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WEEKENDER

THE SPEAKER'S WEEKEND EDITION



Vol. 18 - No. 7

FRIDAY, JANUARY 25, 2019

Visit us on



Planting the seed for new business growth

Diane Johnston
Speaker Reporter

TEMISKAMING SHORES – The city has rezoned some properties to open their use to marijuana production facilities. Temiskaming Shores council approved the rezoning earlier this week of three parcels of land zoned for manufacturing industrial use.

They're located in the Dymond Industrial Park; an area west of New Liskeard bordered by highways 11 and 65 West and the Ontario Northland tracks; and a small parcel at the north-east intersection of Hwy. 11 and Radley Hill Road.

It applies only to properties on municipal water and sewer services.

The city has been approached by a company proposing a medical marijuana growing operation.

But that wasn't the only marijuana-related item on council's January 22 agenda.

It also threw its formal support behind a local proposal for an education program on the safe consumption of marijuana edibles.

Haileybury business owner Nicole Guertin has drafted what she's calling the Can Eat Smart initiative.

It would be directed at first-time users of edibles who are unfamiliar with cannabis.

An online course in multiple languages would offer consumers information on types of cannabis, doses, cooking, safe consumption and safe storage.

"The key to the program is to have the Can Eat Smart poster in each establishment that will be selling cannabis and edibles," Guertin told council.

Online sales sites would also link to the program.

The inspiration for the program came when Guertin recently tried a cookie for the first time that included marijuana.

Continued on 3a



LOOKING UP FOR SLIDING DOWN

The Englehart area is generally flat land, but when it produces a potential sliding hill, it's a great one. Logan Loranger, 11, and his sister Savannah, 10, of Evanturel Township, were recently out enjoying sliding on the side of the Englehart River January 6. (Staff photo by Darlene Wroe)

DID YOU GET The Speaker THIS WEEK?

Here are some of the stories in our January 23 edition...

- The Englehart Fall Fair has received a lifeline due to a recent meeting held January 17.
- Emergency responses on Crown Land are not funded, much to the chagrin of Elk Lake's Reeve Terry Fiset.
- A computer virus infected a host of hospitals along the Highway 11 corridor, which originated at Health Sciences North in Sudbury.
- Temagami says no to pot shop but they can revisit the issue in the coming months.
- Splashing about on a concrete pad won't happen for area children as soon as expected because an Ontario Trillium Foundation funding stream has dried up.
- Temiskaming Shores City council is bean counting as they begin budget deliberations.
- The Cubs came away from a Peterborough tournament without a win but with a ton of experience to show for their efforts.
- The Temiskaming District Secondary School Saints Girls hockey team won their home tournament in saintly fashion.
- Our C-front this week features a story and photos about the 24th annual brunch of the Temiskaming branch of the l'Association canadienne-française de l'Ontario (ACFO).



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CITY BULLETIN



Temiskaming Shores Public Library

Family Storytime Fun at the New Liskeard Branch
SATURDAYS: January 26, February 9 & 23, March 9 and
WEDNESDAY, March 13.
 From 10:30 a.m. -11:30 a.m.
 Families can come and enjoy stories read aloud, board games and playtime fun!!
 For more information call 705-647-4215

Snowshoes for Rent at the Haileybury Branch of the Library
 The Temiskaming Shores Public Library in partnership with the Healthy Kids Community Challenge and the Age Friendly Program is offering snowshoes for rent at the Haileybury Branch Library. Bring your Library Card and pick up a few pairs for the family to try out this great outdoor winter activity! For more information call 705-672-3707

Gadget Helper at Both Branches of the Library
 Need help learning to use your tablet, laptop, cell phone, or other electronic device? Just have a few questions? Book a FREE 45-minute one-on-one session with Gadget Helper!. Sessions are on Thursdays at the New Liskeard or Haileybury branch of the library, starting on September 13. To make your appointment, call: New Liskeard: 705-647 4215, Haileybury: 705-627-3707

PebbleGo Animals, Science and Dinosaurs
 The award-winning PebbleGo Animals, Science and Dinosaurs databases from Capstone Digital Publishers offers information on hundreds of animals, science subjects and dinosaurs. Designed specifically for K-3 emergent readers, PebbleGo databases include activities, videos, pictures, lesson plans and articles on each subject. To access, click the E-Resources tab on the library's website and scroll down to the PebbleGo logo. Have your 14 digit library card ready to log in and enjoy this fun resource for kids!

TumbleBookLibrary Online
 TumbleBookLibrary is an online collection of ebooks for children in grades K-6. Existing children's books are animated using the existing illustrations and adding audio narration. The collection includes old time favorites such as The Paper Bag Princess by Robert Munsch, Diary of a Worm, How I Became a Pirate, Miss Malarkey Doesn't Live in Room 10, One Duck Stuck, as well as favourite fairy tales such as Jack and the Beanstalk and Old Mother Hubbard. To access, click the E-Resources tab on the library's website and scroll down to the TumbleBookLibrary information. Have your 14 digit library card ready to log in and enjoy this fun resource for kids!

RB Digital Magazines
 RB Digital Magazines gives you access to current issues of popular magazines to read on your computer, tablet, or smartphone. RB Digital at the Temiskaming Shores Public Library provides free, full-text digital access to over 50 titles of magazines, including such popular titles as Canadian Living, Cosmopolitan, Elle Canada, GQ, Men's Health, National Geographic, OK Magazine, Our Canada, Reader's Digest Canada, Quilting Arts, Zoomer and many more. Try it today at <https://www.rbdigital.com/canada50on/service/magazines/> or on the library's website! Have your 14 digit library card ready to log in and enjoy this great resource!

Mango Languages Online
 Mango Languages is a FREE online language-learning system that teaches actual conversation skills for over 50 different languages. With helpful feedback, you can learn at your pace, wherever you are. A smartphone, tablet, or home computer all make a great platform for Mango Languages. Check it out at <http://connect.mangolanguages.com/temisklibrary/start> or on the library's website. Have your 14 digit library card ready to log in and enjoy this great resource!

OverDrive Ebooks and Audiobooks
 The Library has access to e-books and downloadable audiobooks through the provincial consortia with OverDrive. Books and audiobooks can be downloaded to many types of tablets, ipads or your laptop at home. Items expire automatically after two weeks—no fines to pay, ever! To access, click the E-Resources tab on the library's website and scroll down to the OverDrive link or navigate to this link: <https://odmc.overdrive.com/>. Have your 14 digit library card ready to log in and enjoy this great resource for e-books! For more information, call the Library.

To register or for more information about any of the Library's programs, call 705-647-4215 or 705-672-3707, see our facebook page, email NewLiskeard@temisklibrary.com or Haileybury@temisklibrary.com, visit our website at www.temisklibrary.com, or visit your Library Branch!

SCHEDULE OF MEETINGS

LIBRARY BOARD
Wednesday, January 23, 2019 - 7:00 p.m.
 Temiskaming Shores Public Library, New Liskeard Branch, 50 Whitewood Avenue, New Liskeard

SPECIAL COUNCIL (BUDGET)
Monday, February 4, 2019 - 6:00 p.m.
 City Hall, 325 Farr Drive, Haileybury

REGULAR COUNCIL
Tuesday, February 5, 2019 - 6:00 p.m.
 City Hall, 325 Farr Drive, Haileybury

Request for Quotation RS-RFQ-001-2019
Municipal Garden Maintenance Program
 Sealed quotations must be received by the Municipal Office, 325 Farr Drive, Haileybury no later than 2:00 p.m. on:
Tuesday, February 12, 2019

To receive consideration, quotations must be submitted on the forms supplied and in an envelope **PLAINLY MARKED**

PRIVATE AND CONFIDENTIAL
City of Temiskaming Shores
P.O. Box 2050
325 Farr Drive
Haileybury, ON P0J 1K0
Attn: Dave Treen - Municipal Clerk
Re: RS-RFQ-001-2019 "Municipal Garden Maintenance Program"

Any questions should be directed to Paul Allair, Superintendent of Parks & Facilities at 705-647-5728 or pallair@temiskamingshores.ca

Application for Consent
Notice of Complete Application
And Notice of Statutory Public Hearing
Committee of Adjustment
 Under Section 53 of the Planning Act, R.S.O. 1990 c.P.13

The City of Temiskaming Shores has received the following application for consent to sever:
File #: B-2018-04 & B-2018-05
Owner: Pedersen Materials Ltd.
Agent: Jarlette Ltd.
Property: South east corner of Drive In Theatre Road and Grant Drive (Dymond Concession 3 North Part of Lots 9 and 10; RP 54R-3676 Part 3, RP 54R-5247 Part 1, 3, 4, RP 54R-5289 Part 1; Parcels 903NND and 23075SST)

A public meeting will be held to consider the Consent application:
Date: Wednesday, January 30, 2019
Time: 1:30 p.m.
Place: Haileybury Boardroom at City Hall, 325 Farr Drive, Haileybury

The applicant is proposing to sever the northwest corner of the property to create a new 2.54 hectare (6.27 acre) lot for the purpose of constructing a 128-bed long term care facility with 18 seniors apartments included within a three storey building. Future phases of the development would include an additional 62 long term care beds in a fourth storey on the existing building, and a 110 unit seniors retirement home attached to the initial building. Approval of a Zoning By-law amendment application (to be submitted) will be required for the development.

The subject property is designated Mixed Use Areas in the City of Temiskaming Shores Official Plan and is currently zoned Development (D) in the City of Temiskaming Shores Zoning By-law.



For more information about this matter, contact the undersigned.
Dated this 16th day of January, 2019.

Jennifer Pye, MCIP, RPP
 Secretary-Treasurer, Committee of Adjustment
 City of Temiskaming Shores
 325 Farr Drive, PO Box 2050
 Haileybury, ON P0J 1K0
 Tel: 705-672-3363 ext. 4105
 Fax: 705-672-2911
jpye@temiskamingshores.ca

Full Time Training Officer – Fire Services Competition No. 2019-001

The City of Temiskaming Shores is currently seeking a Training Officer within the Fire Services Department to establish and administer all training programs for the Temiskaming Shores Fire Department. By assisting in the development of training programs, producing lesson plans, training aids and creating a desire for learning and advancement, the Training Officer will deliver all recruit and in-service training of all Volunteer Firefighters at all fire stations.

- Qualifications and Education Requirements:**
- Minimum Grade 12 or equivalent;
 - A Diploma in Fire Protection Technology, Public Education or related disciplines considered an asset;
 - Administration, supervisory or operational courses from the Ontario Fire College/Office of the Fire Marshal and Emergency Management, or other related courses, considered an asset;
 - Must be willing to complete the NFPA Fire Instructor I and Fire Instructor II courses as part of the Provincial Certification process and the WSIB Joint Health and Safety Committee (JHSC) Certification Training Program within the first three years of employment;
 - Experience in the delivery of training lessons, preparing training lesson plans, training administration and experience in the delivery of educational programs considered an asset;
 - Must have demonstrated technical and leadership abilities with good verbal and written communications skills; and
 - Class DZ Ontario Driver's License with clean abstract required.

Job Description is available upon request.

Applicants are encouraged to submit their resumes quoting **Job Competition No. 2019-001** no later than **January 25th, 2019** by regular mail or email to:

Shelly Zubycck
 Director of Corporate Services
 P.O. Box 2050
 Haileybury, Ontario P0J 1K0
szubycck@temiskamingshores.ca

We appreciate the interest of all applicants however, only those selected for interviews will be contacted. The Corporation of the City of Temiskaming Shores is an equal opportunity employer that provides equality of opportunity for employment without discrimination, consistent with The Ontario Human Rights Code and the candidate's ability to successfully perform the duties of the job.

Age Friendly Programs

- Monday January 28**
GetWalking - 6:00 p.m. - 8:00 p.m. @ Temiskaming District Secondary School, 90 Niven St., New Liskeard - FREE, all are welcome!
Tuesday January 29
GetWalking - 8:30 a.m. - 10:30 a.m. @ Northern College Gym, 640 Latchford St., Haileybury - FREE, all are welcome!
Coffee Hour - 2:00 p.m. @ Leisure Inn, 509 Ferguson Ave., Haileybury - Free! Includes coffee/tea, presentation & discussion.
Guest Speakers: Senior Centres Without Walls & Contact North (online classes & programs)
Wednesday January 30
Coffee Hour - 10:30 a.m. @ Chat Noir Bookstore, 57 Whitewood Ave., New Liskeard (back of store) - Free! Includes coffee/tea, presentation & discussion. **Guest Speakers:** Senior Centres Without Walls & Contact North (online classes & programs)
GetPickleball - 12:30 p.m. - 2:30 p.m. @ Community Hall, 90 Whitewood Ave., New Liskeard - FREE - all levels welcome to play, learn & watch
GetSkiing - 1:00 p.m. - 4:00 p.m. @ Temiskaming Nordic Ski Club, Forest Access Rd, Coleman Twp. - FREE ski passes, free ski rental & free snowshoeing!
Thursday January 31
GetCurling - 1:00 p.m. - 2:00 p.m. @ Cobalt-Haileybury Curling Club, 434 Leslie MacFarlane Way, Haileybury - FREE Instruction
GetBowling - 1:30 p.m. @ Tri-Town Bowling Lanes, 331 Main St. Haileybury - \$3.00 (includes shoe rental)

2019 PET TAGS AVAILABLE NOW!



EARLY BIRD RATES (Before February 1, 2019)

Spayed or neutered dog or cat **\$10.00**
 Unfixed dog or cat **\$20.00**

Senior Citizen's Rates (65 +)
 Spayed or neutered dog or cat - **\$5.00**
 Unfixed dog or cat - **\$10.00**

STANDARD RATES
 (After January 31, 2019)
 Spayed or neutered dog or cat **\$20.00**
 Unfixed dog or cat **\$30.00**

Senior Citizen's Rates (65 +)
 Spayed or neutered dog or cat - **\$10.00**
 Unfixed dog or cat - **\$15.00**

- Pet Tags are available at the following locations**
- City Hall • Libraries (Haileybury/New Liskeard)
 - Pet Valu • Temiskaming Animal Hospital
 - Temiskaming Veterinarian Services
 - Temiskaming Animal Care and Control

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For more information contact:
 Temiskaming Shores Fire Department
 705-672-3363

For More Information Call (705) 672-3363
 Write to The City of Temiskaming Shores, P.O. Box 2050, Haileybury, ON P0J 1K0
 or Visit our Website: www.temiskamingshores.ca



FAMILY FUN

Jason Boyce and his daughter Cameron, 2, were skiing together during the opening weekend at the Tri-Town Ski and Snowboard Village on January 13. Cameron started out skiing in her back yard, said her parents, and she appears somewhat fearless as she learns the ins and outs of downhill skiing. (Staff photos by Sue Nielsen)

Planting the seed for new business growth

Continued from A Front

She shared her story at a public meeting last month when council sought feedback on the question of permitting recreational marijuana retail stores in the municipality.

Guertin said her experience was a frightening one.

"Imagine a child eating that same cookie, which could happen easily. How scary it could be for them," she said at the time.

But it prompted her to draft a business proposal for the initiative in the lead-up to the anticipated federal approval for cannabis edible

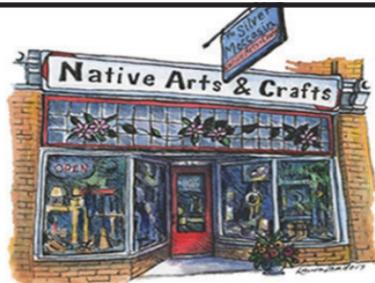
products later this year.

She plans to submit the strategy to the Health Canada committee reviewing edibles by the February 20 deadline for comment.

She hoped to include formal expressions of support from the municipality and Federation of Northern Ontario Municipalities.

"Hopefully we can be a leader in the North, in Ontario, and in Canada," she said earlier this week.

Council gave its endorsement and agreed to forward it to other municipalities in the North for support.



The Silver Moccasin will be closing its storefront on Thursday January 31st, 2019 at 5pm
We will remain OPEN 24/7 ONLINE
 at www.silvermoccasin.com

A sincere thank you to our local customers for your patronage over the last 12 years!

We welcome you to our online store where you now have the option of picking up your orders at our current location at 36 Silver Street in Cobalt.

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MEN'S AND LADIES WEAR

Temagami Family Health Team

Submitted by Ellen Ibey

How to Fight Muscle Loss (Sarcopenia) Due to Aging

From the time you are born to around the time you turn 30, your muscles grow larger and stronger. But at some point in your 30s, you start to lose muscle mass and function.

Physically inactive people can lose as much as 3 to 5% of their muscle mass each decade after the age of 30.

Symptoms and Causes:

Although sarcopenia is seen mostly in people who are inactive, there are other factors including:

- Reduction in the nerve cells responsible for sending signals from the brain to the muscle to start movement
- A decrease in the ability to turn protein into energy
- Not getting enough calories or protein each day to sustain muscle mass

Treatments:

The primary treatment is exercise, specifically resistance training or strength training. These activities increase muscle strength and endurance using weights or resistance bands.

Resistance training can improve your ability to convert protein to energy in as little as two weeks. It's important to seek training from a professional trainer for optimal benefits with minimal risk of injury, correct intensity and frequency of exercise. In addition to building muscle, strength training promotes mobility, enhances fitness and improves bone health.

Two decades of age-associated strength loss can be regained in approximately two months of resistance exercise and can increase protein synthesis rates in older adults in as little as two weeks.

Eating sufficient protein every day, along with physical activity, is also beneficial. Getting protein in your diet directly signals your muscle tissue to build and strengthen.

If you are a patient of the Temagami Family Health and would like to see either our Registered Dietitian to discuss your diet and/or our Certified Personal Trainer to discuss a strength training program that is right for you, just call the office at (705) 569-3244 to schedule an appointment.

Committed to keeping you as healthy as possible!



Temagami

Family Health Team

17 O'Connor Drive, P.O. Box 98, Temagami, ON P0H 2H0
 Tel: 705.569.3244 Fax: 705.569.2610

SPEAKER WEEKENDER



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Editor - Steven Larocque

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Be astonished

This nature lover longs for the day when I can launch my 16-foot slice of heaven into warm waters.

I had three days off last weekend and I felt the pangs of cabin fever despite the gorgeous wolf moon in the night sky.

I planned to go snowshoeing and walking in the woods but it all went nowhere. It was way too cold.

I keep trying to swallow a lump in my throat.

Pulitzer Prize winning bard of the natural world, Mary Oliver, died last Thursday in Florida at age 83.

Rest in peace Mary.

The books I reach for in foul weather are Oliver's. Her words helped me sail through difficult times.

If you open any one of my Mary Oliver books you will see annotations marked with hearts and stars, passages underlined and words of my own penciled in.

I think librarians are shuddering right about now but I own my books and I can do with them what I please.

In keeping with Oliver's famous defiant quote, "It is my life and I can do with it what I please."

Her prose has allowed me to understand connecting with nature is more powerful than conquering nature.

I have often felt the same as her, astonished by the beauty of a sunset, amazed by a fox's inquisitive gaze and astounded by a simple walk in a forest canopy.

She said, "Instructions for living a life. Pay attention. Be astonished. Tell about it."



Sue Nielsen

Instructions journalists can relate to.

I am rarely short of astonishment when it comes to water, animals and forests.

Oliver said stillness was the door to the temple. When I sit in my canoe on still waters I feel the holiness of nature. I am amazed when the great blue heron lands close by me searching in the marsh for its dinner.

I only ever wish to pay attention to my life, to be astonished by it and to tell about it.

And when Oliver asked, "What is it you plan to do with your one wild and precious life?" I hope to say plenty.

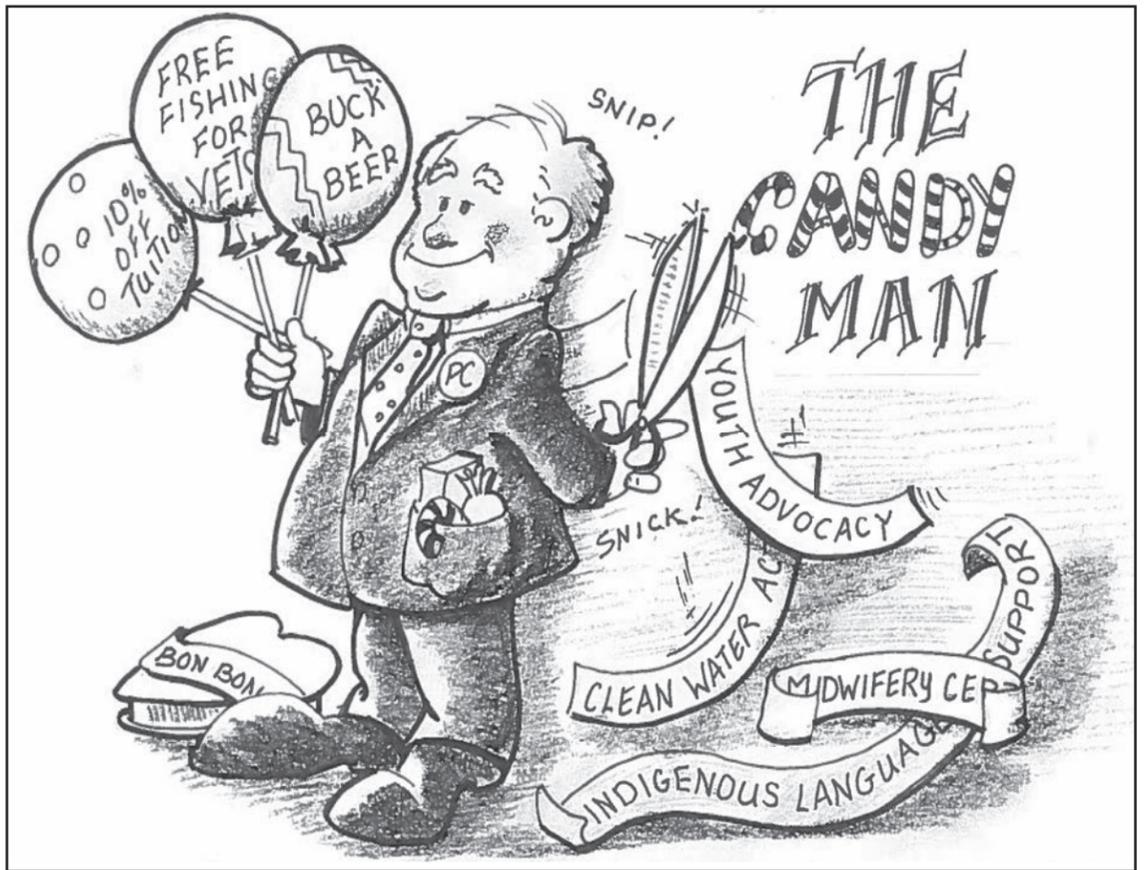
A quote of hers, "When it is over, I want to say I was a bride married to amazement."

Her words describe the beauty of life, the ordinary everyday things we don't notice because we are distracted by technology.

I refuse to allow technology (cell phone) to follow me around a green shoreline with the haunting sound of the loon calling in a far off bay.

One of my most pleasurable moments last summer was sitting quietly in my canoe hearing the wind whispering through the pine trees high up on the ridge. This sound is called psithurism.

Oliver knew nature and language share the same sheets, they have the power to unite, astound and inspire.



EDITORIAL

Crossing guards: unsung heroes

It has been bitterly cold outside in the month of January.

When the buses are cancelled, and there have been several cancellations already in the month of January in the Temiskaming region, you will find them on the job.

The school crossing guards deserve a thank you for doing an important job while standing out in the cold, wind, rain and extreme heat.

They escort precious cargo, our children, across busy roadways to places of learning.

Some crossing guards have shelters they can retreat into when the wind blows or the rain pelts them, but not all.

Why not create a shelter for your crossing guard to help them stave off the elements?

And while you are at it, pass on a thank you to that individual for the important job they do to protect children going to and from school.

The Temiskaming Speaker thanks all crossing guards in the South Temiskaming region for your service.

Reach out

Tobacco use remains the leading cause of preventable death and disease in Ontario.

And in the Temiskaming region, according to the Temiskaming Health Unit, we have higher rates of smoking than the rest of the province.

January 20-26 is National Non-Smoking Week.

The provincial smoking rate is 16.7 per cent and Temiskaming's rate is much higher at 26 per cent.

And with the recent legalization of cannabis, smoking rates could take on a whole new dimension, albeit smoking weed is just as harmful as tobacco or even more harmful.

Let us be clear on one issue, pregnant women should avoid smoking tobacco or pot for obvious reasons, the harm done to the baby.

Surely, in this day and age and with all

the information about cancer, heart disease and lung disease, you would think smoking rates would be much lower.

Smoking can kill you.

However, the rate of smoking in the region is not cause for doom and gloom.

Quitting smoking has never been easier.

The health unit has various nicotine replacements available to help smokers quit the habit and doctors offices and medical practitioners also have available a myriad of ways to help kick the smoking habit to the curb.

With the help and support of professionals, quitting smoking or reducing your smoking levels is entirely possible.

You simply have to reach out and ask for help and it will be provided.

Quitting smoking improves health outcomes.

18 Wellington St., South,
New Liskeard
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Fax 705-647-9669
Email: speaker@northernontario.ca
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Help is a phone call or click away

By Dr. Paul Preston
North East Local Health
Integration Network

If you find yourself dealing with a mental health or addiction concern, it can sometimes be difficult to know where to turn to for help.

Fortunately, the Temiskaming area has resources and many are available free-of-charge.

There are also a number of on-line and phone-based services.

A good place to start can be an appointment with your family doctor or nurse practitioner.

Here are additional ways you can get timely access to help on your own:

• Are you in crisis?

Call the Canadian Mental Health Association (CMHA) Cochrane-Timiskaming's Crisis Hotline at 1-888-665-8888 to get help.

Open 24 hours a day, this hotline is intended for people living in Temiskaming.

• Feeling low mood, depressed or anxious and want to learn new skills to manage?

The North East LHIN is supporting two new, free self-help psychotherapy services: BounceBack, a telephone-coaching program with workbooks and videos, and Big White Wall, an online peer support and self-management tool.

Both programs, funded by the Ontario government for residents of Ontario, are designed to help adults and youth with depression and anxiety.

For more information on BounceBack go to <https://bouncebackontario.ca> or call 1-866-345-0224, or check out the Big White Wall at www.big-whitewall.ca.

• Are you concerned about your use of opioids, alcohol or other substances?

The Nipissing-Temiskaming Rapid Access Addiction Medicine Clinic, based in the Community Counselling Centre of Nipissing (361 McIntyre St. East, North Bay), is now taking clients.

Clients can self-refer by calling 705-472-6515.

The clinic also provides supports to primary care providers – family physicians or nurse practitioners – to help them treat their patients with substance use disorders, and can refer patients to other addiction services in their area.

• Interested in exploring what mental health or addiction services in the Temiskaming area might fit your needs?

Help is a couple of clicks away.

A section of the Northeast Healthline is devoted to mental health and addiction services.

Go to <https://connect.northeasthealthline.ca>. This site also has referral forms.

• Feeling isolated and want someone to talk to, or would you like to connect with peers for support? The North East Regional WARM Line offers peer support, self-help groups, and social, educational and recreational activities.

Peer counsellors are ready to take your call between 6 p.m. and midnight at 1-866-856-9276.

• Looking for programs geared towards healthy living and meeting peers?

The CMHA Cochrane-Timiskaming offers group mental health programs, seniors' mental health programs, social recreation and much more (<https://cmhact.ca> or call 1-888-665-8888).

The Timiskaming Health Unit has many resources geared to healthy living, families and information on substance use.

Go to www.timiskaminghu.com or call 705-647-4305 in the Temiskaming Shores area or 705-544-2221 in Englehart.

Paul Preston is vice-president clinical, sub-region primary care lead for Nipissing-Temiskaming and clinical quality lead with the North East Local Health Integration Network.

Haileybury Family Chiropractic & Laser Clinic
Dr. Clifford C. Geddes, D. C., D. Ac.

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Whiplash/Chronic Neck Pain

Shoulder Pain
Rotator Cuff Injuries

Forearm Pain
Tennis Elbow -
Golfer's Elbow

Upper Arm
Pain/Numbness

Spinal Pain
Sciatica Pain -
Hip Pain

Carpal Tunnel
Hand/Arm Pain
- Finger Pain

Calf Pain
Achilles Pain

Thigh Pain
Knee Pain
Ankle/Foot/Toe Pain

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and helium neon and infrared laser stimulation).
Therapeutic ultrasound, interferential current therapy, and Bioflex Laser
Therapy - Orthotics - electric and hand massage - Nutritional Supplements.

575 Browning St. Haileybury, Ontario
705-672-2777

**TOWNSHIP OF
EVANTUREL**
NOTICE OF COUNCIL VACANCY

The Corporation of the Township of Evanturel is seeking applications from eligible persons interested in the position of Municipal Councillor for the remainder of the council term to and including November 14, 2022.

Every person is qualified to hold office as a member of council if he or she:

- resides in the local municipality or is the owner or tenant of land there, or the spouse of such owner or tenant;
- is a Canadian citizen;
- is at least 18 years old; and
- is not prohibited otherwise.

Letters of application will be received by the Clerk until 4:00 pm on February 8, 2019 at the following address:

Township of Evanturel
#334687 Hwy 11
(Temporary Location)
(Englehart & Area Business Centre)
P.O. Box 209
Englehart, ON POJ 1H0
Phone: (705) 544-8200
Fax: (705) 544-8206
E-mail: clerk@evanturel.com
Virginia Montminy
Clerk

THE CORPORATION OF THE
TOWNSHIP OF EVANTUREL

The Royal Canadian Legion Ontario Provincial Command
Youth Education Program

PUBLIC SPEAKING CONTEST

New Liskeard Legion Branch 33 will hold their annual
Youth Public Speaking Contest on Saturday, February 23, 2019.

All area school students from Grades 1 through 12
are invited to participate.

Entry forms and further information may be obtained at some
area schools or from Legion Rep. Marianne Sowinski at
705-622-0781

NEW or email mariannesowinski2@hotmail.com **NEW**
Deadline for entry is February 15, 2019

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TUESDAY, WEDNESDAY, THURSDAY 10am - 1 pm

Temiskaming Hospital Room 724 Englehart Office & Englehart Family Health Team

Check out our Website: communitycancercare.ca

705-628-8800 705-544-2301 ext. 5256

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OUR PHOTO CONTEST RETURNS

SEND US YOUR PHOTOS OF OUR AREA

Be the next featured Photographer on the cover or throughout our annual edition of the **Visitor's Guide**, or throughout the Speaker's 2020 calendar

THIS YEAR'S CHALLENGE:
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JANUARY 28TH - A BLACK DAY FOR CANADA

Since this day in 1988, there has been no abortion law in Canada - no protection for human life at any stage of development. Everyday in our country 300 unborn children die because of someone else's choice. Choose life - it's a choice we can all live with.

Sponsored by Pro-Vie Tri-Town Right to Life.



SCOTIABANK SCORES

Scotiabank recently presented a cheque for \$4,000 to the Temiskaming Shores Minor Hockey Association for its 2018-19 season of programs. Seen here at the New Liskeard Scotiabank in December are Haileybury branch manager Lisette Gauthier, association president James T. Paterson and New Liskeard Scotiabank branch manager Krystal Gervais. (Staff photo by Sue Nielsen)

Earlton water treatment plant upgrades started

EARLTON (Staff) - Capital improvements have started at the Earlton water treatment plant.

The work started Wednesday, January 23, and will continue through to March 29, according to a press release received from Armstrong Township.

“The capital improvement is necessary to refurbish the purification and filtration components within the Earlton drinking water treatment plant,” the press release stated.

The current unit is badly corroded and the rehabilitation will increase its life, the township stated.

“The alternative option was the full replacement of the filter system and although this would extend the life greatly, a modification to the building and structure would be necessary to accommodate a new system,” it was explained. “The alternative was well beyond the budget of the project, thus not a feasible option.”

The release explained that “the system is a Roberts Pacer Pre-Packaged Water System with a two-part filter. One filter will be isolated during construction while the other is able to adequately service the town. We do not foresee any disruption in service, however it is recommended to conserve water where possible.”

The township stated that Continental Carbon Group Inc. from Stoney Creek, Ontario, has been hired as the contractor for the project at an estimated cost of \$242,400.

The municipality has applied under the Ontario Community Infrastructure Fund Top-Up Fund with approval pending. If successful in their application, the OCIF fund will cover up to 90 per cent of the costs.

The township stated that in the event that the provincial application is denied, the municipality will use its federal gas tax revenues to fund the majority of the project costs.

INSPECTION

Approved Forest Management Plan Temagami Management Unit 2019-2029 Forest Management Plan

The Ontario Ministry of Natural Resources and Forestry (MNRF), First Resource Management Group Inc. and the Temagami Local Citizens' Committees (LCC) would like to advise you that the 2019-2029 Forest Management Plan (FMP) for the Temagami Management Unit has been approved by the MNRF Regional Director and is available for inspection.

The Planning Process

The FMP takes approximately three years to complete. During this time, five formal opportunities for public consultation and First Nation and Métis community involvement and consultation are provided. The fourth opportunity (Stage Four) for this FMP occurred on October 12, 2018 when the public was invited to review and comment on the draft FMP. This 'Stage Five' notice is to advise you that the MNRF-approved FMP will be available for inspection for 30 days.

FMP Inspection - Final Opportunity

During the 30-day inspection period, you may make a written request to the Director, Environmental Assessment and Permissions, Ministry of the Environment, Conservation and Parks, 1st Floor, 135 St. Clair Ave. W., Toronto, ON M4V 1P5, for an individual environmental assessment of specific planned operations in the FMP.

The MNRF-approved FMP and FMP summary are available for inspection, by appointment, during normal office hours for 30 days **January 25, 2019 to February 23, 2019** at the following locations:

- First Resource Management Group Inc. office, 22 Paget Street North, New Liskeard, ON P0J 1P0, Attention: Etienne Green 705-650-3360.
- Ontario government website at www.ontario.ca/forestplans.

Interested and affected persons and organizations can arrange an appointment with MNRF staff at the MNRF North Bay District Office to discuss the FMP.

For further information, please contact:

Shelley Straughan, R.P.F.
MNRF North Bay District Office
3301 Trout Creek Road
North Bay, ON P0L 1C0
tel: 705-475-5521
e-mail: shelley.straughan@ontario.ca

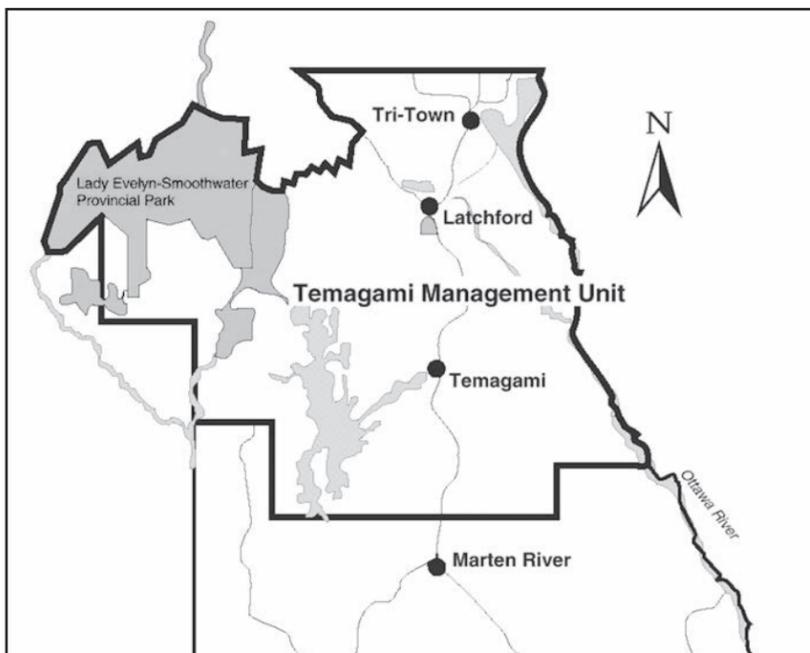
Etienne Green, R.P.F.
First Resource Management Group Inc.
P.O. Box 850
New Liskeard, ON P0J 1P0
tel: 705-650-3360
e-mail: etienne.green@frmg.ca

Lorne Hillcoat
Temagami LCC
Site C, 74 Scott Street, P.O. Box 1810
New Liskeard, ON P0J 1P0
tel: 705-628-2444
e-mail: lhillcoat@temfund.ca

The approved FMP will be available for the 10-year period of the FMP at the office of the Sustainable Forest Licensee (SFL) and on the Ontario government website.

The Ministry of Natural Resources and Forestry is collecting your personal information and comments under the authority of the Crown Forest Sustainability Act. Any personal information you provide (address, name, telephone, etc.) will be protected in accordance with the Freedom of Information and Protection of Privacy Act; however, your comments will become part of the public consultation process and may be shared with the general public. Your personal information may be used by the Ministry of Natural Resources and Forestry to send you further information related to this forest management planning exercise. If you have questions about the use of your personal information, please contact Marilyn Mills at 705-475-5598.

Renseignements en français : Guylaine Thauvette, R.P.F. au 705 475-5539.



Police arrest two youths

TEMISKAMING SHORES (Staff) – Two youths were arrested after police were informed that people were going through vehicles on Farah Avenue in New Liskeard.

Temiskaming Ontario Provincial Police say they responded to a call January 13 shortly before 1:30 a.m.

A 13-year-old and a 15-year-old were arrested.

In a news release, police reminded the public that a professional thief can steal a vehicle in just 30 seconds, without having a key.

Police say an unsecured home is just as vulnerable and described an unlocked door or an open window as “an invitation to thieves.”

The Lock It or Lose It program encourages drivers to take a few simple steps to protect their vehicles and their contents.

Keep valuables out of sight. If you have to leave them in the vehicle, put them in the trunk before you park at your final destination.

Always park your vehicle in a well-lit area.

Never leave your vehicle unattended while it is running.

Lock your doors at all times.

Police advise anyone who spots suspicious activity to report it.

They advise that as much information as possible be collected, while assuring one's own safety.

People can remain anonymous by calling Crime Stoppers at 1-800-222-8477 (TIPS). A cash reward up to \$2,000 may be offered.

MPAC raising fee for service

COBALT (Staff) - The Municipal Property Assessment Corporation (MPAC) levy to Cobalt is increasing 2.1 per cent.

Cobalt interim chief administrative officer David King told council that the quarterly fee, paid every three months, will now be \$4,240.

MPAC provides a service to the town by calculating the assessments of the properties in the town.

Through those assessments the town determines how much each of the properties should pay in taxes.

“Every municipality in Ontario pays for that,” he said of the levy.

He noted that the town is being advised by MPAC that there will be assessment changes by property class.

“It's down slightly in some categories,” he said, explaining that could affect the amount the town can levy for taxes.



LOOK MA - NO POLES!

Lincoln Tuinema was learning the finer points of cross-country skiing on a very cold day at the Temiskaming Nordic Ski Club during the first Jackrabbit session of the season on January 13. Children start off without poles learning to balance themselves on skis and to climb hills. (Staff photo by Sue Nielsen)

INSPECTION

Plan de gestion forestière approuvé

Plan de gestion forestière 2019-2029 de l'unité de gestion Temagami

Le **ministère des Richesses naturelles et des Forêts (MRNF)** de l'Ontario, **First Resource Management Group Inc.** et le **comité local de citoyens (CLC) Temagami** désirent vous aviser que le plan de gestion forestière (PGF) 2019-2029 pour l'unité de gestion de Temagami a été approuvé par le directeur régional du MRNF et peut désormais être inspecté.

Le processus de planification

Environ trois ans seront nécessaires pour mener à bien le PGF. Durant cette période, il y aura cinq occasions officielles de consultation publique ainsi que de consultation et de participation des communautés des Premières Nations et des Métis. La quatrième occasion (l'étape 4) du PGF a été offerte le 12 octobre 2018. Le grand public était alors invité à examiner et à commenter l'ébauche de PGF. Le présent avis relatif à l'étape 5 vise à vous informer que le PGF approuvé par le MRNF pourra être inspecté pendant une période de 30 jours.

Inspection du PGF – occasion finale

Pendant la période d'inspection de 30 jours, vous avez la possibilité de présenter par écrit une demande au directeur, Évaluations et permissions environnementales, ministère de l'Environnement, de la Protection de la nature et des Parcs, 1^{er} étage, 135, avenue St. Clair Ouest, Toronto (Ontario) M4V 1P5, afin d'obtenir une évaluation environnementale individuelle des activités planifiées dans le PGF.

Pendant une période de 30 jours du **25 janvier 2019 au 23 février 2019**, le PGF approuvé par le MRNF et le résumé du PGF pourront être inspectés aux endroits suivants pendant les heures normales de bureau :

- Bureau de First Resource Management Group Inc., 22, rue Paget Nord, New Liskeard (Ontario) P0J 1P0
À l'attention de : Etienne Green 705 650-3360.
- Sur le site Web du gouvernement de l'Ontario, à l'adresse www.ontario.ca/plansforestiers.

Les personnes et les organismes intéressés sur lesquels les activités auront une incidence peuvent prendre rendez-vous avec le personnel du bureau du district de North Bay du MRNF afin de discuter du PGF.

Pour en savoir plus, veuillez communiquer avec :

Shelley Straughan, F.P.I.

Bureau du district de North Bay du MRNF
3301 Trout Creek Road
North Bay (Ontario) P0L 1C0
tél. : 705 475-5521
courriel : shelley.straughan@ontario.ca

Etienne Green, F.P.I.

First Resource Management Group Inc.
CP 850
New Liskeard (Ontario) P0J 1P0
tél. : 705 650-3360
courriel : etienne.green@frmg.ca

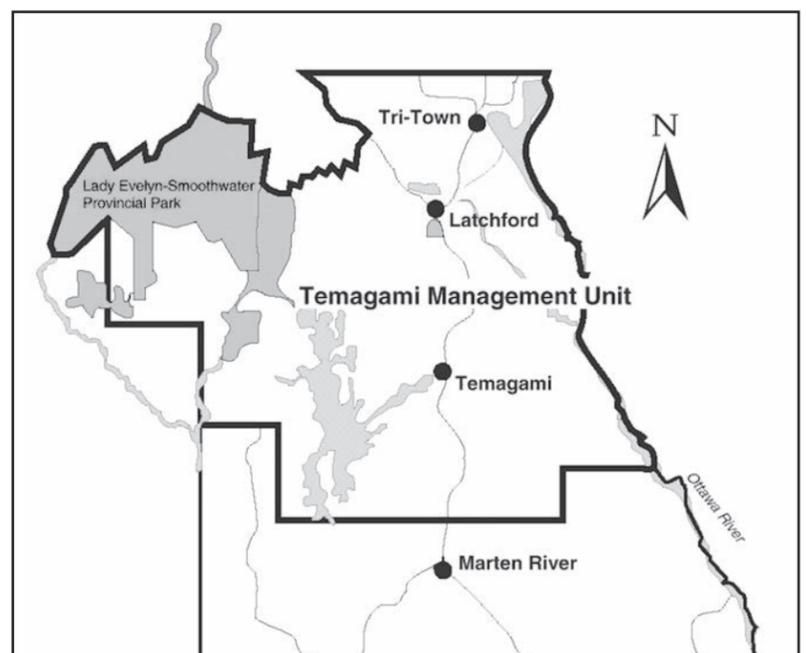
Lorne Hillcoat

CLC de Temagami
Site C, 74, rue Scott, CP 1810
New Liskeard (Ontario) P0J 1P0
tél. : 705 628-2444
courriel : lhillcoat@temfund.ca

Le PGF approuvé pourra être consulté pendant la totalité de la période de 10 ans couverte au bureau du titulaire de Permis d'aménagement forestier durable (PAFD) ainsi que sur le site Web du gouvernement de l'Ontario.

Le ministère des Richesses naturelles et des Forêts recueille vos renseignements personnels et vos commentaires en vertu de la *Loi sur la durabilité des forêts de la Couronne*. Tout renseignement personnel que vous fournirez (adresse, nom, numéro de téléphone, etc.) sera protégé conformément à la *Loi sur l'accès à l'information et la protection de la vie privée*; cependant, vos commentaires seront intégrés au processus de consultation publique et pourraient être communiqués au grand public. Vos renseignements personnels peuvent être utilisés par le ministère des Richesses naturelles et des Forêts pour vous transmettre davantage d'information sur cet exercice de planification de la gestion forestière. Si vous avez des questions sur l'utilisation de vos renseignements personnels, veuillez communiquer avec Marilyn Mills au 705 475-5598.

Information in English: Guylaine Thauvette, R.P.F. at 705-475-5539.





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- Use full tiles in high traffic areas. This helps to prevent against cracking.
- When selecting an area rug, the color matters. Lighter-coloured rugs can make a small room seem larger, and darker rugs add an intimate, cozy feel.
- Use smaller grout lines on larger tiles to give a warm and comfortable pillow top look.
- Start with the next row with the cut piece first. This will help maintain a consistent look on materials.
- The directions of your room matter. Lay the way your room flows. This will make a smoother transition.
- When painting your walls, go with the direction the sun hits. This will hide any shadows. This will make the surface smooth when the sun hits.
- Use a rubber mallet to tighten your floor. This protects the board.

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Save \$16,384,000 on select purchases \$500,000,000 - \$999,999,999. Save \$32,768,000 on select purchases \$1,000,000,000 - \$2,499,999,999. Save \$65,536,000 on select purchases \$2,500,000,000 - \$4,999,999,999. Save \$131,072,000 on select purchases \$5,000,000,000 - \$9,999,999,999. Save \$262,144,000 on select purchases \$10,000,000,000 - \$24,999,999,999. Save \$524,288,000 on select purchases \$25,000,000,000 - \$49,999,999,999. Save \$1,048,576,000 on select purchases \$50,000,000,000 - \$99,999,999,999. Save \$2,097,152,000 on select purchases \$100,000,000,000 - \$249,999,999,999. Save \$4,194,304,000 on select purchases \$250,000,000,000 - \$499,999,999,999. Save \$8,388,608,000 on select purchases \$500,000,000,000 - \$999,999,999,999. Save \$16,777,216,000 on select purchases \$1,000,000,000,000 - \$2,499,999,999,999. Save \$33,554,432,000 on select purchases \$2,500,000,000,000 - \$4,999,999,999,999. Save \$67,108,864,000 on select purchases \$5,000,000,000,000 - \$9,999,999,999,999. Save \$134,217,728,000 on select purchases \$10,000,000,000,000 - \$24,999,999,999,999. Save \$268,435,456,000 on select purchases \$25,000,000,000,000 - \$49,999,999,999,999. Save \$536,870,912,000 on select purchases \$50,000,000,000,000 - \$99,999,999,999,999. Save \$1,073,741,824,000 on select purchases \$100,000,000,000,000 - \$249,999,999,999,999. Save \$2,147,483,648,000 on select purchases \$250,000,000,000,000 - \$499,999,999,999,999. Save \$4,294,967,296,000 on select purchases \$500,000,000,000,000 - \$999,999,999,999,999. Save \$8,589,934,592,000 on select purchases \$1,000,000,000,000,000 - \$2,499,999,999,999,999. Save \$17,179,869,184,000 on select purchases \$2,500,000,000,000,000 - \$4,999,999,999,999,999. Save \$34,359,738,368,000 on select purchases \$5,000,000,000,000,000 - \$9,999,999,999,999,999. 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Save \$35,184,372,088,832,000 on select purchases \$10,000,000,000,000,000,000 - \$24,999,999,999,999,999,999. Save \$70,368,744,177,664,000 on select purchases \$25,000,000,000,000,000,000 - \$49,999,999,999,999,999,999. Save \$140,737,488,355,328,000 on select purchases \$50,000,000,000,000,000,000 - \$99,999,999,999,999,999,999. Save \$281,474,976,710,656,000 on select purchases \$100,000,000,000,000,000,000 - \$249,999,999,999,999,999,999. Save \$562,949,953,421,312,000 on select purchases \$250,000,000,000,000,000,000 - \$499,999,999,999,999,999,999. Save \$1,125,899,906,842,624,000 on select purchases \$500,000,000,000,000,000,000 - \$999,999,999,999,999,999,999. Save \$2,251,799,813,685,248,000 on select purchases \$1,000,000,000,000,000,000,000 - \$2,499,999,999,999,999,999,999. Save \$4,503,599,627,370,496,000 on select purchases \$2,500,000,000,000,000,000,000 - \$4,999,999,999,999,999,999,999. 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Angela Hunter,
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Selling in 2019

If you are serious about selling your home this year, it is critical to beat your competition to the market place and list with RE/MAX Pursuit Realty as soon as possible. April is traditionally the start of the most active selling season. Start preparing by calling our office for a free consultation to discuss your home's value, methods to prepare your home for sale, and ways to maximize value.

This year has started strong and has great potential for the sale of your home.

Pricing it Right

Overpricing is the most common error home sellers make with potentially costly consequences. An overpriced home sits on the market longer, becoming a stale listing. Eventually a home can become stigmatized with potential Buyers thinking there must be something seriously wrong with it.

Overpriced listings often end up selling for a lower price than they could have and take more days to sell than homes which are correctly priced.

Your RE/MAX agent will visit your property then research market trends by using neighbourhood sales data. Through evaluating list to sale prices, days on market, and features of homes which have either sold or expired your RE/MAX agent will show you where in the market your home fits and suggest an appropriate list price while estimating the most probable sale amount. The key is to present your home to the market using intelligence rather than a feeling.

Preparing to List

Compile details and gather your documents and bills. In order to list your home your RE/MAX agent will need to know the cost of running your home. They will also want to know about home improvement details that home purchasers look for. This is all information that you, the home owner, knows best. Standard costs such as utility bills, taxes, and any special charges such as policing are critical. Extra information such as age of the roof, furnace and any other improvements to the home are standard purchaser questions.

Positive features are usually top of mind to a Seller but it's just as critical to disclose the negatives. Structural issues and moisture problems in the home, electrical and plumbing woes, water quality and quantity concerns if on a well, the list of perceived negatives can be long. Your RE/MAX sales representative will be able to help address negatives, put them into perspective and develop a plan to best present them to potential Buyers.

Showing Your Best

Presenting your home at its best is vitally important to generate both interest and offers.

Knowing what to focus on while preparing your home for showings is difficult for people who live there day to day. A RE/MAX Realtor is trained to know what level of detail is needed for both listing photos to attract attention and for home showings to attract offers. Things that were overlooked during a renovation such as baseboard trim or a final coat of paint in a bedroom are fuel for people trying to get a "deal" on your house.

De-cluttering goes a long way in helping a home to sell faster. Essentially, fix what is broken and clean what you can. Your RE/MAX agent will help focus on what's important during this process without making it a huge undertaking. The goal is to get your property looking presentable and on the market fast to not miss out on selling opportunities.

State of the market

Toronto and Vancouver real estate markets have dominated the news with years of rising average sale prices for residential homes. Local trends have not mirrored these large urban centres. During my 3 years working as a Candidate Real Estate Appraiser I appraised over 800 homes in the South Temiskaming area for refinancing and sale purposes. During this time I witnessed a lull in the Temiskaming Shores and area real estate market. In 2016, not only were the number of sales down by 13.2% from 2015, but there was also a 2.5% drop in the average sale price of single family homes. Thankfully this drop did not become a downward trend. The total number of Residential Sales rebounded in 2017 by 8.7% and remained stable in 2018. In fact, the average sale price of residential homes rose to \$200,543 in 2018 from \$182,661 in 2017.

Buyer's Market?

Several people have asked me if we are in a buyers market. I say yes, depending on what type of home you have. Overall there are more homes listed for sale each year than actual sales. In 2018 the greater Temiskaming Shores and Englehart area had 456 new residential listings and only 237 homes sold. Updated three bedroom bungalows with a garage are the exception. If you have an older character home with 1.5 or 2 stories, especially without a garage, your home will take longer to sell. In this situation it is important to prepare your home well. As with any home, a strong marketing plan is needed to get your home seen by as many potential buyers possible.

Looking forward

I am optimistic for the year to come. Since opening in October 2018 our office has been consistently busy. So far in January our residential sales volume is at \$700,000 with two additional accepted conditional offers, one offer being negotiated and more clients to whom we are actively showing homes.

We are seeing young professionals moving to the area with young children or dreams of building a family. Some of our clients have moved here to fill jobs opened through retirement, others are here as entrepreneurs and are bringing their youthful energy, knowledge and trade skills with them. These clients are coming to RE/MAX because they know RE/MAX agents have the experience and tools to find the best home for them.

By listing with RE/MAX Pursuit Realty Brokerage you will be well positioned to have your home sold because we have the skills to work with you to price, prepare and market your home to active buyers.

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Cobalt still seeking solution for Hoist Room

Darlene Wroe
Speaker Reporter

COBALT - Cobalt Mayor George Othmer says he is continuing to work to find a solution for the Hoist Room in the town.

A large collection of gym equipment is now lying idle in the upstairs location of the former Cobalt arena, where it had been operating up until this fall.

With the new ownership of the building, the Hoist Room has now closed and the town has been seeking a new location.

The town has also been negotiating with the owner of the Cobalt arena about the costs associated with the Hoist Room's current location.

At the town's Tuesday, January 22, meeting, council was given a spreadsheet of the Hoist Room costs and revenue over the years. The spreadsheets revealed that the Hoist Room area has always been a positive revenue generator. However, that

fact was questioned by some councillors who pointed to the costs associated with the rest of the arena area, and suggested that those costs should be included in the Hoist Room costs.

Councillor Mike Harris said the ice plant at the arena has been shut down for years, and all costs associated with the entire building should be viewed as Hoist Room costs.

"We're in the hole," he said of the gym's costs.

But Othmer emphasized his goal "to provide facilities for the people of this community." He added that "there is a motion on the books" to retain the Hoist Room equipment.

Councillor Angela Adshead sought clarification that the town is no longer heating the area.

Councillor Bill Gabbani said he agreed with the goal of keeping the Hoist Room equipment if possible.

"PEOPLE ASKING"

He said, "people are asking" about the future of the Hoist

Room.

Othmer told council he was scheduled to meet with the owner of the building January 23. He said he plans "on entertaining every possibility."

One option that has been put forward is for the lighter equipment to be moved to the former doctor's office next to the municipal office area.

Othmer said that if that is the best option the town can find, that will be the option it will take.

Councillor Matthew Johnson stated that municipalities usually run deficits with recreational facilities. He said that he is "in agreement that we should exhaust all opportunities" to re-establish the Hoist Room.

Councillor Doug Wilcox said the numbers presented regarding past years of the Hoist Room operation "look promising."

Adshead emphasized, though, that the solution for the Hoist Room "needs to be in a handicap accessible location."

Haileybury arena renaming proposed

TEMISKAMING SHORES (Staff) - The Haileybury figure skating community is proposing that the Haileybury arena be renamed in honour of a long-time coach.

The sudden death of Shelley Herbert-Shea in September at the age of 59 "was felt by our entire community," wrote Amanda Quehe in a letter to Temiskaming Shores council.

She was writing on behalf of Haileybury figure skating coaching staff, executives, skaters and their parents.

"Shelley dedicated most of her life to her love of skating and her presence in the coaching world at all of our local arenas will be greatly missed," Quehe wrote.

She said Herbert-Shea spent "countless hours coaching and mentoring" local youth.

She had been involved in figure skating programs in both New Liskeard and Haileybury as well as working with minor hockey organizations.

"She was also known for her longstanding community volunteer work in the annual Fall Fair Harvest Queen contest," Quehe wrote.

"In short, Shelley dedicated herself to building our youth up, she made every kid feel like they were something special and we feel her lifelong dedication to our community merits the renaming of the Haileybury arena in her honour."

She said the club would seek local sponsors to cover any costs associated with changing signage at the arena if the renaming is approved.

On December 19, Temiskaming Shores council referred the request to the city's senior management for review.



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Be safe and share the road with buses

TEMISKAMING SHORES (Special) – Some days there’s a snow-break from school, but most days there are lots of buses on the road and police are reminding motorists to be cautious.

Despite red flashing lights and other safety equipment, police say that collisions with buses still occur.

Across the Northeast, Ontario Provincial Police responded to 29 collisions involving school buses between January 1, 2016, and September 1, 2017.

“Thankfully, there were no serious injuries sustained to any of the involved drivers or passengers,” note police in a news release.

Police remind drivers that they must stop for a stopped school bus that has activated its overhead flashing red signal lights.

Failure to stop can result in a fine of \$400 to \$2,000 for a first offence and six demerit points on a driver’s licence.

In Ontario, bus drivers and other witnesses can report vehicles that have illegally passed a school bus.

The same fines may be applied to the vehicle’s registered owner.

Police note that school buses are 16 times safer than any other vehicle because of their design and safety features, and bus drivers also receive “extensive training.”

But winter driving demands added attention, from both drivers and school bus passengers.

In Temiskaming, police note there are many rural bus routes that require the bus to stop on the highway.

“Drivers must remain alert for the morning and afternoon school bus stops and watch for the students who are let off at the roadside.

“Being inattentive can change lives forever.”

Police remind motorists to remain a safe distance from a stopped school bus with flashing lights.

Extra caution is needed when blowing snow and cold weather exhaust reduce visibility, and winter roads demand increased stopping distances.

Drivers are also reminded to exercise extra caution in and around school zones.

Hoods and hats reduce children’s peripheral vision.

“Slippery surfaces and snow banks add to the danger and a fall could put them in your vehicle’s path,” police say.

If a driver’s morning route includes dropping off youngsters at school, police also advise added attention.

“With a car full of children, it’s easy to become distracted. Choose your stopping area with care and do not impede school bus loading zones.

“If the drop-off area is congested park away from the school and walk your children to the school ground entrance.”



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	Sights & Sounds DJ Service	Kemp, Elliot and Blair	Thornloe Cheese Factory
	Mik Mak Fabrication Ltd.	Waterfront Inn	Connors Sand and Gravel
	Howey Bros	Dr. Laurie Mageau	Big Scoops
	Elk Lake Mill	Tri-Town Motorsports	NL Agricultural Society
	#1 Auto	Cobalt Car Clinic	Mid North Recycling
	Pete's Small Engines	Paul Presseault Trucking	

\$350,000

DONATIONS (beginning January 2014)			
T. Damiani	\$200.00	Tench McDiarmid Insurance	\$2,831.00
J. Birtch	\$250.00	Kemp, Elliot & Blair	\$500.00
Phippen Waste Management	\$500.00	Dr. Quen Lee	\$3,000.00
Rotary Club	\$500.00	Sonia Dallaire	\$100.00
Active 1 Source For Sports	\$1,500.00	Findlay's Drug Store	\$1,000.00
EXP Services	\$1,250.00	Bumstead Trucking	\$8,000.00
Holiday Inn	\$300.00	Rivard Bros. LTD	\$4,000.00
Smith Law Team	\$2,500.00	Investors Group - Jody Currie	\$500.00
Dr. Stacy Desilets	\$1,000.00	St.Cyr & Associates	\$1,000.00
Dr. Steve Sears	\$3,000.00	SMC Canada	\$2,000.00
Dr. Glenn Corneil	\$5,500.00	Wabi Iron & Steel Corp	\$1,250.00
Jody & Nicole Currie	\$2,000.00	Trudy Armstrong & Family	\$1,000.00
Temiskaming Foundation	\$10,950.00	Telus Go2Jo Mobility	\$11,500.00
Dr. Steve Goddard	\$1,000.00	Marc Dessureault	
TIME Ltd	\$1,000.00	(The Speaker Survivor Challenge)	\$200.00
New Liskeard Lions Club	\$14,000.00	New Liskeard Fire Department	\$250.00
Pedersen Construction	\$1,000.00	Trudel Equipment	\$200.00
Frog's Breath Foundation	\$180,000.00	Ontario Sports and Recreation	
Township of Armstrong	\$750.00	Community Fund	\$64,000.00
Dr. Colleen & Don Davies	\$1,000.00	Campsall Plumbing	\$100.00
Rotary Club of Haileybury	\$500.00	In Memoriam Donations	\$70.00
Wilson Chevrolet Buick GMC	\$3,750.00	5th Wheel Training Institute	\$100.00
Century 21	\$2,050.00	Club Lions D'Earlton	\$6,500.00
The Brick	\$1,500.00	Waterfront Inn	\$500.00
Neil Law Office	\$500.00	Temiskaming Shores Lioness Club	\$600.00
Brownlee Equipment	\$1,500.00	Chartrand's Your Independant Grocer	\$250.00
		Yvon Champoux Inc.	\$1,000.00
		Club Richelieu	\$2,050.00
		Miller Paving	\$1,500.00
		In Memoriam - Heinz Dittman	\$3,300.00
		Trillium Mutual Insurance Co.	\$4,650.00
		North Cobalt Flea Market	\$1,350.00
		Northern College	\$1,350.00
		Caisse Populaire Desjardins	\$500.00
		Lauzon Stone Works	\$500.00
		One Foot Forward	\$3,500.00
		Temiskaming Shores and Area	
		Rotary Club	\$5,500.00
		Quality Inn	\$900.00
		Norton Dental	\$1,200.00
		Shelly Tulpin	\$200.00
		Ewles Family	\$250.00
		#1 Auto Parts	\$300.00
		Laframboise Drilling	\$3,000.00
		Insulcana	\$1,000.00
		Dr. Matt Kotalowski	\$500.00
		Northern Tel	\$1,500.00
		Caldwell Construction	\$1,500.00
		Demora Construction	\$750.00
		Alexa Corneil Memorial Fund	\$10,000.00
		Township of James	\$100.00
		Les Chevaliers de Columb	\$200.00
		Royal Canadian Legion Br. 44 Cobalt	\$200.00
		Temagami Lions Club	\$200.00
		Timiskaming Health Unit	
		staff Jean Fund	\$225.00
		Claude Thornily	\$5,000.00
		Eckensviller Family	\$1,000.00
		Ontario Power Generation	\$1,000.00
		Ransacked	\$1,000.00
		Kal Tire	\$1,000.00
		Earlton RV	\$500.00
		The Devils Rock	
		Tackle Company	\$300.00
		rivarac Drafting and Design	\$300
		Chico's Fix It All	\$300.00
		Power Workers Union	\$300.00
		Phippen Signs	\$1,000.00
		James Lathem	\$1,000.00
		Riverfront Chiropractic	\$1,000.00
		Haileybury Plumbing and Heating	\$1,000.00
		Knights of Columbus	\$1,000.00
		Lorna and Ed Rojas	\$250.00
		Al and Vicky Willard	\$100.00
		Yvon & Nicole Lachapelle	\$250.00

\$125,000

TOTAL:
\$574,295.92

Our fundraising efforts include plans for a new chalet and a tubing lift!

For more information or to make a donation online visit www.tritownskivillage.ca

Check us out on facebook for opening, conditions, special events and more! @ facebook.com/tritownskivillage

FUNDRAISERS

Get Active In Temiskaming 2013	\$949.01	Get Active in Temiskaming 2016	\$1,784.00
Family Day Sliding	\$1,734.00	End of Season Banquet /Auction 2016	\$14,362.00
Halloween 2014	\$4,881.00	NYE 2016	\$9,291.00
Little Ceasers Pizza Kits	\$1,010.00	End of Season Banquet/Auction 2017	\$16,269.00
Xmas Bartending Services	\$3,235.00	Elk Lake Civic Dance Bartending	\$3,715.43
NYE Bash 2015	\$9,677.00	Bill Mathews Motors - Ford Test Drive Fundraiser	\$450.00
Swag Sales (t-shirts, toques, stickers)	\$1,540.00	Halloween 2017	\$7,447.00
End of Season Banquet/Auction 2015	\$14,684.00	Get Active in Temiskaming 2017	\$2,223.80
New Liskeard Lions Dragon Boat Event	\$1,230.00	End of the Season Banquet 2018	\$22,754.00
Get Active in Temiskaming 2015	\$1,589.00	Yves Meat Market Grand Opening BBQ	\$1,853.90
Halloween 2015	\$7,457.00	Canada D'Eh Concert	\$26,369.00
ATV Raffle	\$5,078.00	Halloween 2018	\$6,456.02
Halloween 2016	\$6,306.00	Get Active in Temiskaming 2018	\$1,724.76

Community Events



MONDAYS

TEMISKAMING ANGLER & HUNTER ASSOCIATION (TAHA) – Meetings held in Room 105 – TDSS at 7pm on MONDAY October 1, December 3, January 7, 2019, February 4, March 4, May 6, June 3, 2019

TEMISKAMING COMMUNITY CHOIR At Community Hall 7-9pm. Call 705-647-1703

TEMISKAMING AREA ROLLER GIRLS, practices 7-9pm. 705-676-6163.

DUPLICATE BRIDGE downstairs at the Community Hall New Liskeard 1:15 pm on Mondays. No partner needed. Call 705-647-7981S

M.S. SUPPORT GROUP meeting @ New Liskeard Arena lobby, 2nd Monday of every month from 1-3 pm Call Dan Allaire 705-563-2796

THE CHARLTON AGRICULTURAL SOCIETY. Regular monthly meetings are the 2nd Monday of every month Info contact Lori 705-648-1229.

THE ENGLEHART HOSPITAL AUXILIARY. Regular monthly meetings are the 2nd Monday of every month at 1:00 PM in the Englehart Medical Clinic in the downstairs boardroom. Call Wendy Venne 705-544-2058 for more info.

NEW LISKEARD LIONS meet at 6:30pm in Lions Den (below Community Hall in New Liskeard). New members always welcome. Your help is needed and much appreciated. Talk to any Lions member or call Eric Campsall 705-648-3481

TEMISKAMING LIONESS LIONS CLUB. "WE SERVE" New members are always welcome. Come join this group of ladies at the Lions Den (below the Community Hall in NL) the 3rd Monday of every month (except July & August) at 7 pm. For more info contact any Lioness or 1-705-647-4921 or 1-705-676-6777. <http://e-clubhouse.org/sites/tsllc/>

NEW LISKEARD LIONS meet at 6:30pm in Lions Den (below Community Hall in New Liskeard). New members always welcome. Your help is needed and much appreciated. Talk to any Lions member or call 705-648-1680 or 705-647-3696.

TEMISKAMING HOSPITAL AUXILIARY regular meeting 4th Monday of every month at 2 pm in the boardroom at the hospital. Everyone Welcome!

TUESDAYS

Second Tuesday of the month La Leche League breastfeeding support meetings. Held in the cafeteria at 6:30pm, 20 May St. New Liskeard.

Bid euchre EVERY TUESDAY evening at 7pm. Hudson Twp. Hall, in the Seniors room. Everyone Welcome! for more information please call 705-647-9670

ENGLEHART EMOTIONS ANONYMOUS group meets at 3:00pm Northview Nursing Home in the Pioneer Room. You are most welcome! Contact Warren or Carol 705-544-8191.

ALCOHOLICS ANONYMOUS Meet at 8pm at the Englehart United Church (next to the post office).

THE TEMISKAMING PALETTE & BRUSH CLUB Painting sessions are from 1:00 - 4:00. Club room is in the Haileybury Arena at 400 Ferguson Street. Jeannine at 705-672-1028

COFFEE HOUSE MUSICAL JAM - 7:00PM - 10:00PM 2nd Tuesday of every month - St Paul's United Church Auditorium - 70 Wellington St. New Liskeard. All musicians welcome, young and old of all abilities, all music - country, rock, gospel, jazz - Family, friends & anyone who appreciates the fellowship of music makers and their sound! For info contact Brian Matheson at 705-647-5671 or email coffeehouse2tues@outlook.com

FIBROMYALGIA SUPPORT GROUP meet every 2nd Tuesday of each month at Our Mother of Perpetual Help Church from 1pm-3pm. Contact Christine at 705-628-2019 for more info

DIABETES CAFÉ from 2:00-3:30 pm at the Centre de Santé; 20 May St. S. New Liskeard. Every 1st Tuesday of the Month: TILL JULY 2018. Come discover new diabetes information, have a snack and yack! Questions? Call Katherine 705-647-8722

AUSTISM SUPPORT GROUP taking place at College Boreal in New Liskeard EVERY 4TH TUESDAY of the month from 6-8pm. Organized by Autism Ontario.

TEMISKAMING HOSPITAL'S OPEN BOARD MEETINGS ARE THE 4TH TUESDAY OF EVERY MONTH (EXCEPT JUL/AUG/DEC) AT 1730 HOURS IN THE HOSPITAL BOARDROOM. INDIVIDUALS WISHING TO ATTEND MUST GIVE NOTICE TO THE BOARD LIAISON AT 705-647-1088 EXT. 2220 BY 1530 HOURS THE FRIDAY PRIOR.

WEDNESDAYS

EVERY WEDNESDAY MUSICAL JAM IN EARLTON AT GRAND BOULEVARD RESTAURANT from 7pm – 10pm always some 15 players to entertain you come sing and play ... Plug into our system or come to listen and dance to country music.

TEMISKAMING COMMUNITY CONCERT BAND has started up under Gail Menard. Interested people are welcome to join at the TDSS Music Room Wednesday evenings from 7-9pm. Participants must have experience on a wind instrument or percussion, and must own their own instrument. Contact Gail Menard at menard@personainternet.com or at (705) 676-5790.

TOPS (Take Off Pounds Sensibly) meets on Wednesday evening St. Paul's United Church, New Liskeard. Weigh in begins at 6 PM. For more information contact Bonnie Quehe @ 705-647-1609.

ENGLEHART SENIOR'S CLUB meets every Wednesday at 12 Noon at the Senior's Hall (basement of Northview Nursing Home) with a Pot Luck Lunch followed by various activities. For more information contact Dot @ 705-544-2784.

PIPE BAND Br 54 Legion, 7pm. 705-

672-5669.

TEMISKAMING AREA ROLLER GIRLS, Practices 7-9pm. 705-676-6163.

Women of all ages from Kerns and Hudson Townships are invited to the MILBERTA COMMUNITY WOMEN meetings every 3rd Wednesday of each month at 7 p.m. Programs include guest speakers and fun activities. Call Audrey for more information at 705-647-6205

GOLDEN AGE CLUB #566. 22 Argentite, Cobalt, holds a Luncheon every 2nd Wednesday at 12pm followed by a Membership Meeting.

GOLDEN AGE CLUB: General membership meetings are held on the 2nd Wednesday of each month @ the Golden Age Hall, 22 Argentite St. Cobalt. 1 – 2 pm. Annual membership is available at a cost of \$15. For further information, call 705-679-5525 & leave a message.

ENGLEHART AREA ARTISTS hold their monthly meetings on 4th Wednesday of the month, 7:pm, at Rebekah Hall, 48 Fourth Ave., Englehart ON. Check out club site to view our active members and their accomplishments and what we have in store for this year. Here is the link.....<https://englehartareaartists.weebly.com> We have many activities and events planned for the year. Come join us, take part and have fun too. Call 705-544-7722 or 705-544-2653.

THURSDAYS

TDAND (Temiskaming District All Nations Discipleship) A different approach to traditional Canadian society church. The Bible is our guide on all matters. Our purpose is to make disciples of Jesus Christ, not converts because of nationality, family up-bringing, works of the flesh or decision cards. If you are looking for the reality of Jesus Christ in your life, you are welcome to come and join us. We welcome all ethnic groups of people. Currently meeting every second Thursday evening.

For information email: tdand.rk@gmail.com or call 705-676-6909 for more information. THE TEMISKAMING SHORES HEART OF THE NORTH DUPLICATE CLUB meets every Thursday at 7:00 pm at the Community Hall, New Liskeard. Newcomers welcome.

TOPS (Take Off Pounds Sensibly) meets on Thursday morning New Liskeard Legion Hall, New Liskeard. 9:45 am. For more information contact Marianne Sowinski 705-622-0781.

FRIDAYS

REGULAR EUCHRE EVERY FRIDAY EVENING at 7pm. Hudson Twp. Hall, in the Seniors room. Everyone Welcome! for more information please call 705-647-9670

EVERY 2ND & 4TH FRIDAY MUSICAL JAM AT LEGION HALL. New Liskeard from 7pm – 9:30pm always some 10 players to entertain you come sing and play ... Plug into our system or come to listen and dance to country music.

SATURDAYS

Come out and enjoy live music by Arnel Rockburn and others every Saturday from 3pm to 5pm in the downstairs lounge of BRANCH 54 HAILEYBURY ONT. Admission is FREE.

ALL COMMUNITY LADIES welcome to JOIN LADIES MINISTRY FUN BREAKFAST @ 9:00am. Every 2nd Saturday of the month. The Salvation Army, 260 Whitewood 705-647-4115. or 705-647-5718.

KIRKLAND LAKE ARTS CLUB meetings at 1pm at the Kirkland Lake Museum of Northern History, 2 Chateau Dr., 4th Saturday of the month - Each monthly meeting we have a different activity for members to enjoy. Call the museum for more info at 705-568-8800. New members are always welcome!

BEAN, CHILI & HAM SUPPER AT ST. PAUL'S UNITED CHURCH, New Liskeard on **Friday January 25** from 4:30-6pm. Also serving apple crisp for dessert. Everyone welcome.

LADIES AUXILIARY BRANCH 54 HAILEYBURY Invite you all to join us for our Friday *STOP AND SHOP* supper of Baked Ham and mashed potatoes coffee/tea and dessert, **Starting at 5:30 p.m. Friday January 25th** \$12.00 plate

ST. PAUL AND ST. JOHN ANGLICAN CHURCH ARE HAVING A JUMBLE SALE (A WINTER FIX FOR YARD SALE JUNKIES!) ON SATURDAY, JANUARY 26TH, 8AM. - 2PM. PROCEEDS GO TOWARD THE CONSTRUCTION OF OUR NEW CHURCH HALL !!! ST. PAUL AND ST. JOHN CHURCH IS LOCATED ON THE CORNER OF RORKE AND BROWNING STS. HAILEYBURY, ONTARIO

TEMISKAMING ANGLER & HUNTER ASSOCIATION (TAHA) – Meetings held in Room 105 – TDSS at 7pm on **MONDAY, February 4**, March 4, May 6, June 3, 2019

NORTHERN CLAYBELT FEEDER CO-OP ANNUAL GENERAL MEETING, SATURDAY FEBRUARY 9, 2019, at Gilli's Truck Stop, 997490 Hwy 11, New Liskeard Social 5:30pm, Meal 6pm (from menu at your own expense) Meeting to follow meal at 7 pm To Reserve your seat Call Carol 705-647-6161 or email northernclaybeltfeedercoop@hotmail.ca Limited seating.

THE LITTLE CLAYBELT HOMESTEADERS MUSEUM in New Liskeard will be holding their **Annual General Meeting and Election of Board of Directors** at the museum at 7 pm, **Wednesday, February 20, 2019**. For more information, please call 705-647-9575.

REMINDER! COMMUNITY GRANT APPLICATION DEADLINE IS FEBRUARY 28, 2019. Is your project eligible? Grants usually range from \$500 to \$2,000. For more information, please contact The Temiskaming Foundation at 705-647-1055 or via email at ttf@temiskamingfoundation.ca

Temiskaming Native Woman's Support Group is hosting our upcoming FALL TRAINING FOR INDIGENOUS WOMEN and really appreciates your support in reaching out to our women across Northeastern Ontario so that they might join this fantastic group training here in Kirkland Lake. I thank you for your time and should there be any difficulty or issues, please feel free to contact me at 705-567-1133.

THE BUNKER MILITARY MUSEUM IS CURRENTLY SEEKING INDIVIDUALS PASSIONATE ABOUT HISTORY AND ITS PRESERVATION. The Bunker welcomes all parties with interest in volunteer efforts. Curious of what opportunities we have to offer? Want to be apart of a devoted & animated group? Call today at: 705-679-5191 or pop in at 24 Prospect Ave., Cobalt, ON.

ATTENTION KNITTERS: If you would like to knit for children in the third world, we could use your help. Join us on TUESDAYS AT 1:30PM at the Community of Christ Church on Niven St., New Liskeard. Just bring knitting needles size 4 or 41/2mm. Yarn and needles are available. All are welcome! For more information, call D. Caldwell at 705-647-6056.

OUR MOTHER OF PERPETUAL HELP PARISH

DAY OF EUCHARISTIC ADORATION: Our Mother of Perpetual Help Parish will be hosting a day of Adoration of the Blessed Sacrament on **Friday, January 25th from 12:00 P.M. until 4:00 P.M.** in the Church. All are welcome to come and spend some quiet time with the Lord in prayer. For further info, contact the office at 705-647-5035.

OMPH IS ON FACEBOOK: Check our new facebook page at [facebook.com/OMPH.NL](https://www.facebook.com/OMPH.NL) and stay up to date on the latest happenings in the <http://www.facebook.com/OMPH.NLParish>.

WEEKLY OMPH E-BULLETIN: If you would like to receive the weekly e-bulletin from Our Mother of Perpetual Help Parish, please email omphoffice@gmail.com. Stay in touch with all the latest news and events on a weekly basis.

PARISH WEBSITE: Our Mother of Perpetual Help Parish has updated its parish website. It contains information about the Parish, the weekly bulletin and a host of other useful information and links. Check out the website at www.ourmotherofperpetualhelp.ca.

COOKING PRODUCTS

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GENEROUS SUPPORT

Christmas came early for the executive members of the Tri-Town Ski and Snowboard Village (TTSV) when Club Richelieu Timiskaming donated \$5,000 in November. The money will help with the costs associated with the construction of the new chalet. "We support this dynamic group. The new chalet is a nice community project. It helps us get through winter and the club improvements are family oriented and this donation fits within our mandate of supporting families," said Club Richelieu secretary Gerard Vachon. From the left are TTSV board treasurer Jody Currie, president Mark Howey, vice president Lorna Desmarais, board member Nathalie Forget-Craig and, from Club Richelieu, secretary Gerard Vachon, treasurer Gilles Lefebvre and administrator Gilbert Breault. (Staff photo by Sue Nielsen)

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1	2	3	4		5	6	7		8	9	10	11
12					13				14			
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18					19				20			
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42	43	44			45	46			47	48	49	50
51					52				53			
54					55				56			
57					58				59			

ACROSS

- Face card
- This woman
- Trailer truck
- Woodwind instrument
- Young boy
- Gator's kin
- Conveyor _____
- Carpet
- Scream and shout
- Bed support
- Foamy brew
- Operator
- Regulation
- Fool
- Put off
- Wave riders
- Rowboat item
- Wrathful
- Chop
- Intersected
- Neat!
- Big boys
- Money roll
- Mountain refrain
- Finger's counterpart
- Scratch
- ____ ma, no hands!
- Monkey's relative
- Greasy
- Distance measure
- Tyke
- Streetcar
- Snowy-weather toy
- Crafty
- Patched

- Tow behind
- Win by a nose: 2 wds.
- Neck area
- Divisions of time
- Budge
- Bakery employee
- Spring up
- Sports stadium
- Sleepy's roommate
- Corn unit
- '60s do
- Disappointed
- Mischievous creature
- Go bad
- Foreign agent
- Some apartments
- Cured, as meat
- Fools
- Full of dandelions
- Shade sources
- Spiral
- Breach
- Milky stone
- Become bored
- Lobster's "hand"
- Chapel song

DOWN

- Tasks
- Biblical sibling
- Soda selection
- Teapot
- Drinking aid

Horoscopes

Answers For Crossword on 5B

CAPRICORN

Exercise is excellent for one's health when done in moderation. You'll make the acquaintance of several people with whom you'll either discuss spirituality or undertake an inspiring and gratifying activity.



December 22 - January 19

AQUARIUS

It'll be a busy week for you, especially if you have young children or a very active social life. In your love life, you'll have the opportunity to take a trip or a romantic escapade steeped in passion.



January 20 - February 18

PISCES

The harshness of winter might place a fair amount of strain on your vitality. And yet the moment will be ripe for inspiration; you might even begin work on a unique work of art.



February 19 - March 20

ARIES

You're going to be surrounded by lots of people and you'll find it stressful. However, you'll manage to get some good rest before the week is out, which will help to re-energize you.



March 21 - April 19

TAURUS

You'll be entrusted with important new responsibilities at your job. The work you do will be highly appreciated and people will want to collaborate with you more often. You're a confident person.



April 20 - May 20

GEMINI

You'll feel an impulse to go on a trip. You're motivated to experience numerous new adventures, each one more fabulous than the last. You'll contemplate the possibility of beginning some kind of training.



May 21 - June 21

CANCER

If you start to feel insecure financially, this will make you more emotional than usual. Fortunately, solutions won't be long in presenting themselves and you'll soon be back on course.



June 22 - July 22

LEO

Negotiating with family members becomes a delicate matter. You'll become distinctly vulnerable as soon as emotions enter the situation. Try to take a step back so you can see things with greater clarity.



July 23 - August 22

VIRGO

A big career-related achievement is on your horizon. You'll succeed at bringing together a large group of people for a certain event.



August 23 - September 22

LIBRA

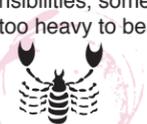
All kinds of passions will suddenly awaken in you. Your mind will be full of great ideas and every spotlight will be pointed at you. You'll be warmly applauded and you'll receive a medal or another token of recognition.



September 23 - October 22

SCORPIO

You'll find yourself at home more often and therefore more frequently in the company of family members. You might be burdened with responsibilities, some of them too heavy to bear.



October 23 - November 21

SAGITTARIUS

Negotiating certain purchases will be to your advantage. You'll need to raise your voice only slightly in order to be heard and respected. And don't hesitate to verbally release your excess of emotions.



November 22 - December 21

HERE'S THE SCOOP!

Join us for an Open House to celebrate **RIPLEY'S 80TH BIRTHDAY!**

January 26th from 2pm-4pm at the farm

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FIRST RESPONDERS TO-BE

Two-year-olds Mason Séguin, left, and Colby Cook were ready for action as they took over control of a fire truck at the EarlyON Child and Family Centre. On a post-New Year's weekday visit, the Haileybury centre was filled with the kids of all ages and their parents. (Staff photo by Diane Johnston)



J'AI DU CŒUR.

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NL grad fundraising for Africa nursing trip

Diane Johnston
Speaker Reporter

TEMISKAMING SHORES – A New Liskeard high school grad and nursing student is headed to Tanzania in the spring, and hopes to raise some money to offset the cost of the trip.

Deseree Villneff will join her classmates on a two-week trip to the East African country in May.

“I like the idea of travelling for nursing, so I’m definitely excited for this experience to see if it’s something I do want to continue to pursue,” said Villneff in a phone interview.

The graduate of École secondaire catholique Ste-Marie is in her second year of studies in the bachelor of science in nursing program in Cornwall through St. Lawrence College and Laurentian University.

During the upcoming trip, Villneff said her class will work at a clinic in the Kilimanjaro region that specializes in treating women and children with HIV and AIDS.

Trip participants will also take part in community activities, including a paint night with a Boys and Girls Club group.

They’re taking donations of hygiene and school supplies.

They’ll also see some of Tanzania, with plans for a Mount Kilimanjaro hike, a safari, and an excursion to a waterfall.

Villneff is now trying to raise money.

She’ll be back in the New Liskeard area for a scheduled reading week February 18 through 22.

She’s working on arrangements for a bake sale, with perhaps a silent auction at the same time.

She said she’d welcome donations of baked goods or auction items, and is also contemplating a fundraising event such as a polar bear plunge in cold water.

She has also launched a GoFundMe page – www.gofundme.com/deseree-villneff-for-mno.

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