THE **VERKENDER** SPEAKER'S WEEKEND EDITION

Vol. 19 – No. 9

FRID // JANUARY 31, 2020



Snowboarder Thomas Francisco, 10, takes a break from hitting the slopes at the Tri-Town Ski and Snowboard Village during a Friday, January 24, PD Day event. The weather was mild and snow conditions good for the event that saw over 75 children enjoying skiing and snowboarding. (Staff photo by Sue Nielsen)

City talking budget – Discussions continue on saving and spending

Diane Johnston Speaker Reporter

TEMISKAMING SHORES - And the city's budget deliberations carry on.

On January 28, Temiskaming Shores councillors and staff discussed ways to shave the municipality's operating costs and cap any increase in its operating budget to two per

cent.

That would be in addition to a proposed two per cent increase in water and sewer rates.

Council also took another look at big-ticket capital projects, from repairs to roads and municipal facilities to water and sewer system upgrades and expansions.

After the meeting, Mayor Car-

man Kidd said council gave city staff direction as to its thoughts on priorities "at this point."

He said staff will crunch the numbers and offer a variety of scenarios on how to cover the cost of its capital projects.

Council will then return to the table and may have to rethink plans, he said.

"Hopefully, we're finalizing what the operational budgets what we can afford and what we can't for capital."

A draft operating budget and possibly a draft capital budget for environmental services are expected to be presented to city council February 4.

At that time, council will also review options looking at some specifics, such as a road improvement plans, and po-

are. Now we have to look at tential ways to pay for capital spending.

Visit us on

"There's still a bunch of decisions to be made yet," Kidd said.

OPERATIONS HIGHLIGHTS

Highlights from the recent operating budget discussions, which will be incorporated into the draft operating budget in principle, include:

Continued on 3a

DID YOU GET The Speaker THIS WEEK? Here are some of the stories in our January 29 edition...

- There are two million reasons to smile at the Temiskaming Hospital and the Community Cancer Care program.
- The Elementary Teacher's Federation of Ontario (EFTO) vice-president Monica Rusnak joined teachers on January 24 protesting the Ford government's cuts to education in New Liskeard.
- The 2020 Earlton Winterfest takes place this weekend.
- Latchford has a new councillor and Englehart is looking for one.
- The Elementary Teacher's Federation of Ontario has agreed to return to



705

the bargaining table with the province this week.

- The 2020 Rock the Shores Northern Ontario Curling Men's and Scotties Provincials has people hurrying hard to the Don Shepherdson Memorial Arena this week.
- The heavy favourites heading into the NOCA provincials are the Brad Jacobs and the Krista McCarville rinks, who are hoping to slide off to a Brier and Scotties championship later this year.
- It is expected the January 29 official opening ceremonies for the Northern Ontario Curling Association (NOCA) provincial playdowns will be a traditional event.
- The New Liskeard Cubs are in the hunt for a fifth place spot in Great North Midget League play after two wins last weekend.
- Our C Front this week features a story about the Timmins-Porcupine District of the Alzheimer's Society with a focus on the Temiskaming region.







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WEALTH MANAGEMENT

Assante Capital Management Ltd.

The Northern Ontario Farm Innovation Alliance is building a 2020 tile drainage consortium for submission to the Northern Ontario Heritage Fund Corporation. Farmers are currently eligible to receive up to \$500/acre (50% of total eligible costs) for tile drainage installation. If you intend on tiling in 2020 and are interested in accessing funding, applications must be submitted in full to NOFIA by February 7, 2020. Application forms can be found on-line at www.nofia-agri.com. Applications can also be picked up at the NOFIA office. Application requirements and program specifics can be found on the application form.

*NOFIA is hosting the Northern Ontario Ag Conference in Sudbury on February 12 & 13, 2020. Visit our website or contact NOFIA for further information.

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ON THE SPOT!

Temiskaming farmers welcome Senator

Darlene Wroe Speaker Reporter

EARLTON - Senator Rob Black was among friends at the annual meeting of the Beef Farmers of Temiskaming.

The Senator was the guest speaker at the January 11 event at Le Grand Boulevard in Earlton.

A strong gathering of area farmers, friends and supporters was present.

Black has a strong background in agriculture and leadership, noted Elaine Bowman. He also has been involved in many levels of the 4-H program over the years, she added.

The Queen's Jubilee Award recipient now lives in Fergus, Ontario.

Black became a senator on February 27, 2018.

"The learning curve is steep," Black related to the gathering about the job of senator.

This experience would not have been possible for him had

> Early morning. Mid-afternoon.

> > late might.

705.647.6791



ROB BLACK

it not been for 4-H, he said. His time with that organization has included holding the position of president of Canada 4-H.

Black has worked with the provincial government for 15 years, and the majority of that time was spent with the Ontario Ministry of Agriculture and Rural Affairs, he noted.

"It was an honour," he said of the appointment.

Transportation, soil health and conservation, carbon sequestration, temporary farm workers, exports, trade agreements, climate change, and fair side the Senate chamber.

trade are some of the current issues he sees.

He noted the position of senator means he sees many lobbyists, and he is the third most lobbied senator on Parliament Hill.

He noted that the Senate has the ability to propose bills.

Senators also travel to sites when necessary to gather evidence and facts, he added.

Black, who's 57, hopes to continue in the position for many years, noting that senators are allowed to remain in office until they turn 75.

There are 105 senators, and Black said that the Senate provides "that sober second thought," on decisions being made at Parliament Hill.

"The fact that we aren't elected means that we look at things with a broader perspective," he explained.

Women make up 45 per cent of the Senate, and 11 per cent of the Senate seats are held by Indigenous people, he noted.

Black said he encourages school groups to call the Senate when they are in Ottawa where they could be invited to see in-



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City talking budget Discussions continue on saving and spending

Continued from A Front

• removal of a proposed Devil's Rock development feasibility study, at \$25,000, from the economic development budget;

• the introduction of user agreements and new fees for five groups using rooms at the Don Shepherdson Memorial Arena in New Liskeard and two groups at the Shelley-Herbert Shea Memorial Arena in Haileybury, for \$7,200 in revenue:

• a five per cent increase in recreational user fees, raising an additional \$31,546;

• an increase in non-resident recreational user fees of \$25 per household, bringing the total to \$150 per household;

• a \$10,000 cut to the Healthy Kids program and a \$10,000 cut to the age-friendly program;

 providing eight hours of weekday service, rather than the proposed six hours, at the New Liskeard marina:

 retaining two summer student positions in the public works department, defeating a proposal to drop them;

• using five per cent of reserves refunded to the city by the Timiskaming Health Unit – a sum of \$14,870 - to offset this year's levy for public health:

 rejecting a proposed reduction of \$15,000 in the city's library budget. It's the sum that would be needed to restore Monday service.

Council deferred further discussion until next week on proposals to reduce advertising in both print and on radio. It's proposed that each be capped at \$15,264, which would reduce spending by about \$20,700.

CAPITAL HIGHLIGHTS

and post-service.

Highlights of the capital budget discussions include council support for:

a new fire hall in Haileybury, \$1.5 million;

· installation of an ultraviolet disinfection system at the Haileybury wastewater treatment plant, \$1.4 million;

/ETERAN FAMILY PROGRAM

The VFP supports medically-releasing CAF members,

medically released Veterans, and their families. Come

see how we can help support your family, before, during

 second and third phases of Dymond water looping project, at \$1.1 million. Council was informed that FedNor had denied its application for funding. It's still waiting to hear from the Northern Ontario Heritage Fund.

· completion of the new library in New Liskeard, \$1 million;

• new roof at the Shelley Herbert-Shea Memorial arena, \$585,000;

• splash pad park in New Liskeard, \$522,000. The city is providing \$100,000, and will cover shortfall in financing until funders reached their long-term commitments to the project.

• new transit bus, \$457,000;

• Roy bridge on Uno Park Road, \$250,000;

West Road culvert lining, \$125,000;

· pedestrian crossings at Rorke Avenue and Lakeshore Road, \$85,000;

· engineering costs related to the New Liskeard landfill site expansion, \$75,000;

· dehumidifier for the Shelly Herbert-Shea arena, \$60,000;

• upgrading the city's website, \$55,000;

• engineering costs related to the Grant Drive extension, \$45,000;

ditching of rural roads, \$30,000;

• new gym equipment, \$10,000.

Funding for capital spending vary by project. Sources include local taxes and reserve funds, borrowing, a variety of federal and provincial sources, and donations.

Council dropped a proposal to transform part of the New Liskeard tennis courts into a multi-purpose space, at a total cost of \$70,000.

Council deferred discussion until next week of a roads program, which would include rehabilitation of existing paved roads and the hard-surfacing of gravel roads.

It has typically been spending \$1 million a year on road upgrades.

On February 4, it will review options looking at a variety of proposals for annual spending and evaluating the costs of a multi-year plan.



Service providers and families, come meet with VAC staff to discuss: MyVAC account, filling out paperwork, using benefit grids, working with Blue Cross, and learning the language.





FAMILY TIME ON THE LAKE

Ice huts are all over Lake Temiskaming once again, and more are coming, opening the way to relaxing times, fresh air, wide-open spaces, fun with family, and hopefully good fishing. Pictured here from left to right with their mother France Labonté of Haileybury are Maxim Larocque, 8, Jeanik Larocque, 3, and Marquis Larocque, 6. (Staff photo by Darlene Wroe)

Temagami Family Health Team

Submitted by Ellen Ibey

Lupus Awareness

What is Lupus?

It's a chronic disease with a wide range of symptoms caused by inflammation in one or more parts of the body. It's estimated that Lupus affects more than 1 in every 1,000 Canadians.

The most common type of lupus is SLE (systemic lupus erythematosus). It's a complex and baffling condition that can target any tissue or organ of the body, including skin, muscles, joints, blood and blood vessels, lungs, heart, kidneys, and the brain.

Who Gets Lupus?

Anyone can get it including women, men and children between the ages of 15 and 45. Eight times more women than men get lupus.

What Causes Lupus?

No one knows for sure. What is known is that the immune system (the body's defense against viruses and bacteria) is unable to tell the difference between intruders and the body's own tissues. Trying to do its job, it attacks parts of the body, causing inflammation and creating the symptoms of lupus.

What are the Symptoms of Lupus?

Each person's experience will be very different. Some people will have only a few of the many possible symptoms.

Any of the following may indicate to a health care provider that lupus is present. A person with lupus may experience:

- Joint pain, sometimes with swelling, redness and heat
- A red rash across upper cheeks and bridge of the nose

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- Extreme fatigue
- An unusual reaction to sunlight
- A red scaly rash
- Small, usually painless sores inside the nose or mouth
- Chest pain, worse when lying down or inhaling
- Swelling of feet and legs, weight gain
- Seizures or severe psychological symptoms
- Abnormalities in blood chemistry which show up in blood tests

This is far from a complete list of symptoms, and the diagnosis of lupus must be made by a health care provider.

To learn more about lupus, including treatment, management and coping with this chronic disease, go to www.lupuscanada.org

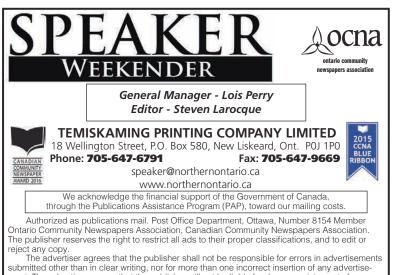
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Comfort zone

Chasing away... the moments that make up a dull day.

Pink Floyd

The Hudson Community Hall was warm, comfortable and welcoming.

Not generally an environment explorer Adam Shoalts is used to as he treks across the vast expanses of the Arctic wilderness.

Shoalts has been described as Canada's "Indiana Jones" and it is a title well deserved.

He's a standout leader, professional and a peopleperson, who is a true Canadian, strong, smart and courageous. He enjoys travelling against the current, not accepting the status quo as he challenges himself to persevere against the vast Canadian landscape.

As I took a quick look around the room during his recent presentation I noticed plenty of like-minded folk in the crowd.

Those who like to challenge themselves, to think outside the box and to enjoy canoe travel in wild places.

I fancy myself as someone who goes against the current, who enjoys the challenges of the outdoors in a canoe.

I've been on many canoe



No sense hiding from life's storms is there?

My first and only three-day solo canoe trip was to Algonquin Park where I followed the path of painter Tom Thomson up Canoe Lake and over to Joe Lake.

The trip up the lake was against the current with strong, gusty winds that made a twohour canoe trip into a four-hour excursion.

I didn't see any signs of bears until I was packing up my gear and noticed the sizeable claw marks on the poplar tree not ten feet from my tent.

If you can work up the courage to walk the shore, paddle a northern lake or head deep into a forest you will be forever changed.

For those that stray outside their comfort zones you will feel more alive than ever before as the rewards always outweigh the risks.

And I want that feeling.

I seek out the unexplainable, the feeling of not knowing what's around the next bend.

Playing hockey on a frozen lake – what could be more Canadian? (Staff photo by Sue Nielsen) EDITORIAL Public health first

The Coronavirus, originating from Wuhan, China, has arrived on Canadian soil.

CANADIANA

A man in his 50s and his wife who travelled to Toronto from China last week have become the first presumptive Canadian cases of the new coronavirus.

This is frightening on many levels. It is believed that the virus was transmitted from animals such as snakes, rodents and others sold in open markets.

The 2002-2003 SARS outbreak, which killed nearly 800 people, was believed to have been passed from bats to humans.

The Ebola virus was said to have originated from monkeys infected by bats and eaten in the African bush by people in poor communities.

In China and other Asian countries, eating wild animals or using wildlife for medicines is common practice.

Research published in the Journal of Medical Virology suggests the coronavirus may have been transmitted from snakes at an open-air market.

Some media have reported snakes, foxes and porcupines are all housed together in small spaces in those Wuhan markets.

This news will put people on edge because the coronavirus has killed 56 people in China and sickened thousands more.

It is time the international community, including Canada, demanded a ban on certain wildlife consumption and stricter controls on the handling of wild animals in public places.

There seems to be a trend in Asia whereby it is a status symbol to eat wild meat in restaurants.

It is long overdue to end the wild meat markets and end trade in products such as rhino and elephant tusks and other animal products.

The risks to public safety are too high considering the global health threats such as SARS, Ebola and now the coronavirus. With little or no health inspection oversight policies in place, we must look at a complete ban on eating wild animals such as the ones eaten in Asia and other countries.

Or ensure adequate inspections and policies are in place to ward off these types of global public health disasters.





trips, the longest being a grueling eight-day excursion in the southern-most regions of Temagami.

We had everything on that trip - warm temperatures, wind, rain and freezing cold resulting in hail the size of golf balls.

If you have ever been on the water in a canoe during a hailstorm you will understand what the word challenge means. Get out of your head and into the natural world is not something Adam Shoalts needs to be told, nor I.

Challenges help you grow as a person.

My recent Scotland trip pushed me completely out of my comfort zone and I loved it. I've got my maps out, busy planning my next canoe trip.

Never again

This week mark's the 75th anniversary of the liberation of Auschwitz, the largest and most infamous of the death camps of the Holocaust when six million Jews lost their lives.

Carrying out Adolph Hitler's orders, the Nazi soldiers came for their victims at any hour of the day and night.

With anti-Semitism on the rise and other forms of hatred, we must remember the atrocities of the Holocaust.

Let us raise our voices against hatred whenever we see it, hear it and experience it. And to promote equality, peace, freedom and inclusion in our communities at all times.

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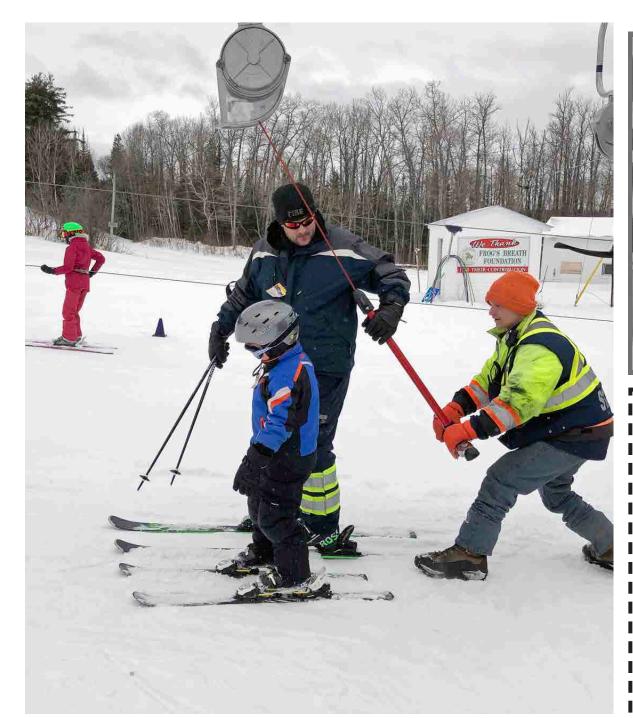
Nielsen

Reporter ext. 246



Darlene Wroe Reporter ext. 240

editorial@northernontario.ca



TO THE TOP

Kyle Brown and his son Scott were among the many ski hill enthusiasts who were out for opening day at the Tri-Town Ski and Snowboard Village January 11. Lift operator Ryan Weiss is pictured here assisting them. Because Friday is a Professional Development day at some schools, the hill will be open January 24 as well as on the weekend. (Staff photo by Darlene Wroe)

Plans building for local climate action initiatives

Darlene Wroe Speaker Reporter

DISTRICT - Climate Action Timiskaming is looking forward to carrying out a number of initiatives in 2020.

Among its goals, the organization would like to host a film festival in 2020 which will be focused on climate change.

in a press release, "We are so energized by the turnout to events, and the interest being shown by community members who want to work together on these issues. People are identifying how they can take part, getting to work and feeling less alone in the process."

McLean stated that the group is proud of its accomplishments in 2019, which include hosting several climate cafés, presentations, and the fall which was led by local youths.



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- Be sure all furnace controls and emergency shutoffs are in proper

The Temiskaming Foundation has granted the group \$1,700 which will be used mainly toward the costs of the film festival.

A date has not yet been set, says Climate Action Timiskaming (CAT) member Paul Cobb. The organization has been in contact with other groups which have hosted similar film festivals, with a goal of learning from their experiences.

One of CAT's strongest objectives is to support local youth in their own climate action efforts, said Cobb.

Discussions are also taking place about the opportunity to host a Repair Café.

The organization also intends to reach out to local municipalities to encourage and support climate mitigation and adaptation work, the organization stated in a press release.

The group also wants to develop and share a community-based network for sharing items and services.

CAT member Maria McLean commented

CAT also donated 400 trees that were planted by TDSS students.

Cobb commented that in 2019 there was an explosion around the world in youth activism around climate change issues.

CAT provided some support to the TDSS youth-led climate march which took place in the fall of 2019, Cobb said.

CAT wants to work with youth to provide support for them in their own climate action efforts going forward, Cobb said in a telephone interview.

"We are reaching out to some of the youth who were involved in that climate work in the fall to see where they want to go, and see what support they would like from us."

CAT is also continuing with presentations and working with teachers to increase their Continued on 6a working condition.

- participating in the march for climate action in I. Leave furnace repairs to qualified specialists. Do not attempt repairs yourself unless you are qualified.
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IS THE PERSPECTIVE **BIASED?**



The Cobalt Youth Rec program, run in partnership with St. Patrick School in Cobalt, received \$15,000 from the Temiskaming Foundation and the school on January 22 from the left in the back row are Town of Cobalt chief operating officer Brian Walker, program instructor Cal Knight, Timis Susan Hall, Mayor George Othmer, Youth Rec Program volunteer youth coordinator Kyle Audette and Councillor Matthew Johnson. In the front Foundation board members Lynne Bernier, treasurer Jack Birtch, Drew Gauley, youth coaches Keyang Chen, Brendan Chapeskie, Emma Browne Laferriere, Temiskaming Foundation president Mark Wilson and Councillor Pat Anderson. (Supplied photo)

www.SPOTfakenews.ca



TTF and RBC supp Cobalt recreation pro

COBALT (Special) - The Temiskaming Foundation (TTF) and the RBC Foundation announced a grant of \$15,000 to the Get Out and Get Active Cobalt Youth Rec program sponsored by the Town of Cobalt.

The free recreation program based out of St. Patrick School in Cobalt has over 35 youth registered to participate in activities such as floor hockey, basketball, snowshoeing, jiu jitsu, and arts/drama.

The program is being led by voluntary project coordinator Kyle Audette, who thanked the

ARE **OTHER** SOURCES

REPORTING THE SAME STORY?

RBC Foundation and St. Patrick's principal, Lori Hurtubise, and Andrew Marks and Timiskaming Health Unit's Susan Hall and Angela Labonte as well as the Town of Cobalt's mayor, council and staff.

He recognized the importance of local youth who work hard at not only coaching but organizing the program that has an immediate impact on the Town of Cobalt now and for the future.

The RBC Future Launch Community Challenge grants support youth-led projects in 150 small and medium sized communities across

CEO of O drew Ch The R lenge is Canada tions.

Canada.

leading s now. We

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through

"Youn

Plans building for climate action in

Continued from 5a

knowledge of the climate change issues, science and impacts of climate changes, as well as solutions, he

At the last c hosted, many pe as a willingness People are we Cobb said that w one will take p spring.

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added.

The group also would be willing to provide training, mentoring and organizational support for the youth in their objectives, if there is space for it, Cobb said.

"Our objective is to give youth a space and support to find their own voice on climate change."

Sharing of resources to reduce waste is also a strong interest that is being seen among people, said Cobb.

"We want to find a way to connect people and mobilize some of the ideas and energy the people have in the community around climate protection," he commented.

"We're really trying to take people's knowledge and skills and awareness and the things people are doing individually and really find a way to amplify those." People find it empowering to be able to share their stories and experiences regarding efforts to find solutions for climate change, he said. Having support and access to others with experience about those initiatives helps people, he explained.

"That's really what we're hoping to do."

"We always n more people that the more we can have."

CAT is grow that."

Cobb encoura various social n base regarding volunteering for The grassroot facebook.com/7 TimiskClimate, climateactiontin



e RBC Foundation. Pictured at the kaming Health Unit health promoter row from the left is Temiskaming and RBC branch president Jeff

ort gram

g people are not future leaders, they are social and environmental change right are honoured to play a role in the bold nat youth are leading across this country this national initiative with RBC," said Community Foundations of Canada Anunilall in a press release.

BC Future Launch Community Chalhosted by Community Foundations of and participating community founda-

or local itiatives

climate café which the organization cople came forward with ideas, as well to support those ideas, he said. elcome to come out to the cafés, and while no date has yet been set, the next lace either in the late winter or early WE ARE OVER 90 PERCENT TO OUR TARGET FOR THE SPLASH PARK!!

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CLUB LIONS D'EARLTON
TEMISKAMING SHORES LIONNESS CLUB

eed more people to get on board. The at come out, the more we can do and n share, and the bigger results we can

ing, "and we're really happy about

aged people to reach CAT through its nedia channels, where they can touch their ideas or if they are interested in any of the group's initiatives.

s local group can be found at www. TimiskamingClimate/, at twitter@ Instatimiskamingclimate or email niskaming@outlook.com.





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ACROSS

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88.	Prairie tale?						
89.	l, on a sundial						
90.	Heredity factor						
	-						
<i>DO</i> И	/N						
1.	Sea inlet						
2.	Nettle's cousin						
3.	Highly skilled						
4.	Wish						
5.	Relief-pitchers'						
	place						
6.	Papal vestment						
7.	Cherry seed						
8.	Selfishness						
9.	Shoot from the						
10.	Tag-sale caveat						
11.	Words to a toddler						
12.	Dill herb						
14.	Romanian coin						
15.	Animal's burrow						
16.	Fancy						
21.	Pin-up girl						
23.	Come forth						
26.	Lace hue, often						
28.	Rider						
30.	Vittles						
32.	Holiday tune						
34.	Balance						
36.	Sugar-paste candy						
37.	Exempt						
38.	Sheepherding dog						
39.	Esteem						
42.	Skeleton member						
43.	Bird's shelter						
48.	Asian wild ass						
49.	Section of glass						
50.	In the buff						
51.	Ditch						

Proofreader's mark

1	2	3	4			5	6	7				8	9	10	11	12
13					14			1	15		16		+		1	+
17					18						19					
20				21					22	23				24		-
25			26			27		28		29			30			
	l		31		32			33	34				35	36	37	
	38	39						40					41			42
43								44					45			+
46				47		48	49				50	51		52		-
53			54			55					56		57			+
58					59					60						
	61				62					63						
			64	65		1		66	67			68		69	70	71
72	73	74		75			76		77	+	78			79		
80			81		1		82	83			+		84			
85							86				+		87	+		
88								89					90	+		
											3		Ansv	vers	For	
		Ω		0	C	P		Ϋ́́					Cro	sswo n 2b	ord	-

CAPRICORN

You may be pressured to make a big decision. Before you do, however, you should take the time to gather all the available information so you can weigh the pros and cons.



TAURUS

There will be lots to talk about this week. At work. you'll expand your client base and succeed in bringing your staff together to make things run more smoothly. Your suggestions and advice will be appreciat VIRGO It'll be a stressful week for one reason or another. You'll be motivated to take better care of yourself, if only by doing more exercise.

AOUARIUS

At work, you'll find yourself with a mountain of urgent work to be completed. This situation may be stressful, but it'll prove useful to your professional development.



GEMINI

Finances are a source of You're practically ready to stress for many. Take the conquer the world. You'll undoubtedly have the time to get in touch with the

on 2b

ARIES

If it's been a while since your kids moved away from home, you may decide to sell the house in order to gain a little more freedom. If you're in a new relationship, you can expect a marriage proposal



LEO You appreciate good company and devote yourself to those you love.

82 Unevenly worn Newspaper section 84.



57. Expressed 59. Apostle's teachings Deadlock 60. 65. Autumn flower 67. Embellish 69. Unaccompanied Glossy fabric 70. 71. Effuse 72. Hence Vaccines 73. 74. Jazzy singing Evergreen 76. 78. «_____ You in the Morning» 81. «____ Gotta Be Me» 83. Aussie hopper 84. Shag or plush, e.g.

right people who can help you find practical solutions and give you a break

inspiration to take on a personal challenge.

PISCES

Even if you prefer to remain

on the sidelines, you'll be

in the spotlight this week.

situation that requires you

to come out of your shell,

of a crowd

such as on stage or in front

February 19 March 20

CANCER

You'll find yourself in a

Some may take advantage of your good nature, and you'll let them continue to for a while.



SAGITTARIUS

You'll experience a whole range of emotions. You may clean up your circle of friends, as some of them are parasites who don't deserve your time



Some friends will invite you to join them on a spontaneous trip. Nothing brings you more joy than breaking up your winter routine and burying your



stimulating professional or

SCORPIO

LIBRA

Unforeseen circumstances can put you behind schedule. Leave some time between appointments to avoid stressing if things run late. This is an excellent time to strike out on your own.



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