





# CITY BULLETIN



**JUNE IS**

**BIKE MONTH IN TEMISKAMING SHORES!**

**Wednesday Wheelie Lunch Hour Ride**

Meet at the Giant Tiger Parking Lot at 12:25 on Wednesdays!  
A 30 to 40 minute ride through Town (easy)

**Thursday June 20**

Gravel Ride

Meet at corner of Hillview/Hwy 65W at 5:45 pm  
Uno Park on Concession Roads (Intermediate)

**Saturday June 22**

Paved Ride

Meet at Hudson Hall at 9:45 am  
30 km – 50 km depending on the group (Intermediate)

**Sunday June 23**

Paved Ride

Ride Don't Hide Event: CMHA Ride in Kirkland Lake  
10, 30, 65 or 100 km

Carpooling available register ridedonthide.com  
(Intermediate)

**Tuesday June 25**

Paved Ride

Meet at Rooster's at 5:45 pm  
STATO Trail to Cobalt 40 km (Intermediate)

Check out "Bike Temiskaming Shores" on Facebook for daily updates!

**Application for a Minor Variance**

**Notice of Complete Application**

**And Notice of Statutory Public Hearing**

**Committee of Adjustment**

Under Section 45 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following Minor Variance application:

**File #:** A-2019-03  
**Owner:** Brad Sauve  
**Property:** 155 Cross Lake Road

A public meeting will be held to consider the minor variance application:

**Date:** Wednesday, June 26, 2019  
**Time:** 1:30 p.m.  
**Place:** Haileybury Boardroom at City Hall, 325 Farr Drive, Haileybury

The owner is requesting relief from the provisions of the City of Temiskaming Shores Zoning By-law to permit the construction of an addition to the rear of the existing dwelling that will further encroach into the required rear setback. The following relief is requested:

Provision	Zoning By-law	Subject Property
Section 6.4 – Residential Zone Requirements – Minimum Rear Yard	6m	3.6m

The property is designated Residential Neighbourhood in the City of Temiskaming Shores Official Plan and is zoned Medium Density Residential (R3) in the City of Temiskaming Shores Zoning By-law 2017-154.



Additional information about the minor variance application is available for inspection between 8:30 a.m. and 4:30 p.m. at City Hall or by contacting the undersigned.

For more information about this matter, contact the undersigned.

Dated this 12<sup>th</sup> day of June, 2019.

Jennifer Pye, MCIP, RPP  
Secretary-Treasurer, Committee of Adjustment  
City of Temiskaming Shores  
325 Farr Drive  
PO Box 2050  
Haileybury, ON P0J 1K0  
Tel: 705-672-3363 ext. 4105  
Fax: 705-672-2911  
jpye@temiskamingshores.ca

## SCHEDULE OF MEETINGS

**PUBLIC WORKS COMMITTEE**

Thursday, June 25, 2019 – 8:30 A.M.

City Hall, 325 Farr Drive, Haileybury

**BUILDING MAINTENANCE COMMITTEE**

Thursday, June 25, 2019 – 10:30 A.M.

City Hall, 325 Farr Drive, Haileybury

**PROTECTION TO PERSONS AND PROPERTY COMMITTEE**

Thursday, June 25, 2019 – 1:30 P.M.

City Hall, 325 Farr Drive, Haileybury

**REGULAR COUNCIL MEETING**

Tuesday, July 2, 2019 – 6:00 P.M.

City Hall, 325 Farr Drive, Haileybury

**Part Time Desk Attendants  
Pool and Fitness Centre  
Competition No. 2019-010**

The City of Temiskaming Shores is currently seeking Part Time Desk Attendants for the Pool and Fitness Centre. This position is responsible for greeting the public in a polite, tactful and courteous manner, as well as, providing them with general information and direction regarding facility activities and uses.

The ideal candidate will possess the following:

- Experience in customer service
- Effective communication and computer skills
- Ability to work mornings, evenings and weekends
- Bilingualism will be considered an asset

Applicants are encouraged to submit their resumes by June 28, 2019 quoting Job Competition No. 2019-010 by regular mail or email to:

Shelly Zubyck  
Director of Corporate Services  
P.O. Box 2050  
Haileybury, Ontario P0J 1K0  
szubyck@temiskamingshores.ca

The City of Temiskaming Shores is committed to an inclusive, barrier free environment. Accommodation will be provided in all steps of the hiring process. Please advise the Director of Corporate Services if you require any accommodations to ensure that you can participate fully and equally during the recruitment and selection process. We thank all applicants; however, only those considered for an interview will be contacted.

**AGE FRIENDLY EVENTS**

**Aquafit - Wednesday June 19<sup>th</sup>**  
Pool Fitness Centre  
9:00am to 9:45am for \$6.50

**Pickleball - Wednesday June 19<sup>th</sup>**  
New Liskeard Tennis Courts  
12:30pm to 2:30pm Free

**Shuffleboard - Thursday June 20<sup>th</sup>**  
Farr Park, 430 Morissette Drive, Haileybury  
1:30pm to 3:00pm \$2.00 per game

**Aquafit - Friday June 21<sup>st</sup>**  
Pool Fitness Centre  
9:00am to 9:45am for \$6.50

**Adult Swim - Friday June 21<sup>st</sup>**  
Pool Fitness Centre  
9:00am to 9:45am for \$3.00

**Aquafit - Monday June 24<sup>th</sup>**  
Pool Fitness Centre  
9:00am to 9:45am for \$6.50

**Coffee Hour - Tuesday June 25<sup>th</sup>**  
Leisure Inn – 509 Ferguson Avenue, Haileybury  
2:00 pm Free

**Aquafit - Wednesday June 26<sup>th</sup>**  
Pool Fitness Centre  
9:00am to 9:45am for \$6.50

**Coffee Hour - Wednesday June 26<sup>th</sup>**  
Chat Noir Books, 57 Whitewood Avenue, New Liskeard  
2:00 pm Free

**Pickleball - Wednesday June 26<sup>th</sup>**  
New Liskeard Tennis Courts  
12:30pm to 2:30pm Free

**NOTICE TO TAXPAYERS**

2019 Final Tax Bills have been mailed out.

The installments for the 2019 final tax bill are due:  
**Monday, July 15<sup>th</sup> and Monday, September 16<sup>th</sup>, 2019**

Taxes can be paid in person at: 325 Farr Drive in Haileybury  
or mailed to:

P.O. Box 2050 Haileybury ON P0J 1K0

Drop Boxes are located at:

325 Farr Drive, Haileybury (City Hall)

77 Wellington, New Liskeard (Pool Fitness Centre)

Please contact the Taxation Department for alternative payment options

For inquiries regarding your tax bill, please contact Corporate Services department at 672-3363 or email to [finance@temiskamingshores.ca](mailto:finance@temiskamingshores.ca)

**NOTICE**

**WATER DISTRIBUTION SYSTEM MAINTENANCE**

Please be notified that the Environmental Crews of the Public Works Department will be carrying out maintenance programs, flushing and testing of fire hydrants throughout the municipal water distribution systems. The work may cause some discoloration in the water; however the effect should be minimal. If a coloured water problem is encountered in your water service line, flushing the service by letting the water run for a period of time should cure the problem. If the coloured water persists, please contact the Public Works Department for assistance at 705-647-6220.

**This program will commence the week of May 21, 2019 and will continue throughout the City for approximately 6 weeks.**

Thank you for your co-operation as Environmental Crews of the Public Works Department carry out this important maintenance activity.

Public Works Department

**Application for Consent  
REVISED - Notice of Complete Application  
And Notice of Statutory Public Hearing  
Committee of Adjustment**

Under Section 53 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following application for consent to sever:

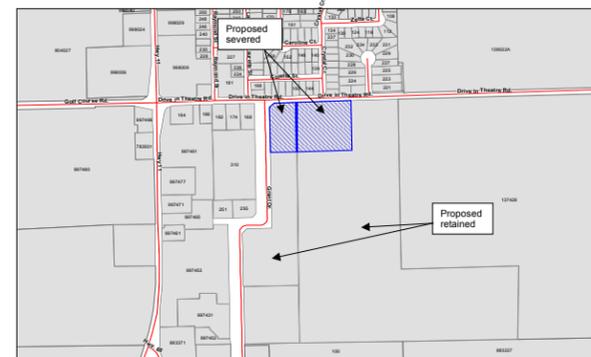
**File #:** B-2019-03 & B-2019-04  
**Owner:** Pedersen Materials Ltd.  
**Agent:** Jarlette Ltd.  
**Property:** South east corner of Drive In Theatre Road and Grant Drive (Dymond Concession 3 North Part of Lots 9 and 10; RP 54R-3676 Part 3, RP 54R-5247 Part 1, 3, 4, RP 54R-5289 Part 1; Parcels 903NND and 23075SST)

A public meeting will be held to consider the Consent application:

**Date:** Wednesday, June 26, 2019  
**Time:** 1:30 p.m.  
**Place:** Haileybury Boardroom at City Hall, 325 Farr Drive, Haileybury

The applicant is proposing to sever the northwest corner of the property to create a new 4.6 hectare (11.36 acre) lot for the purpose of constructing a 128-bed long term care facility within a two storey building. Future phases of the development could include up to an additional 128 long term care beds, or a mix of long term care beds and apartment or retirement suites in an addition on the rear of the building. Approval of a Zoning By-law amendment application (to be submitted) will be required for the development.

The subject property is designated Mixed Use Areas in the City of Temiskaming Shores Official Plan and is currently zoned Highway Commercial (C2) and Development (D) in the City of Temiskaming Shores Zoning By-law.



For more information about this matter, contact the undersigned.

Dated this 12<sup>th</sup> day of June, 2019.

Jennifer Pye, MCIP, RPP  
Secretary-Treasurer, Committee of Adjustment  
City of Temiskaming Shores  
325 Farr Drive  
PO Box 2050  
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Fax: 705-672-2911  
jpye@temiskamingshores.ca

**For More Information Call (705) 672-3363**

Write to The City of Temiskaming Shores, P.O. Box 2050, Haileybury, ON P0J 1K0 or

Visit our Website: [www.temiskamingshores.ca](http://www.temiskamingshores.ca)

# Charlton-Dack 2019 budget approved

**Darlene Wroe**  
Speaker Reporter

CHARLTON-DACK - The Municipality of Charlton and Dack has passed its 2019 budget.

At its Monday, June 3, meeting, the township council approved the budget with a levy increase of \$6,207, or one per cent, from 2018.

Of that increase, \$3,299 will be coming from the residential class, explained chief administrative officer Dan Thibeault.

The residential tax rate will decrease 5.33 per cent from 2018. He explained in an email to The Speaker that "the levy has gone up, so we are bringing in more taxes - assessed values are affecting this."

He went on to detail the changes ratepayers will see. He stated that 153 properties will see an average of a \$76 increase and 333 properties will see an average decrease of \$24.

The median single family home with an assessed value of \$130,000 will see taxes go down by \$17.88 to \$1,507.08.

The median farmhouse with an assessed value of \$136,000 will see its taxes go up by \$102.66 to \$1,586.50.

"Charlton water rates will remain at \$975 per household, with \$6,200 in capital upgrades and \$12,840 in loan payments," explained Thibeault, who noted this means there will be a financial deficit in 2019 for the Charlton Water Distribution System amounting to \$11,363.04. However, by rolling over available reserves, the system will continue to enjoy an accumulated surplus of \$9,569.73 at the end of 2019.

Bradley water rates will remain at \$975 per household and it is projected that the budget for Bradley water will be out of its accumulated deficit by the end of the year, he continued.

The Clarksville water rates will increase \$100 per household to \$1,075 to cover the loan for the new waterlines, Thibeault explained. The municipal finances for Clarksville water is projected to have a deficit this year, but will continue to have an accumulated surplus through rolling money over from reserves.



## CLEANING UP FOR FIRE TRUCKS

Temiskaming Shores firefighters Sean Goddard (left) and Larry Elliott were on hand recently with other members of the fire department washing cars and manning a barbecue to raise funds to repair and maintain their vintage fire trucks. They set up their fundraising site at the New Liskeard fire hall on Wellington Street. (Staff photo by Darlene Wroe)

# 10th annual walk to battle drunk driving

Continued from A Front

The 10th walk is not the

end, there will be one next year and the year after that fuelling MADD's efforts to end impaired and drugged driving.

All funds raised stay in the community helping to raise awareness and provide support to those who have lost loved ones as a result of drunk driving.

Flaxey says she isn't sure about the impaired driving statistics in the region but sees

an increase in repeat offenders, "who have already lost their driving privileges and continue to drive impaired. They are just not getting the message."

She said MADD Temiskaming and Area applauds all the community groups who provide shuttles and designated drivers at events where alcohol is being served as a way to keep people safe on area roads.

# No outdoor fires at Cobalt trailer park

**Darlene Wroe**  
Speaker Reporter

COBALT - A Cobalt resident wrote to town council to ask permission to have open-air burning in the trailer park area, but council is not in favour.

At the Cobalt committee-of-the-whole meeting Tuesday, June 4, Councillor Mike Harrison noted that the town owns the land on which the trailer park is situated. If a fire were to cause damage to a trailer, the town would be liable, he pointed out.

Cobalt Fire Chief Sean Hearn, who was present at the meeting for another purpose, commented that at the trailer park residents do not have any specifically designated yard space. The land all belongs to the town.

He also added that there are some trailer park residents who are "dead (set) against open-air burning" at the trailer park.

If one of the trailers were to catch fire, it would burn quickly, he continued, and would spread to others, resulting in the likelihood of the loss of at least three of four trailers.

Harrison suggested that a letter be sent to the resident with

an explanation as to why open-air burning is not permitted at the trailer park.

"It's a safety issue," said Councillor Bill Gabbani.

Mayor George Othmer added that it is also because the town would be liable if a fire were

to become out of control and destroy a trailer.

He said the trailer park was originally established to provide temporary accommodation for pipeline employees who were working on a nearby project.



### Haileybury Family Chiropractic & Laser Clinic

Dr. Clifford C. Geddes, D. C., D. Ac.

Natural Health and Rehabilitative Care for Infants...to Adults...to Elderly.

Post-Concussion Laser Therapy

Whiplash/Chronic Neck Pain

Forearm Pain  
Tennis Elbow -  
Golfer's Elbow

Rib Pain

Spinal Pain  
Sciatica Pain -  
Hip Pain

Calf Pain  
Achilles Pain

Face Pain - Headaches  
Sinuses/ Dizziness/Vertigo

Shoulder Pain  
Rotator Cuff Injuries

Upper Arm  
Pain/ Numbness

Carpal Tunnel  
Hand/Arm Pain  
- Finger Pain

Thigh Pain  
Knee Pain  
Ankle/Foot/Toe Pain

**Pain Control and Rehabilitation Care for All**

Chiropractic adjustments (by hand / or instrumentation)  
Acupuncture (dry needling, wet needling, electric stimulation and helium neon and infrared laser stimulation).  
Therapeutic ultrasound, interferential current therapy, and Bioflex Laser Therapy - Orthotics - electric and hand massage - Nutritional Supplements.

575 Browning St. Haileybury, Ontario

**705-672-2777**



## IMPORTANT NOTICE

**Do you require assistance with small jobs?**

Missionaries are coming to our area the week of

**July 14-19 2019**

**'A Ministry of Compassion'**

What the organizing committee requires from you a homeowner:  
Small jobs ranging from: [lawn cutting to painting/ gardening to cleaning]  
(All materials must be provided to complete your job, labor is FREE)

**Contact the Organizing Committee to arrange for your small job today. The jobs will be completed as able in a first come first served basis. 1.705.622.6060**

**We believe that the 'Mission Field' is not only Overseas!**

**Vacation Bible School Program**

**July 15"-19, 10 a.m.-12 p.m.**

Providing interactive, creative learning of Biblical Truths for children, as well as crafts to reinforce and activate the young minds. Activities include learning stations, group singing, and play-based learning. **Join us at 453 Marcella Street for a week of wholesome fun.**

**Evening Evangelism 7p.m.**

**Monday-Tuesday/Thursday-Friday**

**FREE CONCERT**

**Saturday, July 20, 3-4 p.m. at "The Pavilion"**

**Location: Haileybury Beach Area**

Sponsored by: Haileybury & Toronto Central  
Seventh-Day Adventist Churches



**SPEAKER WEEKENDER**

ocna  
ontario community newspapers association

General Manager - Lois Perry  
Editor - Steven Larocque

TEMISKAMING PRINTING COMPANY LIMITED  
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www.northernontario.ca

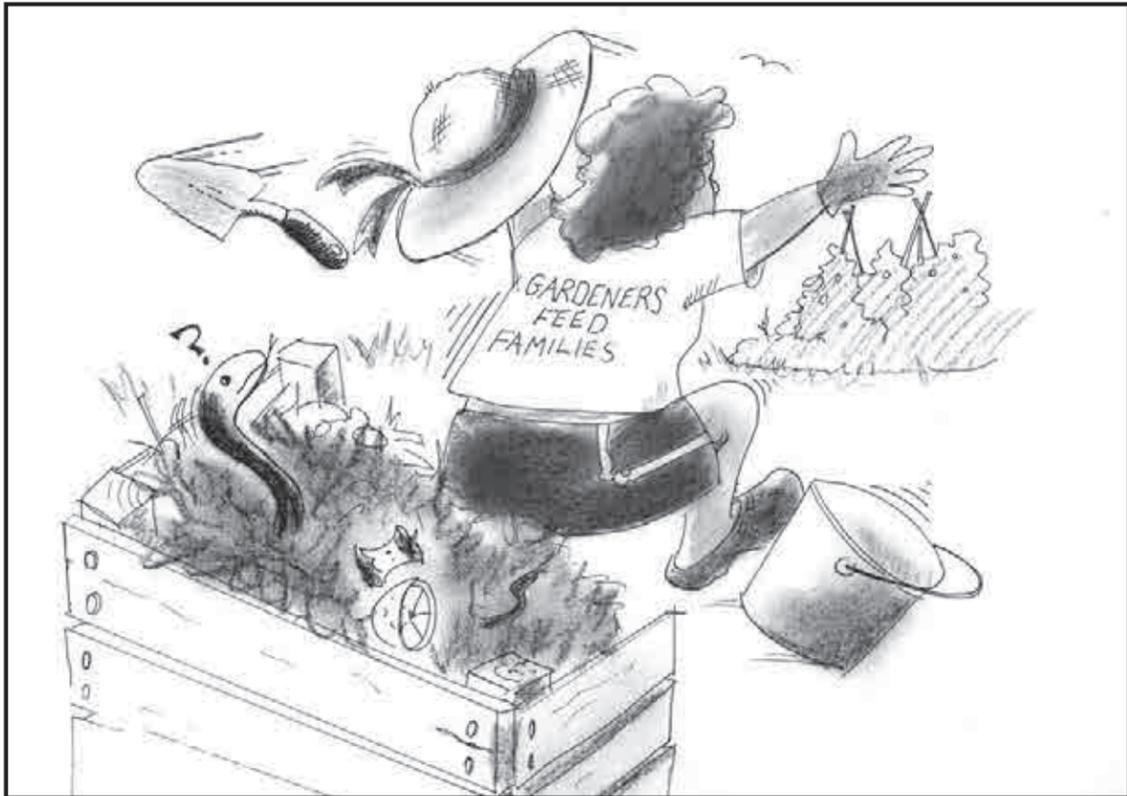
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# Wiidanokiindiwig

The air was warm, the canoe was perfectly still as the lake glowed with a soft blue light under the full strawberry moon this week.

I was incredibly happy sitting there listening to the loons, the spring peepers and the din of the mosquitos.

Just then a huge flock of Canada geese flew over.

My heart was filled with gratitude as I thought of Pulitzer Prize winner Mary Oliver's *Wild Geese* poem.

It is like a prayer for me and if I ever decide to get a tattoo on my body, it would be a line or two from her poem.

It speaks to me about paying attention and opening your eyes to the natural beauty all around.

Oliver says attention without feeling is only a report, and I hope my columns about nature go far beyond reports.

It is my wish to take you gently by the hand and bring you to the water each week with my words.

I hope you feel what I experience paddling across a pristine northern lake with the sun setting while the loon calls in a far off bay.

Oliver's line from *Wild Geese* says, "Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting over and over again announcing your place in the family of things."

Her words speak to me about forgiveness and compassion. They remind me that each of us is fighting a battle that no one else can fully understand. It is



Sue Nielsen

about being kind to yourself so that you can spread joy to others.

It is about the incredible, organic beauty of life that we often can't see because we are too busy or distracted by technology.

This column comes out on National Indigenous Day, June 21.

We hear the calls of the wild geese but we often don't hear calls for help from our most vulnerable.

Let's jump in a canoe together because we are harder to hate close up. Let's speak our truths and if it involves the word "genocide" then so be it.

Like the *Wild Geese* poem says, we must remember we all have a place in the family of things.

If you are Indigenous Canadian you are six times more likely to be killed than other Canadians and Indigenous women are five times more likely to be killed than non-Indigenous women.

This is no way to treat family.

I paddle back to the canoe as the perfect metaphor for Canadians moving forward from the Truth and Reconciliation Commission of Canada Report.

Let us understand the word wiidanokiindiwig-to work together. I say human rights are non-negotiable.

# EDITORIAL

## Plant more trees

Rivers, culverts and creeks have surged over their banks this spring causing all kinds of havoc in this region and beyond.

Significant amounts of rainfall combined with the spring runoff have area waterways bursting at the seams with high water levels flooding homes, cottages, roads and streetscapes.

Combine high winds with high water levels and damages will result due to erosion.

With provincial funding cuts to flood work being imposed on conservation authorities across Ontario, it's time to renew our thinking towards a natural and green approach.

The answer to much of the erosion and water damage could be as simple as planting more trees.

Tree roots hold back riverbanks and prevent erosion. Trees act as sponges soaking up rainwater and they release water into the atmosphere, which is beneficial in terms of averting drought conditions.

And since trees and plants take in carbon dioxide for photosynthesis, planting more trees may help reduce carbon dioxide emission levels.

Translation: trees can offset the effects of air pollution.

On another level, studies report that when people are surrounded by green spaces, they tend to be healthier and happier with reduced stress levels.

With the planet warming at an alarming rate, having a canopy of trees to cool and shade landscapes is a good idea all the way around.

So why did the Ford government cancel the 50 Million Tree Program, a tree planting endeavour that would have seen reforestation take place across the province?

More trees, not less, should be planted to offset the effects of climate change.

It just makes so much sense to use the natural resources at our disposal in a preventative manner rather than fixing the problem of washed out roads and flooding after they have happened, often involving large sums of money.

And locally, if you look at the areas hardest hit by flooding in this region, you will see an obvious lack of trees in those locations.

Unlike the partisanship of politics, trees have everyone's best interests at heart.

18 Wellington St., South,  
New Liskeard  
705-647-6791 Toll Free:  
1-800-461-8751  
Fax 705-647-9669  
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# Concerns about New Liskeard crossings

**Darlene Wroe**  
Speaker Reporter

**NEW LISKEARD** - An angry pedestrian in New Liskeard says she is hearing others complaining about near hits at the light-controlled intersections in the downtown area.

Victoria Payne of New Liskeard said she almost got hit by a car which had been doing a right turn at the Whitewood Avenue and Armstrong Street intersection.

She said friends are also complaining about nearly being hit by vehicles when they attempt to use that intersection and the intersection at Whitewood Avenue and Paget Street.

She questioned where police are when traffic is heavy at the two intersections in downtown New Liskeard.

Temiskaming Shores Mayor Carman Kidd responded to The Speaker about the matter in an email, and stated that the intersections in question are the responsibility of the Ontario Provincial Police (OPP).

He noted that the city is going to put a pedestrian crosswalk near John Street and Whitewood Avenue this year to help improve pedestrian safety.

He added that he would bring the concern raised by Payne to the police service board meeting.

Temiskaming OPP community safety officer Marc Plante told The Speaker that the detachment has two officers on shift at any given time in New Liskeard, but they are often kept busy ensuring safety in the school areas during the school year.

He encouraged people to call the OPP about problems such as the one encountered by Payne.

People can call 1-888-310-1122 or 911, and provide police with details of the incident.

People who call police will be asked to state their location, the vehicle description, the licence number, the vehicle colour, and its make or model. Police will also ask which direction the vehicle is travelling in, and to provide a description of the driver.



## PAUSE ON PLASTICS

The Grades 3/4 and 4/5 students of Englehart Public School formed a delegation to present their findings about plastic and to request that the town ban plastic bags and other single-use plastics. Pictured here are, in front from the left, Grayson Laurila, Chase Hamilton, Eva Palangio, Lianna Gibson, Charley Pollock, Brooke Dunkin, Hailey Verrier, Ragan Vickery and Owen Vaillencourt. In back, same order, are Englehart Mayor Nina Wallace, Ezra Goddard, Kiana Gabriel, Aahiyah Hamel and Hannah Hunter. (Staff photo by Darlene Wroe)



## SAFE HANDLING

Adam Spry of Drain-All Ltd. is pictured here at the recent Orange Drop which took place in New Liskeard. Batteries, antifreeze, pesticides and other hazardous materials were picked up by the company which set up in the parking lot between the New Liskeard fire station and Temiskaming Printing Company. Residents from throughout the area brought their materials to the site to have them safely taken away. (Staff photo by Darlene Wroe)



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• Finances	• Lab tests
• Accommodations	• Prosthesis
• Specialized dental treatments	• Nutritional supplements
• Physiotherapy	• Rental of equipment
• Medical supplies, dressings	

**TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm**

**Temiskaming Hospital Room 724      Englehart Office & Englehart Family Health Team**

Check out our Website: [communitycancercare.ca](http://communitycancercare.ca)

**705-828-8800      705-544-2301 ext. 5256**

Sponsored by the Temiskaming Speaker

Let's Make  
Cancer History

For more information about cancer, our services or to make a donation

1 888 939-3333

www.cancer.ca



**OFFICE**  
937907 Marsh Bay Road, Coleman, 705-679-8833  
**OFFICE HOURS**  
Monday-Friday - 8:30 a.m. - 4:30 p.m.  
**COUNCIL MEETING**  
Monday, July 8, 2019 at 6:00 p.m.

## COMMUNITY NEWS

By-law No. 16-35 outlines that during the summer months of June, July and August, there will be one (1) regular monthly meeting only. During the 2019 summer season, the regular council meeting schedule is as follows:

- Monday, July 8, 2019
- Monday, August 12, 2019

**EMPLOYMENT OPPORTUNITY**  
Applications for the position of Equipment Operator/ Parks Attendant (Permanent Part-Time) for the Township of Coleman's Public Works Department will be accepted until Wednesday, July 3, 2019, at 4:30 p.m.

For the complete job advertisement, please contact the Municipal Office at 705-679-8877, or visit the municipal website at [www.colemantownship.ca](http://www.colemantownship.ca). Please forward resumes to Logan Belanger, Chief Administrative Officer by email: [toc@ontera.net](mailto:toc@ontera.net), by fax: (705) 679-8300 or by mail: Township of Coleman 937907 Marsh Bay Road, ON P0J 1C0.

**Municipal Waste Site:** Hours of Operation - Tuesday and Saturday - 9:00 a.m. to 4:00 p.m.  
Closed: Statutory Holidays. All garbage deposited at the Municipal Waste Site is subject to applicable tipping fees.

**Next Recycling Date:** Tuesday, July 2, 2019

**Bass Lake Swim and Recreation Program**

Coleman Township is accepting registrations for the seven week Swim and Recreation Program, certified through the Lifesaving Society. Please register at the Coleman Office during regular hours of operation. This Program offers modules from Swimmer 1 through to Bronze Medallion & Bronze Cross. Lessons begin on Tuesday, July 2, 2019.

**Animal Control**  
Dog and cat tags are available at the Municipal Office. Tags must be purchased each year.

Please contact Garrett Hunting, Animal Control Officer, at (705) 672-3985 with any issues or concerns.

**Building Permits** are required for all construction in the Township of Coleman. Please allow sufficient processing time for your application.

No fire permits for open air burning will be issued during the months of July and August.

**Coleman Fire Department: In Case of Fire Emergency - Please Call 911**

For more information about the current forest fire danger, forest fire activity and fire restrictions across the province, please visit <https://www.ontario.ca/page/forest-fires>



## Cycling through Bike Month



### SET TO GO

Jack Robertson (left), 5, of New Liskeard, and his brother Stewart, 6, were enjoying riding their bikes at the Timiskaming Health Unit Bike Festival June 1. The event drew people of all ages who were browsing repaired bicycles, and many were taking a new-to-them bicycle home as well. Many activities took place while people basked in the warm weather of early summer. (Staff photo by Darlene Wroe)



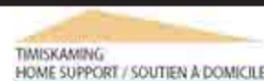
### SPOKESMEN FOR BIKING

The Timiskaming Health Unit held its first Bike Festival and thanks to the dedicated work of volunteers who repaired donated bicycles, many people were able to take a new-to-them bike home free. From left to right are volunteers Mario Bujold, Russell Walker and Dalas Forget. (Staff photo by Darlene Wroe)



### BOY POWER

Philip Lachaine, 10, of North Cobalt, enjoyed providing his pedal energy to power a blender full of a smoothy drink. The fun activity was part of the Timiskaming Health Unit's Bike Festival which took place June 1. (Staff photo by Darlene Wroe)



#### NOTICE OF ANNUAL GENERAL MEETING

NOTICE IS HEREBY GIVEN THAT THE ANNUAL GENERAL MEETING OF TIMISKAMING HOME SUPPORT / SOUTIEN À DOMICILE will be held in the boardroom at the Kirkland Lake Town Hall, Kirkland Lake, Ontario on Tuesday, June 25, 2019 at 10:00 am, for the purpose of:

- Reading the minutes of the Annual General Meeting held on the 14<sup>th</sup> day of June 2018
- Reading the report of the Board
- Reading the report of the Chief Executive Officer
- Review the report of the auditor
- Election of Directors
- Appointment of Auditors
- Such further and other business as may properly come before the meeting or any adjournment thereof

On behalf of the Board of Directors

Caroline Morin  
Chief Executive Officer



#### AVIS DE CONVOCATION ASSEMBLÉE GÉNÉRALE ANNUELLE

AVIS EST PAR LA PRÉSENTE DONNÉ QUE L'ASSEMBLÉE GÉNÉRALE ANNUELLE DE TIMISKAMING HOME SUPPORT / SOUTIEN À DOMICILE se tiendra à la salle de conférence à l'hôtel de ville de Kirkland Lake, Ontario, le 25 juin 2019 à 10 h, aux fins suivantes :

- Lire et adopter le procès-verbal de l'assemblée générale annuelle du 14 juin 2018
- Recevoir le rapport du conseil d'administration
- Recevoir le rapport de la directrice générale
- Recevoir les états financiers de l'auditeur
- Élire les administrateurs et les administratrices
- Nommer les vérificateurs
- Délibérer sur toute autre question qui pourrait être dûment soumise à l'assemblée et à toute reprise de celle-ci en cas d'ajournement

Cet avis est donné par ordre du conseil d'administration ce 19 juin 2019

Caroline Morin  
Directrice générale

### Temagami Family Health Team

Submitted by Ellen Ibey

#### New FIT (Fecal Immunochemical Test) Colorectal Screening Test

Colorectal cancer (CRC) is the second most common cause of cancer deaths in Canadian men and women. Colorectal cancer incidence and mortality rates in Ontario are among the highest in the world.

The good news is that there is now a new and simpler colorectal screening test that will soon be available!! The fecal immunochemical test (FIT) will be available in Ontario as part of Cancer Care Ontario's ColonCancerCheck program as of **June 24, 2019**.

FIT will replace the fecal occult blood test (FOBT) for people at average risk of getting colorectal cancer. Average risk is defined as people ages 50 to 74 with no first-degree relative who has been diagnosed with colorectal cancer. First degree relative refers to a parent, brother or sister or a child.

FIT offers several advantages over FOBT:

- FIT is a more sensitive screening test, which means it is better at detecting colorectal cancer and pre-cancerous polyps;
- There are no medication or dietary restrictions (including anticoagulants and vitamin C);
- FIT is simple to use and helps reduce contact with stool; and
- Only one stool sample is needed compared to the previous 3 sample requirement

#### What do You Have to Do?

Your primary care provider will fax a requisition to LifeLabs for you when you are due for this screening test and LifeLabs will mail a FIT kit to you directly.

Once completed, it's important to either drop it off or mail it to LifeLabs within two days of collecting it. It's that easy!

**The Temagami Medical Centre and Family Health Team... committed to keeping you as healthy as possible!**



Temagami

Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0  
Tel: 705.569.3244 Fax: 705.569.2610

# HUGE SAVINGS

## GRANT



## Home hardware

building centres

**CASH AND CARRY WHILE QUANTITIES LAST!**

**JUNE 21**

**Don't**

Donation  
**CHARITY BBQ**  
SATURDAY JUNE 22nd

11am-2pm

Proceeds to Latchford Fire Dept.

Steve & Lou will be performing during the BBQ.



**10% OFF GAZEBOS/ GAZEBO PENGUINS**



**15% OFF WATER SPORTS IN OUTDOOR (paddleboards, canoes & p...**

**KAYCAN COLOURED PREMIUM SIDING**  
Boulder grey  
REG. \$13.49/pc  
**SALE \$10.99/pc**

**KAYCAN VINYL SIDING**  
WHITE ALLIANCE  
REG. \$6.99/pc  
**SALE \$4.99/pc**



**SELECT GAF SHINGLES**  
REG. \$25.99  
**SALE \$23.49**

**10% OFF PRESSURE TREATED LUMBER AND ACCESSORIES**

**20x20 LUMBER**  
2 styles,  
REG. \$...  
**SALE \$...**

**MDF primed COLONIAL CASING**  
5/8x2  
3/4x7  
REG. \$4.59/pc  
**SALE \$2.99**

**MDF primed COLONIAL BASEBOARD**  
3/8x3  
7/8x8  
REG. \$5.29/pc  
**SALE \$3.29**

**GRANT HH CARBIDE BLADE**  
7 1/4" x 24"  
Demo  
REG. \$8.99/pc  
**SALE \$3.99**

**FROM 20-50% OFF SHEET VINYL FLOORING**  
Many colours to pick from

**LAWN MOWER**  
REG. \$...  
**SALE \$139.99**

**SHOP VAC VACUUM**  
REG. \$94.99  
**SALE \$59.97**

**WHITE UTILITY PAIL**  
REG. \$4.29  
**SALE \$2.99**

**SHOP TOWELS**  
REG. \$2.99  
**SALE \$2.09**

**18 Volt MAKITA CORDLESS COMBO KIT**  
REG. \$299.99  
**SALE \$199.99**

**OUTDOOR EXTENSION CORD**  
REG. \$7.99  
**SALE \$4.99**

**TOO MANY DEALS TO LIST THEM**  
**New Liskeard**

# SALE EVENT

**STARTS & JUNE 22**  
**Don't Miss It!**

**20% OFF EVERYTHING IN THE STORE**  
*(All regular priced in-stock items only; including mouldings and in-stock flooring)*



**20% OFF**  
**SPORTS**  
OR LIVING  
boards, kayaks,  
saddleboats)

**20% OFF**  
**ALL KITCHENS AND VANITIES**  
SELECT AND IMPRESSIONS LINE

**20% OFF**  
**QUARTZ VANITY TOPS**



**20% OFF**  
**SLAB**  
3 colours  
REG. \$5.99/pc  
**SALE \$4.79**



**20% OFF**  
**SLAB**  
24x24 Diamond cast  
REG. \$6.99/pc  
**SALE \$4.99**



**20% OFF**  
**QUICK WALL NATURAL**  
3 different colours  
REG. \$3.29  
**SALE \$2.29**



**20% OFF**  
**VINYL CLICK**  
REG. \$2.69 /sq ft  
**SALE \$1.49**



**50% OFF FLOWERS**

**GAZEBO**  
REG. \$549.99  
**SALE \$279.99**



**20% OFF**  
**GAS MOWER**  
REG. \$199.99  
**SALE \$149.99**



**20% OFF**  
**AAA ALKALINE BATTERIES**  
REG. \$9.99  
**SALE \$5.99**

**50% OFF**  
**ROLLER BLINDS**



**20% OFF**  
**PUSH BROOM**  
REG. \$29.99  
**SALE \$14.99**



**20% OFF**  
**AS-IS WALL PANEL**  
2 styles  
REG. \$199.99  
**SALE \$99.99**



**20% OFF**  
**EXTENSION CORD**  
REG. \$19.99  
**SALE \$14.99**

**20% OFF**  
**LAUNDRY BASKET**  
GREY  
REG. \$21.99  
**SALE \$8.99**



**20% OFF**  
**FIREBRICK**  
REG. \$5.99  
**SALE \$2.99**



**20% OFF**  
**LARGE CAMPING CHAIR**  
with mesh back  
REG. \$47.99/pc  
**SALE \$17.99**



**20% OFF**  
**GAS CAN**  
REG. \$19.99  
**SALE \$8.69**

**SEE ALL! SEE IN-STORE FOR MORE!**

**705-647-9311**