VEEKENDER SPEAKER'S WEEKEND EDITION

THE

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/ol. 19 – No. 12 FRIDAY, FEBRUARY 21, 2020

FLAVOURFUL FAMILY FUN

What better way to refuel after a trip around the Temiskaming Nordic Ski Club trails than a maple-syrup-on-snow popsicle? Eleven-year-old Graham Baerg, left, and Taya Schaffer, 10, gave the cool treats a try during special Family Day activities at the ski club. (Staff photo by Diane Johnston)

Come North

Exploring challenges, success in attracting newcomers

Diane Johnston

Speaker Reporter

TEMISKAMING SHORES - As Northern Ontario's population declines and ages, its workforce will also shrink.

One of the solutions - and the subject of a conference that wrapped up in Temiskaming Shores last week - is encouraging newcomers to settle in the region.

"We're talking about population growth," said Charles Cirtwill, president and CEO of the Northern Policy Institute.

"That doesn't just mean bringing in 10,000 people to replace the 10,000 who left, it's about keeping the second 10,000 and adding 10,000 more."

The Northern Ontario think-tank was an organizer of the event.

The Northeastern edition of the conference - Come North: A Population Growth Strategy for Ontario's Northern Regions

Net results ISKAMING

Continued on 3a

DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our February 19 edition...

Home fire

- Thankfully no people were injured in a house fire on Whitewood Avenue, but a family pet was not so fortunate.
- Teachers continue to give the Ford government a failing grade concerning labour negotiations as they prepare to walk off the job on Friday, February
- A fire at a local tire business last week is thought to be the result of an elec-
- Some lucky charity will benefit from the second 100 Women Who Care Temiskaming Shores fundraiser this week.
- Heart disease is still the number one killer in Canada, and a Heart Healthy Program aims to change those statistics. The Temiskaming Speaker newspaper has earned five Ontario Community
- Newspaper Association (OCNA) awards. It was with glowing hearts when National Flag Day was celebrated at En-
- glish Catholic Central School. Two out of three wins keep the Cubs in sixth place in the Great North Midget League.
- Two Senior girls volleyball teams have bumped their way to the regional championships.
- Our C Front this week features a story and photos on the 2020 Temagami Shiverfest.











The Corporation of the Municipality of Temagami NOTICE OF PUBLIC MEETING Official Plan Amendment (OP-18-01)

The Municipality of Temagami will be holding a Statutory Public Meeting to receive public feedback on a proposed Official Plan Amendment to include policies regarding secondary dwelling units in the Official Plan. No key map has been provided as the proposed amendment applies to all lands within the Municipality of Temagami.

DATE: March 12, 2020 TIME: 6:15 p.m. LOCATION: Municipal Office Council Chambers, 7 Lakeshore Drive, Temagami

PURPOSE & EFFECT: The Official Plan Amendment proposes new policies in the Official Plan to permit secondary dwelling units within all Neighbour-

TAKE NOTICE: A copy of the proposed Official Plan Amendment and additional materials are available at the municipal office for public inspection from Monday to Friday, between 8:00 a.m. to 4:30 p.m. The proposed Official Plan Amendment is also available on the municipal website at: www.temagami.ca. For more information about this matter, including information about appeal rights, contact Suzie Fournier, Municipal Clerk, at 705-569-3421 Ext. 208 or at clerk@temagami.ca.



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TAKING A BREAK ON THE SLOPES

On almost any given weekend, the Tri-Town Ski and Snowboard Village is humming with activity. Northern College students Alyssa Marques and Jordan Dyson were among the many people *enjoying the sun and slopes on February 8. (Staff photo by Darlene Wroe)*

Police issue scam alert

TEMISKAMING SHORES (Special/Staff) - Recent investigations into frauds and scams in the Temiskaming area have spurred police to urge the public to be wary.

In a news release, Temiskaming OPP reminds people to do their homework before giving any money or divulging personal information to any-

And what scams are circulating in the area?

COUNTERFEIT CASH

In what is described as "multiple" investigations in February, police say an unknown individual or individuals have been paying with counterfeit bills.

Residents and businesses are reminded to check bills carefully during every transaction. If you suspect a bill may be counterfeit, report it to police immediately.

ROMANCE SCAM

"Fraudsters take advantage of people who are lonesome," police say.

In what's known as a romance scam, fraudsters may steal profile photos and use social media to lure victims.

They conduct an online relationship, promising a wedding or expensive gifts when they meet in the victim's country. The interactions may continue over an extended period of time to build trust, and victims may lose a significant amount of cash and never meet their so-called partner. CANADA REVENUE AGENCY SCAM

If you receive a communication by email, phone, text or mail, from someone who claims to be the Canada Revenue Agency (CRA) and requests personal information, never respond.

Police say the CRA will never send you a link and ask you to divulge personal or financial information.

Under these scams, a fraudster may insist that this personal information is needed so that the taxpayer can receive a refund or a benefit payment. Cases of fraudulent communication could also involve threatening or coercive language to scare individuals into paying a fictitious debt to the CRA.

Police urge the public to question whether the offer sounds too good to be true, or if the requester is asking for info that you would not provide on your tax return or that you know the CRA would already have on file.

SAFETY TIPS

As a general rule, the OPP advise:

- Before giving money, ask questions. If the organization is legitimate, it will welcome questions and will provide reasonable answers.
- Never provide personal information through the internet or email.
- Keep your passwords and personal identification numbers (PIN) a secret.
- Do not write down passwords or carry them with you.
- · Shred unwanted documents and make sure that your name and social insurance numbers are
- Ask a trusted friend, relative or neighbour to pick up your mail when you are away or ask that a hold be placed on delivery.

If you suspect you may be the victim of fraud or have been tricked into revealing personal or financial information, contact your local OPP detachment at 1-888-310-1122 or the Canadian Anti-Fraud Centre at 1-888-495-8501.



Exploring challenges, success in attracting newcomers

Continued from A Front

 was hosted by Temiskaming Shores and held February 11-13 at Riverside Place.

more than 120 participants coming from as far away as Moose Factory, Manitoulin Island, Sault Ste. Marie, North Bay and across Temiskaming.

Participants and speakers came from the post-secondary sector, First Nations, the Métis community, municipalities, and organizations that work with newcomers.

For two and a half days, attendees talked about the Northeast's demographics, labour market needs, and how to welcome newcomers and learn more about Indigenous communities.

They also learned about the experiences of a large community - Sudbury - in recruiting and retaining newcomers.

But they also heard from Smooth Rock Falls, where the influx has been predominantly from within the region.

MARKETING

Emerging from the conference was the need to market the region – "a clear message about what's here and what the future could be for you if you lived here," Cirtwill said.

"Two things draw people and keep people – family and jobs."

He suggested targeted marketing focused on newcomers who have had success in relocating to the region.

He pointed to the growing Amish community in Temiskaming, a growing population of Eritreans in Timmins, and Sudbury's attraction of newcomers from Nigeria and Cameroon.

Building

non-government sector to make communities more inclusive is also important, he said.

He liked the local Building It was fully booked, with Ties initiative, which brings together Lake Temiskaming's Francophone Anglophone, and First Nations communities in Ontario and Quebec.

> Whether it's a targeted approach or a more broad branding of Northern Ontario, "I think we can make that happen fairly easily," said Temiskaming Shores' economic development officer James Franks.





Charles Cirtwill

James Franks

"But the tough part is the other side, the service side," he

He guestioned marketing to bring people north "if when they arrive, there's nobody here to help them find work or settle in the community."

The region's colleges and universities offer help to international students, but only while they're enrolled as students, he said.

Meanwhile, existing immigrant settlement services help newcomers with permanent resident status, he said.

But there's a gap in formal assistance for others or those post-secondary grads who want to remain, he said.

Franks said he's been speaking to a couple from Europe who want to relocate to Temiskaming Shores, but find they fall into that gap.

They were seeking guidance relationships through the immigration proamong people working in the cess but, even with all the ex-

pertise available at the conference, there were "a lot of maybes," he said.

It may be easier to equip the North's five large urban centres with the resources to provide needed service, he said.

Overcoming the challenges for smaller centres was part of the thinking behind holding the conference in Temiskaming Shores, he said.

In the end, he said it may be the community, including local government and businesses, that offer some help.

In Kirkland Lake, he said a welcome-wagon type approach has expanded.

When the volunteer group learns of newcomers to town, members introduce themselves, invite them to weekly coffee gatherings, and hold monthly dinners.

It's proven "very effective," he said.

RESOURCES

Franks said private resources are expanding in the region.

There's now a certified immigration consultant in North Bay and a lawyer from Timmins who has recently opened an office in Sudbury. They will, for a fee, guide newcomers through the immigration process, he said.

Meanwhile, the Northeast will be gaining some exposure.

Franks said a TV and webbased series known as "New Canadians" took in the confer-

It's been hired to produce segments highlighting Temiskaming Shores and other communities.

As for the conference, Franks said a report will be circulated to attendees and then a follow-up within a year to find what progress has been made.

Temagami Family Health Team

Submitted by Ellen Ibey

What is Celiac Disease?

Celiac Disease is a bowel disorder caused by a reaction to eating gluten -- a protein found in wheat, rye and barley and contaminating all commercial-grade oats. If you have celiac disease, it causes damage to the lining of your small bowel, which prevents nutrients from being properly absorbed. Celiac is not a food allergy.

GI symptoms include:

- Abdominal pain
- Nausea and vomiting
- Bloating
- · Gas, flatulence
- Lactose intolerance
- Diarrhea, foul-smelling stools
- Constipation
- Mouth Ulcers
- Dental enamel abnormalities

Other bodily symptoms include:

- Weight loss (though 30% of affected people are overweight)
- Easy bruising Skin rash
- Fluid retention
- Bone and joint pain
- · Infertility and recurrent miscarriages
- Muscle cramps, weakness and wasting
- Poor growth, delayed puberty in children
- Headache • Tingling in legs and feet
- General weakness and fatigue • Persistent hunger (due to malnutrition
- Dizziness • Anxiety, depression

How is Celiac Disease Treated?

Those with celiac disease must maintain a strict gluten-free diet for life. By avoiding gluten, you allow your intestine to heal. Your other symptoms should gradually lessen and your risk of developing serious complications of untreated celiac disease will be reduced.

Once diagnosed with celiac disease, ask your health care provider to refer you to a registered dietitian for nutritional counselling.

If you think you may have celiac disease and your primary care provider hasn't raised the possibility, don't be afraid to bring it up yourself. You are an important member of your health care team.

The Temagami Medical Centre and Family Health Team... committed to keeping you as healthy as possible



Family Health Team

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A means to an end

Remember a few years back a group of people living in this region, who were dubbed "radicals" at the time, blocked a rail line over the Adams Mine Garbage issue?

They drove a farmer's tractor over the Ontario Northland rail line in symbolic fashion against the Adams Mine pit being used as a dump for Toronto's garbage.

They also positioned themselves across the rail lines as peaceful human shields.

Among those radicals were Timmins-James Bay MP Charlie Angus, Nipissing-Timiskaming MPP John Vanthof, the then-Liberal MPP David Ramsay and Temiskaming Shores councillor Patricia Hewitt and many others.

They used a rail line blockade protest to protect our Northern environment and way of life.

Those local radicals, deemed heroes by many, have leveraged themselves nicely into provincial, federal and municipal government positions.

At the present moment it is Indigenous people in Ontario in solidarity with their Wet'suwet'en First Nation brethren.

I don't see a difference between the struggles that united our protestors all those years ago and what Indigenous peoples are doing currently.

The right wing pundits around the country are denouncing the blockades as mob rule.

Was our mob that stopped the Adams Mine garbage dump any different?



Sue Nielsen

Meanwhile, our Prime Minister is missing in action as he campaigns for a U.N. seat leaving the grunt work to his Indigenous services Minister Marc Miller.

Miller did a fabulous job of diplomacy speaking with Indigenous people near Belleville, Ontario, recently.

He said, "My question to Canadians, my questions to myself and to fellow politicians regardless of the party, is whether we do things the same old way and repeat the errors of the past, or do we take the time to do it right?"

Those who are whining about the rule of law being broken must have forgotten how we have flaunted the rule of law concerning Indigenous people for over 100 years.

We dishonored their treaties, we stole their land and their who are blocking the rail lines children, we starved them, and we raped and murdered them, inadequately funded schools and subjected them to the harmful Indian Act. We look the other way when they have a suicide crisis in their communities and we expect them to drink poisoned water.

> If you want to feel all warm and fuzzy, there are spas for that. In the meantime First Nation people are struggling for their rights and freedoms.



The trails at the Temiskaming Nordic Ski Club trails were ideal last weekend for this lone skier. (Staff photo by Sue Nielsen)

EDITORIAL

It's time

By the time this editorial appears, all of Ontario's schools will be closed on Friday, February 21.

It's time the province and the teachers' union got back to the bargaining table to negotiate a solution to the problem of teacher unrest.

Between the snow days and the teacher strikes, there have been too many days lost in the school year for this strike action to not be affecting students and their learning environ-

As elected officials go, we wish to see the leadership necessary to step up and solve this labour unrest.

We elect government officials to solve problems and to make sure the province's education system is running smoothly.

If we are giving grades for government performance during this labour unrest we may have to issue an F for failure.

Dedicated volunteers

Temiskaming The Shores Fire Department New Liskeard brigade had a busy week as within days they had attended to two fires.

Firefighters attended a fire at a local business the evening of February 12 and a daytime house structure fire last Saturday.

It was mentioned by several people observing the Whitewood Avenue house fire that all of the members of the

Temiskaming brigades are volunteers.

And it was also mentioned that these men it comes to effectively fighting fires.

When municipal budgets are being discussed, it is often recreation, library and fire department budgets that get the axe first over roads, bridges and buildings.

But the City of Temiska-

editorial@northernontario.ca

Shores ming Shores has invested heavily in its three fire departments, located in Dymond, New Liskeard and women know what and Haileybury, recogthey are doing when nizing the important job tiretighters have and acknowledging citizen safety is important.

> Here's a tip of the hat to the dedicated volunteer firefighters in Temiskaming Shores and across the Temiskaming region who work tirelessly to protect their communities.

Thank you!

18 Wellington St., South, **New Liskeard**

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FUNDAMENTALS!

It was a team effort as players moved the puck around during the Englehart Tyke Day held on February 1 at the Englehart and Area Community Arena Complex. About 120 players participated in the event aimed to teach boys and girls the fundamentals of hockey in a fun atmosphere. (Staff photo by Sue Nielsen)

New electric vehicle charging station coming soon

Darlene Wroe Speaker Reporter

TEMISKAMING SHORES - Plans are being developed to construct an electric vehicle fast-charger station in New Liskeard before the end of 2021.

Hydro One and Ontario Power Generation announced the launch of their Ivy Charging Network on February 14, during the official opening of a new charging station in Huntsville at 150 Hanes Road.

A total of 73 locations have been identified in Ontario to be part of the network of electric vehicle charger stations.

Some of the locations identified in Northeastern Ontario include Matheson, Timmins, Sudbury and North Bay. An effort is being made to have the stations within at least 100 kilometres of each other, it was explained in a press release.

The Ivy Charging Network is jointly owned by Hydro One and Ontario Power Generation.

"Having delivered the world's largest single climate change action to date with the closure of our coal stations, OPG's clean power serves as a strong platform to electrify carbon-heavy sectors like transportation,"

Continued on 7a





The Corporation of the Municipality of Temagami NOTICE OF PUBLIC MEETING

Official Plan Amendment (OP-19-01) and Zoning By-law Amendment (Z-19-01)

The Municipality of Temagami will be holding a Statutory Public Meeting to receive public feedback on a proposed Official Plan Amendment and Zoning By-law Amendment to amend the existing policies and regulations regarding home occupations and home industries in the Municipality's planning documents. No key map has been provided as the proposed amendment applies to all lands within the Municipality of Temagami.

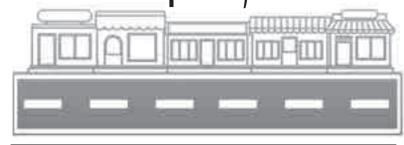
DATE: March 12, 2020 TIME: 6:00 p.m.
LOCATION: Municipal Office Council Chambers, 7 Lakeshore Drive,
Temagami

PURPOSE & EFFECT: The Official Plan Amendment and the Zoning By-law Amendment proposes revised policies and regulations in the Municipality's planning documents to include a revised definition for home occupations and home industries, as well as revised policies and regulations to provide flexibility in terms of the interpretation of permitted uses.

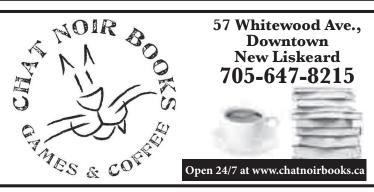
TAKE NOTICE: A copy of the proposed amendments and additional materials are available at the municipal office for public inspection from Monday to Friday, between 8:00 a.m. to 4:30 p.m. A copy of the proposed amendments are also available on the municipal website at: www.temagami.ca.

For more information about this matter, including information about appeal rights, contact Suzie Fournier, Municipal Clerk, at 705-569-3421 Ext. 208 or at clerk@temagami.ca

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BUSY STRETCH

Firefighters from Temiskaming Shores had a busy stretch last week with several incidents. Above is the Fountain Tire fire on the evening of February 12, estimated to cause more than a half-million dollars in damage to the business. Below are scenes from a house fire on Whitewood Avenue February 15 that caused extensive damage. Nobody was hurt in either fire, but a family pet did die in the house fire. There was also a vehicle fire in the early morning hours of February 15 and on February 17 firefighters responded to what was a false alarm. (Staff photos by Steven Larocque (top), Sue Nielsen (left) and Diane Johnston)

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Temagami Shiverfest celebrates winter





By 10 a.m., volunteer cooks – including Lynn Turcotte and Bob Mills – had fed more than 50 at the Shiver fest pancake breakfast. (Staff photo by Diane Johnston)



Four-year-old Etta Morrison of Haileybury made a successful run down the sledding hill in the cardboard sleigh challenge. (Staff photo by Diane Johnston)

Ten-year-olds Cecilia Cormier, at left, and Jordyn MacLeod were among the young treasure seekers foraging for loose change at Shiverfest. And the coins added up – donors contributed more than \$530 for this year's money-in-the-hay scramble. (Staff photo by Diane Johnston)

New electric vehicle charging station coming soon

Continued from 5a

Theresa Dekker, vice-president of corporate business development and strategy for OPG, and co-president of Ivy Charging Network, commented in the announcement.

Natural Resources Canada has provided an \$8 million repayable loan to Hydro One and Ontario Power Generation to help build the stations.

Minister of Innovation, Science and Industry Navdeep Bains said the federal government's investment "will ensure that Canadian-made solutions are at the forefront of solving the global climate change crisis, leaving our children and grand-children with a healthier planet and cleaner air to breathe."

Greenlots, a member of the Shell Group, has been chosen to operate and manage the network.

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Arts & ENTERTAINMENT

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ACROSS

- Fighting fish
- Way to Mandalay
- 10. Netlike hat
- 15. Bay window
- 16. World's fair, e.g.
- 17. Pay for with a credit card
- 18. Stupendous
- 19. Aid a criminal
- 20. Entertain lavishly
- 21. Adage
- 23. Saber's kin
- 25. Commanded
- 26. Goblet feature
- 29. Bird of prey
- 31. Default result
- 33. Flattened at the poles
- 35. Boric
- 37. Zenith
- 41. Restaurant employee
- 42. Berg
- 43. Crucifix
- 44. Seed
- 45. Landlord
- 48. «Holiday Inn» drink
- 49. Indian title
- 51. Legend
- 53. Hanker
- 54. Call out
- 55. Corn holder
- 56. Football number
- 58. Class
- 60. Talented
- 62. Used a loom
- 63. Neither good nor bad
- 66. Stew meat
- 67. Folklore monster
- 68. Aristocracy
- 69. Oompah horn
- 71. Newspaper section
- 74. Oxen neckwear
- 75. Witness
- 78. Basted
- 80. Vineyard crop
- 82. Marine mammal
- 84. List unit
- 86. Beer
- 90. Guarantee
- 91. Clinton's VP
- 92. Master
- 93. Quite small
- 94. Rime
- 95. Distribute

TEMISKAMING'S SUPER STATION! CLASSIC ROCK OLDIES

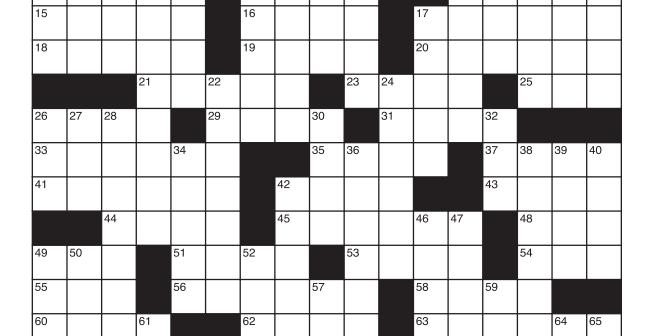
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DOWN

- 1. Cranberry location
- Prove human
- Finish together
- Fellow player
- Female voice 5.
- Cow catcher
- 7. «The ____ Incident»: hyph.
- 8. Anthropoid
- Show excessive love
- 10. Wool producer
- 11. Annoy
- 12. Certain exam
- 13. Gawk
- 14. Act
- 17. Doctrine
- 22. Relating to heat
- 24. Cleric
- 26. Mama pig
- 27. «TV Guide» abbr.
- Kind of bachelor
- 30. Curly cabbagelike veggie
- 32. Row
- 34. Short
- 36. Trigonometric function
- 38. Orchestral piece
- 39. Anchor
- 40. Tense
- 42. Taste
- 46. Eight-sided figure
- 47. ____ or reason
- 49. Nature's bandage
- 50. Lounging garment
- 52. Bauble
- 57. At all
- 59. '50s hairstyle
- 61. Salamander
- 64. Noah's boat
- 65. Caustic
- 67. Portly
- 70. Excessive interest
- 72. La Scala offering
- 73. Cook's gadget
- 75. Swipe
- 76. Slack
- 77. Additional
- 79. Approaching
- 81. Widemouthed jar
- 83. Bolt
- 85. As well
- 87. Form of some toothpastes
- 88. Self-respect
- 89. Steep hemp



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AQUARIUS CAPRICORN

You cross paths with some inspiring people who expand your social circle. A great opportunity has you taking steps to move.

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TAURUS

You'll appreciate having

some time to recharge

your batteries. You'll be

more tired than usual, so

you may need to spend a

few days resting. You may

also develop your artistic

VIRGO

You'll obtain the financing you need for a project

that's close to your heart.

Don't hesitate to consult

financial institution about

consolidating your debts

so that you can live more

September 22

with someone at your

or esoteric talents

There's a fine line between harmony and discord; sensitivity and affection are important in any relationship. Proper communication will make things better between the two of you.



GEMINI

With a more active social

calendar than usual, you'll

acquaintances. You'll join a

LIBRA

In order to keep your

separating.

melancholy at bay, you'll

throw yourself into a cleaning

frenzy at home. You'll make

some things clear with your

partner before you consider

group of friends in signing

up to learn a new sport.

expand your circle of

PISCES

around you this week. If you like to travel, you'll treat yourself to an adventure of a lifetime. A short jaunt away could also be memorable, even if you head off on your own.



on 6b **ARIES**

Answers For

Crossword

87

88

89

There will be lots of action A disconcerting image will allow you to create a masterpiece. You'll make a lifestyle change in order to achieve your aspirations. Everything will be fine as long as you don't swim against the current.

68

81

86

92

95



Some friends will invite you to join them on a tropical vacation. Pleasure is on the menu and your optimism will



SCORPIO

In order to successfully

finalize an agreement at

work, you'll need to fine-

tune several documents

before presenting them.

You may also decide to

CANCER

be contagious.

You may decide to go back to school in order to improve your career options. A sudden burst of inspiration will put you on the right track, but you'll still need to make a considerable effort in order to succeed



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suggestions that your friends find interesting. develop a talent that taps into your considerable



You'll make some

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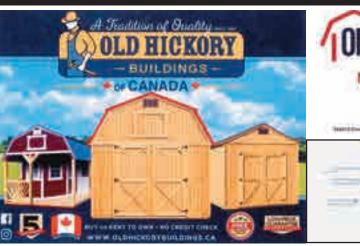
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Support for Passing The Torch

Darlene Wroe Speaker Reporter

TEMISKAMING SHORES - ACFO Temiskaming has once again secured funding to offer and support a series of activities for both children and seniors.

Called Passing the Torch, the program is being funded by the federal government's New Horizons for Seniors Program.



Jean-Claude Carrière

ACFO Temiskaming community coordinator Jean-Claude Carrière says \$25,000 has been allocated to the organization for this year, which begins April 1. The organization already has been carrying out activities with a 2019-20 federal grant which concludes at the end of March.

Among the activities is an intergenerational exchange in which seniors will share some of their cultural knowledge with children in the schools. Last year, children heard about the Voyageur experiences and had opportunities such as writing with ink and quill to help them appreciate modern-day life, such as that "it is a privilege to go to school."

This year's activities also include dances, painting classes, and scrapbooking where both children and seniors will be participating.

Part of the goal is to encourage seniors to get out of their homes for an outing, "to make sure they get together," he explained.

Carrière noted that one group of women meets each week at 54 Market Street in New Liskeard, and recently they decided to knit mitts and scarves for women who take shelter at the Pavilion with their children. ACFO Temiskaming was able to support that project by purchasing the wool, said Carrière.

ACFO Temiskaming serves Temiskaming Shores and area, including Elk Lake, Earlton, and Belle Vallée.

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