

# WEEKENDER

THE  
SPEAKER'S  
WEEKEND  
EDITION



Vol. 19 – No. 16

FRIDAY, MARCH 20, 2020

Visit us on



## DOWNHILL... THEN UP



As the list of closures and cancellations continued to grow, Ghislain and Henriette Labonte of Dymond opted for outdoor family fun on the weekend. They took their grandkids visiting from Corbeil – Dominic, 6, on the sled, and Andre Gervais, 2 – for a walk and some sliding at the Dymond ball park. (Staff photo by Diane Johnston)

## Cobalt council considers responses to COVID-19

**Darlene Wroe**  
Speaker Reporter

COBALT - Cobalt council spent the larger portion of a three-hour council meeting Tuesday, March 17, making plans for the immediate response to COVID-19, and also preparing responses if worst-case scenarios occur.

ios occur.

In an upstairs meeting at the community hall where more space was available, council met with approximately eight feet between the chairs around the table. While the media were allowed to be present, the general public was not.

The discussion opened with

chief administrative officer Brian Walker outlining plans for staff, such as emphasizing employees should stay at home when they are ill. The outline has been prepared with the assistance of the Wishart Law Firm with which the town has an arrangement.

Walker noted that other

municipalities have already adopted similar policies, but the timing of the Cobalt council meeting meant the town is discussing the measures later than others.

Staff have also been diligently cleaning their own work areas and have been regularly cleaning public areas at the

municipal office.

Staff have been advised about considerations regarding travelling.

Walker said efforts are being made to bring in as much supplies as possible and to obtain masks and hand sanitizer for staff.

*Continued on 3a*

## DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our March 18 edition...

- Timiskaming Health Unit's acting medical officer of health, Dr. Glenn Corneil will continue to spread factual information about COVID-19 across South Temiskaming.
- The City of Temiskaming Shores has shut down all city operated recreation facilities, arenas and libraries in regards to COVID-19 safety concerns.
- Only essential visitors are being allowed access to area nursing homes and the Northdale Manor.
- Mayor Carman Kidd and his wife Trudy are in self-isolation after a recent trip out of the country.
- Several area municipalities have closed their municipal offices to limit the spread of COVID-19 by social distancing.
- Ontario Education Minister Stephen Lecce ordered all schools closed until two weeks after the March break because of COVID-19 concerns.
- The Ontario Court of Justice and the Ontario Superior Court have altered their schedules as a result of the possible transmission of COVID-19.
- The Temiskaming Shores Minor Hockey Association cancelled the rest of their hockey season because of a Hockey Canada directive.
- The New Liskeard Cubs season is over because of COVID-19.
- Cub coach Steve Polyblank has won the Coach of the Year Award from the Great North Midget League.
- Our C Front this week features a story and photos on a recent carpentry competition at Englehart High School.



Check out  
Our take out  
Menu  
Pages 7 & 8a

AS OF MARCH 17TH LUCKY 7 BINGO WILL BE TEMPORARILY CLOSED.  
WE ARE CLOSELY MONITORING COVID-19 AND ALL THE  
RECOMMENDATIONS FROM GOVERNMENT. WHILE RISKS OF  
CONTRACTING COVID-19 REMAIN LOW, WE BELIEVE WE NEED TO TAKE  
PRECAUTIONARY MEASURES. THE HEALTH AND SAFETY OF OUR STAFF,  
CHARITIES AND CUSTOMERS IS OUR MAIN CONCERN.  
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## THERE’S ALWAYS NEXT SEASON

Before the Tri-Town Ski and Snowboard Village had to shut down like seemingly everything else in Temiskaming, it was increasingly becoming a place to gather with friends. Among the many people who took advantage of milder temperatures March 8 by going to the ski hill were Leo Bumstead, 5, and Layla Peters, 9, both of Dymond Township. (Staff photo by Darlene Wroe)

## Orange Drop coming June 6

TEMISKAMING SHORES (Staff) – With all the closures and cancellations in effect due to the COVID-19 situation, long-range planning continues.

For example, on June 6, think orange. That’s orange as in “Orange Drop,” the annual household hazardous waste collection in Temiskaming Shores.

City residents can drop off a wide range of household hazardous waste at the event, which will be held once again in the parking lot between the New Liskeard fire hall and the Temiskaming Speaker office.

Previous Orange Drop events “have been a huge success,” wrote Steve Burnett, the city’s

technical and environmental compliance coordinator, in a report to city council.

Over the years, he said there has been “a consistent increase” in participation and the volume of materials dropped off.

The collections are held to safely dispose of household hazardous materials and keep them out of landfills.

Among the items that will be accepted are paints, light bulbs, batteries, small propane cylinders and fire extinguishers, oil filters, antifreeze, and medications.

The Orange Drop collection will run from 9 a.m. to 2 p.m.

## Temiskaming Hospital responding to COVID-19 pandemic

TEMISKAMING SHORES (Special) – Temiskaming Hospital is instituting some changes in light of COVID-19 preparedness.

- The hospital remains open 24 hours a day to patients. Public access will be limited to the main entrance of the hospital between 7 a.m. and 8 p.m.

Anyone arriving outside those hours will be communicated with through the intercom system and permitted access where appropriate.

- Visitor restrictions are now in effect.

The hospital is closed to all visitors with the exception of obstetrical, paediatric and palliative care patients, who will be allowed one visitor.

All visitors and urgent care patients entering the hospital will be screened.

Visitors who are not feeling well should not come to the hospital.

- In light of the restrictions, the hospital will be providing TVs to patients at no charge. Telephones will also be provided for free, subject to availability.
- The volunteer program has been suspended and the gift shop is closed.
- Pulmonary function testing is suspended.
- As of March 23, all non-essential hospital services will be suspended and only urgent care will be provided in: diagnostic imaging programs, including breast screening; lab testing; cardiac rehabilitation; stress testing; physiotherapy; specialty clinics; surgical and internal medicine departments; and Ontario Telemedicine Network.
- Chemotherapy, day medicine and dialysis treatments are essential and will continue as scheduled.

## Chamber annual dinner cancelled

TEMISKAMING SHORES (Staff) - The Temiskaming Shores and Area Chamber of Commerce announced they have cancelled their Annual Chamber Dinner for May 7.

“This event typically gathers over 250 people from the business community and the decision to cancel the dinner has been made in the interest of public safety,” said chamber business manager, Lois

Weston-Bernstein. However, the chamber is still accepting nominations for their Business Awards. They will decide how to present those awards at a later date. “We hope to reschedule our Annual Chamber Dinner if and when it is safe to do so,” added Weston-Bernstein. A full list of Business Awards is on their website at [www.tsaac.ca](http://www.tsaac.ca).

## At-risk individuals urged to self-isolate

**Darlene Wroe**  
Speaker Reporter

DISTRICT – Vulnerable residents across the district and the remainder of Ontario have been recommended to self-isolate for 14 days.

The suggestion was first issued Monday, March 16, when Ontario Chief Medical Officer of Health Dr. David Williams announced enhanced public health measures to help contain the spread of COVID-19.

“All persons over 70 years of age and individuals who are immunocompromised are advised to self-isolate for a period of 14 days,” said Dr. Williams.

“This means that you should only leave your home or see other people for essential reasons. Where possible, you

should seek services over the phone or internet or ask for help from friends, family or neighbours with essential errands.” Timiskaming Health Unit program manager Ryan Peters said people can still go outside for a walk while self-isolating. “They can still leave their homes.” He noted that Acting Medical Officer of Health Dr. Glenn Corneil would post an interview on the Timiskaming Health Unit website to explain in more detail such terms as self-isolating and self-monitoring. “He is just explaining some of those terms.” Visit the health unit’s Facebook page or website ([www.timiskaminghu.com/90484/COVID-19](http://www.timiskaminghu.com/90484/COVID-19)) for more information.



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## BUILDING FORTIFICATIONS

The cancellation of Spring Break activities due to the COVID-19 protocols does not mean there is nothing to do. On the contrary, these Ottawa youngsters, visiting their grandparents on Scott Street for the March Break, dug in to available resources (snow) and created a magnificent snow fort, complete with maze, pop bar, benches, and fire pit. From the left are Maëva Thibodeau, 7, her sister Amelia, 9, and their cousin André Lepage, 17. Work on the project took place throughout the day Sunday, March 15. (Staff photo by Darlene Wroe)

# Cobalt council considers responses to COVID-19

Continued from A Front

Councillor Doug Wilcox inquired if council members would also be included in having those items made available to them.

Walker said efforts are being made to get a larger order in. Providing for the most vulnerable in the community was also discussed, although it was noted that it is difficult to make those provisions for the community until a supply is secured.

Wilcox noted that in any case hand washing is more effective than hand sanitizers. For cleaning, Wilcox also noted that bleach is still available in great quantities.

It was noted the town does have supplies of gloves.

Mayor George Othmer said that after hearing Prime Minister Justin Trudeau's statements about closing facilities, he made the decision that the town should close the municipal office and other municipal buildings, which occurred on Monday, March 16.

Slowing down the COVID-19 virus "is going to take cooperation from everybody," he said. The goal is to "get this behind us if we possibly can."

Walker commented that the town staff "were

quite relieved" when the decision was made to close the municipal office.

Council discussed whether to attempt to meet electronically in the future.

Wilcox commented that meetings held in person are "much more productive."

Councillor Pat Anderson agreed that meeting electronically "makes it very stilted."

Councillor Matthew Johnson also spoke in favour of meeting in person.

Councillor Bill Gabbani raised the question of an emergency situation where an immediate decision is needed, and the protocol for that decision. Othmer and Walker might have to make such a decision without involving council.

However it was agreed by council that other members were "only a phone call away" and they could be polled regarding an emergency decision. Walker commented he would feel more comfortable with that arrangement.

Regarding payments, and the possibility of employment layoffs among the residents, council agreed that people should feel comfortable calling in to the office if they are having trouble making their payments, to discuss their situation with staff.

# Conferences shut down

TEMISKAMING SHORES (Special/Staff) – And the list of COVID-19 closures and cancellations keeps growing.

Earlier this week, the president of the Federation of Northern Ontario Municipalities (FONOM) announced that its annual convention, slated for May 13-15 in Timmins, is cancelled.

"This decision was not taken lightly," said FONOM president Danny Whalen, also a Temiskaming Shores councillor, in a statement earlier this week.

Whalen said the decision was made after reviewing information from the Ministry of Health, the Chief Medical Officer of Health and Northern

health units, he said.

FONOM believes the cancellation is in the best interest of conference attendees, trade show representatives, the City of Timmins staff, and the Timmins hospitality industry, he said.

FONOM represents about 110 districts and municipalities in Northeastern Ontario.

FONOM's executive has decided that the municipal organization's annual general meeting and conference in 2021 will be held in Timmins.

Another regional event, the Northeastern Ontario Fire Conference, has also been shut down.

It would have been held March 27 through 29 in Huntsville.

## SPEAKER

PRINTING, PUBLISHING  
AND PROMOTIONS

In light of the growing concerns surrounding COVID-19, the safety of our employees, readers and customers is our top priority.

At this time we remain open and continue to operate the presses. We feel it is our civic duty to continue bringing you the updates that you trust through the Temiskaming Speaker and the Speaker Weekender. We are also continuing to supply around-the-clock printing services to all of our essential service customers.

Our sales staff will not be attending gatherings and will be conducting most of their outreach by telephone or email.

The editorial department remains available for news coverage.

We have added additional cleaning and sanitizing to our regular schedule and continue to monitor the hourly updates and adjust our course of action as things evolve.

Stay well everyone.

Lois Perry  
General Manager  
Temiskaming Printing

You can reach us by calling or emailing:  
Hotline: 705-647-6791 or 705-648-0227  
Email: loisperry@northernontario.ca  
News Department: editorial@northernontario.ca

### 2019 Novel Coronavirus (COVID-19) What you need to know to help you and your family stay healthy



Wash your hands with soap  
and water thoroughly and often.

Cough and sneeze into your  
sleeve or a tissue. Dispose of tissue  
immediately and wash your hands.



Keep surfaces clean and disinfected.

Stay home when you are sick.



For more information, visit [www.timiskaminghu.com](http://www.timiskaminghu.com)



Ontario

### Nouveau coronavirus de 2019 (COVID-19) Ce qu'il faut savoir pour rester en santé avec sa famille



Lavez-vous les mains au savon et à l'eau  
soigneusement et fréquemment.

Toussez et éternuez sur votre manche ou dans un  
mouchoir en papier. Jetez le mouchoir  
immédiatement et lavez-vous les mains.



Nettoyez et désinfectez les surfaces.

En cas de maladie, restez chez vous.



Pour en savoir plus, [www.timiskaminghu.com](http://www.timiskaminghu.com)



Ontario



Why not check in on an elderly neighbour or shut-ins from a safe distance, help a financially challenged family buy groceries, donate to your local food bank and provide child care if you are in a position to do so.



LETTER TO EDITOR

# In the shelter, warmth, and care of one another

Dear editor,

Yes we know these are very difficult times, however, we know how to protect ourselves and vulnerable others. We also know, however, the fabric of society has been doing some unravelling with the need that we socially distance and, where necessary and appropriate, self isolate.

Social interactions and face-to-face contacts have been drastically changed with the closures of a number of sites in our area including churches, arenas and the modification of eating establishments.

We know in the North we are creative, ambitious, resilient, and smart so we have the opportunity to reweave our social fabric to ensure that the tears in the fabric will let the light come through and a new stronger woven pattern of support for everyone will emerge.

We may be in this situation for a while so we have the opportunity to look at why we do things a certain way and consider reinventing what we do to improve the outcome. Northerners are smart at making do, and making things better.

Spring began on March 19 so as we move forward how can we choose to do things differently? Our young people have extraordinary strengths in media communications and physical stamina and will have the opportunity to make both a difference and be the difference - as will we all. We will all have the opportunity to recreate a better caring community.

We will support and encourage corporations that choose to innovate in their patterns to better address the needs of vulnerable persons and seniors. We know that is of benefit to our community, and everyone, as we move forward.

But just as they are stepping up we as citizens can also choose to change how we choose to do things and live our lives to be part of being the difference.

We can choose to reweave our fabric of social support and the contact we choose to have with one another.

We know in the North that a healthy lifestyle is created when we physically are as active as we can be both inside our homes and outside in our naturally beautiful area.

We also know though, but sometimes forget, that social interaction with one another is extremely important and there are so many ways of doing this in a positive manner.

The hand wave, the friendly gesture of a smile, the respectful ways of sharing and of being civil, the verbal greeting from an appropriate distance and the use of the word thank you.

We know that when people have these positive interactions, no matter how small and insignificant they may seem, in actual fact both the immune system

for ourselves and the other person is enhanced and that is extremely important. The cost to us zero, the value to ourselves and others absolutely priceless.

We know this is part and parcel of a caring community and when we live in the shelter, warmth, and care of one another we are truly blessed and all our lives are enriched.

So spring is here - almost. How do we reach out, rebuild, and make the North an even better place to be? We each have a part to play regardless of age and circumstance because in the North we know that we are better together and that we will shelter, warm, and care for each other.

That is who and what we are, and how we do things in the North.

Respectfully,  
Betty Stone  
Haileybury

## Temagami Family Health Team

Submitted by Ellen Ibey

### Coronavirus (COVID-19) Awareness

#### What are the symptoms?

Symptoms can range from mild to severe and include:

- Fever
- Cough
- Difficulty breathing (shortness of breath)

#### Treatment:

There are no specific treatments and there is no vaccine that protects against it. Most people will recover on their own.

You should:

- drink plenty of fluids
- get rest and sleep as much as possible
- try a humidifier or a hot shower to help with a sore throat or cough

#### How to Protect Yourself:

Coronaviruses are spread mainly from person to person through close contact, for example, in a household, workplace or health care centre.

There are everyday actions that can help prevent the spread of germs that cause respiratory illnesses. Take these everyday steps to reduce exposure to the virus and protect your health:

- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- avoid contact with people who are sick
- stay home if you are sick

**IMPORTANT:** If you suspect you have symptoms, call Telehealth Ontario for medical advice at 1.866.797.0000 (TTY 1.866.797.0007) or the Timiskaming Health Unit at 705.647.4305. Be sure to mention your symptoms and your travel history and/or contact with a confirmed or probable case. If you are ill and must visit a health care professional, **call ahead and tell them that you have a respiratory illness.** You will be asked to wear a mask while waiting for or receiving treatment to prevent the spread of the illness. If you need immediate attention, call 911 and mention your travel history and symptoms.

**The Temagami Medical Centre and Family Health Team... committed to keeping you as healthy as possible!**

Source: <https://www.ontario.ca/page/2019-novel-coronavirus#section-7>



17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0  
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# OPP taking COVID-19 precautions

DISTRICT (Special) – The law isn’t taking a break because of COVID-19, but it is taking precautions.

The Ontario Provincial Police has announced steps to reduce the risk of spreading the novel coronavirus by reducing access to all its facilities, including detachments in Temiskaming, until further notice.

In a news release, the OPP said its facilities will remain open during regular operating hours, with increased screening to ensure the health and safety of the public.

It is limiting the processing of routine criminal record checks and vulnerable sector checks. They’ll be conducted only if deemed necessary or in emergency circumstances.

Anyone requiring a detachment-based service, including a criminal record or vulnerable sector check, is asked to first contact the local detachment.

The OPP has established detachment-specific emails to deal with non-emergency services and inquiries.

To reach the Temiskaming detachment, email [OPP.Temiskaming@opp.ca](mailto:OPP.Temiskaming@opp.ca).

For emergencies, call 911. For other police matters, please call 1-888-310-1122 or the local detachment.

Less serious incidents can be reported online at [opp.ca/reporting](http://opp.ca/reporting).

# READY SET SHOOT!

## OUR PHOTO CONTEST RETURNS

**SEND US YOUR PHOTOS OF OUR AREA**

Be the next featured Photographer on the cover or throughout our annual edition of the **Visitor's Guide**, or throughout the Speaker's 2021 calendar

**THIS YEAR'S CHALLENGE:**

**FRIENDS & FAMILY**

We still want the photos to showcase our beautiful northern community, but let's display the landscape while including some local faces!

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## OPEN TRAILS

The Temiskaming Nordic Ski Club has moved to something of an honour system during the COVID-19 situation. Skiers are welcome to use the trails and, while the chalet is open from 10 a.m. to 5 p.m., it is not staffed and payments for rentals or trail fees can be made at a later date. Pictured here having a game of ski soccer before the coronavirus outbreak became widespread were Ethan Daigneault (left in the front), Noah Juurlink, Tony Juurlink and Lucas Schwartz. (Staff photo by Darlene Wroe)

## Food bank makes change to protect volunteers

COBALT (Staff) - The Cobalt, Coleman and Latchford Food Bank implemented a new procedure Wednesday morning, March 18, in an effort to protect against the possible introduction and spread of COVID-19.

Patrons were asked to wait outside while volunteers prepared provisions for them and then brought the bags of groceries outside to them.

Plans are in place at this time that the food bank will use the same procedure March 25 when it undertakes its next regularly scheduled opening to assist those in need.

In an online statement, Cobalt chief administrative officer Brian Walker stated that only volunteers are allowed inside the food bank at this time, as a precautionary measure.

He and Councillor Matthew Johnson were at the food bank Wednesday to observe how the new procedure went and Walker expressed gratitude to the public “for their positive responses and patience as well as understanding. Everyone was great about the changes and it made things go much smoother.”

He said the town had to implement the new procedure quickly because Timiskaming Health Unit acting medical officer of health Dr. Glenn Corneil had just announced that seniors over the age of 70 should self-isolate. The volunteers at the food bank are all seniors.

“We spoke to the Timiskaming Health Unit and cleared the measures with them that were used.”

He noted that there may be further changes to the protocols as the town waits for further instruction from the health unit.



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- Nutritional supplements
- Rental of equipment

**TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm**

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## SANDWICHES AND BURGERS

All sandwiches and burgers are served with fries (with the exception of Quesadillas).  
Substitute for a Caesar, House or Greek Salad, Soup or Veggies and Hummus. 3

### GRILLED CHICKEN WRAP

**15** Sliced chicken breast, diced cucumbers, tomatoes, lettuce, feta cheese and creamy garlic aioli.

### BEEF DIP

**16** Shaved slow roasted prime rib from Yves' Prime Cut Meats, sautéed mushrooms, onions and Thornloe mozzarella cheese served in a hoagie with au jus.

### ROOSTER'S CLUBHOUSE

**16** Roasted chicken, bacon, lettuce, tomato, mayo and Thornloe cheddar cheese, served on your choice of white or whole wheat bread.

### VEGGIE BURGER

**12** A black bean and corn burger with lettuce, tomato and red onion, served on a freshly toasted bun.

### GRILLED TERIYAKI CHICKEN

**14** A butterflied chicken breast with teriyaki sauce, served on a kaiser and topped with Thornloe mozzarella cheese, bacon, lettuce, tomato and pesto mayo.

### QUESADILLA

**10** Choice of white or whole wheat tortilla shell, stuffed with red and green peppers, tomatoes, green onions and mixed cheese. Oven baked and served with pico de gallo, sour cream, and fresh greens.  
*Add Guacamole 3 Add Chicken 7 Add Beef 4*



### HAMBURGER

**13** 6oz seasoned chargrilled beef burger served with lettuce, tomato, red onion and pickles.  
*\$2 Add ons:*

- Bacon Jam
- Chimichurri
- Mozzarella, Swiss or Cheddar
- Bacon
- Sautéed Mushrooms
- Sautéed Onions
- Pesto Mayo
- Cheese Sauce
- Tzatziki
- Guacamole
- Fried Banana Peppers

## SIDES

### FRENCH FRIES

**4** **LOADED BAKED POTATO** **5**

sour cream, cheddar cheese, bacon and green onions

### POUTINE

**9** with Thornloe cheese curds

### CHILI CHEESE FRIES

**10** **VEGGIES AND DIP** **4**  
creamy garlic and pepper dip, tzatziki or hummus

### SAUTÉED VEGETABLES

**4** **CHEESY GARLIC BREAD** **10**  
*Add Bacon 2*



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### NEW YORK CHEESECAKE

**8.50**  
The ultimate creamy, soft vanilla cheesecake on a shortbread crust, from Carole's Cheesecake Company. Served with your choice of berries, chocolate or salted caramel sauce.

### SKOR CHEESECAKE

**8.50**  
A creamy toffee cheesecake with a caramelized SKOR bit topping on a chocolate shortbread crust.

### CRONUTS

**8.50**  
Deep fried to order, tossed in powdered sugar and served with your choice of chocolate, caramel or salted caramel sauce.

### FEATURED DESSERT

Ask your server about our featured dessert.



## KIDS MENU

*for children 10 & under*

All meals come with choice of milk, juice or soft drink, and a vanilla or chocolate cupcake for dessert.

### KIDS PENNE PASTA

**7.50**  
with your choice of alfredo, tomato sauce or butter and parmesan cheese

### CHEESE CAPPELLETTI

**8.50**

### POGO WITH FRIES

**8.50**

### GRILLED CHEESE WITH FRIES

**7.50**

### CHICKEN STRIPS WITH FRIES

**10**

with plum or BBQ sauce  
*Add Caesar or House Salad 3*

*Add Veggies and Dip 4*

## CELEBRATING A SPECIAL EVENT?

Whole cakes are available to purchase in the restaurant and for takeout!

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## CATERING

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# TAKEOUT

## M E N U

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2 Cedar Avenue, New Liskeard, ON, P0J 1P0







## STARTERS

### BAKED GARLIC SHRIMP

Oven baked garlic shrimp, topped with mixed cheese. Served with garlic bread.

13

### MUSHROOM CAPS

Breaded, deep fried and topped with grated parmesan cheese. Served with our creamy garlic and pepper dip.

10

### BUFFALO CHICKEN DIP

Shredded chicken breast, mixed cheese, green onion, and buffalo sauce topped with cheese and baked. Served with seasoned pita chips.

11

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Shredded chicken breast, mixed cheese, green onion, and buffalo sauce topped with cheese and baked. Served with seasoned pita chips.

12

### CALAMARI

Marinated, lightly coated and flash fried to order, served with fried banana peppers and chimichurri, with your choice of sauce: marinara, pesto mayo or tzatziki.

12



### CHICKEN WINGS | CHOICE OF:

One pound **16** Two pounds **29**

**Saucy:** Hot, Honey Garlic, BBQ, Honey Hot, Teriyaki, Chimichurri, Garlic Parmesan **Dry:** Buffalo, Cajun, Salt + Pepper, Lemon Pepper, Maple Bacon

### TWISTED TATER

Home style kettle cooked chips with a twist, seasoned and served with our famous Cajun dip.

11

## SOUPS AND SALADS

### ADD TO ANY SALAD

Grilled Chicken **7** Salmon **7**

### WICKED THAI

Chicken, red peppers, rice, mushrooms and onions slow simmered in a red curry coconut cream and lemon grass broth.

7

### FRENCH ONION SOUP

Caramelized onions and garlic, braised in a beef broth, topped with croutons and oven baked with mozzarella, swiss and parmesan cheese.

8

### SOUP OF THE DAY

Ask your server about our delicious soup featured today!

7



All entrées are served with your choice of fries, baked, roasted or mashed potatoes, or lemon and spinach basmati rice (with the exception of Fajitas).

## ENTRÉES

### FAJITAS

A quarter pound of chicken or beef served with sizzling onions and peppers, mixed cheese, lettuce, sour cream and fresh pico de gallo.

23

Add Guacamole **3**

### GRILLED ATLANTIC SALMON

Served with sautéed vegetables and your choice of sauce: lemon pepper butter, maple glazed, teriyaki or house BBQ.

25



### BEER BATTERED FISH & CHIPS

Made to order, two pieces of haddock, deep fried and served with tartar sauce.

16

### ROASTED CHICKEN | CHOICE OF:

Quarter Chicken **15** Half Chicken **19**  
Slow roasted seasoned chicken, served with gravy and sautéed vegetables.

### CHICKEN STRIPS

Deep fried with BBQ or plum dipping sauce.

16

### BUFFALO STYLE CHICKEN STRIPS

Tossed in hot sauce, served with carrots, celery sticks and our creamy garlic and pepper dip.

17

*Don't like Buffalo Style?* We can toss your chicken strips in honey garlic, BBQ, honey-hot or teriyaki sauce.

### CHARGRILLED CHICKEN

5oz boneless chicken breast, served with sautéed vegetables and your choice of BBQ, teriyaki, chimichurri or creamy garlic sauce.

18



### SLOW ROASTED PRIME RIB

10 oz AAA grain fed beef from Yes' Prime Cut Meats, served with sautéed vegetables, Yorkshire pudding, horse radish and au jus.

33

Available at 5pm while quantities last.

## STEAKS

### 8oz BEEF TENDERLOIN

Grilled to medium or less, served with sautéed vegetables.

35

### 14oz RIBEYE

Fresh cut ribeye from Yes' Prime Cut Meats, grilled to medium or less, served with sautéed vegetables.

37

### Add to your steak:

Shrimp **8**

Garlic Mushrooms **4**

Sautéed Onions **3**

### Sauces:

Whiskey Jack **2.50**

Creamy Mushroom **2.50**

Red Current & Peppercorn **3**

Chimichurri **2**

## PASTA

All pastas are served with garlic bread.

Add a side Caesar or House Salad **3**

### CHICKEN PARMESAN

House seasoned breaded chicken breast, pan fried and finished off in the oven, topped with marinara sauce and broiled with a blend of mozzarella and parmesan cheese. Served with fettuccine alfredo.

20

### OVEN BAKED CAPPELLETTI

Cheese filled pasta tossed in a creamy garlic and tomato sauce topped with mixed cheese and oven baked.

16

With Sausage, Green and Red Peppers **4**

### SHANGHAI WOK FRY

Sautéed oriental vegetable medley, tossed in a fresh ginger and Thai chili sauce. Served with rice noodles.

12

With Grilled Chicken or Sautéed Shrimp **7**

### CHICKEN TETRAZZINI

Sautéed chicken, red onions, mushrooms, tomatoes and basil in a creamy garlic sauce. Served on penne.

19



### DRUNKEN' SHRIMP

Cajun shrimp, mushrooms, sweet red onions, spinach and fresh basil, sautéed in a white wine reduction and flambéed with bourbon whiskey for that extra kick. Served on fettuccine.

21

## FLATBREADS

### MEDITERRANEAN

House marinara, cherry tomatoes, fresh spinach, artichokes and kalamata olives, topped with feta cheese.

15

### OFF THE GRILL

House BBQ sauce, pulled chicken, red onion, grilled peaches and aged cheddar, topped with fresh sprouts.

15

### THE ROMAN

House marinara, sliced tomatoes, buffalo mozzarella and prosciutto, topped with fresh rocket lettuce.

15

### GIMME THE HEAT

Alfredo sauce, fried banana peppers, grilled chicken, green peppers, and red onions, topped with pea sprouts and drizzled with buffalo sauce.

15



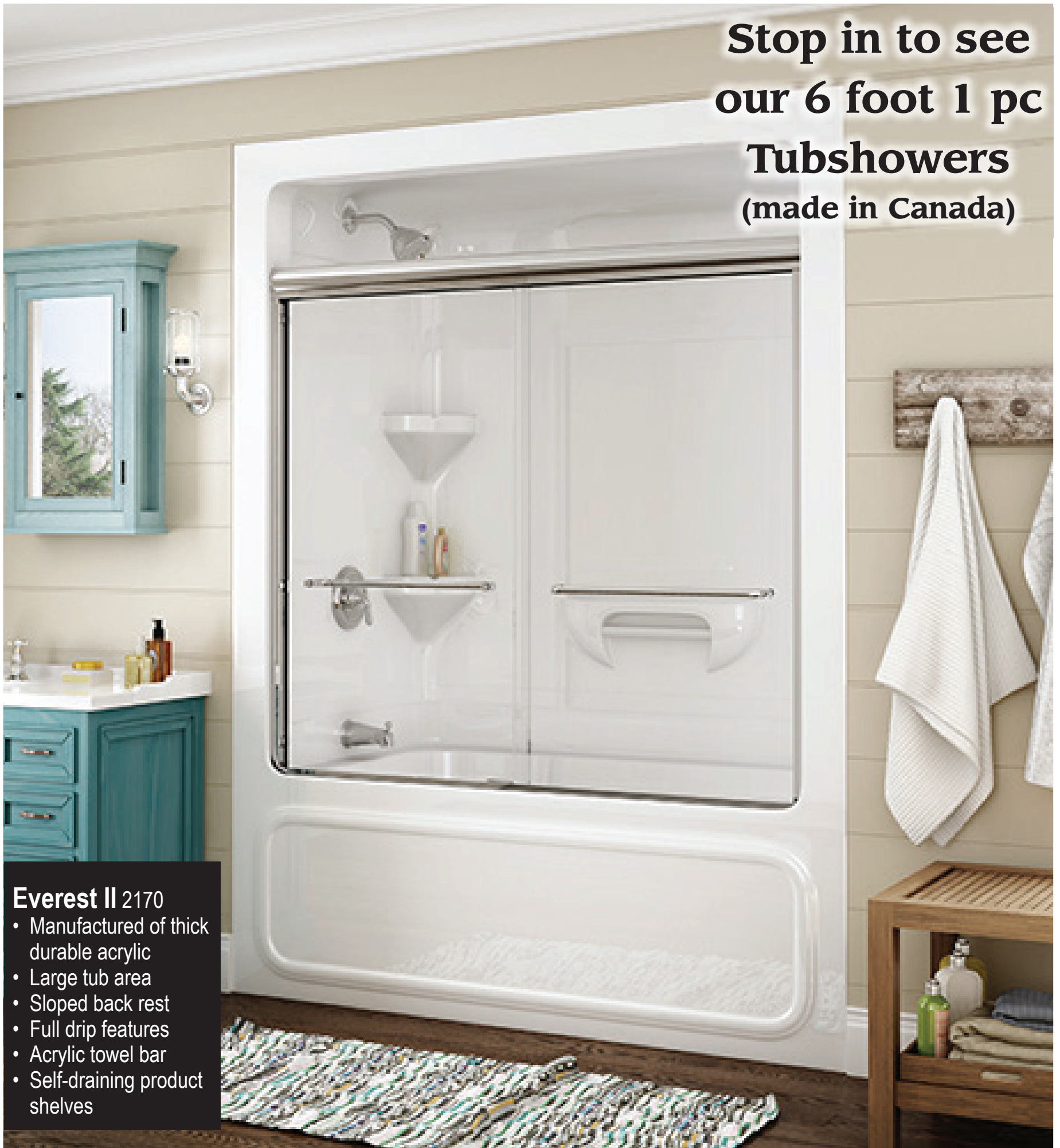
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**March Project Of The Month  
FLOORING**



Flooring is an important part of any home decor and is also one of the most hard working. Today's trend of using the same flooring throughout the home means a flooring budget can be quite large so it's important for homeowners to consider their lifestyle as well as aesthetics when choosing. Whether you're thinking of hardwood, laminate or vinyl plank, our Flooring Specialists at **EARLTON TIMBER MART** can help you select the right flooring for your needs and budget. Check out our range of in-stock products for the best deals.

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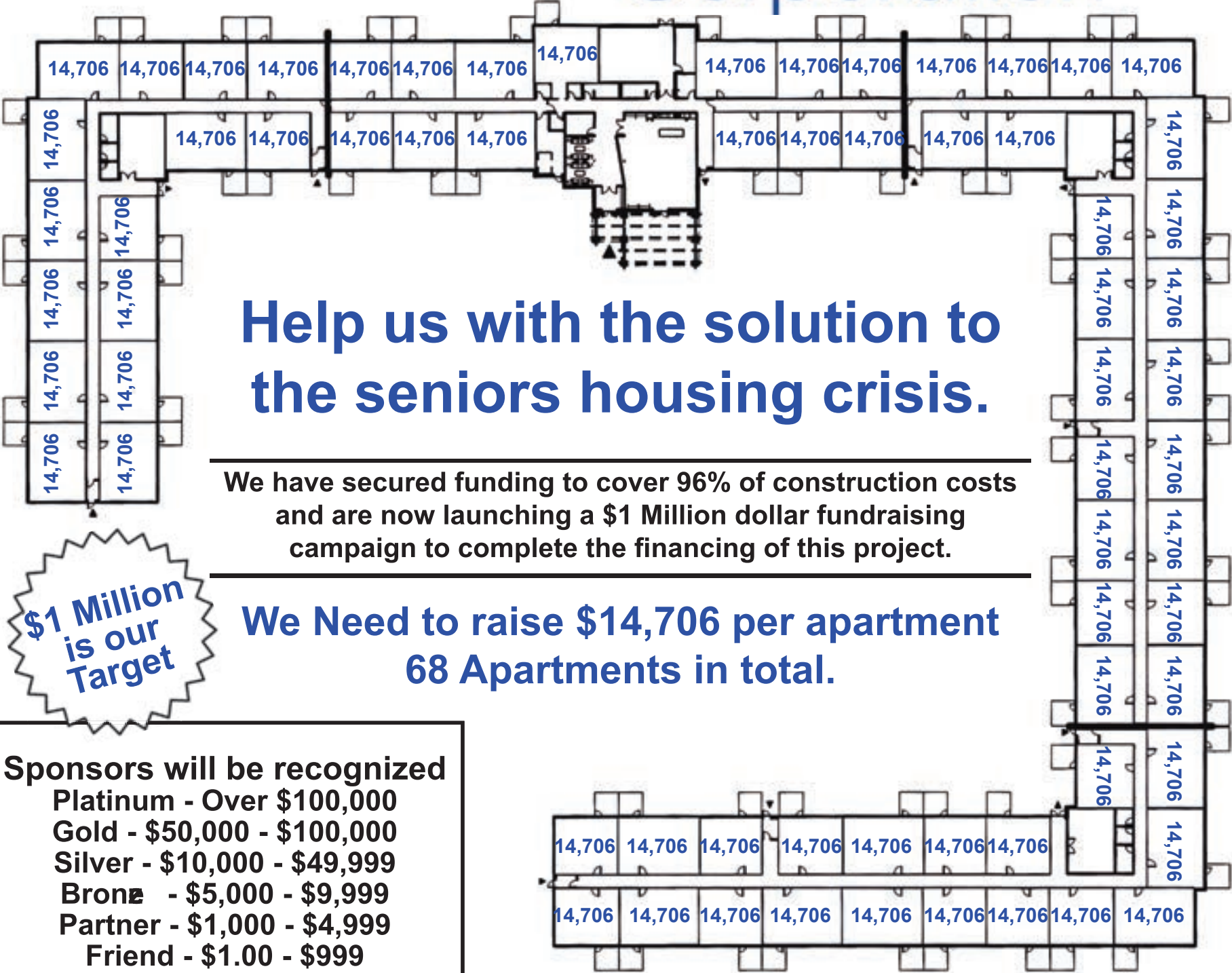
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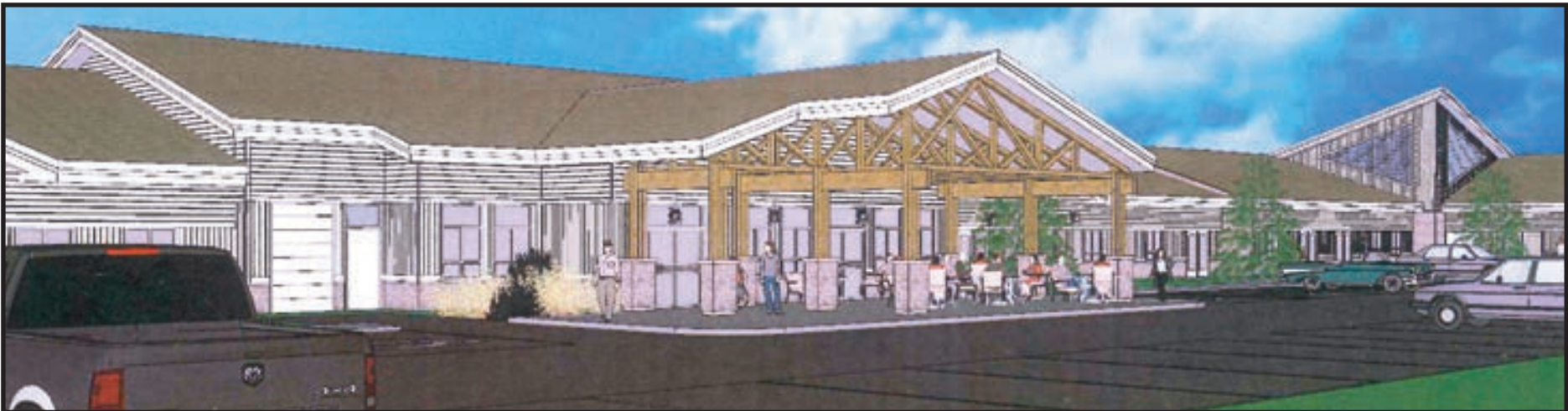


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