



## Helpful tips

### Practising fire safety amid COVID-19 prep

TEMISKAMING SHORES (Special) – Firefighters too are taking steps to protect themselves from COVID-19 and enable them to continue serving the communities.

In Temiskaming Shores, the need to maintain physical distancing has limited or cancelled meetings and training, said Fire Chief Tim Uttley in a news release earlier this week.

Fire stations are now closed to the public, public education events have been suspended, and certain fire safety inspection activities have been cancelled.

“As an emergency response agency, we must be ready and prepared to respond and the Temiskaming Shores Fire Department is doing everything we can for our residents,” he said.

He urged the public to educate itself and heed advice from health and government officials to practise social distancing and self-isolation.

“We cannot afford to put our heads in the sand and believe that this will not affect our communities,” he said.

And as residents and businesses are working together to prevent the spread of the novel coronavirus, Uttley urged them to take extra precautions to reduce the fire hazard, keeping families safe and reducing the risks to firefighters.

- Check and test your smoke and carbon monoxide alarms monthly.
- Plan and practise a family escape plan in case of fire.
- Never leave a burning candle unattended.
- Never leave any cooking unattended. Should a fire break out in a pot or pan, slowly slide a lid over the top to cover the fire and then turn off the source of heat. Always have a pot lid nearby.
- Supervise young children closely in the kitchen. Keep lighters and matches in a secure drawer or cabinet. Teach children to tell you when they find matches or lighters, and that fire is a tool, not a toy. Check

Continued on 5a



## SOARING

With area ski hills closed due to the COVID-19 concerns, it was time to return to the old fashioned way of having fun in the great outdoors during this long March break. Alex Lajoie, 9, put on his skis with his GoPro camera attached to his helmet and enjoyed a day of skiing fun on the hill behind Ecole secondaire catholique Sainte-Marie on March 18. (Staff photo by Sue Nielsen)

# DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our March 25 edition...

- Officials at the Timiskaming Health Unit have reported the first case of COVID-19 in the district of Temiskaming.
- He wears a mask and for good reason, not for one day, but always.
- Area restaurants are adjusting to the COVID-19 requirements to best serve the public's needs.
- Free bus rides are now being offered by Temiskaming Transit during the COVID-19 situation.
- Food banks in the area remain open serving the needs of the most vulnerable among us.
- The Earlton Farm Show, scheduled for April 17-18, is cancelled due to the current health concerns of the coronavirus.
- The city's sewage system pumping station is stressed as people flush cloth-like wipes and paper products down the toilet.
- Newbie lacrosse players had a chance to TRY IT during a recent clinic held at English Catholic Central School.
- The Great North Midget League has announced its award winners for the 2019-2020 season.
- The whooping cough outbreak that had afflicted the South Temiskaming region has ended, say Timiskaming Health Unit officials.



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## HAPPY SKATER

The New Liskeard Skating Club has cancelled their Spring Skating School for this year, but plan to be back in August for their Temiskaming Summer Skating School. Before the Don Shepherdson Memorial Arena was closed due to the COVID-19 pandemic, five-year-old Alaina Rheault was happy to skate with Group 4, Stage 2/3 at the club's End of Year Celebration. (Staff photo by Sue Nielsen)



James Wallbridge



Almeda Wallbridge

## Wallbridge Wallbridge Trial Lawyers

have made the following changes in response to the Covid 19 pandemic

- our offices in Timmins, Sudbury, North Bay and New Liskeard will remain open
- staff will be split between two shifts to maximize social distance
- hand washing and surface sanitizing in effect
- all staff in offices are healthy and symptom-free; staff who have colds, coughs, etc. stay home
- all lawyers will work from their home and will attend the offices if necessary - after hours
- all examinations for discovery will take place by video conference
- all mediations will take place by video conference
- all medical assessments will take place using the tel health system and videoconference
- court proceedings are suspended until the end of May
- clients and new clients are asked to contact the office by phone only
- Wallbridge Wallbridge continues to accept new clients
- Canada Post and Courier personel are asked to knock on the entrance door and leave deliveries outside entrance
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## 2019 Novel Coronavirus (COVID-19)

# What you need to know to help you and your family stay healthy.

- Only visit an assessment centre if you have been referred by a health care professional.
- Avoid non-essential travel.
- Monitor for symptoms after travel.
- Avoid large gatherings.
- Be prepared, but avoid panic stocking.
- Caring for those who are ill? Take precautions.
- Clean high-touch surfaces regularly.
- Order your prescription medication.
- Practice cough and sneeze etiquette in transit.

**If you have symptoms,** take the self-assessment at [ontario.ca/coronavirus](http://ontario.ca/coronavirus). Or call Telehealth Ontario at 1-866-797-0000 (TTY: 1-866-797-0007) or your public health unit.

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North Bay  
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Paul DeJong, owner-operator of the Charlton Angus Cattle Company, is the 2020 recipient of The Environmental Stewardship Award. DeJong is seen above at a Beef Farmers of Temiskaming information session and pasture walk last summer that was hosted at his farm northwest of Englehart. (Staff photo by Diane Johnston)

## Provincial recognition for Charlton beef producer

TORONTO (Special/Staff) – A Temiskaming beef producer has demonstrated environmentally winning ways.

Paul DeJong, owner-operator of the Charlton Angus Cattle Company, is the 2020 recipient of The Environmental Stewardship Award.

The award recognizes the outstanding environmental stewardship of an Ontario beef farmer.

It was presented recently at the annual meeting of the Beef Farmers of Ontario (BFO) in Toronto.

DeJong relocated a beef operation to Temiskaming in the fall of 2017 from Dundalk, south of Collingwood. The Charlton Angus Cattle Company is now a 150-head cow-calf operation.

In a news release, the BFO outlined the rationale behind this year's award presentation:

“DeJong has worked hard to establish sustainable and healthy pasture and hay crops that will maintain his cattle herd throughout the year.

“He has shown his dedication and commitment to the environment by focusing on pasture management, maintaining soil health and caring for waterways.

“The Charlton Angus Cattle Company focuses on a well-maintained rotational grazing system, grazing cattle for short periods of time and moving them frequently to allow the pasture to recover.

“An extensive fencing system prevents his herd from entering wooded areas, creeks and wetlands to ensure the biodiversity and natural habitats of local wildlife can be maintained.

“DeJong aims to minimize soil erosion and promote soil

health through his anticipated goal of achieving 100 per cent land cover of his farm.

“DeJong believes the first step to understanding environmental sustainability and its ever-changing functions is being open-minded to future learning opportunities and innovation within the sector.”

In the news release, DeJong credited continuing education – be it through meetings, courses, conferences or annual industry gatherings – as a factor in improved management.

“I will continue to educate myself and host farm tours whenever possible,” he said.

The award, which is sponsored by RBC Royal Bank, gives special consideration to farmers who have taken innovative approaches to environmentally sustainable beef production.

# SPEAKER

PRINTING, PUBLISHING AND PROMOTIONS

In light of the growing concerns surrounding COVID-19, the safety of our employees, readers and customers is our top priority.

At this time we remain open and continue to operate the presses. We feel it is our civic duty to continue bringing you the updates that you trust through the Temiskaming Speaker and the Speaker Weekender. We are also continuing to supply around-the-clock printing services to all of our essential service customers.

Our sales staff will not be attending gatherings and will be conducting most of their outreach by telephone or email.

The editorial department remains available for news coverage. We have added additional cleaning and sanitizing to our regular schedule and continue to monitor the hourly updates and adjust our course of action as things evolve.

Stay well everyone.

Lois Perry  
General Manager  
Temiskaming Printing

You can reach us by calling or emailing:  
Hotline: 705-647-6791 or 705-648-0227  
Email: loisperry@northernontario.ca  
News Department: editorial@northernontario.ca

### 2019 Novel Coronavirus (COVID-19) What you need to know to help you and your family stay healthy



Wash your hands with soap and water thoroughly and often.



Keep surfaces clean and disinfected.



Cough and sneeze into your sleeve or a tissue. Dispose of tissue immediately and wash your hands.



Stay home when you are sick.

For more information, visit [www.timiskaminghu.com](http://www.timiskaminghu.com)



Ontario

### Nouveau coronavirus de 2019 (COVID-19) Ce qu'il faut savoir pour rester en santé avec sa famille



Lavez-vous les mains au savon et à l'eau soigneusement et fréquemment.



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**SPRING SUNLIGHT**

*Snowshoes in the sunlight reveal the presence of beautiful weather in the South Temiskaming region as spring arrives. (Staff photo by Sue Nielsen)*

**The helpers**

*“I am not afraid of storms, because I am learning how to sail my ship.”*



**Sue Nielsen**

Louisa May Alcott

The mandatory requirements of COVID-19 regarding social isolation may have us all thinking we went from a standard time change to the twilight zone in a matter of weeks.

At times it may seem like we are living in a science fiction movie as things change daily with safety around the pandemic.

Aren't we all feeling a lot more vulnerable these days as we cope with being caught outside of our daily routines?

But that is exactly what we need.

It is unfortunate that it takes something like COVID-19 to convince us human beings we need each other.

The importance of collective thinking and acting gives us an opportunity to break away from business as usual and view our lives from a community lens.

We come into this world alone and we will leave this world alone but the space in between is trust and love.

This is why a circle represents everything revolving around the other.

When the news is all about the coronavirus outbreak, it is hard for us to feel optimistic.

I saw the effect of the pandemic on the faces of local folks this week while shopping for groceries.

The cashier asked people to stand behind a black line on the floor. The man behind me growled at this supposed inconvenience.

There was anger written on his face.

Meanwhile the cashier didn't have to be at work exposing herself to the health risks of COVID-19.

She was providing a much needed service and I was thankful.

For journalists there's an edict we have against using too many exclamation marks in our writing.

But for that cashier, the others in the service industry, the doctors, nurses, public health officials, food bank volunteers and other folks looking after the public there aren't enough exclamation marks!!!

We are truly blessed to have such kind and generous people in our midst.

And while we are at it let's give a few exclamation marks to our local, provincial and federal politicians who have been highly professional during this outbreak.

When speaking about the Temiskaming Health Unit, acting medical officer of health Dr. Glenn Corneil and his staff, they have presented calm, concise information to the public since this outbreak began. We could certainly end our sentences with many, many exclamation marks for them!!

Instead we offer these words - thank you and stay well.

Go easy, we are all learning how to sail our ships through this pandemic storm together.

**EDITORIAL**

**Trusted sources**

Our lives have certainly changed as we witness a national mobilization of forces within our communities and across the country to ward off the outbreak of COVID-19.

As the World Health Organization announced, the novel coronavirus leading to COVID-19 is a pandemic.

Our national and provincial politicians quickly demonstrated their leadership by closing borders and implementing compensation measures for businesses, families and individuals economically affected by the pandemic.

Across the South Temiskaming region closures, announcements of cancellations and other safety measures came quickly and swiftly.

And yes, panicked buying had many of us scratching our heads at the great toilet paper panic of the decade.

The speed at which our politicians locally have also acted is noteworthy, often outpacing the speed of the rumours and fear surrounding COVID-19.

If there was ever a moment where credible sources of information are needed it is now.

On any given day social media continues to spew forth misinformation about the pandemic supplied from all kinds of unreliable sources being passed off as fact.

One day someone declares the virus

has been found in South Temiskaming and others simply ask if there are cases of COVID-19 in our region?

The Temiskaming Speaker and The Weekender spend great amounts of time verifying facts by speaking to credible sources like public health experts, police, municipal officials and other medical professionals. Newspapers are an essential service providing fact-based information and we will continue to publish on a weekly basis during these uncertain times for as long as possible.

And amidst all the fears surrounding the pandemic, the fraudsters have ramped up what they are doing to take advantage of our fears and bilk people out of their hard earned money.

The COVID-19 battle is one we will win and it is one that exposes the hucksters, the rumours, the speculation and the less than credible news sources floating around online and in our communities.

Our response to this crisis will define who we are and what we believe in.

Take your information from trusted news sources and do your part to not fall victim to the fear over the pandemic.

How well did we help others in these challenging times? Did we check on a neighbour in need, did we donate to a local food bank and did we check on what the public health unit is saying about COVID-19?

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# LETTER TO THE EDITOR

## Individuals can make a difference

Dear editor,  
 We each have our part to play in making a difference in winning the war. It is our collective individual choices that will make the difference in terms of the outcome for both here and elsewhere in the North.

Sacrifices will have to be made, and have already been made, particularly by a number of businesses. There have been significant losses and it is clear that presently life is not business as usual.

Things are going to take time to sort out and we must realize this will not be a short sprint but rather a marathon that we must collectively succeed at completing.

Some runners will race ahead in these circumstances; others will be slower and be forced to pace themselves. At the finish line however we will need everyone, most particularly our entrepreneurs, innovators and business people.

We must remember to reach out, encourage and remind these individuals that they will be critically essential as we rebuild and

reshape our communities. Yes, there will be recovery and a future.

In the meantime we need to help those who are on the front lines of ensuring that the future will incorporate renewed health for our families and communities. We owe a deep gratitude to all those who are on the front lines of providing health services and those who support their efforts, particularly in the hospital sector.

A meaningful way of expressing their gratitude is by continuing to engage in social distancing and self-isolation where appropriate in order to not become a statistic. We don't count the healthy well.

We must also support the many people in various service sectors

who are ensuring to our continued access to the necessities of life. Smooth continuation of these services is enhanced when we all play our part in engaging in the right behaviours.

As we move forward it will be increasingly obvious that there is a difference between needs and wants. As a result our priorities will start to shift. When we move towards recovery collectively and individually we should be able to say that we have done the absolute best we could.

We might well be reminded of the verse: Good, better, best, never let it rest, until your good is better, and your better is best!

We will get through this together.

Betty Stone  
 Haileybury

## Helpful tips Practising fire safety amid COVID-19 prep

Continued from A Front

under beds and in closets for signs of burnt matches or other evidence that children may have been playing with fire.

• If you smoke, use deep, non-combustible containers. Ensure matches, cigarettes and ashes are wet before you empty them into a non-combustible receptacle to prevent smouldering materials from starting a fire.

Keep lighters and matches out of children's reach.

Never smoke in a home where oxygen tanks are in use.

Avoid lighting up when you're tired, intoxicated or have taken medication that causes drowsiness.

### Temagami Family Health Team

Submitted by Ellen Ibey

#### Coronavirus (COVID-19) Awareness

**What are the symptoms?**

Symptoms can range from mild to severe and include:

- Fever
- Cough
- Difficulty breathing (shortness of breath)

**Treatment:**

There are no specific treatments and there is no vaccine that protects against it. Most people will recover on their own.

**You should:**

- drink plenty of fluids
- get rest and sleep as much as possible
- try a humidifier or a hot shower to help with a sore throat or cough

**How to Protect Yourself:**

Coronaviruses are spread mainly from person to person through close contact, for example, in a household, workplace or health care centre.

There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses. Take these everyday steps to reduce exposure to the virus and protect your health:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick
- stay home if you are sick

**IMPORTANT:** If you suspect you have symptoms, call Telehealth Ontario for medical advice at 1.866.797.0000 (TTY 1.866.797.0007) or the Timiskaming Health Unit at 705.647.4305. Be sure to mention your symptoms and your travel history and/or contact with a confirmed or probable case. If you are ill and must visit a health care professional, **call ahead and tell them that you have a respiratory illness.** You will be asked to wear a mask while waiting for or receiving treatment to prevent the spread of the illness. If you need immediate attention, call 911 and mention your travel history and symptoms.

**The Temagami Medical Centre and Family Health Team... committed to keeping you as healthy as possible!**

Source: <https://www.ontario.ca/page/2019-novel-coronavirus#section-7>



Temagami

Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0  
 Tel: 705.569.3244 Fax: 705.569.2610



### JUST SKATE MOVES

Performing a skating routine to the song Moves Like Jagger were Group 1 skaters Connor Marcella (left) and Jayce Julien at the Haileybury Figure Skating Club's Just Skate event on February 28 at the Shelley Herbert-Shea Memorial Arena. Coaching the skaters this year were Lexi Cambridge, Natasha Lacharity, Anne-Marie Loranger and Melanie Ducharme. (Staff photo by Sue Nielsen)



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 937907 Marsh Bay Road, Coleman, 705-679-8833  
**CLOSED**  
**COMMUNITY NEWS**

With the concerns over COVID-19, the health and safety of our residents, employees, and volunteers remain our top priority. The Township of Coleman will continue to monitor the evolving situation, and encourages everyone to take all reasonable precautions, and to stay informed by only sharing information from official sources.

To view the latest municipal service updates, and for further information/resources, please visit: [www.colemantownship.ca/covid-19](http://www.colemantownship.ca/covid-19).

**Essential services:** including road safety, fire response services, waste collection, and water treatment/ distribution continue to operate as normal.

**Council Meeting:**

The Monday, March 30th, 2020 Council meeting has been cancelled, and has been rescheduled to April 6, 2020 at 6:00 p.m. (subject to change based on evolving information). The Mayor can call a special meeting of Council to discuss urgent business, if required.

**Municipal Office:**

The municipal office is closed to the public for in-person transactions; therefore, is requesting the use of internet payments through your financial institution, or by mailing cheques to the Municipal office (937907 Marsh Bay Road, Coleman, ON P0J 1C0).

**To Register for Internet Banking:**

1. Have your 19-digit roll number available, to use as your account number
2. Sign into your bank or financial institution's secure website
3. In "Set-Up Bill Payments", type "COLEMAN", and "COLEMAN (TOWNSHIP) TAX" will appear - select "Add vendor"
4. The "Set-up Bill Payment" window will appear with your vendor name
5. Enter the payment amount (\$)
6. Make your account selection for the payment
7. Select the date for the payment
8. Select "Next" and "Verify your payment"

Staff members will be conducting business during this time period for the continuation of essential municipal services. Please contact the office by telephone (705-679-8833) and/or by email ([toc@ontera.net](mailto:toc@ontera.net)).

**Coleman Distribution System 2019 Annual Summary / Report**

Please be advised that the Coleman Distribution System 2019 Annual Summary / Report will be available for review upon the municipal office re-opening to the public.

**Burning Permits - are required effective April 1st, 2020**

The permit is NOT valid between 8:00 a.m. and 6:00 p.m. on any day - Daytime burning is prohibited.

**Coleman Fire Department: In Case of Fire Emergency - Please Call 911**



# Brethour and Hilliard will share administrative services

**BRETHOUR/HILLIARD TOWNSHIPS (Staff)** - Brethour and Hilliard Townships have struck an agreement to share administrative services. The agreement will come into effect on Monday, March 30.

The two municipalities, led by Hilliard Reeve Laurie Bolesworth and Brethour Reeve David Wight, have been negotiating on a shared services agreement for the past several months.

The agreement will see Hilliard clerk-treasurer Vaughn Finch assume the clerk duties for both municipalities. Aaron Veley, who is a new staff employee, will serve as financial administrator for the two townships. Brethour outgoing



Hilliard Township Reeve Laurie Bolesworth and Brethour Township Reeve David Wight are pictured here shaking on an agreement for the two municipalities to share administrative services. (Staff photo by Darlene Wroe)

clerk-treasurer Reynald Rivard will continue in a consultant capacity.

“The partnership and splitting of the clerk and treasurer roles will allow each position to better focus on their duties and provide better service to the taxpayers of both communities,” the two municipalities stated in a joint press release March 12.

“The agreement also opens the door for a cost-saving partnership on equipment, materials, and supplies in the future,” the press release continued.

The new arrangement will see the Hilliard office open on Monday, Wednesday, Thursday and Friday from 9 a.m. to 5 p.m. The Brethour office will be open on Tuesdays from 9 a.m. to 5 p.m.

## Chamber working with businesses during COVID-19

**Sue Nielsen**  
Speaker Reporter

**DISTRICT** — The Temiskaming Shores and Area Chamber of Commerce (TSAAC) wants member businesses to know the Chamber remains open to help address needs during the COVID-19 situation.

The Chamber staff is working from home trying to keep the flow of information going to members and the greater community.

“(We are) connected to each other and our office computers as well as in contact with the TSAAC board of directors,” said chamber manager Lois Weston-Bernstein.

“We’re sharing government, health, community and business news through newsletters, Facebook and Instagram,” she noted.

She said the staff intercepts emails coming in from various agencies such as tourism, government, health, the Canadian and Ontario chambers as well as chambers across the north.

“We’re trying to consolidate that information and keep the lines of communication open,” she said in an email interview.

“We’re working on a consolidated list of information and resources that will be available on our website, hopefully by the end of this week.”

She said with the help of student workers, they are keeping the Ontario Northland passenger bus service and bus parcel service open on a limited basis.

“The ONTC has reduced their schedule to one northbound bus at 7:45 a.m. and one southbound bus at 12:40 p.m. daily and although I don’t think there are many passengers, the parcels are still moving,” said Weston-Bernstein.

TSAAC has compiled a list of businesses, organizations and events last week with their closures, updated store hours and amended operations, which has been provided to the media.

“Everything is changing so quickly. We’re just doing whatever we think will be helpful. We’re going to have a teleconference board meeting this week to determine what else we can do.”



At Georgia-Pacific we are continuously monitoring the Canadian Government and CDC actions and communication. Given the current situation we have taken the appropriate actions to keep all of us safe.

We wish to say *thank you* for all of the support from our amazing employees and our neighbors. We are all in this together.



- Hygiene Practices, including increased signage and communication, has occurred around the mill. This includes an enhanced cleaning schedule and readily available hand sanitizer products.
- The appropriate management of employees with symptoms and/or concerns.
- Staggered break periods reducing the occupancy limit of eating stations in the break rooms to align with social distancing practices. The site gym has been closed until further notice.
- Group meetings have been moved to a digital platform.
- Employees that have travelled out of country within the last 14 days are being asked to self-isolate, as recommended by the Canadian Government, prior to entering the workplace.
- Access is limited and all visitors, guests and contractors are screened prior to entering the site.

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## WE “CANE” DO IT

The organizers of the Christmas Cocktails and Candy Canes benefit concert held at the Classic Theatre in Cobalt on December 13 and 14 recently turned over a cheque for \$6,585.11 to Zack's Crib founders Yves and Lianne Paille. From the left at the Zack's Crib board meeting in New Liskeard February 10 are Marc Martin, Emmanuel Bénard Lafontaine, Lianne and Yves Paillé and Miriam Martin. Missing from the photo was Suzanne Martin. (Staff photo by Sue Nielsen)



## BOUNCING WILL BE BACK

Everything is shut down right now, but children who love bouncy houses will be back at it – hopefully sooner than later. At the community hall during the Englehart Winter Carnival earlier this month, Leo D'Hondt, 8, of Earlton (front), and Mitchel Glover, 10, of Callander were seen enjoying one of the inflatable rides. (Staff photo by Darlene Wroe)

# Managing mental health in a pandemic

**TIMMINS (Special/Staff)** – In the wake of COVID-19, Canadians are facing a new reality of social distancing, self-quarantining and isolation in order to protect public health and safety.

These new circumstances may lead individuals with mental health concerns into heightened symptoms of anxiety and depression.

The Canadian Mental Health Association Cochrane-Timiskaming (CMHA-CT) is offering some basic tips to help people remain calm and balanced in what is a difficult time for many.

- Considering the level of attention and seriousness being paid to the COVID-19 pandemic, it's normal to feel anxious.

Try not to avoid, ignore or suppress anxious thoughts. Instead, be aware of your anxiety and accept that you're feeling anxious in this situation.

Try to keep things in perspective; notice and challenge your thoughts that may be extreme or unhelpful.

- Self-care is critically important at this time, as worries can be made worse if we aren't taking care of ourselves.

Lean on social supports, try to get enough sleep, eat healthy, exercise and engage in enjoyable activities.

Do the things you would typically do to support your health, and be sure to use caution and follow health and safety guidelines while doing them.

- Seek information from reliable news sources only.

Limit checking in on the latest news to short, defined periods, and refrain from setting related push notifications on your device.

Appropriate information consumption may be calming and can lessen the sense of danger.

- Take the recommended precautions as outlined by Health Canada and other credible health agencies.

Remain focused on the factors within your control, such as washing hands, covering your mouth during coughs and sneezes, avoiding non-essential travel, etc.

- If you're noticing that your symptoms of anxiety (in association with COVID-19 or otherwise) are causing you significant distress or are interfering with your ability to function normally, reach out for formal mental health supports from a recognized agency, such as CMHA.

Learn more at <https://cmhact.ca>.

### CHANGING HOURS

The agency itself, meanwhile, is taking steps to limit face-to-face contact.

Effective March 18, it closed its offices in New Liskeard, Englehart, Kirkland Lake and Timmins to the public and will offer client visits and programs over the phone when possible.

Essential services will continue to be available where a virtual meeting is not possible.

It said staff will be reaching out to clients as needed to discuss alternative arrangements.

Services that will continue to be offered include telephone wellness checks, med drops, injections, housing, primary care on a limited basis, and, in Temiskaming, the Rapid Access Addiction Medicine program.

It advised clients to wait to be contacted by their case manager or support worker, and to not show up for a scheduled appointment unless first contacted by phone.

Anyone experiencing distress or in crisis may also contact:

- the CMHA in New Liskeard and Englehart, during regular business hours, at 705-647-4444 ext. 0.
- outside business hours, the Timiskaming Crisis Response System, at 1-888-665-8888.
- the Warm Line and Peer Crisis Support Services line, from 6 p.m. to midnight, seven days a week, at 1-866-856-9276.

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# CANCELLATIONS AND

## CHURCH CLOSURES

Salvation Army Church is Closed until April 30th

First Baptist Church is Closed until further notice but will be available to call if needed 705-647-5026

The Church of Jesus Christ of Latter Day Saints is Closed until further notice

St. Paul's United Church & Hillview Pioneer Memorial Church are closed until further notice. Worship will be available through Live feed on their Facebook page United Churches of New Liskeard: St Paul's

Cafe Convo has been Suspended until further notice

Alcoholics Anonymous Meetings held in New Liskeard have been Cancelled

As of march 17th lucky 7 bingo will be temporarily closed. We are closely monitoring covid-19 and all the recommendations from government. While risks of contacting covid-19 remain low, we believe we need to take precautionary measures. The health and safety of our staff, charities and customers is our main concern.

St. Patrick's Day Dance at the Kenabeek Community Hall has been cancelled, as well as the Bean Supper cancelled

MS Meeting the Challenge Seminar has been Cancelled

As a direct result of the State of Emergency issued in the Province of Ontario on March 17, the Legion Ontario Command has issued a strong recommendation to all its Ontario Branches to close their doors immediately, until further notice.

## ALL MUNICIPAL BUILDINGS ARE CLOSED UNTIL FURTHER NOTICE

- \*Don Shepherdson Memorial
- \*Pool and Fitness Centre
- \*Haileybury Branch Library
- \*New Liskeard Branch Library
- \*Community Hall
- \*Shelley Herbert-Shea Memorial Arena
- \*Public Works Office
- \*Riverside place
- \*Dymond Hall
- \*Dymond Fire Hall Administrative Office

Assante Wealth Management at 11 Armstrong North is closed until further notice

Salvation Army Store at 107 Whitewood is closed until at least April 1st

Miller Realty Office at 127 Whitewood Avenue is closed to the public but available by phone or email

Eluzion Hair Design at 17 Whitewood Avenue is Closed

Soundchek Music at 12 Whitewood Avenue is closed until further notice

ALERT FROM DISTRICT COURT HAILEYBURY: Courts are not operating as usual. Court sittings and service delivery have been impacted. Please visit the Superior Court of Justice or Ontario Court of Justice websites for detailed information. On-site family mediation and information services have been temporarily suspended. Contact service providers for more information.

Thornloe Crossroads Baptist Church presents "Alive" has been cancelled.

The Englehart and District Horticultural Society's monthly meeting has been cancelled

The Annual TDSS Spring Extravaganza scheduled for April 4th has been Cancelled

Tri-Town Bowling has cancelled league bowling for 2 weeks due to the COVID19 situation. We apologize for the inconvenience, and will advise the area once re-opened.

The Board of Directors of the Horne Granite Curling Club has decided to close the Centre and suspend play for the season.



# POSTPONEMENTS DUE TO CORONAVIRUS

## TSACC

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We ask that customers who are not within this population respect those that are and shop at the designated time. The store will open at 8:00 am to the general public, at 9:00 am on Sunday.

Closed to the public

**Lucky Seven Bingo Hall**  
Closed

**McKnight, Lee, Pepin Optometrist**  
Closed

**Municipal Offices Closed**

Town of Cobalt  
Coleman Township

**Northern College**  
Closed

**Not so Naked**  
Closed

**Nursing Homes closed to the public**

Extendicare Tri-Town  
Temiskaming Lodge  
Northdale Manor

**Once is Not Enough Boutique**  
Reduced hours

**Open Studio Libre**  
Closed

**Pop It**  
Effective March 24th, 2020 our store hours will be shortened until further notice.

We will still remained closed Sunday & Mondays  
Tuesday - Friday 11am - 4pm  
Saturday 10am - 3pm  
\*We will be offering some delivery times at discounted rates anywhere between

New Liskeard & Latchford\*  
Please call or message us to request delivery

**Ransacked** Closed

**Recreation Centers**

All recreation and municipal buildings are closed.

**Restaurants offering Take-out**

Tap That Bar & Grill - 4 pm - 8 pm, Wednesday to Saturday - 705-628-8428

Rooster's - 705-647-9500  
Ali's Grill and Bar - 705-647-8422 - 4 pm - 9 pm for takeout and delivery

The Market Eatery - 705-647-5777

Gilli's Truck Stop & Family Restaurant - open for take out, washrooms and clean showers for truckers and travelers.

McDonald's Restaurant - Drive Thru Available

Liv n Gracies - 705-622-0232  
l'Autochtone Taverne Americaine 4 pm-8 pm - Take Out

Elk Lake Eco Centre - 705-678-2248

Chat Noir Books & Cafe - Cousin's Restaurant, Englehart - 705-544-8411

Dida's in Earlton - OPEN 11 am - 8 pm for TAKE-OUT orders ONLY! Please call 705-563-2030

Zante's - 705-647-8822 - 12pm - 8pm - Takeout only

- full menus

Rainbow Kitchen - 705-647-7555

Zah Pizzeria in Haileybury is closed until further notice

**Ski Hills** Closed

**TD Bank**

New hours 10-6 Monday to Friday  
Saturdays 11-4

**Temiskaming Art Gallery**  
Closed

**Details Boutique**

Closed (online ordering available)

**The Edgewater Motel**  
Closed

**The Temiskaming Foundation**  
Closed.

**TIME Ltd**

By appointment only

**WhiskeyJack Beer Co.**  
Closed

**Wildwood**  
Closed

**Ontario Federation of Anglers and Hunters**  
Meeting is schedule for April 6th is cancelled.

**Enterprise Temiskaming**

Working from home - please phone 705.672.5155 or 1.800.361.2281

**South Temiskaming Community Futures Development Corp**

John Bernstein - john@southtemiskaming.com or 705-672-3021, Ext 221.

**ACFO Temiskaming**

Closed

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**Earlton RV**

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Text: 705-563-2633, Phone: 1-800-434-3159

**Spring Pulse Poetry Festival** - Canceled

**Findlay's**

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**Grant Thornton**

Offices closed.

**Haileybury Dental**

Closed for elective dental.

**King George Tavern**

Closed.

**LCBO**

Reduced hours, from 11 a.m. until 6 p.m. daily.

**Libraries**

All libraries are closed.

**Literacy Council of South Temiskaming**

The Haileybury Curling Club has made the tough decision to immediately cancel the remainder of the season along with future facility rentals until further notice, in light of the public health risks associated with COVID-19.

MP Anthony Rota's New Liskeard office will be closed, but staff is still working and available by telephone or email.

In order to counter the spread of the coronavirus-19 coronavirus, the offices of the ACFO-Temiskaming will be closed to the public until further notice. We invite you to contact us by email info@acfotem.org or by phone 705-647-6105. The ACFO-Temiskaming is sorry for the inconvenience this causes and we hope to see you again healthy!

ANYONE WISHING TO ADD THEIR  
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**March Project Of The Month FLOORING**

Flooring is an important part of any home decor and is also one of the most hard working. Today's trend of using the same flooring throughout the home means a flooring budget can be quite large so it's important for homeowners to consider their lifestyle as well as aesthetics when choosing. Whether you're thinking of hardwood, laminate or vinyl plank, our Flooring Specialists at EARLTON TIMBER MART can help you select the right flooring for your needs and budget. Check out our range of in-stock products for the best deals.



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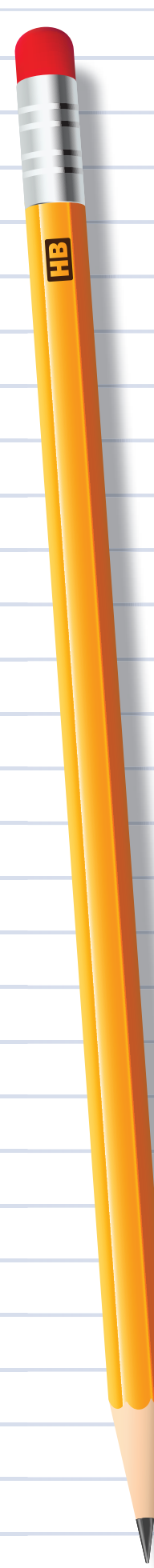






# SHORT STORY CONTEST

**SPRING WRITING ADVENTURE — it's all write!**



The Temiskaming Speaker is asking area children to put on their creative writing caps, sharpen their pencils and minds to create stories about what they are most interested in during this March break time period, with spring hovering in the air.

The Speaker feels writing contests are a great way to celebrate children's imaginations through the written word.

The submissions, fiction or non-fiction, would be 500 words or less on any topic of interest to children aged 8 to 14 years.

Please indicate your age, name, telephone number and the community you live in when submitting stories.

Topics could be anything from feelings about the end of the hockey season, ice fishing fun, a favourite video game, and visits with relatives, favourite books, a family pet and on and on.

Please Email to [loisperry@northernontario.ca](mailto:loisperry@northernontario.ca)  
or mail to Speaker at Box 580,  
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