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WEEKENDER

THE
SPEAKER'S
WEEKEND
EDITION

**Marinas
closed**

**City
keeping
eye on
water
levels**

Diane Johnston
Speaker Reporter

GOLD SEASON
They call it “gold season.” New Liskeard resident Drew Robertson put a line in the water at the New Liskeard waterfront pier on May 18 hoping to strike gold and catch the big one as walleye season officially opened over the May long weekend. (Staff photo by Sue Nielsen)

TEMISKAMING SHORES – The city’s mayor anticipates that boat ramps will remain closed for at least a few more days.
After Temiskaming Shores council met earlier this week, Mayor Carman Kidd said water levels in Lake Temiskaming will probably have to drop another eight to 12 centimetres before the city would reopen the launches.

“As that water goes down, it’s going to suck some of those banks down as well, all the way up through the Wabi and the Blanche.”
Mayor Carman Kidd

He said water will have to subside further before the city can assess damage to the Haileybury breakwall and other shoreline facilities. *Continued on 3a*

DID YOU GET The Speaker THIS WEEK?
Here are some of the stories in our May 22 edition...

- A new long-term care residence will be built in Dymond Township replacing the former Temiskaming Lodge, addressing the need for more senior assisted living facilities in the region.
- A father and son are in custody charged with manslaughter in the death of Nicholas Rivard.
- Don't forget to lace up your running shoes and take part in the Alzheimer Society walk on June 7.
- The norovirus outbreak at the Temiskaming Hospital is over.
- Roses are red, violets are blue, head to Cobalt on May 30 to hear a poem or two.
- The One Foot Forward Gordon and Greyson Zubycck Memorial Fund is sending a tsunami of support for the creation of a splash pad in New Liskeard with a \$50,000 donation.
- The New Liskeard Cubs hosted a spring training camp in hopes of forming the team come the fall when the Great North Midget League begins.
- How did Felicity Eckensviller perform at the 2019 Youth Bowling Canada Five Pin Championship? Read about it in this week's Speaker Sports section.
- It's one, two, three strikes you're out at the ol' ball game. Youth are back on the fields for another season of slo-pitch.
- Children in French-language schools in South Temiskaming made all the right moves to qualify for the Canadian Youth Chess Championship in Saskatchewan.
- Our C-front this week features stories and photos on the CJTT FM Citizen Awards.

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Public marinas and boat launches in Temiskaming Shores, including the one seen above in Haileybury, will remain closed until further notice. High water levels, damage to shoreline facilities, and debris in Lake Temiskaming prompted the municipality to close the sites May 14. (Staff Photo)

Rural infrastructure projects get provincial funding OK

TORONTO (Special/Staff) – The province has pledged funding for three infrastructure projects in Kerns, Evanturel and Casey.

The projects are now waiting for federal approval under the jointly funded Investing in Canada Infrastructure Program.

The largest of the three is the \$1.14 million reconstruction of Development Road in Casey.

Kerns applied for funding to replace Murphy’s Bridge, at \$375,172.

Evanturel submitted an application for the replacement of the Kirbyson Road culvert, at \$345,000.

Under the infrastructure program, the federal government would pick up 60 per cent of the total eligible costs; the province, 33.3 per cent; and the municipality, 6.67 per cent.

The three upgrades in southern Temiskaming are among 49 road and bridge projects across Ontario announced last week under the rural and Northern stream of the infrastructure program.



Fundraising Auction!

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Don't miss this opportunity to bid on hundreds of items, including many collectables.

Special auctions and fundraisers will also be held during this event.

Food and refreshments will be available.

Stay tuned to the Haileybury Heritage Museum Facebook page for updates of information and photos of auction items.

If you would like to support the Haileybury Heritage Museum in this fundraiser by donating items, please contact the museum by phoning **705-672-1922 or by email at hhmuseum@hotmail.ca**

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Marinas closed

City keeping eye on water levels

Continued from A Front

At that point, he said it'll consider lifting the state of emergency declared two weeks ago.

"We'll look at what our costs are going to be and how we'll finance that," Kidd said.

The city took the step of declaring an emergency as a precautionary measure May 9, when a combination of rising water and high winds drove ice onto the shoreline.

Haileybury's south marina appears to have been the hardest hit. But municipal officials were also worried about the possible risk to two sewage lift stations in New Liskeard and Lakeshore Road.

By declaring a state of emergency, the city could respond more quickly by, for example, bypassing its usual procurement policy to secure supplies and services as needed. It would also be eligible to apply for provincial help if damage to public facilities surpassed a threshold sum.

In the end, the lake did not rise to the point that the priority infrastructure was threatened.

However, the mayor anticipates that receding water levels will destabilize local riverbanks.

"As that water goes down, it's going to suck some of those banks down as well, all the way up through the Wabi and the Blanche," he said.

"So we'll have to look at what kind of damage it'll cause there as well."

Temagami Family Health Team

Submitted by Ellen Ibey

The Importance of Strength Training as We Age

Muscle strength is important for bone health, balance and just being strong enough for daily activities, such as climbing stairs or carrying groceries.

Regular muscle strengthening has also been shown to help manage blood pressure, blood sugar and blood cholesterol levels, as well as prevent and control heart disease and type 2 diabetes.

Did you know that every ten years from the age of 30 we lose 3 to 5% of the muscle mass we naturally have, which causes us to lose muscle function? The good news is that it's never too late to get started, even if you've never picked up a weight in your life.

One of the most talked about reasons for strength training in women is the prevention of osteoporosis. For most women, bone loss increases after menopause when estrogen levels drop sharply. In fact, in the 5 to 7 years after menopause, women lose up to 20% or more of their bone density.

Machines are a great option for working on strength because they control the movements, especially if you haven't trained before – you can work hard with good control. The following machine exercises are ideal for strength training in older adults because they strengthen the biggest muscle groups:

- ☐ Seated rows
- ☐ Lat pull-down
- ☐ Shoulder press
- ☐ Leg press
- ☐ Assisted chin-up

Try to do two to three sets of eight to 12 repetitions of each exercise.

While having big muscles might be what some of us are looking for, it's the strength that really matters when it comes to functioning well into our older years. Strength training enables us to maintain a level of strength so we can continue to do the things we love.

If you are 70 years of age or older and have not had a bone mineral density test, call your primary care provider to have one scheduled. And if you haven't already done so, stop by the fitness centre in Temagami to check out the universal weight machine. Membership is available at a cost of \$20 per month for adults, \$15 for students and \$12 for seniors. The fitness centre is available 24 hours a day, 7 days a week. You can also call the office at (705) 569-3244 to schedule an appointment with Chris or who can help you get started with a strength training program that's right for you.

**Preventative Health Care...
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Temagami Family Health Team

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SPEAKER

WEEKENDER



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Sense of wonder

May is generally the month of new beginnings, potential and possibility.

Here in the Temiskaming region it was gray, gloomy skies and a constant cold rain that fell over the long weekend.

Those overcast days had the potential to lower my spirits and cloud the possibilities I envisioned having to do with sunshine, beaches, barbecues and camping.

The long weekend weather was miserable so I stayed inside with a good book, watched the Toronto Raptors win game three of their Eastern Conference NBA Championship and curled up under a warm blanket.

Sorry, I did not go near the last episode of the *Game of Thrones* despite all the hoopla surrounding it.

I was reading a Richard Wagamese book called *Embers*. His words reminded me of the life that rain brings and how cold and snow is being replaced by spring blooms and the cheeriness of bird song.

Isn't bird song the most beautiful sound you hear these days?

In spite of my sloth-like energy, I went outside to photograph some migrant birds arriving in the region.

I watched two rose-breasted grosbeaks at a backyard feeder.

They appeared to be taking part in a feeding frenzy to replenish themselves after their long flights from South America, Mexico and the Caribbean where they winter.

Spring is on its way on the wings of millions of birds during the spring migration.

I have been envious of my Southern Ontario friends posting photos of warblers, orioles



Sue Nielsen

and tanagers arriving during the migration.

Warblers are on the way, according to a student intern I spoke with at the Hilliardton Marsh Research and Education Centre.

If you get a chance, read Mark Milton's migration reports on the Marsh's Facebook page providing a wealth of knowledge about birds in general.

I saw where photographers had flocked to a location at Point Pelee National Park to photograph the spring arrivals.

Point Pelee (bird haven) is the southernmost location in Canada where migrating birds funnel in to their summer destinations.

We are extremely fortunate to observe migrating birds as they arrive to raise their young in the life-giving nursery of the Boreal forest.

On the Monday of the long weekend I noticed huge flocks of Brant geese arriving at the New Liskeard waterfront on their way to the Arctic tundra.

They were such a beautiful sight on a rainy day, lifting my spirits.

Blessings come from nature if only we stop the busyness long enough to recognize the magic, the awe and the wonder.



EDITORIAL

Youth driven

Bringing public awareness to issues facing South Temiskaming residents is something we do with regularity and pride.

In recent months we have watched as young people across the region have taken up leadership roles.

They have cut to the chase by their actions.

Students at all three area high schools spoke up loudly against the Doug Ford government's education cuts having to do with larger class sizes.

A large delegation of youth attended the Climate Café meeting hosted by Climate Action Timiskaming.

Local youth raise funds at their schools for various community events helping us all.

A young leader, Melanie Lethbridge, 16, has taken over the MS Walk this year showing her community spirit.

Everyone says they want to save the world but when it comes to taking ac-

tion to do it, if there's a cost involved they stop short.

But the youth of today are showing us that there is a far greater cost to be paid if we don't take action on climate change, or stand up to the hurtful actions of government or stand by while community events are cancelled.

Our youth won't accept the answer that nothing can be done to solve major issues affecting our lives and we shouldn't either.

As baby boomers become the predominant demographic in the region, it is the youth who will bring the vitality and energy needed in the coming years.

This is why "raising awareness" is something we take pride in and today it seems it is the youth who are making a difference.

To the youth of South Temiskaming, you are indeed making a difference. Thank you!

Criminal element

Our streets were made a bit safer when it was recently announced that the police had made two arrests in connection with the Nicholas Rivard case.

A collective sigh of relief likely was heard around the region.

Up until this point no one individual

or group in a leadership role had issued any kind of statement easing the minds of people living in the region as to the seriousness of this case.

Public safety is not something to take lightly and people deserve to know they can walk the streets of their communities feeling safe and secure.

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IN THE BAG

MS Walk committee member's bagged groceries at Food Basics on May 18, raising \$815.35 to support the MS Society annual walk taking place in New Liskeard on Sunday, May 26. From the left are Diane Howe, Roxann Gervais, Melanie Lethbridge and Nicole Albert. They thanked store manager Robert Goulet for the opportunity. Sunday's registration opens at 9 a.m. at the Don Shepherdson Memorial Arena with the walk starting at 10:30 a.m. (Staff photo by Sue Nielsen)

LETTER TO THE EDITOR

Right of way

Dear editor,
I am writing this letter in regard to the crosswalk lights.
I went to cross the road and there was a car that went right through the red when I was going across the road.
I wish the police had caught them.

Ida Hilson
New Liskeard

Efforts continue to make refinery operational

NORTH COBALT (Staff/Special) - First Cobalt Corp. and Glencore AG have signed a memorandum of understanding to supply cobalt feedstock and financing to recommission the First Cobalt Refinery (formerly known as the Yukon Refinery) located southeast of North Cobalt.

The memorandum outlines the terms of a partnership to produce refined cobalt for the North American market. Under the agreement, which remains subject to due diligence and definitive documentation, Glencore will provide First Cobalt with feedstock material, a loan to cover the estimated capital requirements to recommission the refinery, and technical support.

The expectation would be an annual production of 2,000 to 2,500 tonnes a year of cobalt in sulfate.

Glencore will evaluate making a loan to fund the capital requirements to recommission the refinery and will enter into a tolling agreement with First Cobalt, the press release continues.

The refinery could be operational in 18-24 months, First Corp. says, "and discussions are underway with provincial government officials to identify opportunities to streamline and accelerate the permit amendment process."

First Cobalt president and chief executive officer Trent Mell commented, "The partnership ... will help First Cobalt achieve its stated objective of providing ethically-sourced battery grade cobalt for the North American electric vehicle market. As the world's leading producer of cobalt, Glencore is an ideal partner for First Cobalt. Our shareholders will benefit from Glencore financial backing, technical support and opportunities for regional synergies with their Sudbury and Rouyn-Noranda operations.

"This announcement marks the culmination of one year's work, bringing First Cobalt closer to generating cash flow and reducing reliance on equity markets to fund future advancement of our North American primary cobalt assets in Idaho and Ontario," Mell concluded.

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COUNCIL MEETING
Monday, May 27, 2019 at 6:00 p.m.

COMMUNITY NEWS

The next regular meeting will be held on Monday, May 27, 2019 at 6:00 p.m.

By-law No. 16-35 outlines that during the summer months of June, July and August, there will be one (1) regular monthly meeting only. During the 2019 summer season, the regular council meeting schedule is as follows:

Monday, June 17, 2019
Monday, July 8, 2019
Monday, August 12, 2019

Municipal Waste Site: Hours of Operation - Tuesday and Saturday - 9:00 a.m. to 4:00 p.m.
Closed: Statutory Holidays. All garbage deposited at the Municipal Waste Site is subject to applicable tipping fees.

June Recycling Dates: Tuesday, June 4, 2019 and Tuesday, June 18, 2019

Animal Control
Dog and cat tags are available at the Municipal Office. Please contact Garrett Hunting, Animal Control Officer, at (705) 672-3985 with any issues or concerns.

Building Permits are required for all construction in the Township of Coleman. Please allow sufficient processing time for your application.

Provincial Fire Season Begins:
Forest fire season in Ontario has officially begun. From April through October, people using outdoor fires must follow strict regulations under the Forest Fires Prevention Act of Ontario to ensure their fires are properly managed.

Anyone who starts a fire outdoors must take all necessary steps to tend the fire, keep it under control, and make sure the fire is out before leaving the site. A person failing to burn safely could be fined and held responsible for the cost of putting out the fire. People living in municipalities must check with their local municipal office or fire officials for other burning restrictions or bylaws on outdoor fires.

For more information about the current forest fire danger, forest fire activity and fire restrictions across the province, please visit <https://www.ontario.ca/page/forest-fires>

Reminder to Residents: Burning Permits are required effective April 1st, 2019. Daytime burning (i.e. 8:00 a.m. until 6:00 p.m.) is prohibited between April 1st and October 31st each year. Open air burning is regulated by the Burning Control By-law (By-law No. 13-23, as amended), and is available for viewing at the municipal office and on the Township's website. There are size limits, clearance requirements, and provisions respecting fire control measures that you must have in place, if you decide to burn.

Coleman Fire Department: In Case of Fire Emergency - Please Call 911

Calamity Gulch slope fails

Darlene Wroe
Speaker Reporter

DYMOND TOWNSHIP - A large section of the southeast bank of Calamity Gulch valley has subsided close to a Ministry of Transportation Ontario worksite.

Ministry regional issues and media advisor Kristin Franks stated that no one was injured in the incident at the site on Highway 11 north of New Liskeard. MTO equipment at the site also escaped damage, she stated in an email response to questions.

The work at the site is continuing.

“A crane is on site to lower the culvert sections and equipment required to install the two concrete culverts,” Franks stated.

“The slope failure is currently obstructing the proposed crane pad location. Plans to remove the debris from the proposed crane pad location are underway,” she continued, adding that the ministry is not aware of any delays in the construction project because of the slope failure.

She outlined the project at the site, stating that the project “includes the replacement of the Calamity Creek Culvert. The ministry anticipates construction will be completed in late fall 2019.”

The restaurant is open six days a week (closed Tuesdays) from 11 a.m. to 8 p.m.

Customers can enjoy charbroiled burgers, fresh-cut fries, homemade soups, homemade desserts and more.

She uses homemade vinaigrettes and homemade gravies, and ensures that the items the restaurant does buy are quality products, she says.

“We try to do things that are unique and different than what you would eat elsewhere. For me it’s like we have to attract people from out of town because we are in Earlton. It’s doing things differently but homemade, bringing old tradition with a new twist.”

The restaurant includes an open kitchen so that customers can watch as food is rustled up in the old-fashioned way.

"It's like everybody comes to my home. It's a very homey atmosphere, but we're very modern, but rustic looking."

And where does the name Dida come from?
That's the name her niece gave her, because
when very little she couldn't say Linda.

“That’s where it all came from and it’s catchy,” Linda said.

Catchy it is from the name to the food, with customers at every chair at every table.

Linda hopes people will travel from throughout the area to try out her homemade, homey comfort food.

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SaLon

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Dida's in Earlton held its official opening April 19 after a year of serving good food to the public. Pictured here from left to right for the ribbon-cutting ceremony are: Armstrong Township councillors Michèle Rivard and Matthew Golcic, staff members Marie-Eve Cloutier and Laura Barnum, Alain Loranger, Corey Foulem, Linda Loranger, Jordan Paiement, Xavier Grenier-Ducharme, Michaëlle Jodoin, and Temiskaming Shores and Area Chamber of Commerce representatives Rollie Allaire, Dan Dawson and Dan Hackett. (Staff photo by Darlene Wroe)

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Funding for Timmins riding summer student jobs

TIMMINS (Staff/Special) - Timmins-James Bay is getting close to \$1 million this year for Canada Summer Jobs. MP Charlie Angus says this will create 270 jobs in the region.

“Every year we do extremely well. This year we are able to create a record number of jobs,” Angus commented in a press release. An additional \$55,000 was announced May 17 for summer students and will create 27 additional jobs.

Angus stated that as funding increases, more groups are able to receive funding.

“With the large amount of dollars received this year, we were able to ensure more organizations got to take advantage of the program. But more importantly, students are able to get jobs to build work experience,” he pointed out.

Angus added though that even with record funding, many groups were not able to get approved again this year.

“We always take note of those who don’t get students, to try to make sure the dollars are continued to be spread evenly and fairly in the future. Even with this amount, unfortunately some groups will not get funding.”

Timmins-James Bay gets \$891,035 in summer student funding this year, easily breaking the record amount set last year of \$624,000 which created 208 jobs.

Angus pointed out that the number of applications always out-numbers the amount of money available.

Money is spread across the riding including Larder Lake, Cochrane, Englehart, Timmins, Elk Lake, Peawanuck and all points in between.



WISH FULFILLED

The Royal Canadian Legion Branch 104 recently presented \$2,700 to the Englehart and District Hospital Wish List Campaign. Shown above are hospital board chair Chester Jobson, at left, accepting the donation from Legion branch president Sharell Foster and service officer Betty Lacharity. Also present were hospital board director Lois Dekker and CEO Gary Sims, far right. The donation came from the Legion’s Poppy Fund. Donations to the Wish List Campaign will benefit patients directly through the purchase, for example, of pressure relief mattresses, electric hospital beds, a bladder scanner, vision testing equipment, upgrades to the Ontario Telemedicine Network suite, and a medical device instrument washer. (Supplied Photo)



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KIRKLAND LAKE	ENGLEHART	NEW LISKEARD
Wednesday, June 5 Royal Canadian Legion Lunch by College Café Advance Tickets: Royal Canadian Legion (705-567-3888)	Wednesday, June 12 Englehart Arena Lunch by Rebekah Lodge Advance Tickets: Garlin's Gift Gallery Plus (705-544-8050)	Wednesday, June 19 Riverside Place Lunch by Timiskaming Home Support Advance Tickets: Timiskaming Health Unit (705-647-4305) Northdale Manor (705-647-6541)

Doors open at 10:00 a.m. ~ Event begins at 11:00 a.m.

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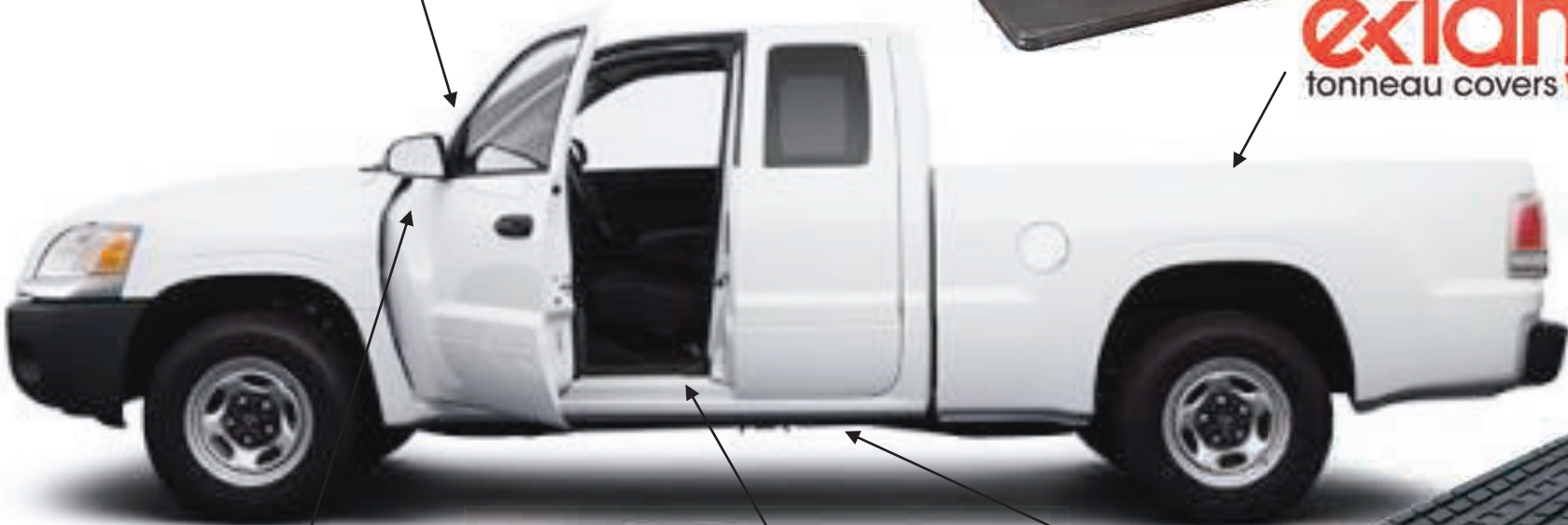
SAFE DRIVING

Wiper blades should be replaced twice a year, they can make all the difference when it comes to seeing clearly while you drive.



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LATTE - Reflective and sometimes indecisive, you'll choose the safest choice once you make a decision.

MOCHA - You're fun, creative, and probably don't really like the taste of coffee.

ICED COFFEE - Assertive, outspoken, and refreshing, you also have a temper.

BLACK COFFEE - You're a 'straight to the source' type and usually fearless, though easily disappointed.

AMERICANO - You're calm, happy and go with the flow.

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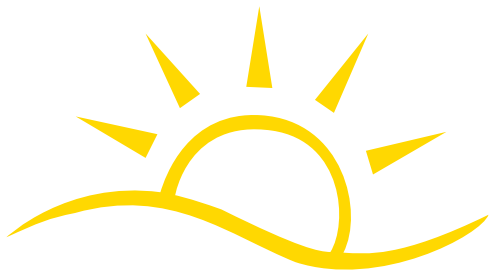
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Dorothy e Hartley Houston died several years ago. The community is still benefiting from their generosity through legacies left to support the arts, health care and local museums.



Christel McKinnon died in 2007. This year and every year she will be supporting local artists through the gift of a legacy to *Temiskaming Art Gallery*.

Continuing
their good
works through
legacies.

*These people continue
to make a difference
in the community
because they decided to*
LEAVE A LEGACY™.



Pat e Hope Birnie, several years after their deaths, continue to show their support of youth through an annual scholarship to local high school students.



Monique Comeau made a gift in 2008. This year and every year she is feeding over 70 needy families and hungry children through a legacy that benefits food banks.



May Ball died several years ago. Every year she purchases 25% of the new books for the *New Liskeard Public Library*. She left a legacy which will help the library forever.

Contact your lawyer, accountant or financial manager to see how you too can have a lasting impact in your community.



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