

FREE

Temiskaming District
Seasons
Magazine

Spring 2016

**BACKYARD
BIRDS**

how well do you know our
feathered friends?

**HEDLEY
ALAN DOYLE
ARKELLS
THE KIRKLAND LAKE
HOMECOMING LINEUP**

**THE NEW LISKEARD
GOLF CLUB WELCOMES
IN A NEW SEASON**

EMMA-LEE BAIANI

A new adventure awaits

SPEAKER
PRINTING, PUBLISHING
AND PROMOTIONS



Temiskaming District Seasons Magazine

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SPEAKER
PRINTING, PUBLISHING
AND PROMOTIONS

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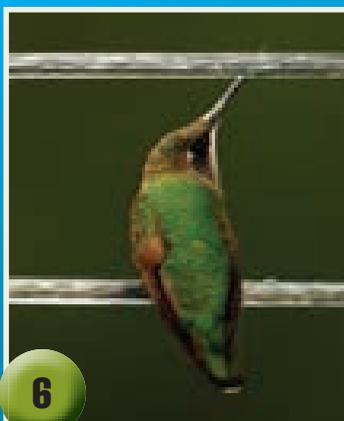
Publisher: Lois Perry
Editor: Gordon Brock
Creative Designer:
Heidi Jobson

Contributors:
Brenda Craik
Kelly Ouimet
Alan Roy
Denise Williams

Contributing Writers:
Emma-Lee Baiani
John Blanchard
Ray Brazeau
Lisa Neil
Lois Perry
Julie Richard-Gorman

Speaker 97416

BACKYARD BIRDS



PROUD SUPPORTER

Of Local Music & Musicians



King George Tavern
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Can you name our feathered friends?

Photos by Joceline Gervais Dupuis



Answers:

1.
2.
3.
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19.

FAST & EASY

Springtime Meal



Springtime Linguine with Asparagus & Pine Nuts

INGREDIENTS

- 12 ounces linguine (3/4 box)
- 1/4 cup olive oil
- 1/4 cup pine nuts
- 4 cloves garlic, sliced
- 2 pounds asparagus, trimmed and cut into 1-inch pieces
- kosher salt and black pepper to taste
- 1 cup shaved Parmesan (about 3 ounces)

DIRECTIONS

- Cook the pasta according to the package directions; drain and return it to the pot.
- Meanwhile, heat the oil in a medium skillet over medium heat. Add the pine nuts and garlic and cook, stirring frequently, until golden, about two minutes. Add the asparagus and cook, tossing occasionally, until just tender, 2 to 3 minutes.
- Add the asparagus mixture to the pasta along with 1 teaspoon salt and 1/4 teaspoon pepper (or to taste) and toss to combine. Sprinkle with Parmesan before serving.

CUCUMBER SALAD

- 2 cucumbers, very thinly sliced
- 1 red onion, very thinly sliced
- 2 tablespoons vinegar or
- 2 tablespoons lemon juice
- 2 tablespoons low-fat sour cream or
- 2 tablespoons yogurt
- salt and pepper, to taste
- 1/2 teaspoon sugar
- 1 teaspoon chopped fresh dill

*Mix cucumbers and onions together.
Mix rest of ingredients together in a closed
bowl and give a shake.
Add to cucumbers,
chill till very cold & serve.
makes a great sandwich topper, too!*

Spring Butterfly Cocktail

- 1.5 parts lemon-flavored vodka
- 2 parts White Grape Juice
- 3 Basil Leaves
- 3 Mint Leaves
- 1 tsp Elderflower Cordial
- 1 tsp Fresh Lemon Juice
- 1 Lemon Rind

Fill a cocktail shaker with shredded basil and mint leaves, and combine with all other ingredients. Shake with ice and strain through a fine sieve. Top with a squeeze of lemon rind. Serve in a cocktail glass and garnish with an edible flower.



**Great recipes start with
the best cut of meat!**



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SUMMER JOB HOW-TO'S

FOR STUDENTS

Five tips for finding the perfect summer job



Summer camp, campground, beach, public swimming pool, restaurant or store — where will you be working this summer? Use the following tips to find the perfect summer job.



John Vanthof
MPP Timiskaming-Cochrane

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- 1. Decide which type of job you want.** Before starting your search, think about your interests (outdoor work, manual labour or dealing with the public?), your strengths (sociable or good physical endurance?) and your goals (do you want to acquire experience related to your field of study?). Think about how many hours a week you want to work and whether you'll need transportation to get to work.
- 2. Start your search early.** Start looking for a job in February or March; begin even earlier if you want to work in another region or country. This will increase your chances of landing a job that really interests you.
- 3. Use a variety of search strategies.** There are lots of places that can help you find employment opportunities that appeal to you. Check out job fairs, school placement services, job centres, local and regional newspapers, social media, job posting websites, store windows, bulletin boards and government programs. Make the most of your network of contacts and talk about your job search to the people you know.
- 4. Adapt your tools.** Adapt your resume and cover letter to the job you're applying for. Emphasize the qualities, skills and experience you possess which would be assets in this particular job.
- 5. Follow up and persevere.** Follow up a few days after a job interview in order to reiterate your interest in the post. Above all, remember that getting a job can take time; it just requires persistence and determination.



KIDZONE



SPRING

SCAVENGER HUNT

- bird nest
- frog
- berry
- feather
- ants
- birch bark
- spider web
- ball
- butterfly
- clouds
- lady bug
- fern
- puddle
- stick
- pine cone
- yellow flower
- dandelion
- smooth rock
- worm
- green leaf
- hornets nest
- moss
- fruit tree
- burr

GET OUTSIDE AND EXPLORE

How Does Learning Happen? Comment apprend-on?



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Timiskaming.

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Meilleur départ • Min O-nbe-nôd-sây-wîn

Living at the Cottage

by Lois Perry

It is the place that I go to stare down into the water, up into the clouds or across the ice into the horizon. It is the place that I watch the sunsets, the meteor showers and the shooting stars.

It is the place we gather as family for swimming, building snowmen and having fun in the sun. It is the place my friends and neighbours gather to share toddies, tunes and tales.

It is the place that my grandsons all learned to swim and caught their first fish.

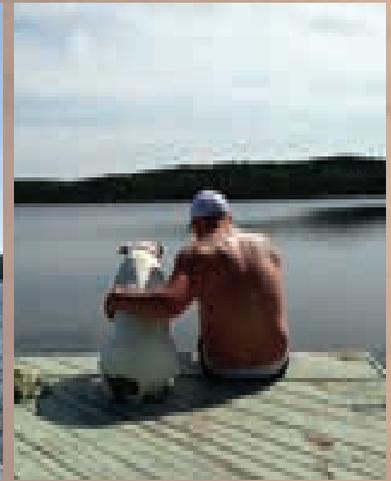
It was the starting place for the one and only cardboard boat race and my safe place when I water-skied in the snow in July.

It has been a resting place for a large endangered snapping turtle and a safe place for our playful otter. It has been a hiding spot for the beaver and a fabulous place to stand and watch the loons swim underwater while looking for fish.

I have a few favourite places at the cottage but The Dock has become the "go to" place in both the summer and the winter months.

But The Dock can be a lot of work....

For example last fall (November) as I prepared for winter, I decided that I was going to secure my Dock on shore as The Dock had succumbed to some damage over the winter the year before. The Dock is made up of two main sections. The first section which is about 16 feet long rests on a crib and then attached



to that is another section that floats on barrels. The floating section is attached with four hinges to the section on cribbing.

I didn't really think the process through but my idea was to tie the docks together and then simply remove the screws from the hinges and float The Dock to shore. I armed myself with my new electric drill, a coil of rope and cold beer.

Sitting cross-legged on the floating section I tied one end of the rope to the dock and proceeded to remove the screws. I took my time as I removed the screws and sipped on my beer. Removing the final screw I slid down the dock and watched as the docks came apart and the rope started to unravel. I was sipping my beer enjoying the peacefulness of The Dock when I heard a small splash. It was the rope -- I had forgot to tie the other end of the rope to The Dock. I lunged forward in an effort to grab the rope. Another splash.

My new drill was nowhere in sight and The Dock was now floating down the lake -- with me on it.

I analyzed the predicament that I was in and realized that based on the wind and current I would be a short way down the lake but on shore in about 45 minutes. From there I could roll up my jeans and walk The Dock

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back in the mid-calf deep water along the shore.

I reached in my parka pocket happy that I had brought another beer.

The Dock can also be a scary place to be alone.

I found myself with a few hours of spare time one afternoon a couple of summers ago so I grabbed my book and my bottle of sunscreen and headed to the floating end of the dock. I spread out my towel and laid basking in the sun.

I awoke a short time later to the squawk of a raven.

Upon focusing I could see that there were two of them circling overhead. I chuckled to myself as it dawned on me that the ravens must have thought that I was a carcass laying on The Dock and that I might be an easy meal. But the more I watched them I realized that my movement didn't seem to deter them from circling overhead.

No they were watching something else and just as I realized that, I spotted a slight movement out of the corner of my eye.

Between where I was sitting and the shoreline, was the canoe, tipped upside down on The Dock. As I strained to see what they could see I spotted it! Stretched out beside the canoe was the biggest snake I'd ever seen.

I'm not afraid of many things but I totally lose my self-control if I come across a snake in any situation and that's exactly what I did!

I was trapped!

My heart was racing... I was shaking... my legs were like jelly ... and I had to pee.

My mind was buzzing as I analyzed my situation.

I had three choices:

One: I could squeeze past the snake.

(He could bite me or wrap his scaly body around my ankle, just like that one did when I was 12 when I stepped on him accidentally, in the outhouse, at night).

Two: I could slide off the end of The Dock and swim to the neighbour's dock, pull myself out and walk around. (What if this snake was laying on The Dock having her babies and they were falling through the cracks in the dock into the water. Maybe that's what the ravens can see.)

Three: I could scream for help, get someone to come to the end of The Dock and pick me up in a canoe or boat. (I would be the brunt of all the jokes for the entire summer and forever be teased).

So, I decided to wait and watch ... and finally after a couple of hours a great Northern bushman (and a couple of his 12 year old buddies) arrived in their bathing suits with towels over the shoulders. They walked down the stairs onto The Dock, picked up the snake, turned without a word then left to release it into the bush.

It was the scariest and driest couple of hours I ever spent on The Dock.

As the snow melts around us I find myself drawn to The Dock and I can't wait for the next gathering of family and friends. It is truly a place where stories begin and memories are made.

Email:
loisperry@northernontario.ca

I AM A WALLEYE

WHAT A PECULIAR SEASON!

by John Blanchard

I had a great winter.

It was so nice that the massive blanket of ice didn't arrive until much later than usual. It was well after Christmas and our family celebrated the absence of fisherman due to the lack of ice. Our overhead normality that often resembles Swiss cheese remained a winter chop into mid to late January on most of our northeastern lakes.

Inevitably though the ice did arrive and along with it those crazy humans! Oh what a sight they were dragging around those little cabins drilling holes everywhere, watching us on sonars, slip sliding and tumbling around. Along with them, came their offerings of pickerel rigs, lead weights, jigs and spoons of all shapes, sizes and colours.

Cousins of mine the shiners with hooks in the back and in the lips jerked in the water all around me. I didn't fall victim to their tactics and boy they had it all!

Every fisherman had their own strategies or secret bait, all to attain with the same result....to put us in crumbs then in the pan!

I am a lot wiser now, a seasoned walleye of 10 pounds, 30 inches, I don't often hang around with large schools these days. I prefer to do my own thing and eat larger meals less often. I conserve my energy and the frigid water of winter slows my metabolism. I can survive on a few larger meals a winter. Sure I was once a 14 inch walleye, eager and aggressive, eating small easy meals all the time and

*New items arriving daily for an
exciting spring & summer '16!*


John's
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“Good luck catching me”



I too was once considered, “easy pickens”. It was just by chance I grew wise thanks to that angler who outsmarted me in my younger days. He had an empty brown bottle in his hand and all it took was a little wiggle and he dropped me back down the hole!

With the end of winter comes warmer water temps as the run off teems into our lakes. The warmer oxygen rich, nutrient filled water attracts us and most of what we eat. We eat aggressively at the end of winter preparing to fast for a couple weeks pre spawn. This is when I find it almost impossible to turn down a meal regardless of the shape and size. Quite often if its presented to me and it even resembles something tasty...I will take it! We congregate near these outflows of water as we plan our journey into the current heading up river to spawn. **At this point its SPRING!!**

Post-spawn I am arguably most vulnerable to these crazy human fishermen and woman. My belly is

empty and it is time to gorge.

Every year the third Saturday in May, watch out! The shadows arrive with loud engines as their propellers churn up the surface. Lines and lures chaotically bounce around me. Bombs with ropes attached sink violently to the lake bottom. Yes, this definitely makes us wiser old walleye, but our needs to replenish our strength after a strenuous spawn often outweigh our better judgement and we may just end up flopping around in someone’s kitchen sink!

If only I wasn’t spawned as the very best and most delicious table fare in the North!

Good luck catching me though...as it is with many of us trophy walleye I have decided to mainly eat at night around the right moon and larger meals than most might attempt to fish with!!

I am a Walleye....but you can also call me Pickeral anytime!



John Blanchard is an avid angler who owned a bait and tackle store in the Muskokas. He has organized and led many charters and has been featured in Ontario Out of Doors magazine and has appeared multiple times on the television show, Fishing Canada. John now makes his home in the District of Temiskaming.



Hello, Spring 2016!

From sexy bare shoulders and lingerie-inspired dressing to refreshed twists on the classic white shirt, 2016 styles deliver big statements. Brush off the last of winter with the following style ideas, and finish off your look with the classic choker-style necklace. Hello, Spring 2016!

BRING THE BEACH TO YOUR EVERY DAY

Loose, flowing and slightly revealing, beach inspired fashions run from stripes to batiks and are as comfortable as they are gorgeous. Even bucket hats have a gentle, flowery place this spring.

GIVE YOURSELF THE COLD SHOULDER

No tank top? No problem. Bold prints and subtle ruffles are making appearances this spring, highlighting bare shoulders and sleeves from super-short to almost-too-long.

TO THE PRAIRIES!

Washed denim skirts, puffy tops and colourful fabric bags are pleasing peasant style lovers everywhere. Don't forget the choker necklace!

PUT YOUR PJ'S ON, YOU SEXY THING!

Opposite to the "super-lazy-pyjama-pants-in-public" look, sexy will be seen this spring with boudoir-inspired lace, satin and light cotton dresses. Sorry, dress code policy.

AREN'T YOU GOLDEN!?

Every shade of orange, yellow and gold should make even the most trend shy person shine. Stay conservative with your outfit if you must, but break out with bright, sunny sandals and golden jewelry.

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A NEW *Adventure* AWAITS

BY EMMA-LEE BAIANI

This upcoming June I'll be graduating high school, the place I've spent the last four years of my life.

After that, in September I'll be moving away and going down south to attend university. Now for the small-town girl that I am, this is a terrifying yet exhilarating prospect. I will be going away and living by myself for the first time in my life, in a city much bigger than Temiskaming Shores.

I've been accepted to the University of Guelph, Trent University and McMaster. The program I got accepted into is Anthropology -- which is the study of humanity, from its earliest beginnings up to the present day.

I'm most interested in two different branches of anthropology, the first being archaeology, which is the study of humans and human history through

EMMA-LEE BAIANI

NOTE: Emma-Lee is in her graduating year at Timiskaming District Secondary School and is spending part of her last semester as a Co-Op student with The Temiskaming Speaker.

the excavation of sites and the analysis of artifacts and other findings. Secondly I am most interested in cultural anthropology, which is the study of the culture (ranging from social structure, to language and the food) of a civilization, and looks at history from all the way back to the Ancient Romans to the present day Americans and everything and anything in between. I think the two branches go hand in hand, personally. I think it'd be amazing to be able to go to different places and study the people and their ways of life, and to go to places like Egypt or South America, and go to all the historical sites like the Pyramids or the ancient sites of the Mayan or Inca civilizations, to study them and do some discovering of my own.

With this in mind, I am now starting to get very anxious to leave to start studying what interests me. But I sort of can't do this yet, as I have yet to choose which university I will be going to. So far, I like the courses at Trent and McMaster the best, and it's looking like I will be attending one of those two. Trent is in Peterborough, while McMaster is in Hamilton – I don't plan on leaving the province (until my third year, at the very least!).

I am somewhat nervous to leave, though, as the majority of my family is up north and I have very little family down south. I have an uncle, aunt, and cousins that live up around Guelph, so it would work out well if I went there. I also have some family in Ottawa, though I do not know them nearly as well, and none of the universities in Ottawa appealed to me. My mother worries about me, and how if I went to Trent or McMaster, I would be very far away from any family that could help me should I need it. On top of leaving my family, I know

that it is a very likely reality that I will be going to a different school than all of my friends. I am conflicted with my feelings about this, as I know that I will miss them terribly, yet this is my chance at a fresh start and a new beginning. This will be a new adventure that I will have to go on alone.

Hamilton is a big, big, city, which makes me apprehensive – the longest I've stayed in big cities in the past has been for trips or just to pass through, whereas Peterborough and Guelph are smaller cities, comparatively. Despite my – and my mother's – nerves, a part of me is looking forward to having the autonomy that comes with being thrown into a new environment without knowing exactly the expectations or the outcomes. I know that I will be trying to get a job once I'm settled in, so that I will be able to make money once I'm

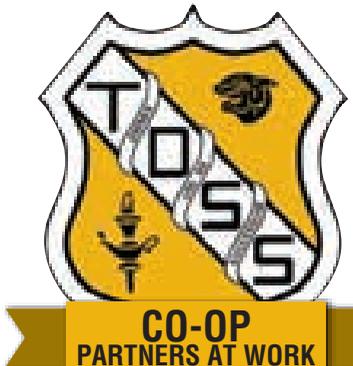
down there – mostly to try and make this financially easier on my mom, who will be paying for much of my stay at university.

I'm expecting for my life to be hectic when I first move. There will be new classes, adjusting to dorm life, and homesickness that I'll have to deal with, and I'm definitely more excited for some parts of that than others -- I think it'd be obvious which

is which. After that I'm hoping it will calm down a bit, so that I won't be swept up in a routine that I won't be able to escape.

In total, this upcoming change in my life will be a big one, which will be the set-up for how the rest of my life will go. I am going to miss some aspects of living here, and others not so much. The people, I will miss. The harsh, unforgiving winter, I most definitely will not. These last four years of high school have had its ups and its downs, but mainly the ups. I'm grateful for that. Now I'll be on to a new chapter of my life, and hopefully it'll be just as fantastic as I dream it'll be.

“ go to all the historical sites like the PYRAMIDS or the ancient sites of the MAYAN or INCA civilizations ”



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- To enable students to make the school to work transition by direct entry into apprenticeship training.
- To provide employers with the opportunity to train the skilled workers they require.
- To provide a viable solution to address the problem of skilled tradespeople shortages in general, and specifically the lack of young people joining the trades.



GO GREEN WITH AN ALTERNATIVE GROUND COVER

More than ever, North Americans are turning their backs on the quintessential grass lawn. And for good reason — traditional turf is high-maintenance, resource-hungry and has a dreadful impact on the environment. Choosing to go grass-free doesn't mean sacrificing your home's curbside appeal, either. There are many kinds of ground cover that make it easy to achieve a healthy-looking and attractive yard that doesn't cost a lot to water.

White clover, also known as Dutch clover, is perhaps the most cost-effective replacement option for grass. It covers the ground with a thick, green carpet that doesn't need to be mowed as often as its traditional counterpart; nor does it require nearly as much water. In fact, you shouldn't even need to water it at all, and when extreme drought does occur, it simply stops growing rather than turn brown and dry. And you can also say "goodbye" to costly aeration treatments, as clover grows quite well in compacted soil.

Creeping thyme is another excellent choice. Not only does it tolerate foot traffic very well, but it also produces a lovely aroma when stepped on. Creeping thyme

is a rugged herb that requires virtually no maintenance after it's planted, as it thrives in dry, rocky soil. It may become patchy in shady areas and so should be avoided if your yard doesn't get much sunlight.

Inorganic materials, such as synthetic grass or gravel, are durable and low-maintenance. Landscaping with gravel, volcanic rock or crushed stone can give your yard a unique look that requires very little resources. While the initial cost of this type of landscaping can be quite steep, it lasts for decades with very little upkeep.



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spring pulse poetry festival

Monarch

Paper wings

On summer breeze

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Through the trees

Flashing colours

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On their backs

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Welcome to the New Liskeard Golf Club!

By Ray Brazeau

Our 18 hole golf course boasts friendly, bilingual staff who are ready to welcome brand new players and familiar golfers alike.

Food, drinks and golf items can be found in the Pro Shop, including souvenirs and custom apparel featuring our club's logo. 31 gas powered carts are available for your riding pleasure.

Groomed and well-cared for fairways and greens are priorities our staff take pride in. The front nine offers a flat and open experience, while the back nine is tighter and more scenic.

New this year is an exciting menu by Rooster's Catering. Men's Night will double as Wing Night every Wednesday, and Ladies' Night will be every other Tuesday.

The New Liskeard Golf Club's clubhouse is clean, comfortable and spacious, making it a popular choice to book for special events and private occasions.

Affordable rates and membership fees, a driving range, putting green and chipping area are waiting for you! Visit nlgc.ca for more information, and we hope to see you soon!


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Show me a man who is a good loser and I'll show you a man who is playing golf with his boss.

- J.P. Murray

I play golf with friends sometimes, but there are never friendly games.

- B. Hogan

It took me seventeen years to get three thousand hits in baseball. I did it in one afternoon on the golf course.

- H. Aaron



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RUN. JUMP. PLAY. EVERY DAY.



The Healthy Kids Community Challenge

Our community is one of 45 across Ontario taking part in The Healthy Kids Community Challenge. The Healthy Kids Community Challenge unites communities with a common goal: promoting children's health through physical activity and healthy eating.

Our community will be launching projects that strive for that goal while meeting local needs.

About every nine months, the Ministry of Health and Long-Term Care will launch a new theme related to physical activity or healthy eating; two protective factors associated with healthy weights in children. Communities will rally around the theme, and work with partners in many sectors developing programs, policies and initiatives that promote and enable healthy behaviours.

The first theme is **Run. Jump. Play. Every Day.** This theme encourages physical activity through a mix of active play, sport, active transportation and structured activities. Any form of fun or regular movement is physical activity. For kids of all ages, it should include bouts of moderate to vigorous activity to raise their heart rate.



Theme 1 Run. Jump. Play. Every Day.

This theme encourages physical activity through a mix of active play, active transportation, sports and structured physical activity.

Active play

Active play comes in many forms and varies with age. Active play is any unstructured, child-directed movement that children do for fun – playground games like tag, skipping or ball games for instance. The energy spent in play varies - it may be more or less vigorous than organized sports, but a child tends to do it longer, choosing for themselves when to rest. And it's not just great for a child's growing body – it has social and mental health benefits too.

Active transportation

Active transportation is any way that children move from A to B using their own power. Besides walking and running, it includes things like biking, in-line skating and skateboarding.

Sports and other structured physical activity

Children who take part in some form of organized physical activity are more likely to meet Canada's physical activity guidelines. Ontario children in grades 1 to 8 are required to get at least 20 minutes of sustained moderate to vigorous daily physical activity each school day. Elementary and middle school students have physical education classes. Structured physical activities might also occur out of school, including participation in sports teams, martial arts and dance.

Canada's Physical Activity Guidelines

Physical activity is any form of regular movement. For kids of all ages, it should include bouts of moderate to vigorous activity that raises their heart rate. The Canadian Physical Activity Guidelines set out levels of activity for children as they grow:

Infants (less than 1 year) should be physically active several times daily – particularly through interactive, floor-based play.

Toddlers (1-2 years) and preschoolers (3-4 years) should get at least 180 minutes of physical activity at any intensity spread throughout the day. This should increase towards at least 60 minutes of energetic play each day by 5 years of age. Encourage different activities that develop movement skills.

Children and youth (5-17 years) should enjoy moderate to vigorous physical activity adding up to 60 minutes daily.

At least 3 days a week, kids should:

Do vigorous activity that makes them breathe hard and start

to sweat, like playing tag, soccer, swimming, or cycling. Do things that strengthen muscle and bone, like hopping, skipping, running, gymnastics, playing and swinging on playground equipment or volleyball.

Reducing the time that children spend sitting

'Sedentary behaviour' means doing things that require very little movement, while in a sitting or reclining position like watching TV, playing passive video or computer games, travelling by car, or spending time in strollers or high chairs. Research suggests that children with high levels of sedentary behaviour have greater health risks, no matter how active they are at other times

The Canadian Sedentary Behaviour Guidelines recommend these limits for sedentary behaviours in children:

Infants and toddlers under 2 years: Limit time in strollers or high chairs to no more than one hour at a time. No screen time is recommended.

Children 2-4 years: Limit screen time to one hour per day.

Children and youth 5-17 years: Limit recreational screen time to no more than 2 hours per day.

Children of all ages: Limit motorized transport, extended sitting, and time spent indoors throughout the day.

Why 'Run. Jump. Play. Every Day.'

Regular physical activity is so important for children's development, not just physically, but also socially and mentally. Being active can help children:

- Improve cardiovascular fitness (heart and blood flow)
Build strong muscles and bones.
- Learn coordination, movement control and confidence
Maintain a healthy body weight.
- Have less risk of chronic disease in later life.
- Improve self-esteem and have less depression, anxiety and emotional distress.
- Improve learning and attention span, and achieve more at school.
- Have more chances to express themselves, learn new skills and have fun.
- Build social skills such as cooperation, respect for others, problem solving, athleticism, fair play and teamwork.



Healthy Kids Community Challenge The City of Temiskaming Shores



#neaitnykiastem

Learn more about our Healthy Kids Activities at

www.temiskamingshores.ca

Under the Resident Tab!

HEDLEY, ALAN DOYLE & ARKELLS TO PERFORM AT KIRKLAND LAKE HOMECOMING

Julie Richard-Gorman

Kirkland Lake Festivals Committee

The Kirkland Lake Festivals Committee has announced Hedley, Alan Doyle and Arkells will perform at Kirkland Lake Homecoming concerts at the Community Complex this summer.

Hedley headlines the opening night on Friday, June 24. Arguably Canada's biggest band with five consecutive multiplatinum albums, Hedley's new album 'Hello' debuted at #1 on the Canadian albums chart in November.

The band has 17 Top 40 hits, multiple Juno and MMVA trophies and recently received Juno Award nominations for Group of the Year and Pop Album of the Year. Hedley's Homecoming Week concert will follow the band's 27-city Canadian tour this spring.

Jonathan Roy will open for Hedley. His debut hit "Daniella Denmark," which was written by Corey Hart, is climbing the charts. Roy is a former Quebec Major Junior Hockey League player and is the son of Hall of Fame goalie, Patrick Roy.

Hedley returns to Kirkland Lake after packing the Complex for two shows during 2013 Kirkland Lake Homecoming. This summer's concert will

be all ages. The entire venue is licensed, but alcohol is not permitted in the front half of the floor.

The second Homecoming Week concert will feature a double bill with Alan Doyle and Arkells on Saturday, June 25. The show will be fully licensed for ages 19 and older only.

Alan Doyle was a founding member of the legendary Celtic folk-rock band Great Big Sea and served as their lead singer for more than 20 years. Doyle has released two albums: 'Boy On Bridge' in 2012 and the Juno-nominated 'So Let's Go' in 2015.

Known for his high-energy live performances, Doyle will be backed by The Beautiful Gypsies and will perform a setlist mixing his solo hits with some of Great Big Sea's best-known songs.

Canada's two-time Juno Group of the Year, Arkells will also make their first appearance in Kirkland Lake as part of the double bill. Since forming in 2006, the Hamilton band has developed a fiercely loyal following of fans from coast to coast.

Kirkland Lake
Festivals
COMMITTEE



Arkells have released three critically acclaimed full-length studio albums and a fist full of infectious rock radio hits including Leather Jacket, 11-11, Come To Light, Michigan Left and Whistleblower.

Hedley tickets are \$70 and Alan Doyle/Arkells tickets are \$40. Concert tickets will be sold exclusively online. Tickets go on sale beginning April 1. Presale Homecoming packages for both concerts will be available March 29.

Past Kirkland Lake Homecoming performers include: The Tragically Hip, Blue Rodeo, Sam

Roberts, Marianas Trench, Simple Plan, Colin James, Tom Cochrane, Serena Ryder, Down With Webster and the late Jeff Healey.

Kirkland Lake's Homecoming Week was recently honoured with a Top 100 ranking from Festivals & Events Ontario. This summer's festival runs from June 24-July 2 and will include Canada Day festivities, an extreme park competition, Toburn's Day in the Park, kids events and more.

More details and a complete schedule of events are available on the Kirkland Lake Festivals Committee's website: www.klfestivals.com.

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YOUR LIFE & The Law

By Lisa Neil, B.A., LL.B
Evans, Bragagnolo & Sullivan LLP Barristers & Solicitors

Does Marriage Really Matter?

If I had a dollar for every time that I've heard someone say that marriage doesn't really matter and is nothing more than a piece of paper ... I could easily pay for a lavish tropical all expenses paid ... wedding. In Ontario, marriage really does matter. Couples who live together in a common law relationship do not share many of the important legal rights that their married friends do. Sadly, the popular misconception that living together for a period of time and being considered "common law" spouses provides you with the same legal entitlements and safeguards as married couples is wrong. This false understanding can lead to truly heartbreaking and expensive consequences upon the breakdown of the relationship.

What does the term common law really mean? This can be a tricky question. The definition of common law can vary depending on which legal rights are at issue. Under the

Family Law Act, you are considered to be a common law spouse if you and your partner have lived together for three years or if you live in a relationship of permanence and have a child together. Under the Income Tax Act, you are considered to be in a common law relationship after a period of one year of moving in with each other or immediately if you have a child together. Your common law status can also be affected if you broke up and lived apart for periods of time. It is important to understand the nature of your relationship and how it can affect your legal rights in various circumstances.

Married couples share in the value of their family property upon marriage breakdown regardless of whose name the asset or property is in. Common law spouses do not enjoy this automatic division of net family property and must go through a complicated legal proceeding if they

need to prove their ownership rights or that they deserve a share of the asset or property.

Another important benefit for married couples is the way the family home is treated under the law. In Ontario, the home in which a married couple lives has special status and is called the “matrimonial home”. A married spouse has an automatic right to share in half of the value of the home and has an equal right to remain in the home even if the house is not registered in that spouse’s name. Common law couples do not benefit from this law and if the relationship ends whomever is on title to the property is legally entitled to retain ownership and possession of the home. A non-titled spouse can be forced to leave the home in which they live. The same complex legal remedies discussed above offer the non-titled spouse a chance to claim an ownership right in the property but this can be costly and the outcome is not guaranteed.

Common law spouses do not automatically have a right to their partner’s estate upon death unless they are named in a will. If your common law partner dies without a will, you do not have the legal right to inherit their estate. If he or she had children and/or an ex-spouse whom they were still legally married to, these people would inherit under the intestacy laws and you could be left out in the cold and/or in the middle of a legal battle to try to claim entitlements to your spouse’s estate.

It isn’t all bad news and this certainly doesn’t mean that you must, or even should, get married. It is 2016 after all and we have more freedom than ever before to live in whatever type and kind of relationship that

we choose. More and more people are deciding not to get married. There are a number of ways that unmarried couples can protect themselves and ensure that they too can share in the same legal rights that married couples enjoy. Common law spouses can enter into a cohabitation agreement which will set out the details of their relationship and how assets are divided upon a breakdown. The agreement can also detail items such as spousal support, child support and how the family home will be dealt with. Common law partners should ensure that their names are on title to any family property and assets. This includes bank accounts, pensions, investments and RRSPs. And very importantly, common law couples should each have a last will and testament and powers of attorney for property and personal care which clearly sets out their wishes. Although marriage really does matter and affords married spouses many automatic legal rights, common law couples can protect themselves by taking a few simple but important steps.

It is 2016 after all and we have more freedom than ever before to live in whatever type and kind of relationship that we choose.



**This article is provided for general information purposes only and should not be considered legal advice.*

Evans, Bragagnolo & Sullivan LLP

BARRISTERS AND SOLICITORS

Theodore R. Byck, B.A., LL.B.

Leanna Farr, B.A. (Hons), M.E.S.J.D.

Lisa A. Neil, B.A., LL.B - Counsel

488 Ferguson Ave., P.O. Box 490, Haileybury, ON P0J 1K0

Tel: 705-672-3338 Fax: 705-672-2451

E-mail: haileyburyebslawyers@gmail.com

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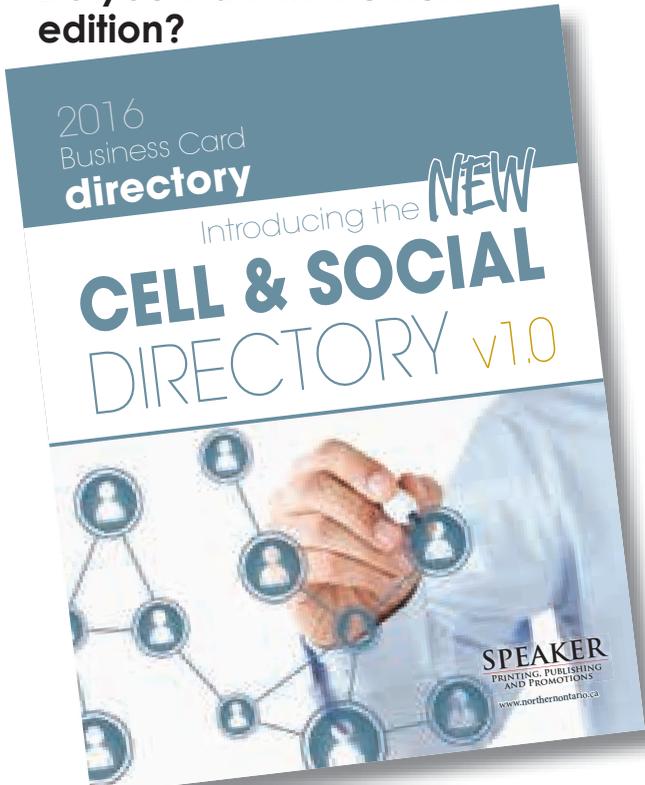
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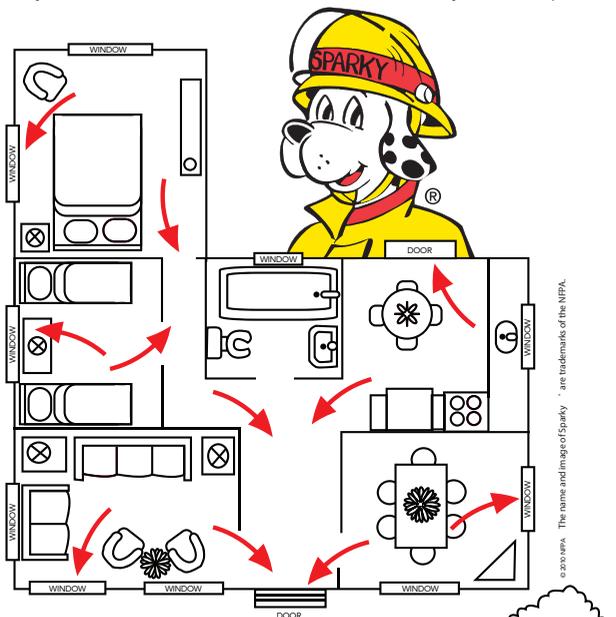
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The National Garden Bureau (www.ngb.org), a non-profit organization dedicated to improving quality of life through plants, has proclaimed the begonia as the annual of the year for 2016. Of course, that isn't surprising when you consider that the begonia family includes more than 1,700 species and nearly 15,000 hybrids and cultivars. Although they are commonly used as interior houseplants, garden begonias are grown as annuals with stunning blooms throughout the season.

In the shade or in full sun, it doesn't matter — begonias are happy everywhere. What's more, they have no equal when it comes to creating a colourful border or brightening up



The begonia.

flower beds, and they're perfect for creating decorative containers for the deck or front doorstep.

Garden centres stock a wide variety of tuberous and fibrous rooted begonias, which are the most common species in gardens. Elegant and delicate, begonias are available in different colours; sometimes bright, sometimes pastel but always eye-catching. Begonia foliage is also very attractive, with its fleshy, compact and sometimes-asymmetric leaves.

Soil that is moist, rich, light and well-drained will satisfy most begonias' requirements. Even though begonias are not usually difficult, they

do prefer abundant watering in the morning to allow the soil to dry out during the day. This simple trick is usually enough to ward off fungal diseases. Specialists recommend watering the soil directly, while avoiding the foliage, in order to prevent damage. Regular fertilization during the growing period ensures abundant flowering throughout the season.

Garden begonias are grown as annuals and give stunning blooms throughout the season.



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