m. Junior Mentoring, nine holes of golf, no fee.

## COMING UP

July 24 – 26 Pioneer Diesel Two-Man Scramble Tournament. Included in the fee: \$25 gift certificate for each player used for anything sold on course that weekend, two BBQ passes, driving range balls and practice round on Friday. Carts are extra fee.

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# BUCKE-ROO CAMPING

By Robert Ritchie

Hello fellow campers and future campers, I'd like to share the little knowledge that I have on two subjects that not only is useful for campers but for everyone in Temiskaming.

First is Insect repellent which is one the best ways to avoid bug bites-others are to avoid infested areas and wear protective clothing. Insect repellent makes humans unattractive to insects. As the name says they only repel insects they don't kill them. A good habit is to read each repellents label for the repellents ingredients used such as DEET or oil of lemon eucalyptus (OLE). OLE should not be used on children 3 or under for health reasons. Read the label also for the average complete protective time (ACPT) and how to apply instructions such as don't allow children to apply. Some things that affect the effectiveness of repellents are activities that cause perspiration, high humidity, high temperature, apply more often during these times.

Sunscreen is another must to control natures assault on your skin. There are two kinds of sunscreen one is organic and the other is inorganic (natural or chemical) and there are some that combine both. The sunburn protection factor (SPF) determines how much Ultraviolet (UV) rays your skin is exposed to. the higher the SPF number is the better protection you have from the sun's UV rays that can cause many skin problems including skin cancer. Sunscreens only last about an hour, so during a sunny day you should apply more often. The effective time varies depending on the activity you are participating in, similar to insect repellent like swimming, playing sports, or just enjoying the sun. Current guidelines recommend that to achieve maximum protection sunscreen should be applied 20-30 minutes before you go out in the sun then reapply every 2 hours. Sunscreen for children is especially formulated for them and its important to read the instructions make, sure it's applied properly to the age of the child.

Both insect repellent and sunscreen are important protections for residents in Temiskaming who have worked hard to stay covid-19 free. Great job Temiskaming.

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Local dealer may charge additional administration/documentation fees or other fees up to \$1,221. Fees may vary by dealer.

\*Drivers should always be responsible for their own safe driving. Please always pay attention to your surroundings and drive safely. Depending on the conditions of roads, weather, etc., the Toyota Safety Sense systems may not work as intended. Please see [toyota.ca](http://toyota.ca), your local Toyota Dealer or Owner's Manual for details.  
<sup>1</sup>On approved credit. 4.99% APR on a new 2020 RAV4 AWD LE (B1RFVT "A") for 48 months equals 208 weekly payments of \$102 with \$0 down. First weekly payment (\$102) due at lease inception. Total lease obligation of \$21,239 (real). All-in lease includes freight and fees (PDE, EHF, OMVIC fee and air conditioning tax, where applicable). HST, licensing, registration and insurance are extra. Based on a maximum of 80,000 km. Additional km charge of \$0.10 for excess kilometres, if applicable. Dealer may lease for less. Vehicle must be leased, registered and delivered by July 31, 2020. Or finance from 2.99% APR on a new 2020 RAV4 AWD LE (B1RFVT "A") for 36 months equals 156 weekly payments of \$216 with \$0 down. Cost of borrowing is \$1,504.01 for a total obligation of \$33,665.01 (real). All-in finance payments include freight and fees (PDE, EHF, OMVIC fee and air conditioning charge, where applicable). HST, licensing, registration and insurance are extra. Vehicle must be registered and delivered by July 31, 2020. Dealer may sell or lease for less. See [ShopToyota.ca](http://ShopToyota.ca) for details.  
<sup>2</sup>On approved credit. 2.69% APR on a new 2020 Corolla L (BPRBEC "A") for 60 months equals 267 weekly payments of \$61 with \$0 down. First weekly payment (\$61) due at lease inception. Total lease obligation of \$15,967 (real). All-in lease includes freight and fees (PDE, EHF, OMVIC fee and air conditioning tax, where applicable). HST, licensing, registration and insurance are extra. Based on a maximum of 80,000 km. Additional km charge of \$0.07 for excess kilometres, if applicable. Dealer may lease for less. Vehicle must be leased, registered and delivered by July 31, 2020. Or finance from 0.49% APR on a new 2020 Corolla L (BPRBEC "A") for 36 months equals 156 weekly payments of \$146 with a down payment or trade equivalent of \$0. Cost of borrowing is \$171.06 for a total obligation of \$22,762.06 (real). All-in finance payments include freight and fees (PDE, EHF, OMVIC fee and air conditioning charge, where applicable). HST, licensing, registration and insurance are extra. Vehicle must be registered and delivered by July 31, 2020. Dealer may sell or lease for less. See [ShopToyota.ca](http://ShopToyota.ca) for details.  
<sup>3</sup>On approved credit. 2.99% APR on a new 2020 Tundra 4x4 Double Cab SR 5.7L TRD Off-Road (UY5F1T "C") for 48 months equals 208 weekly payments of \$153 with \$0 down. First weekly payment (\$153) due at lease inception. Total lease obligation of \$31,858 (real). Based on a maximum of 80,000 km. Additional km charge of \$0.15 for excess kilometres. Or finance from 0.99% APR on a 2020 Tundra 4x4 Double Cab SR 5.7L TRD Off-Road (UY5F1T "C") for 36 months equals 156 weekly payments of \$336 with \$0 down. Cost of borrowing is \$792.58 for a total obligation of \$52,473.58 (real). All-in lease and finance payments include freight and fees (PDE, EHF, OMVIC fee and air conditioning charge, where applicable). HST, licensing, registration and insurance are extra. Vehicle must be registered and delivered by July 31, 2020. Dealer may sell or lease for less. See [ShopToyota.ca](http://ShopToyota.ca) for details.