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WEEKENDER

THE

SPEAKER'S

WEEKEND

EDITION

Vol. 18 – No. 33

FRIDAY, JULY 19, 2019

Visit us on



HAPPY HOPPING

It was cuteness overload when enthusiastic toddlers took off from the starting line of the 50-metre dash of the Root Beer Run. The Saturday, July 13, event was part of the Hop To It Run/Walk coinciding with the North On Tap Craft Beer Festival, held at the Haileybury waterfront. (Staff photos by Sue Nielsen)

DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our July 17 edition...

- The city is assessing flood damage and subsequent costs which could tally over half a million dollars.
- The North On Tap Craft Beer Festival brewed up support for local not-for-profit groups.
- Passenger rail service in Northern Ontario could be back on the rails if a new proposal is accepted.
- They otter have known better than to kill an animal that is a protected fur-bearer at Mowat's Landing recently.
- Bucking the trend to sell Bucke Park, the City of Temiskaming Shores is re-

- considering its options with regards to the property.
- It was a dancing and drumming kind of weekend in Temagami as the powwow unfolded last weekend.
- Sharrows will hopefully help to ease cycling safety concerns on the Wabi River Bridge.
- Anglers faced piles of trials with smiles on Lake Temiskaming during the Temiskaming Smallmouth Bass Series tournament.
- Hitting a little white ball and calling it

Open for season

Englehart museum has new coordinator

Darlene Wroe
Speaker Reporter

ENGLEHART - The Englehart and Area Historical Museum has a new coordinator for the remainder of the season.

The museum is now open to visitors until the end of October. Visiting hours will be Thursday to Sunday from noon until 4 p.m.

The new museum coordinator is Cindy Kirkbride, who was the museum's curator from 2007 to 2012. "We were thrilled when she accepted the position of museum coordinator," said museum board president Jillian Plaunt in an email interview.

The remainder of the season will include art shows in the exhibition room including: L'Artouche July 19 to August 4; Flux by Chelsea Smith August 9 to September 1; Collage Creations by Berdina Beaven September 6 to September 29; and the

Continued on 3a



golf will benefit two lives and two families during the Fundraiser on the Fairways charity golf tournament.

- A pair of local athletes won medals at the provincial Legion track meet.
- Over 270 runners and a few tiny tots got active at the Hop To It/Root Beer

Run at the Haileybury waterfront in conjunction with the North On Tap Craft Beer Festival.

- There will be an abundance of joie de vivre at the Ecole secondaire catholique Sainte-Marie 50th anniversary celebrations.

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FAIR DEMOLITION

Pedersen Construction demolished one of the main buildings used for the New Liskeard Fall Fair, located at the fair grounds, on July 8. According to Fall Fair spokesperson Marcel Chartrand, the building sustained extensive damage from this past winter's snow buildup and had to be taken down. A new building will be constructed at the same location in time for this year's Fall Fair. (Staff photo by Sue Nielsen)

Englehart museum has new coordinator

Continued from A Front
Englehart and Area and Lion's Club 11th annual juried exhibition October 4 to 27.

"We are hoping to do some more fundraisers for the museum that we are very excited about," said Plaunt.

"But we are currently still working out some of the details."

The museum was open only upon appointment after the former museum coordinator, Helene King, moved to another job, and volunteers found it too difficult to man the museum to keep it open during its usual hours.

King continued to assist when possible, along with

volunteers, while the board sought a new coordinator.

The Englehart and Area Historical Museum is situated in a former school building and includes an exhibition room which is well used by North-eastern Ontario artists.

The museum also contains display rooms featuring aspects of the history of Engle-

hart and area settlers, early family life, and early community businesses and places, such as schools and churches.

The museum was first established by Ruby Bryan who was concerned that artifacts, which told the story of early life in Englehart and surrounding communities, were disappearing from the area.



CAPTAIN & TEMAGAMI DRY GINGER ALE

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Friday July 26
Chartrands will
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In their efforts to surpass the One Million Dollar mark in funds raised to help Sick Kids and their families in North Eastern Ontario!

Please join the crew at *Chartrand's*, Friday July 26, from 11 am to 3 pm to help *Bassin' For Kids* surpass One Million Dollars donated in support of Sick Kids.



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He’s usually wearing a striped shirt of a different kind on ice, but Dustin McCrank, a hockey linesman, cranked out a solid performance in hot, humid conditions at the five-kilometre Hop To It run on Saturday, July 13, at the Haileybury waterfront. The \$2,600 in proceeds from the run were donated to the Tri-Town Ski and Snowboard Village by the STATO Haunted Hustle organizers. (Staff photo by Sue Nielsen)

Summer Sizzler coming to Haileybury

TEMISKAMING SHORES (Staff) – Organizers of the first Haileybury Summer Sizzler hope to put a smile on families’ faces this weekend.

The goal is “to get the community together,” said Danika Denomme of Haileybury Dental, which is sponsoring the event.

It’ll run Saturday, July 20, at the Harbour Front Pavilion in Haileybury from 11 a.m. to 2 p.m.

It’ll feature classic summer games, including a tug of war, water balloon toss, and three-legged races.

There will be musical entertainment by the Maple Hill Project, a band from North Bay.

A clown will be on hand, making balloon animals and painting faces.

A local wood whittler, Camille Leblanc, will be demonstrating his craft, and the public will also have a chance to tour a fire truck and ambulance.

A BBQ and local vendors will also be on site.

Admission is free.

Denomme said more than two dozen local businesses are lending their support to what organizers hope will become an annual event.

Temagami Family Health Team

Submitted by Ellen Ibey

Health Literacy.....Lessons Learned as a Patient!

Helen Osborne shared a recent experience she had, not as an Occupational Therapist and health literacy consultant, which is what she does for a living, but as a patient. After a routine mammogram turned out not to be so routine, she felt “naked”. She was used to communicating as a provider or consultant, not as a patient. In her own words, she described feeling “so flooded with emotion that she had trouble thinking and remembering. She says that conversations got easier and she learned what she needed to know and do, but she also learned something else – health literacy truly matters – to everyone who is or ever will be, on either side of health conversations.

Tips and Lessons that Helen Learned:

- **Invite family members or friends to act as advocates.** It can be extra hard to advocate for yourself when you feel vulnerable, scared, overwhelmed or ill. If you anticipate that conversations might be difficult, consider inviting a family member or friend to help by taking notes, voicing concerns and later remembering what was said in the appointment.
- **Overcome communication barriers.** If you use hearing aids or eyeglasses, bring them to your appointments. Tell your provider if he or she is speaking too softly, if the print size in written materials is too small to read, or if there are words, concepts, and numbers you do not fully understand.
- **Learn only as much as you want to know.** What surprised Helen the most was that, for at least a while, she did not want a lot of outside information from websites, books, articles, or well-meaning friends. The educational materials from her health care providers was enough, at least at first. Her advice to patients is to learn only as much as you want to know now. Later, you can always find out more.
- **Create your own medical record.** Just as health care providers keep records about your diagnosis, treatments, and test results, you should do the same. Helen shared that she keeps her medical records in a three ring binder with a zipper pouch that she uses as a catch-all for appointment cards, slips and a pen for taking notes. She has tabbed sections in the binder as well to help keep things organized.

Health literacy applies to everyone! The better your understanding of health information, the better you will be able to manage your health and move through the health care system more easily.

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Ref: <https://healthliteracy.com>

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Optometrists

After a very rewarding 36 years of optometric practice, Dr. Laurie Mageau is retiring. She has been providing comprehensive eye health care for members of Temiskaming Shores and surrounding area with grace and competency.

Dr. Casey Baldovin and staff would like to welcome all patients and community members to join us in celebrating Dr. Mageau’s great career and to officially welcome, optometrist Dr. Haley McLennan to the practice **on Friday, July 26th from 1pm to 3pm at the office at 247 Whitewood Avenue, Unit 52** in New Liskeard.

The practice will continue to offer excellent optometric care and is always accepting new patients. Call the office at 705-647-7445 to book an eye exam with Dr. Baldovin or Dr. McLennan.

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Monday, August 12, 2019 at 6:00 p.m.

COMMUNITY NEWS

By-law No. 16-35 outlines that during the summer months of June, July and August, there will be one (1) regular monthly meeting only. The next regular council meeting is scheduled on

- Monday, August 12, 2019

Municipal Waste Site: Hours of Operation - Tuesday and Saturday - 9:00 a.m. to 4:00 p.m.

Closed: Statutory Holidays. All garbage deposited at the Municipal Waste Site is subject to applicable tipping fees.

Next Recycling Date: Tuesday, July 30, 2019

Bass Lake Swim and Recreation Program

Coleman Township is still accepting registrations for the Swim and Recreation Program, certified through the Lifesaving Society. Please register at the Coleman Office during regular hours of operation. This Program offers modules from Swimmer 1 through to Bronze Medallion & Bronze Cross. Lessons began on Tuesday, July 2, 2019 and conclude on August 14, 2019.

Building Permits are required for all construction in the Township of Coleman. Please allow sufficient processing time for your application.

Coleman Fire Department: NO fire permits for open air burning will be issued during the months of July and August.

In Case of Fire Emergency - Please Call 911

Forest Fire Updates

For Information about the current forest fire activity, forest fire activity, and fire restrictions across the province, including an [interactive map](http://www.ontario.ca/forestfire), please visit: www.ontario.ca/forestfire

To report a forest fire call **310-FIRE (3473)**

Fire Safety – BBQ Tips

- All barbeque grills must only be used outdoors — using grills indoors or in enclosed spaces is not only a fire hazard, but it exposes occupants to toxic gasses and potential asphyxiation.
- Always position the grill well away from combustible objects — buildings, fences, deck railings and landscaping can easily and quickly ignite.
- Get your grill cleaned and serviced. Check all propane tanks and lines for leaks and damage.
- Never leave a lit grill unattended.
- Always use long handled grilling utensils and heat resistant oven mitts to avoid exposure burns from heat and flames.
- Periodically remove grease build-up in catch trays to prevent it from igniting.
- Keep a garden hose nearby, connected and ready for use in case of a fire.

Spring & Summer Fire Safety. Ontario Association of Fire Chiefs. Web – 17 July 19. < <https://www.oafc.on.ca/spring-summer-fire-safety-tips>

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TWO BROTHERS, FIVE GENERATIONS



Five generations of the Breault family gathered for a photo at Christmas. Pictured with Mabel, the youngest member of the family, are, from left, dad Francis Breault of Richmond and great-grandfather Gilbert Breault, grandfather Gaetan Breault and great-great-grandmother Eva Breault, all of Temiskaming Shores. (Supplied Photo)

The family gathered around young Zendaya Breault in early July in Temiskaming Shores. She's pictured above with, standing from left, dad Justin Breault, grandfather Gaetan Breault, great-grandfather Gilbert Breault, and, seated, great-great-grandmother Eva Breault, all of Temiskaming Shores. (Supplied Photo)



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Hospital facing high occupancy rates

Diane Johnston
Speaker Reporter

TEMISKAMING SHORES – Poker players may like a full house, but not so hospitals.

A high occupancy rate in the past year “is one of our biggest issues,” said Bruce Hawkins, chair of Temiskaming Hospital’s board, after the hospital’s annual meeting June 25.

The 59-bed hospital has not experienced this level of patient activity in many years, “perhaps not ever,” reported hospital CEO Mike Baker.

Over the past four years, Baker said the occupancy rate averaged 70 per cent.

In 2018-19, that rose to 88.5 per cent and peaked in January at almost 94 per cent. At times, it had more patients than beds, and put beds in the emergency department.

An increase in alternate level of care (ALC) patients – people who no longer require acute care but are waiting for a suitable place to be discharged – is cited as the cause.

According to the latest statistics, about half of the hospital’s beds are occupied by ALC patients.

The need for more staff to care for the additional patients

has left the hospital with a \$189,300 deficit.

It’s working with the North East Local Health Integration Network to address the funding needs, Baker said.

Hawkins said the increasing number of ALC patients reflects an aging population and the need for both more long-term care beds and more help to enable people to stay in their own homes.

A plan to add another 46 beds to the new Temiskaming Lodge “is going to help,” he said.

“That’s two years down the road, though, before they’ll be done.”

Discharging patients to facilities elsewhere in the district may be “a short-term solution,” but one that understandably met with some community resistance a few years ago, he said.

At this point, he said no decisions have been made.

But the increasing numbers of ALC patients is a province-wide problem, he said.

He saw potential in technology to offer some additional home help.

People could use smartphones or tablets for video conversations with a nurse, for example, or to transmit blood pressure readings from home to their



CREATIVE CAT

A purr-fect summer night brought crowds to a recent Art in the Park gathering in Haileybury and to the booth of Kellie Michaud. The Haileybury artist crafts ears and tails for human adornment as well as painting canvases and making stuffed plush animals. Art in the Park runs Wednesday nights from 6 p.m. to 8 p.m. in the Harbour Front Pavilion. (Staff photo by Diane Johnston)

doctor’s offices, he said.

“But you have to have access to the Internet to be able to do that,” he added, noting that service is lacking in some rural areas.

He said there are also hur-

dles in the medical system that would have to be overcome if virtual visits are to replace some in-person appointments.

But that’s also a plus for the health team approach that the province is launching, he said.

The broader team – which would include hospitals, home support providers and individual practitioners – would be aware of an individual patient’s access to the Internet, for example, and transportation, he said.

The Voyageurs

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Voyageur Brigade GRAND Entrance 5pm

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7:30pm - Bunny Miller Theatre
(tickets required - visit website)

Saturday July 20 • samedi 20 juillet

10am to 5pm

THE VOYAGEURS 12:00 - 5:00PM
Paddle in a Rabaska Canoe,
play voyageur games, view a fur display.

LIVE MUSIC
Saturday & Sunday
DEEP WATER MUSIC SHOWCASE

FUNDRAISER DINNER
Indian Taco Dinner on the Waterfront
Saturday 4:30 - 6:00pm
by Temagami First Nation & Outland Junior Ranger Program

Sunday July 21 • dimanche 21 juillet

10am to 4:30pm

BBQ by Temagami Lions Club
Saturday & Sunday 11:00am - 2:00pm